



Together We Thrive  
Austin/Travis County Community Health Plan

# COMMUNITY HEALTH PLANNING FOR AUSTIN/TRAVIS COUNTY

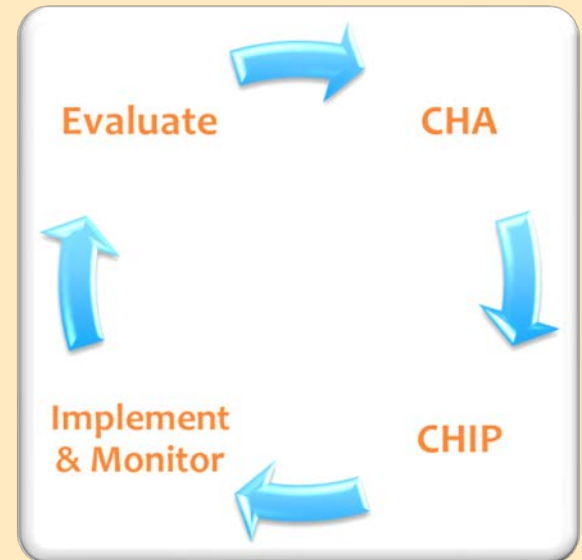
Community Health Assessment (CHA)/ Community Health Improvement Plan (CHIP)

Austin/Travis County Food Policy Board  
Monday May 13<sup>th</sup>, 6:00 PM  
Street Jones Building



# Community Health Planning Cycle

- Community Health Planning is an iterative process which includes compiling a Community Health Assessment (CHA) and a Community Health Improvement Plan (CHIP)
- CHA/CHIP Stages (5-year cycle)
  - *Conduct and finalize the CHA*
  - *Develop the CHIP*
  - *Implement and monitor the CHIP*
  - *Evaluate the CHA/CHIP cycle*
  - *Repeat*



# CHIP Year 1 Implementation Phase

- Four Priority Areas and Workgroups
  - *Access to Care*
  - *Chronic Disease*
  - *Sexual Health*
  - *Mental and Behavioral Health*
- Year 1 Action Plan
  - *Finalized as of April 2019*
  - *Currently in Y1 Implementation Phase:*
    - *March 2019 – February 2020*
  - *Workgroups have held their first meetings*

# CHA/CHIP AND HEALTHY FOOD ACCESS



# Chronic Disease Workgroup

- CD Workgroup Chairs:

- *Joel Gross, It's Time Texas*
- *Jill Habegger-Cain, COA Parks and Recreation Dept.*

- CD Workgroup Y1 Objectives

- *Objective 2.1: Decrease the % of people who have risk factors leading to chronic disease by 10% by 2023*
- *Objective 2.5: By 2023, increase by 5% the number of safe, accessible, equitable, and culturally competent assets and opportunities for healthy food and physical activity. [Built Environment/Note: Healthy Food Access is being addressed by the Food Policy Board workgroup]*

# CHIP Chronic Disease Y1 Strategies

| <b>Priority Area 2: Chronic Disease</b>   |  |
|---|--|
| <b>Goal 2:</b> Prevent and reduce the occurrence and severity of chronic disease through collaborative approaches to health that create environments that support, protect, and improve the well-being of all communities |  |
| <b>Year 1 Objectives</b>  | <b>Year 1 Strategies</b>   |
| <b>Objective 2.1</b><br>Decrease the % of people who have risk factors leading to chronic disease by 10% by 2023.   | 2.1.1 Offer regular, free Community Fitness and “Healthy Living” classes (i.e. fitness, nutrition, etc.) at convenient times and diverse locations to reach target communities. Ensure that programming is culturally and linguistically appropriate.  |
|   | 2.1.4 Engage worksites, schools, and early childhood education centers in developing comprehensive policies and programs that promote healthy nutrition, physical activity, tobacco free campus, and Mother Friendly worksites.  |
| <b>Objective 2.5</b><br>By 2023, increase by 5% the number of safe, accessible, equitable, and culturally competent assets and opportunities for healthy food and physical activity.                                      | 2.5.3 Utilize community member input to improve existing data on assets and opportunities available for physical activity (e.g., urban gardens, community gardens, green space, trails, parks, etc.) and increase access and awareness of these sites.   |
|   | 2.5.7 Advocate for and support ongoing efforts (e.g. Vision Zero Action Plan) to develop and enhance safe, multimodal transportation options across the community, paying particular attention to efforts that increase healthy food access and opportunities for physical activity. Ensure that plans and development take into consideration issues of equity. |

# Possible Collaboration

- Chronic Disease Workgroup focus has shifted to physical activity to avoid duplication of efforts with Healthy Food Access. *[See Strategy ]*
- Greater capacity for collaboration:
  - *CHIP Chronic Disease Representatives at Healthy Food Access workgroup meetings*
  - *Chronic disease lens/target at Healthy Food Access workgroup meetings*
  - *Continuous communication and Healthy Food Access updates at CHIP Chronic Disease workgroup meetings.*
  - *Suggestions welcome...*



THANK YOU