



**RCA
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

**AGENDA ITEM NO.: 17
AGENDA DATE: Thu 06/23/2005
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SUBJECT: Approve execution of an Interlocal Agreement with PFLUGERVILLE INDEPENDENT SCHOOL DISTRICT, Austin, TX, to establish a district-wide, coordinated school health program focusing on health promotion and disease prevention, in support of the goals of the Steps to a Healthier Austin Program, in an amount not to exceed \$15,000, with three 12-month renewal options in an amount not to exceed \$55,000 per renewal option, for a total agreement amount not to exceed \$180,000.

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$15,000 is included in the Fiscal Year 2004-2005 Approved Operating Budget of the Health and Human Services Special Revenue Fund from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention Steps to a Healthier U.S. grant program. The grant period is from September 22, 2004 through September 21, 2005. The Agreement period is from June 1, 2005 to September 21, 2005. Funding for the renewal options is contingent upon available funding in future budgets.

FISCAL NOTE: There is no unanticipated fiscal impact. A fiscal note is not required.

REQUESTING Health and Human
DEPARTMENT: Services

**DIRECTOR'S
AUTHORIZATION:** David Lurie

FOR MORE INFORMATION CONTACT: Dr Adolfo Valadez MPH, Medical Director, 972-5408; Patrick Cantrell, Grant Coordinator/Contract Monitor, 972-5131; Linda Terry, Agenda Coordinator, 972-5023

PRIOR COUNCIL ACTION: Amended Ordinance No. 030909-01 on September 30, 2004.

BOARD AND COMMISSION ACTION: N/A

PURCHASING: N/A

MBE / WBE: N/A

Background

The Interlocal Cooperative Agreement will provide Pflugerville Independent School District (PISD) with funding for a School Health Coordinator. The School Health Coordinator will work to establish a district-wide, coordinated school health program focusing on improving the nutrition and increasing the physical activity of children attending PISD schools; improving quality of care to children with diabetes and asthma, and increasing their use of appropriate health care services; increasing the ability of parents, children, and families to effectively self-manage chronic diseases; preventing tobacco use and exposure; and promoting health and wellness among PISD employees.

The agreement is part of a larger project of the Austin/Travis County Health and Human Services Department (HHSD) called the Steps to a Healthier Austin Initiative (SHA). SHA is a five-year multi-intervention project designed to reduce the burden of diabetes, asthma, and obesity through improved nutrition, increased physical activity, and decreased smoking of tobacco products.



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SHA works through public-private partnerships at the community level to support community-driven programs that enable persons to adopt healthy lifestyles. SHA works to promote healthy nutrition, physical activity, and tobacco cessation and prevention. The program is designed to create healthier communities by improving the lives of Americans through innovative, evidence-based, effective community-based health promotion and chronic disease prevention and control programs.

Funding for SHA comes from a federal grant and is part of the national Steps to a Healthier US Initiative. The federal grant stipulates that SHA must work with all school districts with students in the intervention area. The four districts are Austin ISD, PISD, Manor ISD, and Del Valle ISD. SHA currently has an Interlocal Agreement with AISD, and will partner with Manor ISD and Del Valle ISD in upcoming years.

Performance Measures

Prevent the spread of communicable disease and reduce the risk of health complications due to disease and unhealthy behaviors.

Results:

PISD will contribute directly to the following overall results of SHA Initiative:

- Prevent diabetes by 2.5 new cases per 1000 population per year and reduce the overall rate of diabetes that is clinically diagnosed by 25 overall cases/per 1000 population per year.
- Reduce the proportion of adults who are obese <15 percent in target area by 2010.
- Reduce the number of asthma hospitalizations for persons 5-64 years by 8% and for persons aged <5 years by 25% in target area by 2010.

Outputs:

After allowing time for the hiring process, funds for fiscal year 2005 are estimated to cover three months of actual work time for the school health coordinator (late June – September 21, 2005). The following output measures correspond with this initial start-up period. (Subsequent outputs will be developed based on the results of the School Health Index.)

- PISD will develop a job description for the School Health Coordinator and fill the position by July 1, 2005;
- By September 21, 2005, PISD will establish a plan to implement the CDC School Health Index during the 2005-2006 school year; the Index will identify the strengths and weaknesses of PISD's policies and programs for promoting health and safety, develop an action plan for improving student health and safety, and involve teachers, parents, students, and the community in improving school policies, programs, and services;

Requested Council Action

Council is requested to approve execution of an Interlocal Agreement with Pflugerville Independent School District (PISD), Austin, TX, to establish a district-wide, coordinated school health program focusing on health promotion and disease prevention, in support of the goals of the Steps to a Healthier Austin Program, in an amount not to exceed \$15,000, with three 12-month renewal options in an amount not to exceed \$55,000 per renewal option, for a total agreement amount not to exceed \$180,000.