

# **Recommendation for Council Action**

Austin City Council Item ID 13135 Agenda Number 21.

Meeting Date: 3/22/2012 Department: Health and Human Services

# <u>S</u>ubject

Authorize negotiation and execution of an interlocal agreement with TRAVIS COUNTY HEALTHCARE DISTRICT dba CENTRAL HEALTH, to assist the Health and Human Services Department fulfill its Community Transformation Grant federal initiative to implement evidence-based policy, systems, environmental, programmatic and infrastructure changes that address tobacco-free living, active living and healthy eating, increased use of high impact quality clinical preventive services, social and emotional wellness, and healthy and safe physical environments, for a one-year term beginning September 30, 2011, in an amount not to exceed \$70,000, with four annual options to renew, in an amount not to exceed \$70,000 per annual renewal option, for a total contract amount not to exceed \$350,000.

## Amount and Source of Funding

Funding in the amount of \$70,000 is available in the Fiscal Year 2011-2012 Operating Budget Special Revenue Fund for the Health and Human Services Department. The grant period is September 30, 2011 through September 29, 2012. Funding for the renewal options is dependant on future budgets.

#### Fiscal Note

There is no unanticipated fiscal impact. A fiscal note is not required.

Purchasing	
Language:	
Prior Council	Council approved an ordinance accepting \$1,026,158 in grant funds, December 8, 2011.
Action:	
For More	Philip Huang, M.D., M.P.H., Medical Director, 972-5408; Robert Kingham, Program
Information:	Supervisor, 972-6469; Chris Crookham, Agenda Coordinator, 972-5010.
Boards and	
Commission	
Action:	
MBE / WBE:	
Related Items:	
Additional Backup Information	

The U.S. Department of Health and Human Services (DHHS), Centers for Disease Control and Prevention (CDC) is allocating federal funds to the City's Health and Human Services Department (HHSD) from the Patient Protection and Affordable Care Act 2010, Public Prevention Health Fund: Community Transformation Grant (CTG). The City has been awarded \$1,026,158 for the Year 1 budget of a 5-year grant program. Funding for Years 2-5 is dependent on the federal budget continuing the prevention-funding program of the Patient Protection and Affordable Care Act and the annual budget submitted by HHSD.

HHSD will utilize the funds to implement the grantor-required strategies to create healthier communities by supporting implementation of interventions in five strategic areas

Tobacco-free living

Active living and healthy eating

High impact evidence-based clinical and other preventive services

Social and emotional wellness

Healthy and safe physical environment

The approved Community Transformation Implementation Plan (CTIP) addresses the needs of Austin/Travis County with special focus on the populations that experience health disparities. The plan is categorized across multiple sectors addressing where people work, play, learn, live and access social services. These categories are Community, School, Worksite, Healthcare, Media and Disparities.

HHSD is contracting with Central Health; deliverables and activities will be negotiated to meet the goals established in support of the high impact evidence-based clinical and other preventive services to achieve long-term policy, systems and environmental change strategies in addressing the "ABC'S" (Aspirin, Blood Pressure, Cholesterol and Smoking) of heart disease and smoke prevention, impacting approximately 717,000 clinic clients, with the main focus on preventing and controlling high blood pressure and high cholesterol.

### **PERFORMANCE**

HHSD Related Department Goal: Promote a healthy community by preventing chronic and communicable diseases and promoting improvement in social/economic/environmental factors that will result in an improved overall health status and a reduction of health disparities.

Goal statements and associated milestones are still being negotiated; however, a sampling of activities to be included and measured:

Medical providers will identify patients with risk factors for heart disease such as hypertension and elevated cholesterol; recommend aspirin regimen, if appropriate, and include in medication management Implement clinical system changes that utilize electronic decision support systems that address the "ABCS" (Asprin, Blood Pressure, Cholesterol, & Smoking) of heart disease and stroke prevention – a national CTG initiative Develop a system for case management of heart disease and stroke prevention Establish standing practice to check elevated cholesterol twice/year; more frequently for diabetics

Consult with nutrition services to create programs to get patients to eat healthier foods to lower/maintain cholesterol

level and including education/outreach to patients on nutrition and weight control