How Long to Isolate or Quarantine

Close contact with COVID-19 infection

You test positive - Isolate

Everyone, regardless of vaccination status.

- If you test positive for COVID-19, isolate for 5 days.
  If you have no symptoms after 5 days, you can stop isolating.
- Wear a mask** around others for 5 additional days.
- If you have a fever, continue to stay isolated until your fever resolves.

Exposed - Quarantine

If you:
Have been boosted
OR
Completed the primary series of Pfizer or Moderna vaccine within the last 6 months
OR
Completed the primary series of J&J vaccine within the last 2 months

Yes

- Wear a mask** around others for 10 days.
- Test* on day 5, if possible.

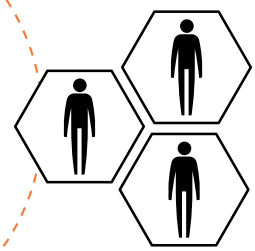
If you develop symptoms get a test and stay isolated.

No

If you:
Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted
OR
Completed the primary series of J&J over 2 months ago and are not boosted
OR
Are unvaccinated

- Isolate for 5 days.
- After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask** for 10 days.
- Test* on day 5 if possible.

If you develop symptoms get a test and stay isolated.



*Tests

PCR or Rapid Antigen

**Masks

Masks should fit snugly and cover your nose and mouth.

Visit CDC.gov for more information.

Note

Practice wearing a mask, washing your hands and watching your distance for the full 10 days following your last exposure, even within your household.**

Austin Public Health
PREVENT. PROMOTE. PROTECT.

Revised 12/28/2021
Guidelines are subject to change. Information from CDC.gov