

AGENDA



Recommendation for Council Action

Austin City Council	Item ID	72880	Agenda Number	9.
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Meeting Date:	8/10/2017	Department:	Parks and Recreation
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Subject

Approve an ordinance amending the Fiscal Year 2016-2017 Parks and Recreation Department Operating Budget Special Revenue Fund (Ordinance No. 20160914-001) to accept an additional \$1,200 in grant funds for the Youth Healthy Food Program for program-related staff travel and training.

Amount and Source of Funding

Funding in the amount of \$30,000 was previously accepted and appropriated from the National Recreation and Park Association for nutritional initiatives. The additional \$1,200 in grant funds from the same grantor is for travel and training. A City funding match is not required.

Fiscal Note

A fiscal note is attached detailing the acceptance and appropriation of additional grant funds.

Purchasing Language:	
Prior Council Action:	On May 7, 2015, (Ordinance No. 20150507-009) Council authorized the acceptance of \$30,000 in grant funds from the National Recreation and Park Association.
For More Information:	Tiffany Cabin, Division Manager, 512-974-3903; Vera Labriola, Business Process Specialist, 512-974-6716
Council Committee, Boards and Commission Action:	
MBE / WBE:	
Related Items:	

Additional Backup Information

The National Recreation and Park Association (NRPA) approved a grant for the Parks and Recreation Department (PARD) for the purposes of increasing healthy lifestyles through programs at PARD facilities. Of this funding, \$30,000 was allocated for nutritional initiatives. In addition, the NRPA provided \$1,200 to serve as a travel stipend to support staff attendance at a one-day training to facilitate and support program delivery. This amendment will accept and appropriate the additional \$1,200 in grant funds. A City funding match is not required.

Through a local partnership, PARD has provided opportunities for children to receive healthy meals during the summer when school was out, and during after school programs, for the past 25 years. Council approval allowed PARD to receive funding to implement an evidence-based nutrition literacy curriculum for children who participate in the PARD Youth Meal Programs and the summer wellness programs. These wellness programs included increased opportunities for physical activity.

PARD used the grant funding to expand an existing Fitness Enhancement Program. PARD also used funding for staffing and supplies to increase participation in existing sites that were eligible for the food program. This program

provided summer camp participants with opportunities to be physically active and also to learn about nutrition, along with access to a healthy snack or meal, in a qualifying neighborhood program. The curriculum addressed the following components of health and wellness in youth and teens: introduction to physical activity as a tool for long-term health, educating participants regarding the relationship between physical activities and maintaining a healthy body, and raising awareness of the importance of nutrition for good health.

Goals for the program:

1. Increase participation at existing youth programs.
2. Increase awareness of the importance of fruits, vegetables and other high-fiber, low-fat foods.
3. Increase awareness of food safety practices for children who prepare their own meals and snacks.
4. Encourage daily physical activity.

The General Fund will not be required to contribute additional funds beyond those currently budgeted to this grant. When the grant funds expire, the Parks and Recreation Department's need for continuing funding will be evaluated and may be denied.