



HS-4: Food Access & Nutrition

(15 available points)

Purpose

Ensure that adults and children of all income levels have opportunities to learn about nutritious eating and have physical and economic access to fresh, healthful food

Evaluation Measures

Community Level Outcomes

Outcome 1: Local Fresh Food

Option A: Demonstrate an increase over the past 3 years in the amount of fresh food produced through local urban agriculture

--OR--

Option B: Demonstrate an increase over the past 3 years in the amount of fresh food sold locally at farmers markets or other direct farm-to-consumer activities

Outcome 2: Food Security and Assistance

Demonstrate an increase over the past 3 years in the ability of low-income families to access low-cost, healthful food

Outcome 3: Access to Healthful Food

Option A: Demonstrate an increase over the past 3 years in the percentage of residents within a walkable 1/4-mile of a healthful retail food outlet

--OR--

Option B: Demonstrate a decrease over the past 3 years in the percentage of residents living in a urban or rural food desert

Outcome 4: School Nutrition

Demonstrate an increase over the past 3 years in the food service sales of fresh fruits and vegetables in the largest public school district

Local Actions

1. Conduct an assessment of the local food system, including existing policies and programs that increase access to healthful food and nutrition education
2. Adopt zoning and development regulations that support or incentivize farmers markets, community gardens, and urban agriculture
3. Adopt zoning and development regulations that limit or prohibit the sale of unhealthful foods
4. Adopt menu-labeling requirements or regulations that discourage, tax, or prohibit the sale of unhealthful foods or beverages
5. Demonstrate that the local public school district has adopted a model school wellness policy
6. Establish a local or regional food policy council that includes health professionals, community organizations, schools, farmers, and/or related businesses
7. Develop public outreach materials, classes, or workshops for residents to learn about food, nutrition, and gardening OR develop public outreach materials to promote food assistance programs



**HS-4: Food Access & Nutrition (cont.)**

8. Demonstrate that local schools or the public school district has received certification from the USDA Healthier US Schools Challenge or an award from the Alliance for a Healthier Generation in the past 3 years
9. Purchase and sell healthful food at facilities owned, leased, and operated by the local government
10. Implement an "Increase Your Food Bucks" program for farmers markets
11. Provide incentives for healthful retail food outlets to locate in underserved areas or for mobile vendors that only sell fresh food

