

AGENDA



Thursday, September 27, 2007

**Health and Human Services
RECOMMENDATION FOR COUNCIL ACTION****Item No. 10**

Subject: Approve an ordinance authorizing acceptance of \$71,527 in grant funds from the TEXAS DEPARTMENT OF STATE HEALTH SERVICES, Austin, TX; and amending the Fiscal Year 2006-2007 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 20060911-001 to appropriate \$71,527 to provide diabetes education for the prevention and reduction of diabetes through the Steps to a Healthier Austin Program.

Amount and Source of Funding: Funding is available from the TEXAS DEPARTMENT OF STATE HEALTH SERVICES (DSHS), Austin, TX. The grant period is September 1, 2007 through August 31, 2008. No City match is required.

Fiscal Note: A fiscal note is attached.

For More Information: Adolfo Valadez, M.D., M.P.H., HHSD Medical Director, 972-5408; Rick Schwertfeger, M.A.T., HHSD Program Manager, 972-6760; Linda Terry, Agenda Coordinator, 972-5023.

Prior Council Action: Approval of the Fiscal Year 2007 Operating Budget on September 11, 2006.

This grant contract with Texas Department of State Health Services (DSHS) will enable the Austin/Travis County Health and Human Services Department (HHSD) to continue diabetes prevention and control services that started in Fiscal Year (FY) 1993. Those services have been funded by 3 consecutive grants: (1) Texas DSHS: FY93-97; (2) Texas DSHS: FY97-02; and (3) U.S. Centers for Disease Control and Prevention: FY03-07. This new grant, which has a potential four years of funding, will provide funds to HHSD to continue diabetes prevention and control efforts through August 31, 2011.

HHSD's chronic disease prevention program, Steps to a Healthier Austin, will design, implement, and evaluate a Community Diabetes Project (CDP). This project will provide community-based diabetes prevention and management interventions that are part of a comprehensive approach to diabetes prevention and control. The CDP will implement evidence-based programs and strategies at the community level and create or advocate for community policy, systems and environmental changes conducive to diabetes primary and secondary preventive measures. The Department will build upon the work begun in FY93 and continued to date through the previously mentioned grant contracts.

The CDP will target individuals 18 and older and their families in high-risk populations (i.e., racial and ethnic minorities who have disproportionate rates and burdens of diabetes and limited access to health care). This is consistent with our previous and current diabetes prevention and control efforts and with the greatest needs relative to diabetes in our community.

Performance Measures

(1) Provide a minimum of 20 organizational changes impacting community systems, policy, and/or environments in different sectors of the community (e.g., health systems, worksite/businesses [including the food industry], faith communities, nonprofits, government, neighborhoods, recreations, and schools) to reduce the burden of diabetes;

- (2) Provide a minimum of 40 ongoing physical activity groups and physical activity events to reduce the burden of diabetes reaching 600 participants; and
- (3) Conduct at least 36 food and nutrition classes to reduce the burden of diabetes reaching at least 90 participants.

Outcomes/Outputs

- (1) Increase the number of community changes in the areas of chronic disease prevention and injury prevention by 20% by August 31, 2010;
- (2) Increase the number of diabetes health promotions and diabetes education encounters by 20% by August 31, 2010; and
- (3) Increase the number of diabetes health promotion/health education activities or diabetes programs conducted and/or facilitated by 20% by August 31, 2010.