

AGENDA



Thursday, June 5, 2008

**Health and Human Services
RECOMMENDATION FOR COUNCIL ACTION**
Item No. 18

Subject: Approve an ordinance authorizing the acceptance of \$30,000 in grant funds from the TEXAS DEPARTMENT OF STATE HEALTH SERVICES, GOVERNOR'S ADVISORY COUNCIL ON PHYSICAL FITNESS, Austin, TX; and amending the Fiscal Year 2007-2008 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 20070910-003 to appropriate \$30,000 to restructure the Mayor's Fitness Council and create a web-based Austin Fitness Index.

Amount and Source of Funding: Funding in the amount of \$30,000 is available from the Texas Department of State Health Services, Governor's Council on Physical Fitness, Austin, Texas. The grant period is May 1, 2008 through October 31, 2008.

Fiscal Note: A fiscal note is attached.

For More Information: Philip Huang, M.D., M.P.H., Medical Director, 972-5408; Rick Schwertfeger, Program Manager, 972-6760; Linda Terry, Agenda Coordinator, 972-5023.

The Texas Department of State Health Services (TDSHS), through the Governor's Advisory Council on Physical Fitness, has allocated funds to selected Texas communities to establish local Mayor's Fitness Councils composed of key members of the community. Since Austin has an operating Mayor's Fitness Council (MFC) that Mayor Will Wynn established in October of 2004, the funds will be used to restructure the MFC as a recognized nonprofit organization. Additionally, the funds also will be used to create a web-based Austin Fitness Index to conduct a required community assessment of wellness, fitness needs, and related resources. The MFC will bring together organizations, agencies, and businesses that share the vision of a healthier, more physically active community, and leverage these resources into a larger, more visible communitywide effort.

The current \$30,000 grant award is Phase One of a two-part grant in the total amount of \$100,000. Phase Two of the grant, in the amount of \$70,000, is for the period of November 1, 2008 through October 31, 2009. Phase Two funds will be included in the Fiscal Year 2008-2009 Budget of the Health and Human Services Department Special Revenue Fund.

Included as a requirement of the City of Austin Budget Office: "All department grant application requests are reviewed by the Budget Office prior to submission to ensure that the grant minimizes the financial impact to the City."

PERFORMANCE**Related Department Goal**

Prevent the spread of communicable disease and reduce the risk of health complications due to disease and unhealthy behaviors.

Outputs/Outcomes

1. Restructure the Austin Mayor's Fitness Council as a 501(c)3 nonprofit organization;

2. Conduct a community assessment with a web-based Austin Fitness Index to identify wellness, fitness needs and related resources in the community.
3. Develop an initial work plan for a communitywide campaign to enhance access to, and awareness of, opportunities for physical activity within the community.