

Austin Parks and Recreation Department

2024 AQUATIC PROGRAM GUIDE



The city of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512)974-3914.

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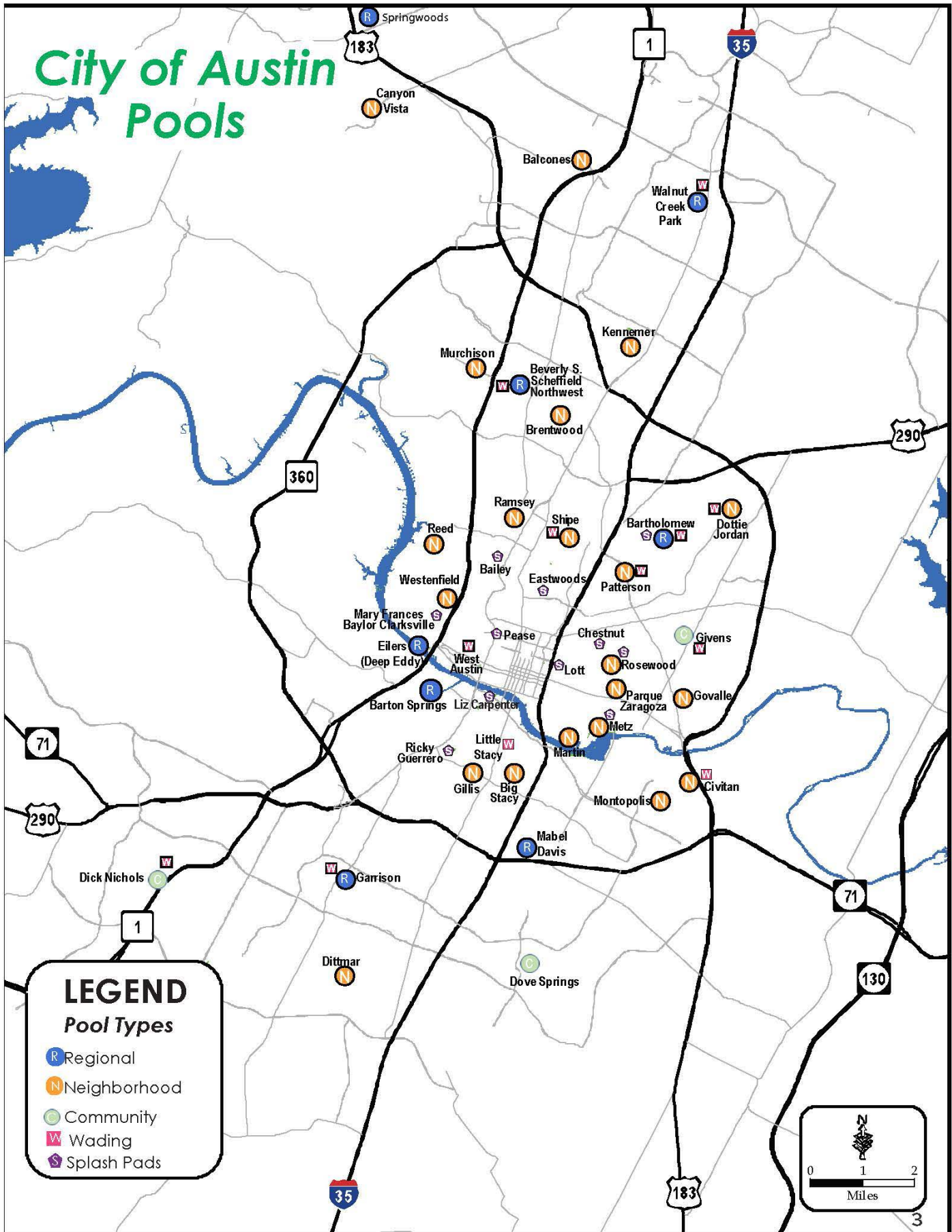
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BROCHURE DISCLAIMER

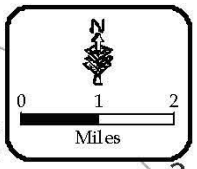
Due to the large amount of information available in the Aquatic Division brochure, errors and changes before and after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise.

City of Austin Pools



LEGEND
Pool Types

- Regional
- Neighborhood
- Community
- Wading
- Splash Pads



Locations and Contact Information

BARTON SPRINGS POOL

Main Gate	2131 William Barton Dr.	(512) 974-6300
South Gate	710 Azie Morton Rd.	(512) 974-6300

REGIONAL AQUATIC CENTERS

Bartholomew	1800 E 51st St Austin, TX 78723	(512) 974-1650
Deep Eddy	401 Deep Eddy Ave Austin, TX 78703	(512) 472-8546 / (512) 974-1189 (info)
Garrison	6001 Menchaca Rd Austin, TX 78745	(512) 442-4048
Mabel Davis	3427 Parker Ln Austin, TX 78741	(512) 441-5247
Northwest	7000 Ardath Austin, TX 78757	(512) 453-0194
Springwoods	13320 Lyndhurst St Austin, TX 78729	(512) 996-8978
Walnut Creek	12138 N Lamar Austin, TX 78758	(512) 834-0824

COMMUNITY POOLS

Dick Nichols	8011 Beckett Austin, TX 78749	(512) 899-0348
Dove Springs	5801 Ainez Dr Austin, TX 78744	(512) 444-6136
Givens	4001 E 12th St Austin, TX 78721	(512) 928-2657

NEIGHBORHOOD POOLS

Balcones	12017 Amherst Dr Austin, TX 78759	(512) 821-2053
Brentwood	6710 Arroyo Seco St Austin, TX 78757	(512) 453-1725
Canyon Vista	8455 Spicewood Springs Rd 78759	(512) 996-8038
Civitan	513 Vargas Austin, TX 78741	(512) 386-5743
Dittmar	1009 W. Dittmar Rd Austin, TX 78748	(512) 693-4698
Dottie Jordan	2803 Loyola Ln Austin, TX 78723	(512) 928-3721
Gillis	2410 Durwood Austin, TX 78704	(512) 693-2974
Govalle	5200 Bolm Rd Austin, TX 78721	(512) 974-1255
Kennemer	1031 Payton Gin Rd Austin, TX 78758	(512) 821-2454
Martin	1626 Nash Hernandez Sr. Rd Austin, TX 78702	(512) 469-0948
Metz	2309 Canterbury Austin, TX 78702	(512) 391-6212
Montopolis	1200 Montopolis Dr Austin, TX 78741	(512) 389-6022
Murchison	7022 Hart Ln. Austin, TX 78731	(512) 241-0618
Parque Zaragoza	2611 Webberville Rd. Austin, TX 78702	(512) 320-0160
Patterson	4200 Brookview Rd. Austin, TX 78722	(512) 542-9685
Ramsey	4201 Burnet Rd Austin, TX 78756	(512) 380-9131
Reed	2614 Pecos St Austin, TX 78703	(512) 542-9782
Rosewood	2300 Rosewood Ave. Austin, TX 78702	(512) 473-8469
Shipe	4400 Avenue G Austin, TX 78751	(512) 380-9131
Stacy	700 E. Live Oak St Austin, TX 78704	(512) 445-0304
West Austin	1317 W. 10th St Austin, TX 78703	(512) 236-1303
Westenfield	2008 Enfield Rd Austin, TX 78703	(512) 542-9176

Please see our pool schedule at austintexas.gov/pools to find out which pools are open near you!

WADING POOLS

Stacy	1401 Sunset Ln. Austin, TX 78704	(512) 693-2174
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SPLASH PADS

Bailey	1201 W. 33rd St Austin, TX 78705
Bartholomew	5201 Berkman Dr Austin, TX 78723
Chestnut	2205 East 16th St Austin, TX 78702
Clarksville	1811 W. 11th St Austin, TX 78703
Liz Carpenter	201 Dawson Rd. Austin, TX 78704
Eastwoods	3001 Harris Park Blvd Austin, TX 78705
Lott	1180 Curve St Austin, TX 78702
Metz	2407 Canterbury Austin, TX 78702
Pease	1100 Kingsbury St Austin, TX 78703
Ricky Guerrero	1100 Brodie Street Austin, TX 78704
Rosewood	2300 Rosewood Ave. Austin, TX 78702

FINANCIAL AID FOR YOUTH

The Austin Parks and Recreation Department is offering financial support to residents for youth programs from October 1, 2023 to September 30, 2024. Youth participants must reside in the City of Austin and receive or be eligible to receive reduced or free lunches in their school district to qualify for financial assistance. To apply, please visit austintexas.gov/PARDFinAid.



Registration Information

Registration Periods

Registration Period**

Registration may be completed online at austintexas.gov/parksonline. In person registration is available Monday-Friday from 8AM-5PM at the Aquatics Office. If you have trouble registering online or wish to use scholarship funds, please email Aquaticsoffice@austintexas.gov

Late Registration Period

Registration must be phone-in or in-person only to ensure space availability and receipt confirmation prior to the first day of class. Please call 512-974-9330 or email

Aquaticsoffice@austintexas.gov

Please note that online registration will not be available during the late registration period.

Registration Forms

Incomplete registration forms will not be processed upon receipt and you will be notified by phone to correct any problems. (i.e., no signatures at the bottom of the registration form; no payment or incorrect class information). If contact cannot be made, the registration will be shredded in 5 business days.

Confirmation Receipts

Receipts will be e-mailed or mailed to the addresses provided on the registration form. If you do not receive a confirmation receipt within 5 business days, please contact the Aquatic Office.

How to Register

1. Pick the age division and skill level

It is imperative that you register your child for the correct age and skill level, not the class time that is most convenient. Please refer to the [course description pages](#) in this brochure as a reference. Classes are offered in a grouping of levels, however you will still need to determine which class level is appropriate for your child. If your child is able to complete all of the skills listed under a particular level within their age group, they would need to be registered for the next class level higher. Please see curriculum info on pages 10-14 for help in determining your child's skill level.

2. Pick a session, pool, and time

Confirm with your family's calendar, as cancellation and transfers can add fees. Registration at least two weeks prior to the session start date is recommended.

