



**Interlocal Agreement
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

**AGENDA ITEM NO.: 11
AGENDA DATE: Thu 03/11/2004
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SUBJECT: Approve renewal and amendment of the Interlocal Cooperation Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health Mental Retardation Center for the period of January 1, 2004 through December 31, 2004 in an amount not to exceed \$ 2,598,200.

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$1,104,110 is included in the Fiscal Year 2003-2004 Approved Operating Budget of the Health and Human Services Department and \$844,540 is available from Travis County. Funding for the remaining three months of the contract is contingent upon available funding in future Operating Budgets.

FISCAL NOTE: There is no unanticipated fiscal impact. A fiscal note is not required.

REQUESTING Health and Human
DEPARTMENT: Services

**DIRECTOR'S
AUTHORIZATION:** David Lurie

FOR MORE INFORMATION CONTACT: Vince Cobalis, Asst. Director, Human Services Division, 972-5011; Linda Terry, Agenda Coordinator, 972-5023

PRIOR COUNCIL ACTION: Approved Renewal and Amendment of the Calendar Year 2002 Interlocal Cooperation Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health Mental Retardation Center for the 2003 contract year on 12/12/02.

BOARD AND COMMISSION ACTION: N/A

PURCHASING: N/A

MBE / WBE: N/A

Background

The Interlocal Agreement permits the City and County to leverage local funding with state, federal, and other sources of funds for the provision of mental health, mental retardation, and substance abuse services to indigent residents of the Austin/Travis County community. Austin Travis County Mental Health Mental Retardation ("ATCMHMR") Center is the State-designated Mental Health and Mental Retardation Authority for Travis County and the incorporated municipalities therein. ATCMHMR also is a provider of specialized substance abuse services.

Under this Interlocal, ATCMHMR is required to serve as the lead in assessment, planning, and evaluation functions relative to mental health, mental retardation, and substance abuse services in support of the Community Action Network ("CAN") process. ATCMHMR also is responsible for the provision of certain mental health and mental retardation services, either as a direct provider or through subcontracts with other providers, for the priority populations defined by the Texas Department of Mental Health and Mental Retardation. Finally, ATCMHMR uses direct assistance from the City and County, through this Interlocal, to fulfill its obligations as the designated Mental Health and Mental Retardation Authority in Travis County and to fulfill its obligations to the City of Austin and Travis County under this Agreement.



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Calendar Year 2004 will be the eighth contract year for this Interlocal. The Agreement originally was developed in late 1996 for the initial contract period of calendar year 1997. The Interlocal approach initially was recommended by CAN and the contract amount for the initial term was based on prior social service contract amounts with ATCMHMR for these services. The Agreement has been reviewed and renewed each year, from calendar years 1997 through 2003. The total annual Interlocal Agreement amount is \$2,598,200: City share is \$1,472,147, and County share is \$1,126,053.

The 2003 Interlocal Agreement is being renewed for Calendar Year 2004 and amended accordingly to incorporate relevant programmatic updates. The Agreement for Calendar Year 2004 includes the following program services:

Infant-Parent Program: Early Childhood Intervention (ECI) program for children ages 0-3 with disabilities and/or developmental delays and their families.

NOW Employment Services: Program providing opportunities for work and training in community-integrated work sites for adults with mental retardation and/or autism.

Children's Mental Health Services: Services includes (a) intensive outpatient services for youth ages 7-12 who have a diagnosis of mental illness and exhibit severe emotional or social disabilities, and (b) mobile psychiatric emergency services (24-hour) for children ages 0-8 in psychiatric crisis.

Medication Support Services: Psychiatric medication services for adults—ongoing psychiatric evaluation, medication maintenance, and medication education.

Psychiatric Emergency Services: Psychiatric screening, evaluation, crisis outreach, and short-term crisis intervention for adults—includes 24-hour emergency screening, evaluation, and crisis intervention services.

The Inn: A 16-bed crisis respite program for persons experiencing moderate to severe psychiatric crisis.

Oak Springs Treatment Center: Substance abuse treatment services for adults with dual diagnoses of substance use disorder and mental illness. Services include day treatment and outpatient services.

Safe Haven: Shelter for homeless persons with mental illness and co-occurring substance abuse disorders. Provides shelter, showers, bedding, meals, nurse assessment, and linkage to medical services.

ACCESS Program: Outreach, assessment, intensive case-management, and referral for persons with mental illness and co-occurring substance abuse disorders.

