

MACC Staff Report – 5/1/24

[Website](#) - [Facebook](#) - [Instagram](#)

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

HWP April:

Taller Abierto: Painting/Drawing Workshop (15+): Thursday, April 4 @ 10-11:30am (Attendance: 17)

George Morales Dove Springs Recreation Center.

Art classes for ages 15+. Includes exploration of different techniques. All materials provided! Pre-registration required.

Yoga for All Levels: Saturdays @ 10:30am (Attendance: 28)

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Family Yoga: 1st Saturday of each month, April 6th @ 12pm (Attendance: 5)

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Drumming Lessons: 2nd Sunday of each month, April 14th @ 1pm (Attendance: 4)

George Morales Dove Springs Recreation Center

Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.

Chair Yoga: 3rd Friday of each month, April 19 @ 10:30am (Attendance: 5)

Yarborough Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Gentle Flow Yoga (8+): 3rd Saturday of every month, April 19th @ 10:30am (Attendance: 3)

Windsor Park Library

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Chair Yoga: 3rd Wednesday of each month, April 17 @ 11am (Attendance: 3)

George Morales Dove Springs Recreation Center

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Chair Yoga: 4th Monday of each month, April 22nd @ 11am (Attendance: 5)

Willie Mae Kirk Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Beginner Swim Lessons (5+): Saturdays @ 11-11:50pm - April 6-May 25 (Adult: 20, Youth: 29)

Bartholomew Municipal Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for Adult and Youth (5-17) learners.

Beginner Swim Lessons (5+): Tuesdays & Thursdays @ 6:15-7:15pm - April 16-May 9 (Adult: 15, Youth: 26)

Big Stacy Neighborhood Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for Adult and Youth (5-17) learners.

Road to Financial Freedom: Wednesday, April 24 @ 6-7:30pm (Attendance: 4)

Little Walnut Creek Library

Gain control of your financial future by chipping away at debt such as credit cards and bills. Facilitated by Business Community Lenders of Texas.

Community Conversation on Identity for Teens: Saturday, April 27 @ 12-3:30pm (Attendance: 16)

Central Library

All teens are invited to share about themselves and their identities: what thoughts, questions, and emotions come up as we explore who we are and how we express ourselves? Conversations will be followed by an identity collage activity. A light lunch will be served. Pre-registration requested.

Cine de Oro: Tuesday, April 30 @ 9-12pm (Attendance: 47)

Conley-Guerrero Senior Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.

HWP Upcoming:

Taller Abierto: Painting/Drawing Workshop (15+): First Thursday of each month, May 2nd

@ 10-11:30am

George Morales Dove Springs Recreation Center

Art classes for ages 15+. Includes exploration of different techniques. All materials provided!

Women's Self-Defense Class (18+): Saturday, May 4 @ 3-4:30pm

Austin Women's Boxing Club

In a hands-on environment we will practice using mixed martial arts techniques from Karate, Jiu Jitsu, and more. You will gain a basic understanding of how to defend yourself using your body and tools like a baton, pepper spray, and a tactical flashlight.



Film Screening: "Si Se Puede: Road to Leadville 100": Sunday, May 5 @ 2-5pm

Dougherty Arts Center

Leadville 100 is one of the most difficult ultra-marathons in the world due to its high elevation and tough terrain. This film is about Daniel Flores' journey going for the seemingly impossible and being able to push through and make it happen! A talkback with Daniel and the Director Ramon Morales will follow.

[Facebook Event Link](#)



Community Exhibit: La Mujer - The Diosa Energy Within: Submission Due - Fri, May, 10 2024

We invite all Austin area visual artists (professional or novice) to submit the below google form and email a clear photo(s) of your 2D art piece by Fri, May 10. Theme description: All people can harness their Diosa (goddess) Energy. Your submission may be inspired by you or the influential Diosas in your life who ignite, empower, nurture, persevere, uplift, and make waves of change in our world. [Submission Form](#)

**Chair Yoga: 3rd Wednesday of each month, May 15th @ 11am
George Morales Dove Springs Recreation Center**

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.



Cooking Demo: Summer Picnic & Potluck (15+): Wednesday, May 15 @ 6-7:30pm

Central Library - Demo Area/Kitchen

Learn how to make delicious and nutritious summer snacks, perfect for your summer picnic or potluck, using products found at your local grocery store. Tastings are included! Pre-registration requested by Fri, May 10.