3. Register

Go to austintexas.gov/parksonline to register online. Alternatively, you may complete the registration form (one per participant per session) and bring it to the Aquatics Office. Please make checks or money orders payable to the City of Austin or charge by using Mastercard or Visa. All returned checks will be charged a \$25 service fee. Please be aware that registration forms will not be accepted prior to the registration date displayed above and phone registrations are prohibited.

Registration Dates

Session	Session Dates	Registration	Late Registration
Spring	May 13 - May 24	April 1 - May 3	May 6 - May 10
Session 1	June 3 - June 14	April 1 - May 24	May 27 - May 31
Session 2	June 17 - June 28	April 1 - June 7	June 10 - June 14
Session 3**	July 1 - July 12	April 1 - June 21	June 24 - June 28
Session 4	July 15 - July 26	April 1 - July 5	July 8 - July 12
Session 5	July 29 - August 9	April 1 - July 19	July 22 - July 26
Swim Team*	June 3 - July 13	April 1 - June 3*	

*There will be no late registration for Swim Team. All Swim Team registrations must take place on or before June 6, 2024.

Please Note:

- For Late Registration, online sign-up *will not* be available.
- Sessions will meet Monday - Friday for 2 weeks with the exception of each facility's weekly Non-Programming day or as otherwise noted.
- Please check the lesson schedule for the specific days of the week each facility will be closed.

**Session 3 will not meet on July 4th. All classes will be Monday, through Wednesday and Friday for week 1. Week 2 will follow your pool's regular schedule.

Online Registration

Online registration is processed by our registration software. You will create or update your user account, which is only accessible by you. If you don't know your password, you can request a new one which is generated by the software and not visible to staff. Staff is only able to update information you provide and register you for a class through their own staff user accounts. Staff cannot access your online account. Payments are processed through a credit card processing vendor to protect our customer's privacy and security. Neither the Austin Parks and Recreation Department, nor the software vendor, store credit card information.

austintexas.gov/parksonline

Cancellations, Transfers, & Refunds

Payment Policies

Payment must accompany the registration form.

Aquatic Division Cancellation

Classes that do not meet the minimum enrollment will be canceled and full refunds will be automatically issued as a credit that can be used towards any future programs. If your class is canceled, you will be notified by phone the week prior to the start of the session. Credits may be refunded upon request submitted via telephone at 512-974-9345 (best time is 12:00 pm to 3:00 pm, Monday to Friday).

Customer Cancellation

You may request a cancellation of your class by 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class to receive a refund, minus a \$10.00 cancellation fee. Please allow 4-6 weeks for processing. In lieu of a refund, a credit may be requested and can be used toward any future programs. All requests for refunds must be submitted via e-mail to AquaticsOffice@austintexas.gov by 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class.

Transfers

Transferring out of one class/session into another class/session may be done before 8:00 AM on the FRIDAY PRIOR to the FIRST DAY of the class. A processing fee of \$5.00 will be charged. Children that need to be transferred at the request of the instructor will not be assessed a fee. If you have any questions about cancellations, refunds, or transfers please do not hesitate to contact the Aquatic Office at 512-974-9330.

Frequently Asked Questions

Will spaces be held for online, walk-in, and phone registration?

No spaces will be held. Online, walk-in and phone registration will all be offered for live registration on a space available basis.

What happens if the class is full?

If a class is full, a spot on the waiting list will be offered. There is no fee to be on the waiting list. If a participant drops a class that space will be offered to the first person on the waiting list. If you are offered a space in class from the waiting list, we will notify you of the deadline to secure the space with the payment. If you decline or let the deadline expire without making the payment, we will remove the student from the roster and offer the space to the next student on the waiting list.

Are participant waivers still required?

Adult and youth waivers with original signatures are required at the program site prior to participation.

If I make an ADA accommodation request, must I speak with staff before registering?

Yes. Please complete online registration and contact staff at the Aquatic Office at 512-974-9330 to place the request.

Are scholarships available?

Scholarships are available through Austin Parks and Recreation as well as through Austin Parks and Recreation's Aquatic Division. For more information or to apply, visit www.austintexas.gov/swimming or our office at 2818 San Gabriel St, Austin, TX 78705

What if I qualify for Financial Aid?

If you have already been approved for Financial Aid, your account should automatically calculate the correct price when paying for an activity online. If for some reason it doesn't, please contact staff at the site to inquire further.



Pool Closure Schedule

All Swim Lesson and Program sessions run for 4 days each week. Pool sites will be closed one day each week to programming and any open/lap swimming activities. Please refer to the chart below to determine your facility's closure day.

POOL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Balcones	CLOSED				
Bartholomew				CLOSED	
Barton Springs				CLOSED 9AM-7PM	
Brentwood		CLOSED			
Canyon Vista				CLOSED	
Civitan	CLOSED				
Deep Eddy		CLOSED FIRST TUE OF MONTH			
Dick Nichols	CLOSED				
Dittmar		CLOSED			
Dottie Jordan			CLOSED		
Dove Springs				CLOSED	
Garrison			CLOSED		
Gillis			CLOSED		
Govalle		CLOSED			
Kenemer	CLOSED				
Little Stacy			CLOSED		
Mabel Davis	CLOSED				
Martin			CLOSED		
Metz				CLOSED	
Montopolis		CLOSED			
Murchison	CLOSED				
Northwest				CLOSED	
Parque Zaragoza				CLOSED	
Patterson			CLOSED		
Ramsey				CLOSED	
Reed		CLOSED			
Rosewood	CLOSED				
Springwoods			CLOSED		
Shipe			CLOSED		
Stacy (Big)	CLOSED				
Walnut Creek		CLOSED			
West Austin			CLOSED		
Westenfield			CLOSED		

Swim Lesson Program

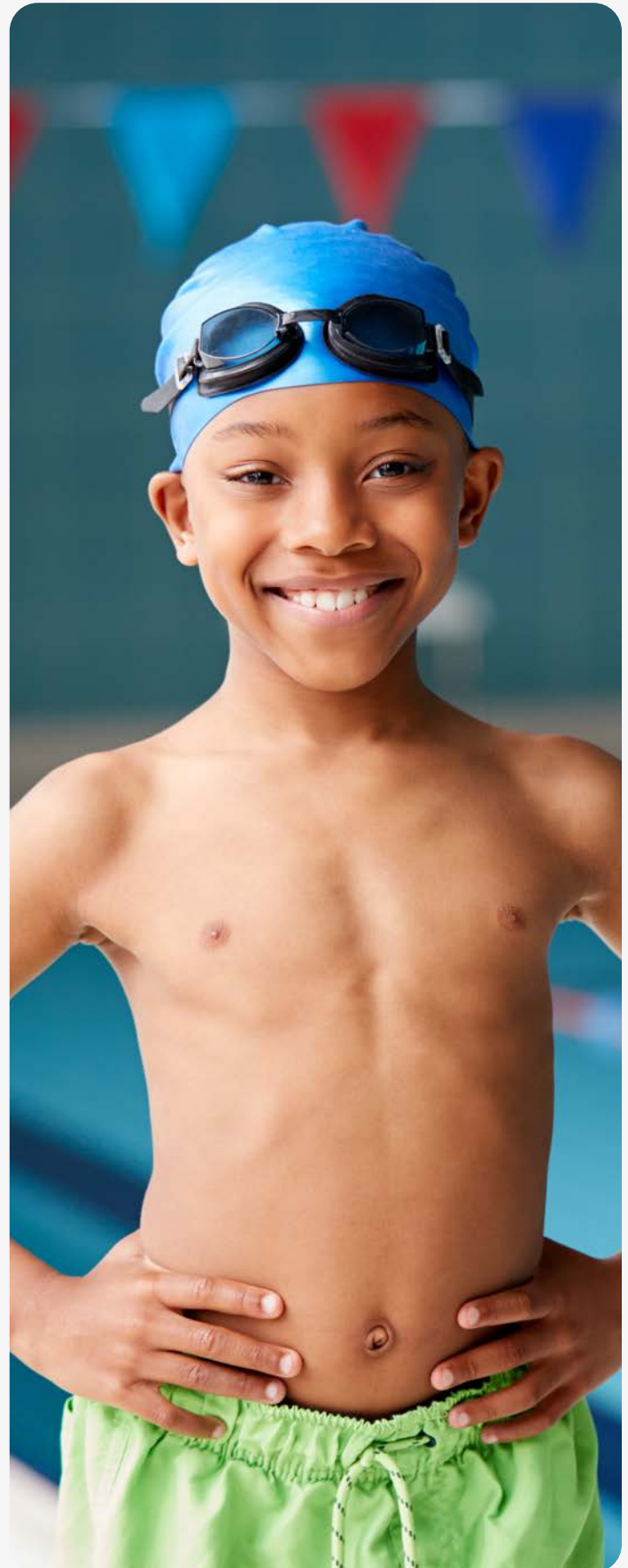
Program Details

Swim lessons for infants through adults are offered at 16 sites throughout the city. Age-appropriate class curriculum is designed to cover skills in a logical progression for optimal development. Each stage is challenging but individualized so that students gain confidence in their own abilities. Sessions meet Monday - Friday for 3 weeks with the exception of each facility's weekly Non-Programming days, or as otherwise noted.

- Resident Fee: \$57.00 (8 Classes per Session)
- Resident Registration: 8:00 am on April 1, 2024
- Non Resident Fee: \$66.00 (8 Classes per Session)
- Non-Resident Registration: 10:00 am on April 1, 2024

Swim Lesson Tips

- Understand that children develop swimming skills at different rates.
- Bring an extra towel for students enrolled in Starbabies classes as swim diapers tend to retain a large amount of water.
- Bring a light snack and drink for your child since they are often hungry and/or thirsty after a lesson.
- Apply a UVA/UVB sunscreen with a SPF factor of 15 or higher at least 30 minutes prior to entering the pool for your lesson.
- Arrive at least 5 minutes prior to your scheduled lesson time so that you and your child can get acquainted with the facility.
- Bring your registration receipt to help ensure you are attending the correct class.
- Be enthusiastic and support your child by praising their efforts in the pool.
- Provide additional practice time with your child at home or during public swim to increase their comfort level and confidence in the water.
- We recommend postponing using goggles with your child until they are comfortable placing their face and head underwater. Goggles can be beneficial to children while swimming laps, especially if they experience eye discomfort. If goggles are used, please assist your child in adjusting their goggles before their lessons.
- Water shoes do a great job of protecting feet during hours of water play and walking on pool decks, but they hinder the development of an effective flutter kick. During lessons, we recommend water shoes stay with your child's towel.



