

AAQOL Commission Health Workgroup

Members:

Commissioner Kavita Radhakrishnan (Lead)
Commissioner Vince Cobalis
Commissioner Catherina Conte
Commissioner Molly Wang

Scope of Workgroup: To address health and wellness needs of underserved Asian American communities residing in the city of Austin

Date of Meeting: October 11 , 2018

Location of Meeting: AARC

In Attendance:

Commissioner Kavita Radhakrishnan
Commissioner Vince Cobalis
Community Member Hailey Easley (AARC Non-profit)
Community Member Veena Viswanathan (APH)
Community Member Reshmi Chowdhury (Vice-Chair, AARC Non-Profit)

Topics Discussed:

Discussed structure of workgroup and progression towards project-style workspace

Discussed Ms.Easley's RWJ grant

Brainstormed ideas for Ms.Easley's RWJ grant implementation in 2019-20

Most feasible ideas appeared to be

1) Transportation to facilitate healthcare visits and also to ease social isolation

Within this idea, discussed the possibility of conducting a needs assessment study. This study could inform developing a more informed and evidence-based proposal to support funding for senior transportation in the Austin city budget proposal

Another idea is to build a database or network of ride share providers who can facilitate the last-mile transport options

2) Mental Health Awareness

Improve and increase access to mental health – Language lines, identify bi-lingual mental health providers

Strategies to increase cultural sensitivity of local mental health providers

Next Meeting: Dec 11, 2018 (November meeting cancelled)