

May 2024



NEIGHBORHOOD SERVICES UNIT

Food event Calendar / Calendario de eventos alimentarios

Mon	Tue	Wed	Thu	Fri
		1 SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	2 SANC - Market Day 9am BNC - FFFF 9:00am-12:00pm	3
6	7 BNC - Market Day 8:30am SANC - Market Day 9am EANC - FFFF 9:00am-12:00pm	8 MCC - HOPE & FFFF 9:00am SJCC - HOPE 9am RZNC - Market Day 1:30pm SJCC & MCC - Market Day 9am	9 SANC - Market Day 9am EANC - HOPE 8:30am-12:00pm	10 RZNC - HOPE 8:30am-11:30am
13 SANC - FFFF & HOPE 9:00am-12:00pm	14 BNC - Market Day 8:30am SANC - Market Day 9am	15 SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	16 SANC - Market Day 9am RZNC - FFFF 9:00am-12:00pm BNC - HOPE 9:00am-12:00pm	17 Car Seats - MCC (by appointment only)
20	21 BNC - Market Day 8:30am SANC - Market Day 9am	22 SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	23 SANC - Market Day 9am	24
27	28 BNC - Market Day 8:30am SANC - Market Day 9am SJCC - FFFF 9:00am-11:00am	29 RZNC - Market Day 1:30pm	30 SANC - Market Day 9am	31



South Austin Neighborhood Center (SANC)
2508 Durwood St.
Austin, TX 78704
512-972-6840

St. John Community Center (SJCC)
7500 Blessing Ave.
Austin, TX 78752
512-972-5159

Blackland Neighborhood Center (BNC)
2005 Salina St.
Austin, TX 78722
512-972-5790

East Austin Neighborhood Center (EANC)
211 Comal St.
Austin, TX 78702
512-972-6650

Montopolis Community Center (MCC)
1200 Montopolis Dr.
Austin, Tx 78741
512-972-6705

Rosewood-Zaragoza Neighborhood Center (RZNC)
2800 Webberville Rd.
Austin, TX 78702
512-972-6740

Legend / Leyenda

FFFF = Fresh Food for Families - Fresh fruits and vegetables / *Frutas y verduras frescas*

CS = Car Seat - Car Seat installation for families with children present - event by appointment only / *Instalación de asientos infantiles para automóvil para familias con niños presentes - evento por cita solamente*

HOPE = Healthy Options Program for the Elderly - staple food items for people 55+ / *alimentos básicos saludables para personas mayores de 55 años*

Market Day = Free food recovered from local grocery stores / *Alimentos gratis recuperados de supermercados locales*

REMINDER: Bring your bags with you to all food events / Traiga sus propias bolsas para todos los eventos de alimentos



Health Services May 2024

Hours of Operation / Horas de operación

Monday - Thursday / lunes a jueves
7:30am-5:00pm

Friday / viernes 8:00am- 12:00pm

May 2024

Health HUBS Event Calendar / Calendario de HUBS de salud



NEIGHBORHOOD SERVICES UNIT

Mon	Tue	Wed	Thu	Fri
		1 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	2 BNC - HUB 9:00am-12:00pm	3
6	7 EANC - HUB 9:00am-12:00pm SANC - HUB 9:00am-11:00am	8 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	9	10
13	14 BNC - HUB 8:30am-9:30am EANC - HUB 10:00am-12:00pm SANC - HUB 9:00am-11:00am	15 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	16 BNC - HUB 9:00am-12:00pm	17
20	21 BNC - HUB 8:30am-9:30am EANC - HUB 10:00am-12:00pm SANC - HUB 9:00am-11:00am	22 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	23	24
27	28 BNC - HUB 8:30am-9:30am EANC - HUB 10:00am-12:00pm	29 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	30	31



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HUBS =

Health Screenings by a Registered Nurse for diabetes & heart disease including blood sugar and blood pressure checks. *Exámenes médicos de una enfermera para diabetes y el corazón, incluyendo chequeos de azúcar en la sangre y presión arterial.*

The following health screenings are available for free:

- Blood Pressure
- A1c Testing
- Blood Sugar Reading
- Cholesterol Testing
- General Health Information & Resources

Los siguientes exámenes médicos estan disponible sin costo alguno:

- *Presión*
- *Prueba de A1c*
- *Lectura de azúcar*
- *Prueba de colesterol*
- *Información y recursos de salud en general*

Hours of Operation / Horas de operación

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7:30am-5:00pm

Friday / viernes 8:00am- 12:00pm



Food Calendar May 2024