Important Lesson Information

Class Prerequisites

The prerequisite for each class level is the successful completion of the preceding class level skills. A child's age is a limiting factor for registration for all classes.

Instructors

Most classes will be taught by certified Starfish Aquatics Institute Certified Swim Instructors. However, there may be circumstances that will require a certified Swim Instructor Aide.

During the Class

Parents/guardians must stay at the pool for the entire class in case of an emergency where Parental Consent for care is required.

Class Discipline

We reserve the right to take children out of class when they are verbally or physically abusive to other students, instructors, or if they are disruptive to the class.

Class Minimum Participant Requirements

If your class selection does not meet the minimum participant requirement you will be notified by phone prior to the scheduled start date, at which time you may choose an alternate class. All classes that do not meet the minimum number of participants will be canceled.

Class Wait List

One way to deliver quality service is by limiting the class size to provide an optimal student : Instructor ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available.

Advancing to the Next Level

In order to advance to the next level, students must pass all skills listed for the particular level that the student is enrolled in.

Entrance Fees

An entrance fee will be charged to swim/practice participants before or after lessons at all Regional Aquatic Facilities.

Inclement Weather / Unforeseeable Circumstances

Classes will not be canceled due to rainy weather. In the event of thunder, lightning, or other unexpected situations such as mechanical problems, class will be canceled and safety lessons will be conducted at the facility. If class is canceled for a second day, the instructors will add 5 minutes to the end of the remaining classes to make up missed time. If class is canceled for a 3rd day you will receive a prorated refund for the remaining time. For cancellation information, call the pool where your lessons are being held.



**Scholarships
available!**

For more information on scholarships,
contact the Aquatic Office:
aquaticsoffice@austintexas.gov

A Parent's Guide to the Starfish Swimming Curriculum



What is Starfish Swimming®?

City of Austin Parks and Recreation is an independent authorized provider of Starfish Swimming. Starfish Swimming is a nationally recognized swim instruction curriculum developed by the Starfish Aquatics Institute (SAI). Learn more about SAI at www.starfishaquatics.org.

The Starfish Swimming curriculum is designed for students ages 6-months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.

In the following pages, you will find the curriculum used in the StarBabies™/StarTots™ (ages 6 months to 36 months), Starfish Swim School® (ages 3 and up), and Starfish Stroke School™ programs. Our swim instructors will communicate your child's progression through the curriculum on a regular basis.

**Starfish Swimming
Be Safe! Have Fun!**

What role do I play in my child's swimming development?

As a parent or caregiver, you play a vital role in your child's swimming development. You have already taken the first step by registering your child for swim lessons. Now, you must continue to communicate with your child's instructor and practice, practice, practice!

The bathtub is a great place to start practicing! Bubbles, breath holding, looking underwater, floating, and kicking can all take place in the bathtub! A few trips to the pool between swim lessons are nice too! You shouldn't feel the need to push children to do everything they are doing in swim lessons. Just give them the opportunity to get wet, splash around, and explore the water on their own terms.

But remember: supervision is a must! While swimming lessons are one layer of protection, nothing beats supervision. Keep your eyes on your child whenever you are in, on, or near the water! If you have any questions, please do not hesitate to ask. We're here for you.

Austin Aquatics
512-974-9330
Aquaticsoffice@austintexas.gov



WHAT LEVEL SHOULD I BE IN?

Starbabies/Startots - Parent and Child Lessons

PARD Aquatics Level 0 (LVL 0)

Starbabies(parent/child) - Under 3 years of age

The purpose of this course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun and loving experience. One adult must be in the water with each child at all times. Swim diapers required for any students not yet toilet-trained.

StarBabies™ (LEVEL 0)

Stage White: Trust and Comfort

- Safety Skill: Understand constant and dedicated surveillance.
- Swim Skill: Parent and child are relaxed and confident, and enjoy being in the water together.

Stage Red: Body Positions

- Safety Skill: Fit and properly put a lifejacket on the child.
- Swim Skill: Perform a relaxed front, back, vertical, and side position for at least 5 seconds each.

Stage Yellow: Submersion

- Safety Skill: Use flotation to help someone in the water and know how to call 911.
- Swim Skill: Enter from the wall, submerge, turn around, grab on to the wall, and pull up (assisted).

Stage Blue: Air Recovery and Rollover

- Safety Skill: Identify six methods of preventing recreational water illness.
- Swim Skill: Enter from the wall, submerge, come to surface unassisted and get a breath in vertical or horizontal (on back) position.

Stage Green: Forward Movement

- Safety Skill: Know about infant and child CPR.
- Swim Skill: Move through the water independently 10 feet, with or without flotation.

Please Note: Students in Starfish Swim School will be required to perform skills in both swimwear as well as regular clothes, to prepare students if they fall in unexpectedly.

Starfish Swim School®

Students work toward development of the five core swimming competencies and receive color stage awards for each achievement. The color stages are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging.

Stage White: Readiness LVL 1

- Safety Skill: Always ask permission before getting in the water.
- Swim Skill: Relaxed Submersion

Stage Red: Body Positions/Air Exchange LVL 2

- Safety Skill: Put on a lifejacket, jump in, kick 10 ft. on the back
- Swim Skill: Jump/roll in, onto the back to breathe for 3-5 seconds

Stage Yellow: Forward Movement LVL 3

- Safety Skill: Tread water for 10 seconds
- Swim Skill: Swim-roll-swim for 30 ft.

Stage Blue: Streamlines LVL 4

- Safety Skill: Reach or throw assist with flotation
- Swim Skill: Side-roll-side with kick for 15 ft.

Stage Green: Water Competency LVL 5

- Safety Skill: Disorienting entries and recovery
- Swim Skill: Starfish SaferSwimmer Award



Starfish Stroke School®

Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and more!

Stage White: Freestyle and Backstroke LVL 6

- Safety Skill: Always ask permission before getting in the water.
- Swim Skill: Swim backstroke/freestyle 30 feet with body stretched out and consistent form

Stage Red: Resting Stroke, Elementary Backstroke and Sidestroke LVL 7

- Safety Skill: Put on a lifejacket, float on back, kick 30 feet.
- Swim Skill: Swim 25 yards elementary backstroke and sidestroke

Stage Yellow: Butterfly LVL 8

- Safety Skill: Scenario assist and know when and how to call 911.
- Swim Skill: Swim 25 yards butterfly

Stage Blue: Breaststroke LVL 9

- Safety Skill: Survival float
- Swim Skill: Swim 25 yards breaststroke

Stage Green: Endurance and Fitness LVL 10

- Safety Skill: Tread water or survival float for 5 minutes.
- Swim Skill: Swim 300 yards continuously



Core Skills Achievement Stages

Starfish Swim School

WHITE 1	RED 2	YELLOW 3	BLUE 4	GREEN 5
If the student...	If the student...	If the student...	If the student...	If the student...
is very afraid of the water...	can't swim without support but loves the water...	is not afraid...	can swim underwater or on the surface without support	can tread water for at least 15 seconds without support
can't swim at all	will get face wet...	can float on front and back without support...	Can come up for breath while swimming without support	can swim freestyle with rotary(side) breathing
will not get face wet...	will jump in without hesitation...	can jump in and return to surface on their own...		
SIGN UP FOR THE WHITE GROUP	SIGN UP FOR THE RED GROUP	SIGN UP FOR THE YELLOW GROUP	SIGN UP FOR THE BLUE GROUP	SIGN UP FOR THE GREEN GROUP

Starfish Stroke School

WHITE 6	RED 7	YELLOW 8	BLUE 9	GREEN 10
If the student...	If the student...	If the student...	If the student...	If the student...
has passed the Starfish Swim School Green Benchmark...	has passed the White Stroke School Benchmark...	has passed the Red Stroke School Benchmark...	has passed the Yellow Stroke School Benchmark...	has passed Benchmarks for all other stages of Starfish Stroke School...
can swim unassisted for 30 feet...	can swim freestyle correctly for 30 feet...	can swim backstroke correctly for 30 feet...	can swim FOUR strokes of butterfly correctly with only taking ONE breath...	can swim 30 feet of butterfly and breaststroke with correct breathing and timing
needs beginning stroke refinement for Freestyle(front crawl)...	needs backstroke refinement...	needs butterfly stroke refinement...	needs breaststroke refinement...	is interested in swimming for fitness and fun
SIGN UP FOR THE WHITE GROUP	SIGN UP FOR THE RED GROUP	SIGN UP FOR THE YELLOW GROUP	SIGN UP FOR THE BLUE GROUP	SIGN UP FOR THE GREEN GROUP

Starfish Benchmarks

Swim School

You should register for these levels if your swimmer is 3 years or older:

Swim School - White(W) (LVL 1)

Safety Skill: Always ask permission before getting in the water - An adult should always be present

Swim Skill: Relaxed submersion - Comfort holding breath under water

Swim School - Red(R) (LVL 2)

Safety Skill: Put on a lifejacket, jump in and kick on the back for 10 ft.

