

Travis County Plan for Children & Youth Mental Health

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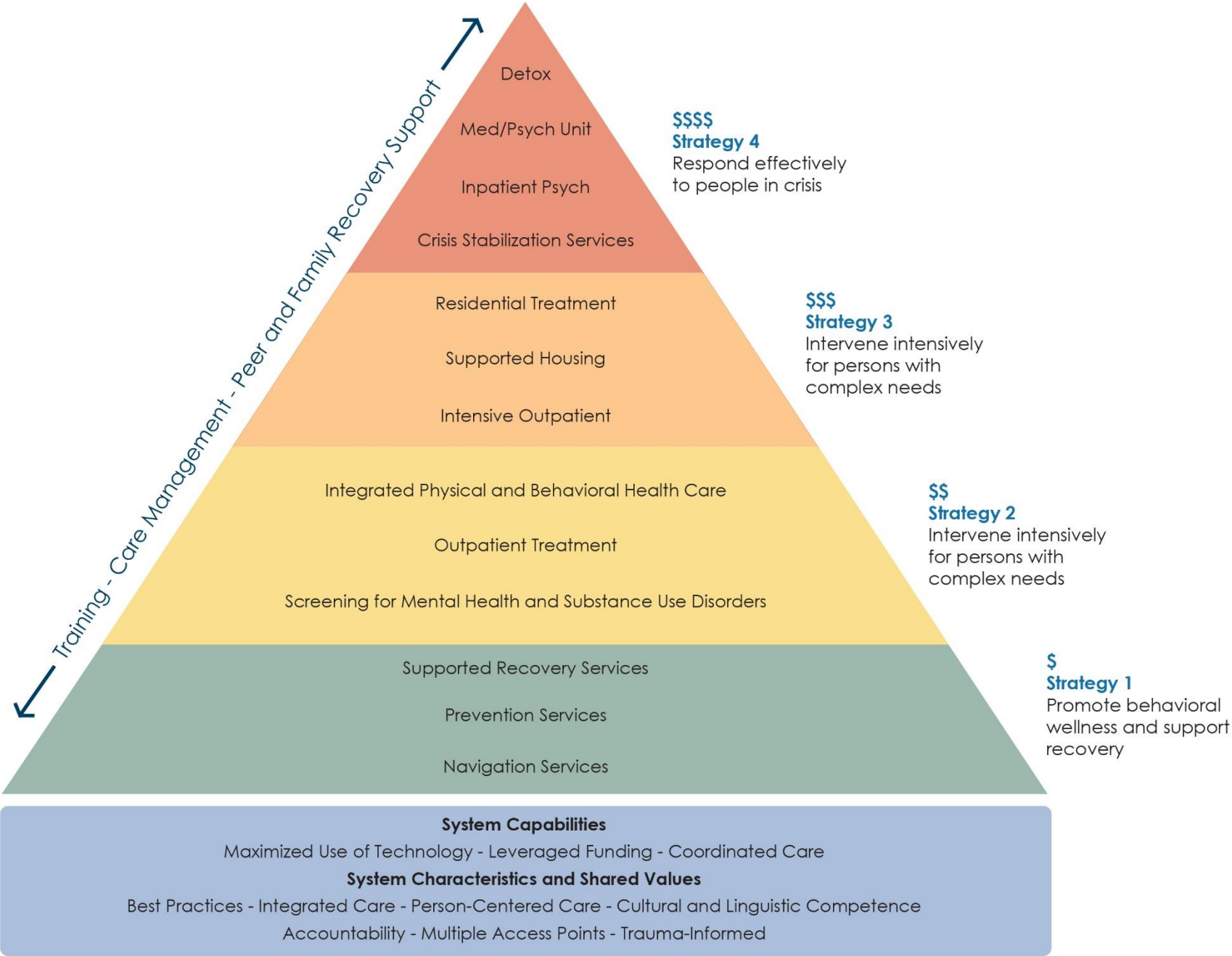
Planning Process



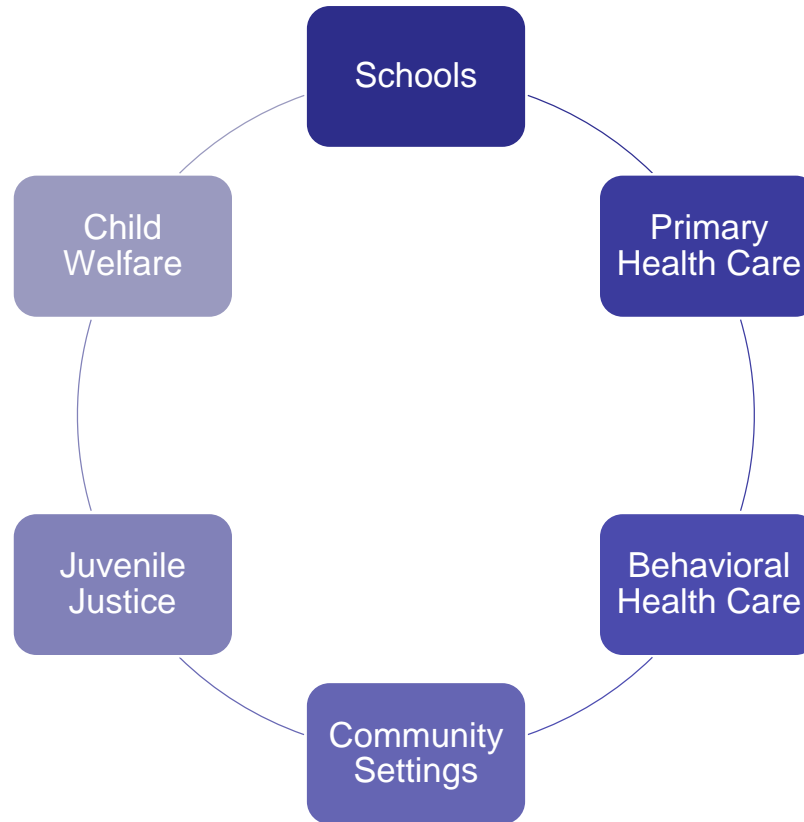
Vision

Children and their families will live in a community that promotes optimal social and emotional development, behavioral health support and recovery, and offers access and inclusion, without stigma, to culturally appropriate services that support those goals.

