

# Compassionate Austin

[www.compassionateaustin.org](http://www.compassionateaustin.org)

**Compassionate Austin** is a growing grassroots movement united to promote, strengthen, and celebrate compassionate action in Austin, Texas and surrounding communities.

- **Vision:** Austin exemplifies and champions compassion, creating a livable, vibrant, inclusive, and caring community in which ALL may thrive.
- **Mission:** Everyone in Austin will become aware and conscious of the significance of compassion (caring for others, self, and the Earth) and will strengthen compassion skills, practice, action, and accountability to meet needs.
- **Strategy:** Through the Compassionate Austin movement we will highlight and support each other, broaden our compassion awareness and intention, collaborate, forge new relationships, strengthen compassion skills and activities to identify and meet community needs, and increase engagement of people throughout Austin and vicinity in compassionate action. **Compassion is the power source for social innovation and social good!**
- **Tenets:** We adhere to the tenets of the "Golden Rule" as put forth in the **Charter for Compassion** and encourage people to affirm the Charter to make a personal commitment to compassionate action at <http://www.charterforcompassion.org/index.php/charter/charter-overview>.
- **Compassionate Communities Campaign:** Compassionate Austin is part of a global Compassionate Communities campaign. There are currently 350+ compassionate community initiatives worldwide and the number is growing (<http://www.charterforcompassion.org/index.php/communities/participating-communities>).
- **Compassion Games:** We champion and engage Austin in the Compassion Games to activate city-wide compassion: <http://compassiongames.org/>
- **Contact:**  
Lesa R. Walker, MD, MPH: Ph: 512- 470-4621; Email: [lrwalker04@yahoo.com](mailto:lrwalker04@yahoo.com)  
Founder, Compassionate Austin Movement: [www.compassionateaustin.org](http://www.compassionateaustin.org)  
Leadership Team: Compassion Games Intl: <http://compassiongames.org/>  
Education Prg Associate, Charter for Compassion Intl: <http://www.charterforcompassion.org/>