Swim Skill: Jump/roll in, roll onto the back to breathe for 3-5 seconds - In bathing suit as well as clothes

Swim School - Yellow(Y) (LVL 3)

Safety Skill: Tread water for 10 seconds - Vertical surface support

Swim Skill: Swim-Roll-Swim for 30 ft. - Beginning stages of rotary breathing

Swim School - Blue(B) (LVL 4)

Safety Skill: Reach or throw assist with floatation - Learn to help swimmers in distress safely

Swim Skill: Side-roll-side with kick for 15 ft. - Swimming on the front with side breathing

Swim School - Green(G) (LVL 5)

Safety Skill: Disorienting entries and recovery - Entering the water and recovering for air in different ways

Swim Skill: Starfish SafeSwimmer Award - Jump in, submerge and recover, tread water for a min before swimming 50 yards

Stroke School

Once you have passed Swim School Green stage:

Stroke School - White(W) (LVL 6)

Safety Skill: Always ask permission before getting in the water - An adult should always be present

Swim Skill: Swim 25 yards of freestyle and backstroke

Stroke School - Red(R) (LVL 7)

Safety Skill: Put on a lifejacket while in the water and kick on back for 30 feet

Swim Skill: Swim 25 yards elementary backstroke and sidestroke - Resting and survival strokes

Stroke School - Yellow(Y) (LVL 8)

Safety Skill: Emergency Scenarios - Know how to recognize distress, when to call 911 and how to respond safely

Swim Skill: Swim 25 yards butterfly

Stroke School - Blue(B) (LVL 9)

Safety Skill: Discuss water safety concepts

Swim Skill: Swim breaststroke 30 feet with good timing and extension

Stroke School - Green(G) (LVL 10)

Safety Skill: Tread water and survival float for 5 minutes

Swim Skill: Swim 300 yards continuously, learn about different aquatic workouts including swimming and other aquatic fitness programs.

Adult and Teen Classes

Adult Stroke School

Ages 18 and older

Class Size: Min 4, Max 8

40 minute class

The objective of this class is to improve stroke technique and is intended for individuals who are comfortable in swimming both front and back crawl. Swimmers will have the ability to refine strokes and learn new strokes in order to swim with more ease, efficiency, and smoothness over greater distances.

Teen Swim School

Ages 13 and older

Class Size: Min 4, Max 8

40 minute class

This class is designed for teens of varying skill and ability. Teens with little or no knowledge of swimming will have the chance to improve their swimming by learning basic front crawl and back crawl. Teens with the basic knowledge will have the chance to improve strokes and learn elements of butterfly and breaststroke. This class is great for teens wanting to become a lifeguard, allowing teens the chance to practice all required skills to pass the prerequisites for lifeguard class.

Basic/Lifeguard

- Front Crawl with side breathing
- Back Crawl
- Scissor Kick
- Breaststroke Kick
- Surface dives

Skills Improvements

- Elementary Backstroke
- Butterfly
- Sidestroke
- Open & Flip turns

It's never too late to learn to swim or improve your technique!

Adult swimming programs include beginning and intermediate levels. All are welcome!

Northwest Pool

Class meets Monday, Tuesday, Wednesday, Thursday

Level	Time	Session #
Starbabies	4:30 PM - 5:00 PM	560206.01
Swim School W/R (LVL 1/2)	4:30 PM - 5:00 PM	562206.01
Swim School Y/B/G (LVL 3/4/5)	4:30 PM - 5:00 PM	562206.02
Swim School W/R (LVL 1/2)	5:10 PM - 5:40 PM	562206.03
Swim School Y/B/G (LVL 3/4/5)	5:10 PM - 5:40 PM	562206.04
Stroke School W/R (LVL 6/7)	5:50 PM - 6:30 PM	563206.01
Stroke School R/Y (LVL 7/8)	5:50 PM - 6:30 PM	563206.02
Stroke School Y/B (8/9)	6:40 PM - 7:20 PM	563206.03
Stroke School G (LVL 10)	6:40 PM - 7:20 PM	563206.04
Adult Swim School	6:40 PM - 7:20 PM	565206.09
Adult Stroke School	6:40 PM - 7:20 PM	565206.10
Stroke Clinic (May 6-23 see page 32)	5:45 PM - 6:25 PM	565260.01
Stroke Clinic (May 6-23 See page 32)	6:45PM - 7:25PM	565260.02

Garrison Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session #
Starbabies	4:30 PM - 5:00 PM	560206.02
Swim School W/R (LVL 1/2)	4:30 PM - 5:00 PM	562206.05
Swim School Y/B/G (LVL 3/4/5)	4:30 PM - 5:00 PM	562206.06
Swim School W/R (LVL 1/2)	5:10 PM - 5:40 PM	562206.07
Swim School Y/B/G (LVL 3/4/5)	5:10 PM - 5:40 PM	562206.08
Stroke School W/R (LVL 6/7)	5:50 PM - 6:30 PM	563206.05
Stroke School R/Y (LVL 7/8)	5:50 PM - 6:30 PM	563206.06
Stroke School Y/B (LVL 8/9)	6:40 PM - 7:20 PM	563206.07
Stroke School G (LVL 10)	6:40 PM - 7:20 PM	563206.08
Adult Swim School	6:40 PM - 7:20 PM	565206.21
Adult Stroke School	6:40 PM - 7:20 PM	565206.22
Stroke Clinic (May 6-23 See page 32)	5:45PM - 6:25 PM	565260.05
Stroke Clinic (May 6-23 See page 32)	6:45 PM - 7:25 PM	565260.06

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Balcones Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	10:15 AM - 10:45 AM	562201.28	562202.28	562203.28	562204.28	562205.28
Swim School R/Y (LVL 2/3)	10:15 AM - 10:45 AM	562201.29	562202.29	562203.29	562204.29	562205.29
Swim School B/G (LVL 4/5)	10:55 AM - 11:25 AM	562201.30	562202.30	562203.30	562204.30	562205.30
Stroke School W/R (LVL 6/7)	10:55 AM - 11:35 AM	563201.43	563202.43	563203.43	563204.43	563205.43
Stroke School R/Y (LVL 7/8)	11:45 AM - 12:25 PM	563201.44	563202.44	563203.44	563204.44	563205.44
Starbabies	5:50 PM - 6:20 PM	561201.18	561202.18	561203.18	561204.18	561205.18
Swim School W/R (LVL 1/2)	5:50 PM - 6:20 PM	562201.31	562202.31	562203.31	562204.31	562205.31
Swim School R/Y (LVL 2/3)	6:30 PM - 7:00 PM	562201.88	562202.88	562203.88	562204.88	562205.88
Swim School B/G (LVL 4/5)	6:30 PM - 7:00 PM	562201.89	562202.89	562203.89	562204.89	562205.89
Stroke School W/R (LVL 6/7)	7:20 PM - 8:00 PM	563201.48	563202.48	563203.48	563204.48	563205.48
Stroke School Y/B/G (LVL 8/9/10)	7:20 PM - 8:00 PM	563201.49	563202.49	563203.49	563204.49	563205.49

Bartholomew Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	8:00 AM - 8:30 AM	561201.16	561202.16	561203.16	561204.16	561205.16
Swim School W/R (LVL 1/2)	8:00 AM - 8:30 AM	562201.17	562202.17	562203.17	562204.17	562205.17
Swim School R/Y (LVL 2/3)	8:40 AM - 9:10 AM	562201.18	562202.18	562203.18	562204.18	562205.18
Swim School B/G (LVL 4/5)	8:40 AM - 9:10 AM	562201.19	562202.19	562203.19	562204.19	562205.19
Stroke School W/R (LVL 6/7)	9:20 AM - 10:00 AM	563201.22	563202.22	563203.22	563204.22	563205.22
Stroke School Y/B/G (LVL 8/9/10)	9:20 AM - 10:00 AM	563201.23	563202.23	563203.23	563204.23	563205.23

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Canyon Vista Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School (LVL 1-5)	5:10 PM - 5:40 PM	562201.26	562202.26	562203.26	562204.26	562205.26
Stroke School (LVL 6-10)	5:50 PM - 6:30 PM	563201.41	563202.41	563203.41	563204.41	563205.41
Swim School (LVL 1-5)	6:40 PM - 7:10 PM	562201.27	562202.27	562203.27	562204.27	562205.27
Stroke School (LVL6-10)	7:20 PM - 8:00 PM	563201.42	563202.42	563203.42	563204.42	563205.42

Deep Eddy Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Teen Swim School	5:40 PM - 6:20 PM	N/A	564201.02	564201.03	564201.04	564201.05
Adult Swim School	6:30 PM - 7:10 PM	N/A	565207.07	565207.11	565207.15	565207.19
Adult Stroke School	7:20 PM - 8:00 PM	N/A	565207.08	565207.12	565207.16	565207.20



Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Dick Nichols Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	8:30 AM - 9:00 AM	561201.20	561202.20	561203.20	561204.20	561205.20
Swim School W/R (LVL 1/2)	8:30 AM - 9:00 AM	562201.67	562202.67	562203.67	562204.67	562205.67
Swim School R/Y (LVL 2/3)	8:30 AM - 9:00 AM	562201.45	562202.45	562203.45	562204.45	562205.45
Swim School B/G (LVL 4/5)	8:30 AM - 9:00 AM	562201.46	562202.46	562203.46	562204.46	562205.46
Stroke School W/R (LVL 6/7)	9:10 AM - 9:50 AM	563201.63	563202.63	563203.63	563204.63	563205.63
Stroke School R/Y (LVL 7/8)	9:10 AM - 9:50 AM	563201.64	563202.64	563203.64	563204.64	563205.64
Stroke School Y/B (LVL 8/9)	9:10 AM - 9:50 AM	563201.65	563202.65	563203.65	563204.65	563205.65
Stroke School G (LVL 10)	9:10 AM - 9:50 AM	563201.66	563202.66	563203.66	563204.66	563205.66
Starbabies	10:00 AM - 10:30 AM	561201.21	561202.21	561203.21	561204.21	561205.21
Swim School W/R (LVL 1/2)	10:00 AM - 10:30 AM	562201.47	562202.47	562203.47	562204.47	562205.47
Swim School R/Y (LVL 2/3)	10:00 AM - 10:30 AM	562201.48	562202.48	562203.48	562204.48	562205.48
Swim School B/G (LVL 4/5)	10:00 AM - 10:30 AM	562201.49	562202.49	562203.49	562204.49	562205.49
Stroke School W/R (LVL 6/7)	10:40 AM - 11:20 AM	563201.67	563202.67	563203.67	563204.67	563205.67
Stroke School R/Y (LVL 7/8)	10:40 AM - 11:20 AM	563201.68	563202.68	563203.68	563204.68	563205.68
Stroke School Y/B (LVL 8/9)	10:40 AM - 11:20 AM	563201.69	563202.69	563203.69	563204.69	563205.69
Stroke School G (LVL 10)	10:40 AM - 11:20 AM	563201.70	563202.70	563203.70	563204.70	563205.70
Starbabies	5:10 PM - 5:40 PM	561201.22	561202.22	561203.22	561204.22	561205.22
Swim School W/R (LVL 1/2)	5:10 PM - 5:40 PM	562201.50	562202.50	562203.50	562204.50	562205.50
Swim School R/Y (LVL 2/3)	5:10 PM - 5:40 PM	562201.51	562202.51	562203.51	562204.51	562205.51
Swim School B/G (LVL 4/5)	5:10 PM - 5:40 PM	562201.52	562202.52	562203.52	562204.52	562205.52
Teen Swim School	5:40 PM - 6:20 PM	564201.15	564202.16	564203.17	564204.18	564205.19
Stroke School W/R (LVL 6/7)	5:50 PM - 6:30 PM	563201.71	563202.71	563203.71	563204.71	563205.71
Stroke School R/Y (LVL 7/8)	5:50 PM - 6:30 PM	563201.72	563202.72	563203.72	563204.72	563205.72
Stroke School Y/B (LVL 8/9)	5:50 PM - 6:30 PM	563201.73	563202.73	563203.73	563204.73	563205.73
Stroke School G (LVL 10)	5:50 PM - 6:30 PM	563201.74	563202.74	563203.74	563204.74	563205.74
Adult Swim School	6:30 PM - 7:10 PM	565207.03	565207.31	565207.33	565207.35	565207.37
Starbabies	6:40 PM - 7:10 PM	561201.23	561202.23	561203.23	561204.23	561205.23
Swim School W/R (LVL 1/2)	6:40 PM - 7:10 PM	562201.53	562202.53	562203.53	562204.53	562205.53
Swim School R/Y (LVL 2/3)	6:40 PM - 7:10 PM	562201.54	562202.54	562203.54	562204.54	562205.54
Swim School B/G (LVL 4/5)	6:40 PM - 7:10 PM	562201.55	562202.55	562203.55	562204.55	562205.55
Adult Stroke School	7:20 PM - 8:00 PM	565207.04	565207.32	565207.34	565207.36	565207.38
Stroke School W/R (LVL 6/7)	7:20 PM - 8:00 PM	563201.75	563202.75	563203.75	563204.75	563205.75
Stroke School R/Y (LVL 7/8)	7:20 PM - 8:00 PM	563201.76	563202.76	563203.76	563204.76	563205.76
Stroke School Y/B (LVL 8/9)	7:20 PM - 8:00 PM	563201.77	563202.77	563203.77	563204.77	563205.77
Stroke School G (LVL 10)	7:20 PM - 8:00 PM	563201.78	563202.78	563203.78	563204.78	563205.78

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Dittmar Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	10:00 AM - 10:30 AM	562201.04	562202.04	562203.04	562204.04	562205.04
Swim School R/Y (LVL 2/3)	10:00 AM - 10:30 AM	562201.05	562202.05	562203.05	562204.05	562205.05
Swim School B/G (LVL 4/5)	10:40 AM - 11:10 AM	562201.06	562202.06	562203.06	562204.06	562205.06
Stroke School W/R (LVL 6/7)	10:40 AM - 11:20 AM	563201.04	563202.04	563203.04	563204.04	563205.04
Stroke School R/Y (LVL 7/8)	11:30 AM - 12:10 PM	563201.05	563202.05	563203.05	563204.05	563205.05
Stroke School B/G (LVL 9/10)	11:30 AM - 12:10 PM	563201.06	563202.06	563203.06	563204.06	563205.06
Teen Swim School	5:40 PM - 6:20 PM	564201.06	564201.07	564201.08	564201.13	564201.14
Starbabies	5:50 PM - 6:20 PM	561201.08	561202.08	561203.08	561204.08	561205.08
Adult Swim School	6:30 PM - 7:10 PM	565207.01	565207.05	565207.09	565207.13	565207.17
Stroke School W/R (LVL 6/7)	6:30 PM - 7:10 PM	563201.13	563202.13	563203.13	563204.13	563205.13
Adult Stroke School	7:20 PM - 8:00 PM	565207.02	565207.06	565207.10	565207.14	565207.18
Stroke School Y/B/G (LVL 8/9/10)	7:20 PM - 8:00 PM	563201.08	563202.08	563203.08	563204.08	563205.08

Dove Springs Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	8:30 AM - 9:00 AM	561201.09	561202.09	561203.09	561204.09	561205.09
Swim School W/R (LVL 1/2)	8:30 AM - 9:00 AM	562201.07	562202.07	562203.07	562204.07	562205.07
Swim School Y/B/G (LVL 3/4/5)	9:10 AM - 9:40 AM	562201.08	562202.08	562203.08	562204.08	562205.08
Stroke School (LVL 6-10)	9:10 AM - 9:50 AM	563201.09	563202.09	563203.09	563204.09	563205.09
Starbabies	5:30 PM - 6:00 PM	561201.29	561202.29	561203.29	561204.29	561205.29
Swim School W/R (LVL 1/2)	5:30 PM - 6:00 PM	562201.09	562202.09	562203.09	562204.09	562205.09
Swim School Y/B/G (LVL 3/4/5)	6:10 PM - 6:40 PM	562201.10	562202.10	562203.10	562204.10	562205.10
Stroke School (LVL 6-10)	6:10 PM - 6:50 PM	563201.01	563202.01	563203.01	563204.01	563205.01

Garrison Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	9:00 AM - 9:30 AM	N/A	562202.23	562203.23	562204.23	562205.23
Swim School R/Y (LVL 2/3)	9:00 AM - 9:30 AM	N/A	562202.24	562203.24	562204.24	562205.24
Swim School B/G (LVL 4/5)	9:40 AM - 10:10 AM	N/A	562202.25	562203.25	562204.25	562205.25
Stroke School W/R (LVL 6/7)	9:40 AM - 10:20 AM	N/A	563202.32	563203.32	563204.32	563205.32
Stroke School R/Y (LVL 7/8)	10:30 AM - 11:10 AM	N/A	563202.33	563203.33	563204.33	563205.33
Stroke School B/G (LVL 9/10)	10:30 AM - 11:10 AM	N/A	563202.34	563203.34	563204.34	563205.34
Swim School W/R (LVL 1/2)	5:40 PM - 6:10 PM	562201.90	562202.90	562203.90	562204.90	562205.90
Swim School R/Y (LVL 2/3)	5:40 PM - 6:10 PM	562201.91	562202.91	562203.91	562204.91	562205.91
Swim School B/G (LVL 4/5)	6:20 PM - 6:50 PM	562201.92	562202.92	562203.92	562204.92	562205.92
Stroke School W/R (LVL 6/7)	6:20 PM - 7:00 PM	563201.38	563202.38	563203.38	563204.38	563205.38
Stroke School R/Y (LVL 7/8)	7:10 PM - 7:50 PM	563201.39	563202.39	563203.39	563204.39	563205.39
Stroke School B/G (LVL 9/10)	7:10 PM - 7:50 PM	563201.40	563202.40	563203.40	563204.40	563205.40

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Govalle Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	10:15 AM - 10:45 AM	N/A	561202.26	561203.26	561204.26	561205.26
Swim School W/R (LVL 1/2)	10:15 AM - 10:45 AM	N/A	562202.69	562203.69	562204.69	562205.69
Swim School R/Y (LVL 2/3)	10:15 AM - 10:45 AM	N/A	562202.70	562203.70	562204.70	562205.70
Swim School B (LVL 4)	10:55 AM - 11:25 AM	N/A	562202.71	562203.71	562204.71	562205.71
Swim School G (LVL 5)	10:55 AM - 11:25 AM	N/A	562202.72	562203.72	562204.72	562205.72
Stroke School W/R (LVL 6/7)	10:55 AM - 11:35 AM	N/A	563202.97	563203.97	563204.97	563205.97
Stroke School R/Y (LVL 7/8)	11:45 AM - 12:25 PM	N/A	563202.98	563203.98	563204.98	563205.98
Stroke School Y/B (LVL 8/9)	11:45 AM - 12:25 PM	N/A	563202.99	563203.99	563204.99	563205.99
Stroke School G (LVL 10)	11:45 AM - 12:25 PM	N/A	563202.100	563203.100	563204.100	563205.100
Starbabies	5:30 PM - 6:00 PM	N/A	561202.27	561203.27	561204.27	561205.27
Swim School W/R (LVL 1/2)	5:30 PM - 6:00 PM	N/A	562202.73	562203.73	562204.73	562205.73
Swim School R/Y (LVL 2/3)	5:30 PM - 6:00 PM	N/A	562202.74	562203.74	562204.74	562205.74
Swim School B (LVL 4)	6:10 PM - 6:40 PM	N/A	562202.75	562203.75	562204.75	562205.75
Swim School G (LVL 5)	6:10 PM - 6:40 PM	N/A	562202.76	562203.76	562204.76	562205.76
Stroke School W/R (LVL 6/7)	6:10 PM - 6:50 PM	N/A	563202.102	563203.102	563204.102	563205.102
Stroke School R/Y (LVL 7/8)	7:00 PM - 7:40 PM	N/A	563202.103	563203.103	563204.103	563205.103
Stroke School Y/B (LVL 8/9)	7:00 PM - 7:40 PM	N/A	563202.104	563203.104	563204.104	563205.104
Stroke School G (LVL 10)	7:00 PM - 7:40 PM	N/A	563202.105	563203.105	563204.105	563205.105

Mabel Davis Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	5:00 PM - 5:30 PM	N/A	561202.13	561203.13	561204.13	561205.13
Swim School W/R (LVL 1/2)	5:00 PM - 5:30 PM	N/A	562202.13	562203.13	562204.13	562205.13
Swim School Y/B/G (LVL 3/4/5)	5:40 PM - 6:10 PM	N/A	562202.21	562203.21	562204.21	562205.21
Stroke School (LVL 6-10)	5:40 PM - 6:20 PM	N/A	563202.16	563203.16	563204.16	563205.16
Starbabies	6:30 PM - 7:00 PM	N/A	561202.14	561203.14	561204.14	561205.14
Swim School W/R (LVL 1/2)	6:30 PM - 7:00 PM	N/A	562202.14	562203.14	562204.14	562205.14
Swim School Y/B/G (LVL 3/4/5)	7:10 PM - 7:40 PM	N/A	562202.22	562203.22	562204.22	562205.22
Stroke School (LVL 6-10)	7:10 PM - 7:50 PM	N/A	563202.18	563203.18	563204.18	563205.18