**Chair Yoga: 3rd Friday of each month, May 19 @ 10:30am
Yarborough Library**

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

**Small Business Financial Workshop: Wednesday, May 22 @ 6-7:30pm
Little Walnut Creek Library**

Business owners will learn the three most important financial documents: balance sheets, profit and loss statements, and cash flow reports. At the end of the workshop, you will be able to prepare or work with a professional to prepare these documents. Facilitated by Business Community Leaders of Texas.

**Learn to Row (18+): 4th Thursday of each month, May 23 6-7:30pm
Austin Rowing Club**

Join us on Lady Bird Lake to be introduced to sweep rowing (using one oar) in a training barge. Learn rowing stroke basics, how to stay safe on the water and handle the rowing equipment. Expect a fun, beginner friendly, and lively experience.

Small Business Financial Workshop
Wed, May 22 @ 6-7:30pm
Business owners will learn the three most important financial documents: balance sheets, profit and loss statements, and cash flow reports. Learn how to prepare or work with a professional to prepare these documents.

Home Ownership Workshop
Wed, June 12 @ 6-7:30pm
Get started on the journey towards purchasing a home of your own. The first steps are getting your finances and credit score in order - We're here to help you!

Questions / Comments?:
Email Lorie Martinez at macwellness@austintexas.gov
Todas las clases son bilingües - inglés y español

Pre-registration requested.
Please email:
macwellness@austintexas.gov

Digital Calendar

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 978-3772 or Relay Texas 711.

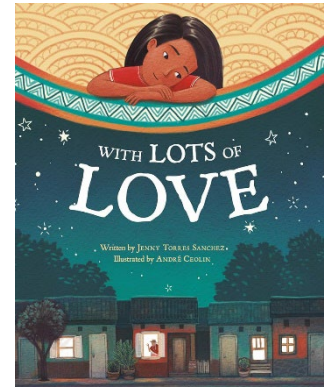
Youth and Family Education

Lending Library

During April, the Lending Library Program took Capoeira to Parque Zaragoza Recreation Center, Youth MACC-tivities to South Austin Recreation Center, and Mosaics to the Varsity Generation at Mendez Recreation Center.

Sábados en Familia

Sabados en Familia made collages after reading Where Are You From? By Yamilé Said Mendez. There were 86 people in attendance. The final Sabados en Familia for the season will be on May 18th and will read With Lots of Love by Jenny Torres Sanchez.



Communities in Schools

Communities in Schools After School program celebrated the Eclipse. They did spaced-themed activities such as eclipse viewers, found-object planets, and learned about the Nazca Lines.

Cosecha Summer Camp

Our teachers have been training and preparing for Summer Camp at the Asian American Resource Center. They have fun field trips planned to swimming pools and the Mexic-Arte Museum and other fun Austin-area spots. Some of the graduating Caminos students will be working Summer Camp!

Camino Teen Leadership Program



Revive Teen Festival

On April 13th UT Fuse Box Revive Teen Festival- Caminos Teens attended and were able to promote Caminos program along with experience setting materials they have made on their free time.

La Mujer

Camino students provided face painting, jewelry making and mini canvas painting at the La Mujer event. Adults and Kids stopped by to enjoy the activities!





Community Conversation

On April 27, the Caminos students collaborated with our Holistic Wellness Program (HWP) in community conversation on identity. They practiced self-expression through artwork about themselves.



Caminos Class of 2025 is now Hiring!

Deadline to Apply: May 30, 2024

www.AustinTexas.gov/Caminos

[How to Apply](#)

If you are a teen who is passionate about pursuing a creative career, have a good work ethic and are excited about the idea of becoming an Ambassador of Latin American art and culture in Austin, Texas, then Caminos is right for you. In this 10-month long internship, teens ages 16–18 have an opportunity to work alongside our Cultural Arts team while earning \$20.80/hour, working on average 6–10 hours per week. For questions please email Eufemia.Rivera@austintexas.gov

Academia Cuauhtli Bilingual Education Program



Education With Heart

When: **Saturday, May 4. 9am-3pm.**

Where: **Mendez Middle School, Dove Springs 78744.**

Who: **Austin Independent School District (AISD) & Academia Cuauhtli**

What: Education with Heart: A Community Celebration is both an inauguration of the Community Love Hub and Academia Cuauhtli's 10-year anniversary celebration. They invite families, educators, community advocates and members to join us for a day of activities, food, performances, and workshops for teachers. Families and individuals can participate in fun hands-on activities, performances by local musicians, dancers, and youth, immigration and public health community resource workshops for families, demonstrations of afterschool clubs and programs for youth and families, and workshops for teachers. Free and open to the public. Bilingual Spanish/ English.