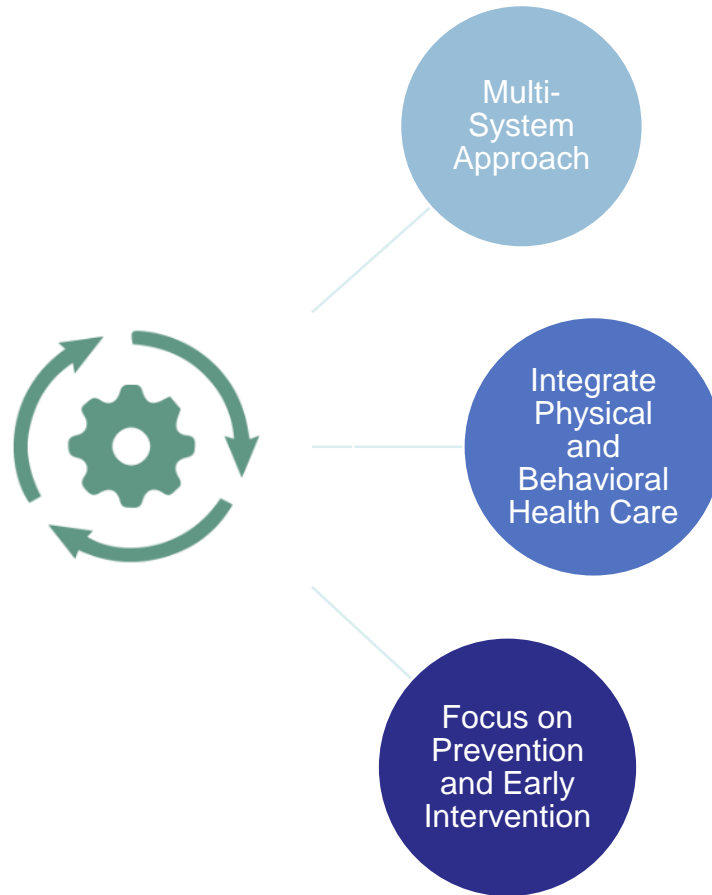
Integrated Behavioral Health System in Travis County- the Desired Continuum of Care



Multi-System Approach



Key Themes



Goals



Goal #1: Promote wellness & support resilience for all Travis County children & youth.



Goal #2: Provide a continuum of intervention services & effective treatment to children & youth exhibiting a range of needs from emerging symptoms to complex mental health needs.



Goal #3: Respond effectively to children, youth & families in crisis.



Goal #4: Improve outcomes & accountability in the entire Travis County children's mental health system.

INITIAL PRIORITIES



Goal #1: Prevention & Wellness

1. Create community education plan to reduce stigma & educate on the early warning signs of mental illness
2. Support Mental Health First Aid training & other evidence-based trainings, peer support models, & technology to promote wellness, prevent suicide & encourage help-seeking behavior among youth
3. Maintain & expand school-based approaches that support wellness

INITIAL PRIORITIES



Goal #2: Effective Intervention

1. Develop and implement trauma screening tools, train providers to identify children exposed to Adverse Childhood Experiences (ACES), ensure appropriate referrals
2. Expand the capacity of community-based providers to deliver mental health services to children, youth & families via home visits & accessible community spaces

INITIAL PRIORITIES



Goal #3: Coordinated Crisis Services

1. Expand Mobile Crisis Outreach Team (MCOT) services & reduce response times for children & youth across Travis County.
2. Analyze data from providers of emergency & inpatient mental health crisis services to assess the adequacy of current crisis services.
3. Train front-line personnel in emergency rooms & other key crisis intercept points to implement crisis screening & identify risk factors.

INITIAL PRIORITIES



Goal #4: Improve outcomes & accountability in the entire Travis County children's mental health system.

1. Develop implementation plan & timeline, with proposed representation from multi-disciplinary stakeholders
2. Identify, collect and analyze data to support planning & data-based decision-making/collaborate to develop a shared vocabulary, data standards & a local databank for mental health data on children & youth
3. Identify & expand evidence-based mental health programs to address an identified community need

Implementation

- Working with Travis County Health & Human Services & Veterans' Service Research & Planning division to develop the governance structure & implementation plan
- Proposed structure includes:
 - Planning team composed of smaller work groups with clear tasks and deliverables based on priority strategies
 - Steering committee to facilitate meetings and help guide work group efforts
 - Executive leadership team to make high-level decisions as necessary
- First implementation meeting will be June 16th at Central Health.
- Initial work will focus on completing a system map and gap analysis around the initial priority areas in order to spur improvements

Comments? Questions?

For a copy of the Children's
Mental Health Plan visit

www.atcic.org