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Metz Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	5:40 PM - 6:10 PM	N/A	561202.15	561203.15	561204.15	561205.15
Swim School (LVL 1-5)	6:20 PM - 6:50 PM	N/A	562202.94	562203.94	562204.94	562205.94
Stroke School (LVL 6-10)	7:00 PM - 7:40 PM	N/A	563202.20	563203.20	563204.20	563205.20

Montopolis Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	8:15 AM - 8:45 AM	561201.05	561202.05	561203.05	561204.05	561205.05
Swim School W/R (LVL 1/2)	8:55 AM - 9:25 AM	562201.11	562202.11	562203.11	562204.11	562205.11
Swim School Y/B/G (LVL 3/4/5)	9:35 AM - 10:05 AM	562201.15	562202.15	562203.15	562204.15	562205.15
Stroke School (LVL 6-10)	10:15 AM - 10:55 AM	563201.12	563202.12	563203.12	563204.12	563205.12
Starbabies	5:15 PM - 5:45 PM	561201.12	561202.12	561203.12	561204.12	561205.12
Swim School W/R (LVL 1/2)	5:55 PM - 6:25 PM	562201.12	562202.12	562203.12	562204.12	562205.12
Swim School Y/B/G (LVL 3/4/5)	6:35 PM - 7:05 PM	562201.20	562202.20	562203.20	562204.20	562205.20
Stroke School (LVL 6-10)	7:15 PM - 7:55 PM	563201.14	563202.14	563203.14	563204.14	563205.14

Murchison Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	5:00 PM - 5:30 PM	562201.56	562202.56	562203.56	562204.56	562205.56
Swim School Y/B/G (LVL 3/4/5)	5:40 PM - 6:10 PM	562201.57	562202.57	562203.57	562204.57	562205.57
Stroke School W/R (LVL 6/7)	6:20 PM - 7:00 PM	563201.96	563202.96	563203.96	563204.96	563205.96
Stroke School Y/B/G (LVL 8/9/10)	7:10 PM - 7:50 PM	563201.79	563202.79	563203.79	563204.79	563205.79

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Northwest Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	9:00 AM - 9:30 AM	N/A	562202.38	562203.38	562204.38	562205.38
Swim School R/Y (LVL 2/3)	9:00 AM - 9:30 AM	N/A	562202.39	562203.39	562204.39	562205.39
Swim School B/G (LVL 4/5)	9:40 AM - 10:10 AM	N/A	562202.40	562203.40	562204.40	562205.40
Stroke School W/R (LVL 6/7)	9:40 AM - 10:20 AM	N/A	563202.57	563203.57	563204.57	563205.57
Stroke School R/Y (LVL 7/8)	10:30 AM - 11:10 AM	N/A	563202.58	563203.58	563204.58	563205.58
Stroke School B/G (LVL 9/10)	10:30 AM - 11:10 AM	N/A	563202.59	563203.59	563204.59	563205.59
Swim School W/R (LVL 1/2)	5:00 PM - 5:30 PM	562201.95	562202.95	562203.95	562204.95	562205.95
Swim School R/Y (LVL 2/3)	5:00 PM - 5:30 PM	562201.01	562202.01	562203.01	562204.01	562205.01
Swim School B/G (LVL 4/5)	5:40 PM - 6:10 PM	562201.68	562202.68	562203.58	562204.68	562205.68
Stroke School W/R (LVL 6/7)	5:40 PM - 6:20 PM	563201.60	563202.60	563203.60	563204.60	563205.60
Stroke School R/Y (LVL 7/8)	6:30 PM - 7:10 PM	563201.61	563202.61	563203.61	563204.61	563205.61
Stroke School B/G (LVL 9/10)	6:30 PM - 7:10 PM	563201.62	563202.62	563203.62	563204.62	563205.62

Ramsey Pool

Class meets Monday, Tuesday, Wednesday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Swim School W/R (LVL 1/2)	5:00 PM - 5:30 PM	562201.59	562202.59	562203.59	562204.59	562205.59
Swim School Y/B/G (LVL 3/4/5)	5:40 PM - 6:10 PM	562201.60	562202.60	562203.60	562204.60	562205.60
Stroke School W/R (LVL 6/7)	6:20 PM - 7:00 PM	563201.80	563202.80	563203.80	563204.80	563205.80
Stroke School Y/B/G (LVL 8/9/10)	7:10 PM - 7:50 PM	563201.81	563202.81	563203.81	563204.81	563205.81

Rosewood Pool

Class meets Tuesday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	9:00 AM - 9:30 AM	561201.06	561202.06	561203.06	561204.06	561205.06
Swim School (LVL 1-5)	9:40 AM - 10:10 AM	562201.02	562202.02	562203.02	562204.02	562205.02
Stroke School (LVL 6-10)	10:20 AM - 11:00 AM	563201.02	563202.02	563203.02	563204.02	563205.02
Adult Swim School	11:10 AM - 11:50 AM	565207.21	565207.22	565207.23	565207.24	565207.25
Adult Stroke School	11:10 AM - 11:50 AM	565207.26	565207.27	565207.28	565207.29	565207.30
Swim School (LVL 1-5)	5:30 PM - 6:00 PM	562201.03	562202.03	562203.03	562204.03	562205.03
Starbabies	6:10 PM - 6:40 PM	561201.07	561202.07	561203.07	561204.07	561205.07
Stroke School (LVL 6-10)	6:50 PM - 7:30 PM	563201.03	563202.03	563203.03	563204.03	563205.03

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17- June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Shipe Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4
Swim School W/R (LVL 1/2)	8:00 AM - 8:30 AM	562201.77	562202.77	562203.77	562204.77
Swim School Y/B/G (LVL 3/4/5)	8:00 AM - 8:30 AM	562201.78	562202.78	562203.78	562204.78
Swim School W/R (LVL 1/2)	8:40 AM - 9:10 AM	562201.79	562202.79	562203.79	562204.79
Swim School Y/B/G (LVL 3/4/5)	8:40 AM - 9:10 AM	562201.80	562202.80	562203.80	562204.80
Starbabies	9:20 AM - 9:50 AM	561201.10	561202.10	561203.10	561204.10
Stroke School (LVL 6-10)	9:20 AM - 10:00 AM	563201.10	563202.10	563203.10	563204.10



Springwoods Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4
Swim School W/R (LVL 1/2)	4:10 PM - 4:40 PM	562201.41	562202.41	562203.41	562204.41
Swim School Y/B/G (LVL 3/4/5)	4:10 PM - 4:40 PM	562201.42	562202.42	562203.42	562204.42
Swim School W/R (LVL 1/2)	4:50 PM - 5:20 PM	562201.43	562202.43	562203.43	562204.43
Swim School Y/B/G (LVL 3/4/5)	4:50 PM - 5:20 PM	562201.44	562202.44	562203.44	562204.44
Starbabies	5:30 PM - 6:00 PM	561201.11	561202.11	561203.11	561204.11
Stroke School W/R (LVL 6/7)	5:30 PM - 6:10 PM	563201.11	563202.11	563203.11	563204.11
Stroke School Y/B/G (LVL 8/9/10)	6:20 PM - 7:00 PM	563201.07	563202.07	563203.07	563204.07
Teen Swim School	6:20 PM - 7:00 PM	564201.09	564201.10	564201.11	564201.12

Summer Sessions - Registration begins April 1, 2024

Session 1	Session 2	Session 3	Session 4	Session 5
June 3 - June 14	June 17 - June 28	July 1 - July 12	July 15 - July 26	July 29 - August 09

Walnut Creek Pool

Class meets Monday, Wednesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	9:00 AM - 9:30 AM	561201.19	561202.19	561203.19	561204.19	561205.19
Swim School W/R (LVL 1/2)	9:00 AM - 9:30 AM	562201.32	562202.32	562203.32	562204.32	562205.32
Swim School R/Y (LVL 2/3)	9:40 AM - 10:10 AM	562201.33	562202.33	562203.33	562204.33	562205.33
Swim School B/G (LVL 4/5)	9:40 AM - 10:10 AM	562201.34	562202.34	562203.34	562204.34	562205.34
Stroke School W/R (LVL 6/7)	10:20 AM - 11:00 AM	563201.50	563202.50	563203.50	563204.50	563205.50
Stroke School Y/B/G (LVL 8/9/10)	10:20 AM - 11:00 AM	563201.51	563202.51	563203.51	563204.51	563205.51
Swim School W/R (LVL 1/2)	5:00 PM - 5:30 PM	562201.35	562202.35	562203.35	562204.35	562205.35
Swim School R/Y (LVL 2/3)	5:00 PM - 5:30 PM	562201.36	562202.36	562203.36	562204.36	562205.36
Swim School B (LVL 4)	5:40 PM - 6:10 PM	562201.37	562202.37	562203.37	562204.37	562205.37
Swim School G (LVL 5)	5:40 PM - 6:10 PM	562201.93	562202.93	562203.93	562204.93	562205.93
Stroke School W/R (LVL 6/7)	6:30 PM - 7:10 PM	563201.53	563202.53	563203.53	563204.53	563205.53
Stroke School R/Y (LVL 7/8)	6:30 PM - 7:10 PM	563201.54	563202.54	563203.54	563204.54	563205.54
Stroke School Y/B (LVL 8/9)	7:20 PM - 8:00 PM	563201.55	563202.55	563203.55	563204.55	563205.55
Stroke School G (LVL 10)	7:20 PM - 8:00 PM	563201.56	563202.56	563203.56	563204.56	563205.56