<https://www.eventbrite.com/e/education-with-heart-a-community-celebration-tickets-873709006157>

9:00 - 9:30 AM - Morning Mixer with Community Leaders

9:15 - 10:00 AM- Blessing by Kalpulli Teokalli Teoyollotl

Opening Performances: *Perez Elementary Ballet Folklorico, Cheer Team from Mendez Middle School*

10:00 - 11:00 AM- Introduction & Opening Ceremony: *Speeches by AISD Board Trustee Zapata, Superintendent Segura, Academia Cuauhtli Founders Dr. Angela Valenzuela, Dr. Zamora, and Martha Coter, & District 2 Councilmember Vanessa Fuentes*

11:00-11:40 AM- Adult Sessions, Block A: Participants will choose from three panels:

- 1) Academia Cuauhtli: Celebrating 10 years of Language and Cultural Revitalization
- 2) Aztech Kidz Code: Forging Connections: Bridging Indigenous STEM and Danza Mexica
- 3) Empowering Youth: Community-School Partnerships with ConMiMadre, ProjectMALES (UT Mentorship Program)

11:45 AM - 12:40 PM

Afternoon Keynote Address by *UT College of Education Dean Charles Martinez will share their experiences & life stories.*

12:45 - 1:25 PM

Adult Sessions, Block B: Participants will choose from three panels:

- 1) Academia Cuauhtli Parent and Teacher Testimonies
- 2) Supporting Public Education in Texas
- 3) Immigration Know Your Rights Info-Session Yohanna Salcido

1:30 - 2:10 PM

Adult Sessions, Block C: Participants will choose from three panels:

- 1) The Future of Standardized Testing
- 2) La Colaborativa Cuauhtli Project: Learning With & From Community
- 3) Preserving Austin's Cultural Arts Programs

2:15 PM - 3:00 PM- Performance by Akins Mariachi, Closing Remarks, Raffle drawing

9:00 AM - 3:00 PM- Resource Fair

11:00 AM - 2:30 PM- Live Youth Performances, Music by DJ Abel & Family Activities

Outreach and Marketing

Recent Outreach Events:

April 6 STEAM Fair at Martin Middle School. Met Miguel Briones, Children’s Book Author. Promoted EDU programs with Katya Guzman and Marie Ortiz.

April 11 Amigha Hispana Meetup at Llama Criolla. Met Evis de La Rosa, promoted La Mujer and all programs.



April 12 Changarrito Opening Reception at Mexic-Arte, promoted La Mujer and Awards of Excellence.

April 13 AIPP/Mexic-Arte Community Engagement Series - Exploring Mural Art and Community Experiences: Native American, Latino, & Mexican American Cultural History in Texas and the Southwest. ACC Riverside.



April 14 Selena Bidi Bidi Birthday Party with Frida Friday ATX at the Brewtorium. (Tk Tunchez’s event.) Promoted La Mujer. Anything for Selenas!

April 19 Selena Film Screening at the French Legation Museum with Liliás Benson, promoted La Mujer.



April 25 Mexic-Arte’s Cinco de Mayo Luncheon- represented the MACC in discussions about the 5th Street Mexican American Corridor

April 27 Ojeda Middle School Outreach Fair / Community Resource Day with “Whole Communities, Whole Health”. Promoted Education with Heart and all programs.

May 1 Teen Career Fair at Crockett High School to promote Caminos new class hiring.



Community Events



Cinco de Mayo “Lotería Fiesta”

Rodolfo "Rudy" Mendez Recreation Center, Metz Park
2407 CANTERBURY ST. 78702
Thursday, May 2, 2024
6:00-7:30pm

You are invited to Metz Park for a Loteria Fiesta! Bring your own lawn chairs & blankets for a picnic-style evening. Visit with vendors! Play Loteria! Free food & drinks and live music by the Bronze Community Band Project! This includes "Tribute to the Musica Chicana" presented by JJ Barrera and the Bronze Community Band Project at 6pm as well as table games and loteria at 7pm.

Signature Events & Collaborations

La Mujer 2024

Thank you for coming! Special thanks to the board members who attended: Angelica Garcia, Cy Herrera, and Lily Zamarripa-Saenz.