Westenfield Pool

Class meets Monday, Tuesday, Thursday, Friday

Level	Time	Session 1	Session 2	Session 3	Session 4	Session 5
Starbabies	10:15 AM - 10:45 AM	561201.24	561202.24	561203.24	561204.24	561205.24
Swim School W/R (LVL 1/2)	10:15 AM - 10:45 AM	562201.61	562202.61	562203.61	562204.61	562205.61
Swim School R/Y (LVL 2/3)	10:15 AM - 10:45 AM	562201.62	562202.62	562203.62	562204.62	562205.62
Swim School B (LVL 4)	10:55 AM - 11:25 AM	562201.63	562202.63	562203.63	562204.63	562205.63
Swim School G (LVL 5)	10:55 AM - 11:25 AM	562201.84	562202.84	562203.84	562204.84	562205.84
Stroke School W/R (LVL 6/7)	10:55 AM - 11:35 AM	563201.85	563202.85	563203.85	563204.85	563205.85
Stroke School R/Y (LVL 7/8)	11:45 AM - 12:25 PM	563201.86	563202.86	563203.86	563204.86	563205.86
Stroke School Y/B (LVL 8/9)	11:45 AM - 12:25 PM	563201.87	563202.87	563203.87	563204.87	563205.87
Stroke School G (LVL 10)	11:45 AM - 12:25 PM	563201.88	563202.88	563203.88	563204.88	563205.88
Starbabies	5:30 PM - 6:00 PM	N/A	561202.25	561203.25	561204.25	561205.25
Swim School W/R (LVL 1/2)	5:30 PM - 6:00 PM	N/A	562202.64	562203.64	562204.64	562205.64
Swim School R/Y (LVL 2/3)	5:30 PM - 6:00 PM	N/A	562202.65	562203.65	562204.65	562205.65
Swim School B (LVL 4)	6:10 PM - 6:40 PM	N/A	562202.66	562203.66	562204.66	562205.66
Swim School G (LVL 5)	6:10 PM - 6:40 PM	N/A	562202.58	562203.58	562204.58	562205.58
Stroke School W/R (LVL 6/7)	6:10 PM - 6:50 PM	N/A	563202.90	563203.90	563204.90	563205.90
Stroke School R/Y (LVL 7/8)	7:00 PM - 7:40 PM	N/A	563202.91	563203.91	563204.91	563205.91
Stroke School Y/B (LVL 8/9)	7:00 PM - 7:40 PM	N/A	563202.92	563203.92	563204.92	563205.92
Stroke School G (LVL 10)	7:00 PM - 7:40 PM	N/A	563202.93	563203.93	563204.93	563205.93

Alternative Programs - Registration begins April 1, 2024



Junior Guard

Ages 11 - 14

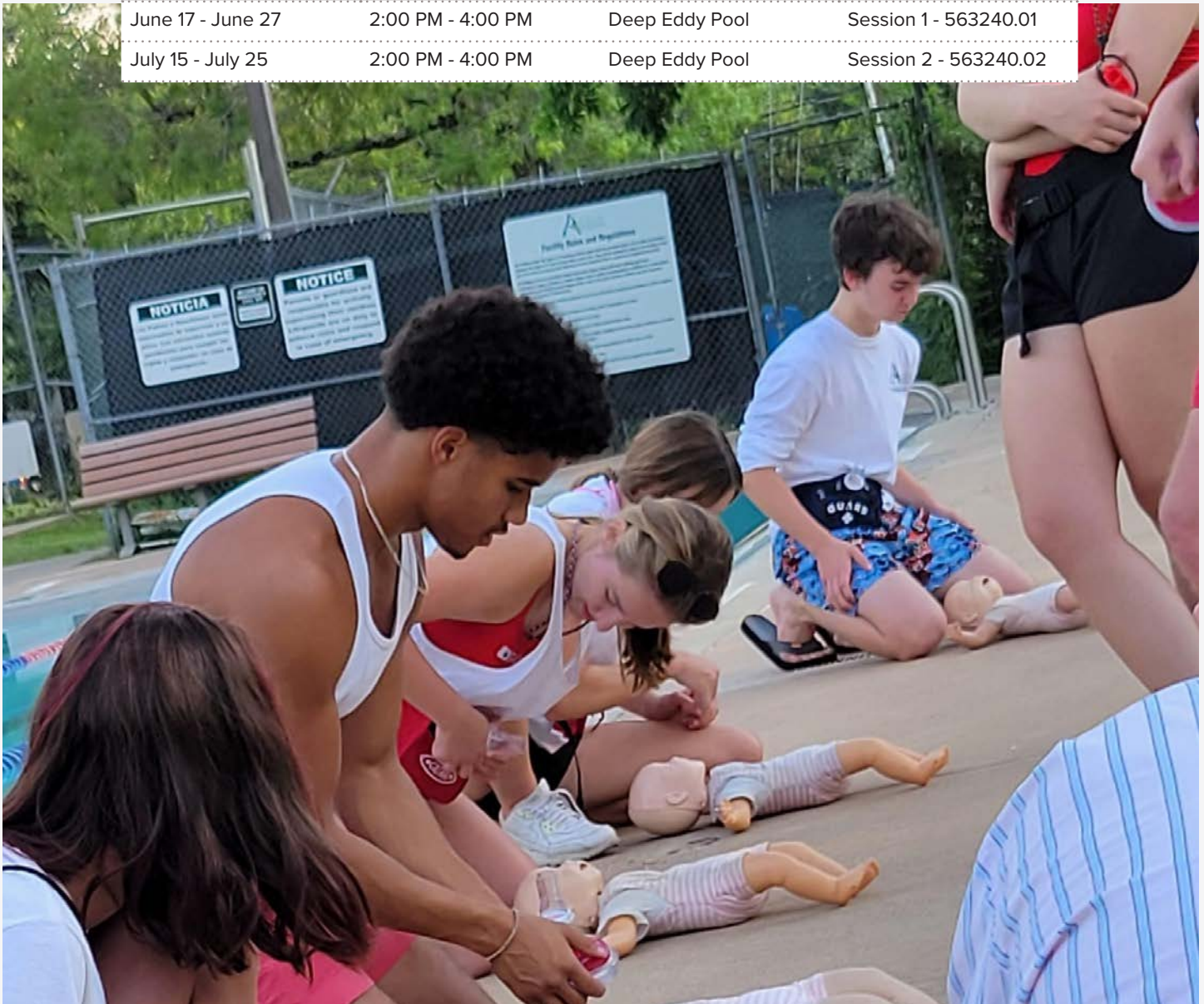
Class Size: Min 5, Max 15

2 hour class

Class meets Monday, Tuesday, Wednesday, Thursday

This program is designed to provide participants with a basic introduction to lifeguarding and fitness. Specialized training will include swimming, running and classroom activities which are individualized for participant's fitness levels. Each week will conclude with games based on the materials learned during the course. All classes will meet at Deep Eddy Pool, and will take place at Deep Eddy Pool, Lady Bird Lake Hike and Bike Trail, Barton Springs Pool or the Aquatic Office. Training sessions are progressive and each student is encouraged to attend all sessions for maximum benefit. For more information, please contact: aquaticsoffice@austintexas.gov.

Dates	Time	Location	Session #
June 17 - June 27	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 1 - 563240.01
July 15 - July 25	2:00 PM - 4:00 PM	Deep Eddy Pool	Session 2 - 563240.02



Snorkeling

Ages 8 and over

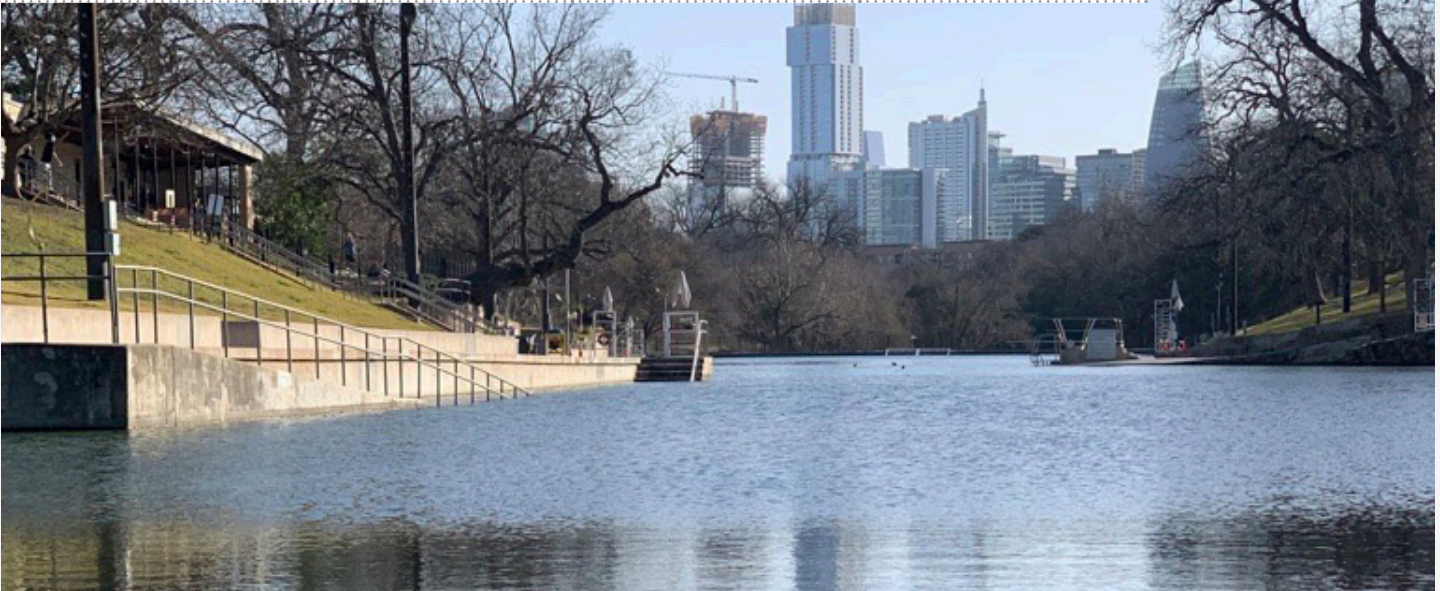
Class Size: Min 4, Max 10

40-minute class class

Class meets Wednesday and Friday

Snorkeling classes will meet at Barton Springs Pool for three weeks (six classes total). Students will learn to properly fit and clear a mask, clear a snorkel, safely explore Barton Springs Pool and care for snorkeling equipment. Students must have no fear of the water and be able to swim at least 25 yards. Mask and fins will be provided for use during class. For more information please contact: aquaticsoffice@austintexas.gov.

Dates	Time	Location	Session #
June 5 - June 21	10:00 AM - 10:40 AM	Barton Springs Pool	Session 1 - 563250.01
June 26 - July 12	10:00 AM - 10:40 AM	Barton Springs Pool	Session 2 - 563250.02
July 17 - August 2	10:00 AM - 10:40 AM	Barton Springs Pool	Session 3 - 563250.03



Special Olympics Swim Team

This program is designed to provide participants ages 8 and up with intellectual disabilities with an opportunity to practice and compete in the Special Olympics Area 13 Aquatics Competition. Specialized training will include all levels from basic skills to lap swimming in varying strokes. Training sessions are progressive and each participant is encouraged to attend all sessions for maximum benefit. In addition to a PARD registration from, a Special Olympics Medical form is required for competition. Please contact McBeth Recreation Center for more information (512) 974-9011.

Water Polo

Why not continue your kid's aquatics fun after the swim season with our summer league water polo program? Boys and girls of all levels (ages 7 on up) are welcome to come learn this Olympic sport in a fun and supportive environment. Additionally Texas UIL will have Water Polo as an official High School sport starting this Fall. Water Polo combines the general fitness of swimming, the group fun of team sports, along with the dynamism of soccer and basketball. All you have to do is deliver your kids in their swim suit and let the fun begin! Austin Water Polo Club, is a nonprofit organization that has been providing water polo training and competition for all ages since 1993. This is our 6th year partnering with the city on this rapidly growing aquatics program. Our coaches are USA Water Polo certified and regularly work with beginners and players all the way up to national youth development programs. Look for practices and game days in North, Central, and South Austin beginning right after the City meet in July. Moms and Dads - we have adult programs as well! Drop us a line and let us tell you more. We look forward to hearing from you! For more information, email info@austinwaterpolo.org.

Swim Team - Registration begins April 1, 2024

June 3 - July 13

The Recreational Swim Team Program is organized to develop the potential and serve the recreational needs of boys and girls who are interested in learning about competitive swimming. In addition to emphasizing good sportsmanship, team spirit, and lifelong fitness, the program aims to build swimmers' self-esteem through the enhancement of physical competence and mental fitness. Swimmers who have participated in a year-round organized program (example USA) are NOT eligible to participate in this program due to PARD's affiliation with the Texas Amateur Athletic Foundation (TAAF).

Fees:

Resident Fees: \$80.00*

(\$70.00 swim team + a non-refundable \$10.00 TAAF fee)

*Fee includes COA Swim Team t-shirt

Non-Resident Fees: \$92.25*

(\$82.25 swim team + a non-refundable \$10.00 TAAF fee)

*Fee includes COA Swim Team t-shirt

Prerequisites:

- Must be 5 to 17 years old.
- Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick and body position.

Event Schedule:

Event	Date	Location
Neighborhood Meet 1	June 15	Various
Neighborhood Meet 2	June 22	Various
Neighborhood Meet 3	June 29	Various
Neighborhood Meet 4	July 6	Various
Dive Clinic	July 7	Various
TAAF Regional Swim Meet	July 13	Austin, TX
State Games of Texas	July 25 - July 28	Brownsville, TX

Visit [TAAF.com](https://www.taaaf.com) for more information.

Swim Team Locations & Schedules

On the first day of practice, participants will be split into two groups (A or B) based on age. The A group will meet for the first hour of practice, and the B group will meet for the second hour. If practice is only scheduled for 1 hour, both groups will practice during that time.

Swim Team	Closure Day	Location	Phone	Practice Time
Balcones Barracudas	Mondays	12017 Amherst Dr.	(512) 821-2053	8:00 AM - 10:00 AM
Bartholomew Bull Sharks	Thursdays	1800 E. 51st St.	(512) 974-1650	10:00 AM - 12:00 PM
Brentwood Bluefish	Tuesdays	6710 Arroyo Seco St.	(512) 453-1725	10:00 AM - 12:00 PM
Canyon Vista Crocodiles	Thursdays	8455 Spicewood Springs	(512) 996-8038	8:00 AM - 10:00 PM
Dick Nichols Devil Rays Black	Mondays	8011 Beckett Rd.	(512) 899-0348	8:00 AM - 10:00 AM
Dick Nichols Devil Rays Red	Mondays	8011 Beckett Rd.	(512) 899-0348	10:00 AM - 12:00 PM
Dittmar Dolphins	Tuesdays	1009 W. Dittmar Rd.	(512) 693-4698	8:00 AM - 10:00 AM
Dottie Jordan Devil Fish	Wednesdays	2803 Loyola Dr.	(512) 929-7429	11:00 AM - 12:00 PM
Dove Springs Ducks	Thursdays	5801 Ainez Dr.	(512) 444-6136	7:00 PM - 8:00 PM
Govalle Gators	Tuesdays	5200 Bolm Rd.	(512) 389-0518	7:00 PM - 8:00 PM
Montopolis Eels	Tuesdays	1200 Montopolis Dr.	(512) 385-9023	7:00 PM - 8:00 PM
Murchison Man-o-Wars	Mondays	7022 Hart Ln.	(512) 241-0618	8:00 AM - 10:00 AM
Patterson Piranhas	Wednesdays	4200 Brookview Rd.	(512) 542-9685	6:00 PM - 8:00 PM
Ramsey Redfish	Thursdays	4201 Burnet Rd.	(512) 380-9131	10:00 AM - 12:00 PM
Reed Rays	Tuesdays	2614 Pecos St.	(512) 542-9782	8:00 AM - 10:00 AM
Rosewood Hurricanes	Mondays	2300 Rosewood Ave.	(512) 473-8469	8:00 AM - 9:00 AM
Shipe Seals	Wednesdays	4400 Avenue G	(512) 380-9124	10:00 AM - 12:00 PM
Springwoods Sailfish	Wednesdays	13320 Lyndhurst St,	(512) 996-8978	7:00 PM - 8:00 PM
Stacy Sharks	Mondays	700 E. Live Oak St.	(512) 445-0304	8:00 AM - 10:00 AM
Westenfield Water Moccasins	Wednesdays	2008 Enfield Rd.	(512) 542-9176	8:00 AM - 10:00 AM

Stroke Clinic - Registration begins April 1, 2024

May 6 - May 23

The stroke clinic program is designed as a preseason opportunity to focus on proper stroke technique, turns and increase endurance for children 5 to 17 years of age.

Fees:

Resident Fees: \$57.00

Non-Resident Fees: \$66.00

Prerequisites:

- Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick & body position.

Monday & Wednesday | Ages 10 and under

Pool	Time	Session
Northwest Pool	5:45 PM - 6:25 PM	565260.01
Northwest Pool	6:45 PM - 7:25 PM	565260.02
Garrison Pool	5:45 PM - 6:25 PM	565260.05
Garrison Pool	6:45 PM - 7:25 PM	565260.06

Tuesday & Thursday | Ages 11 - 17

Pool	Time	Session
Northwest Pool	5:45 PM - 6:25 PM	565260.03
Northwest Pool	6:45 PM - 7:25 PM	565260.04
Garrison Pool	5:45 PM - 6:25 PM	565260.07
Garrison Pool	6:45 PM - 7:25 PM	565260.08



OTHER PARKS AND RECREATION PROGRAMS:

The Parks and Recreation Department offers programs, activities and events for children, adults and seniors.

Some of the different opportunities include:

Summer Daycamps - are located at our recreation centers throughout Austin.

For specific program elements visit <https://www.austintexas.gov/department/summer-camps-0>

Golf - Jr. Golf Academy, Clinics and Tournament information is available at:

www.austintexas.gov/department/golf

Tennis - If you enjoy tennis and you're between the ages of 6 and 16 then National Junior Tennis League may be for you! For program facts visit www.austintexas.gov/department/tennis

Senior Activities - offer a variety of programs and services for participants 50 years of age and older. For details visit www.austintexas.gov/department/seniors

Athletics - Caters to the adult population of Austin, offering leagues and tournaments.

For more information, visit www.austintexas.gov/department/athletics

Nature & Science Center - learn more by downloading the Natural & Science Brochure from <https://www.austintexas.gov/ansc> for detailed daycamp descriptions and program features.

Dougherty Arts Center - offers a variety of visual, performing and digital arts experiences for a broad audience. For specific information please visit

www.austintexas.gov/department/dougherty-arts-center

Emma S. Barrientos Mexican American Cultural Center - offers programs and educational curriculum including the areas of visual art, theater, dance, literature, music, multi-media and culinary arts. www.austintexas.gov/esbmacc

Statesman Swim Safe for Austin Kids

Statesman Swim Safe for Austin Kids is a non-profit program addressing the critical need for accessible swimming instruction. The Swim Safe Program is provided by the City of Austin Parks and Recreation Department and the Austin American-Statesman and is designed to build a safer community by teaching its youngest citizens the lifesaving skill of swimming. Enrollment is limited and primarily open to east Austin children (Kindergarten - 3rd grade) with limited resources. **Please contact one of the Recreation Centers listed below to determine if you meet eligibility requirements, learn scheduled class dates/times and to register.**

Recreation Centers	Location	Phone
Delores Duffie Recreation Center	1182 North Pleasant Valley Rd.	(512) 978-2465
Dottie Jordan Recreation Center	2803 Loyola Dr.	(512) 978-2380
Dove Springs Recreation Center	5801 Ainez Dr.	(512) 974-3840
Givens Recreation Center	3811 E. 12th St.	(512)-974-2430
Metz Recreation Center	2407 Canterbury St.	(512) 978-2399
Montopolis Recreation Center	1200 Montopolis Dr.	(512) 978-2300
Parque Zaragoza Recreation Center	2608 Gonzales St.	(512) 978-2460
Turner Roberts Recreation Center	7201 Colony Loop Dr.	(512) 978-2690





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- Swim Coaches
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lifeguardaustin.com