“La Mujer went beautifully and vibrantly at the Cathedral ATX on Sunday, April 21st. The MACC created an intentional space of healers and Mental health practitioners. A major Thank you Monica Cenicerros of The Cathedral, Sol Bautista, Diana Anzaldua of Contigo Wellness, TK Tuchez and the Frida Friday market team, Austin Public Health, Irasema Reza Baily, Andrea Cortez, Leticia Urrieta, The MACC Advisory Board, Council member Vanessa Fuentes and Jose Velasquez, all the amazing performers, our staff and volunteers!” -Estrella de Leon, Event Coordinator



La Mujer Promotion:

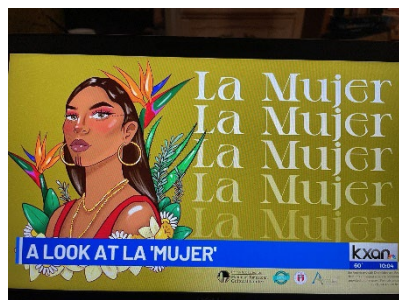
[Austin Chronicle Featured Event](#)

[Austin Vida](#)

[KXAN News Story](#) (April 16)

[Promotional Video](#)

[KXAN News Story](#) (April 21)





Awards of Excellence

Awards of Excellence 2024

This award recognizes remarkable Mexican Americans, Chicano/a/e/x, and Latino/a/l/o/x individuals or groups who have demonstrated utmost artistic excellence or distinguished service, leadership, and dedication to the cultural arts of Austin, TX. Established in 2009, the full list of past award recipients may be viewed here: <https://www.austintexas.gov/MaccAwards>

NOMINATION SUBMISSION DEADLINE
 Submit nominations by completing this form by **MAY 06, 2024**.
 Nominations may be submitted by residents of Austin and the Greater Austin Metropolitan area.



Nominate Someone Now!








Awards of Excellence

Nominate someone you know who deserves to be recognized in our Awards of Excellence! We are accepting nominations through May 6, 2024! See past awardees, details and nomination forms:

www.AustinTexas.gov/MACCAWARDS

Save the date for the ceremony- **June 29, 2024** at the Long Center!



Collaboration: Patricia Vonne’s Latinapalooza

Sunday, May 26th, 12-5pm

Lampkin Pavilion, Rosewood Park, 1182 N. Pleasant Valley, 78702

The MACC is collaborating with Patricia Vonne to bring you Latinapalooza, an event that’s in its 7th year, with an all Latina musical line-up celebrating Latina power and culture. It has been

featured at SXSW as an official showcase for three years in a row. Performers will include Mariachi Las Coronelas, Llamativa, The Tiarras, Patricia Vonne, and more! Save the date!



Collaboration: Alexa Torres Skillicorn’s Album Release Concert

Sat. June 15th, 7pm

Dougherty Arts Center, 1110 Barton Springs Rd, Austin, TX 78704

Alexa Torres Skillicorn is a Latina jazz violinist, band leader, and ethnographic researcher based in Austin, Texas. Musically, she seeks to cultivate improvisational and compositional styles which are both historically and personally rooted, embodying a dialogue between tradition and innovation in jazz. She recently recorded her forthcoming debut album entitled In Situ.

Alexa was awarded the Live Music Grant, through the City of Austin and working with the ESB MACC to offer this concert free to the community.

Open Calls & Applications

¡SE BUSCAN ARTISTAS!

Demuestre su creatividad, celebre el patrimonio cultural y promueva la conciencia ambiental.

Las solicitudes cierran el 10 de mayo de 2024. Infórmese y aplique hoy mismo en [austintexas.gov/loteria-trees](https://www.austintexas.gov/loteria-trees)

CALLING ALL ARTISTS

Showcase your creativity, celebrate cultural heritage, and promote environmental awareness.

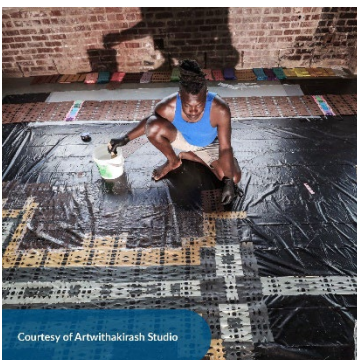
Applications close May 10, 2024. Learn more and apply today at [austintexas.gov/loteria-trees](https://www.austintexas.gov/loteria-trees)

Loteria Design Project by the City of Austin Development Services Department

Calling All Artists! Apply to create a Loteria design!

Se Buscan Artistas para un diseño de loteria!

<https://www.austintexas.gov/loteria-trees>



Nexus Grant by City of Austin Economic Development

The Nexus Grant offers \$5,000 grants for new and emerging local small organizations, individual artists, and small arts businesses to produce creative public projects. Grant funds may cover administrative costs, equipment and space rentals, marketing, and other eligible expenditures.

Application Open: April 16 at 10 a.m. - May 14 at 7 p.m.

<https://www.austintexas.gov/nexus>