Integrated Behavioral Health Program (IBHP): Patients treated at City and County primary health clinics offered behavioral health screenings and interventions. This is a new program added this year using existing funding through this interlocal agreement to provide two ATCMHMR positions.

PERFORMANCE MEASURES:

Related Departmental Goals:

- Prevention: Health Services; Prevent the spread of communicable disease and reduce the risk of health complications due to disease and unhealthy behaviors.



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- Protection: Health Services; Minimize the public's exposure to health and environmental hazards.
- Provision: Health Services; Deliver quality, safety-net health services in partnership with the community.
- Prevention/Provision: Social Services; Promote and foster increased self-sufficiency, healthy behaviors, and lifestyle among targeted populations.

Output Measures:

- Provide services to 725 unduplicated clients – *Infant Parent Program*
- Provide services to 445 unduplicated clients (only includes clients who have chosen a solid vocational goal) – *NOW Employment Service*
- Provide services to 4,500 unduplicated clients – *East 2nd Mental Health Clinic*
- Provide 17,000 client hours of service – *East 2nd Mental Health Clinic*
- Provide services to 4,000 unduplicated clients – *Psychiatric Emergency Services (PES)*
- Provide 8,342 bed days – *The End*
- Provide services to 685 unduplicated clients – *The End*
- Provide services to 1,300 unduplicated clients for individual counseling, family counseling, group counseling, care coordination and psychiatric services (ages 3-18 years). – *Children's Mental Health Services*
- Provide services to 475 unduplicated clients – *Oak Springs Treatment Center*
- Provide services to 65 unduplicated clients – *Safe Haven*
- Provide 5,000 bed days – *Safe Haven*
- Provide services to 600 unduplicated clients – *Access Program*
- Appropriate outcomes for the two new ATCMHMR positions in the City and County primary care settings will be identified and benchmarked by the end of the 2004 contract period – *Integrated Behavioral Health Program*

Results Measures:

Number/percent of clients measured who have achieved projected mental health outcomes. Goal: 4,545/93%

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- Ninety-five percent (95%) of children with mental retardation/developmental disabilities will show a positive change in their rate of development -- *Infant Parent Program*
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by the ECI



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satisfaction survey. -- *Infant Parent Program*

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- Fifty percent (50%) of all persons served by NOW Employment Services will be supported in individual and community-integrated work sites. – *NOW Employment Service*
- Maintain a customer satisfaction rate of ninety percent (90%) or better as measured by ATCMHMR-MR Services Satisfaction Survey, and the Supported Employment Satisfaction Survey. -- *NOW Employment Service*
- Maintain ninety-seven percent (97%) or more East 2nd Mental Health Clinic ATCMHMR priority population clients stable and in the community. – *Medication Support Services (MSS)*
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by East 2nd Mental Health Clinic Satisfaction Survey. -- *Medication Support Services (MSS)*
- Maintain youth and adult suicide rates of less than one percent (1%) among PES clients who have been served within the last forty-eight (48) hours. -- *Psychiatric Emergency Services (PES)*
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by the PES Satisfaction Survey. -- *Psychiatric Emergency Services (PES)*
- Maintain teen (18 and 19 year olds) and adult suicide rates of less than one percent (1%) among The Inn clients who have been served within the last forty-eight (48) hours. – *The Inn*
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by The Inn Satisfaction Survey. – *The Inn*
- Sixty percent (60%) of clients receiving services will show improvement in psychiatric functioning as evidenced by improved scores at 90 days. – *Children's Mental Health Services*
- Seventy percent (70%) of clients will show sobriety (zero days alcohol or drug use) in the past thirty (30) days prior to the 60-day post-discharge follow up. – *Oak Springs Treatment Center*
- Maintain a customer satisfaction rate of ninety (90%) or better as measured by the ATCMHMR Oak Springs Satisfaction Survey. -- *Oak Springs Treatment Center*
- Ninety percent (90%) of clients will be successfully linked to mainstream (regular Adult Mental Health and/or Dual diagnoses) services. – *Safe Haven*
- Maintain a customer satisfaction rate of ninety (90%) or better as measured by the ATCMHMR Safe Haven Satisfaction Survey. – *Safe Haven*
- Demonstrate improvements in psychiatric functioning as evidenced by improved scores on the Brief Psychiatric Rating Scale (BPRS) (50% of clients' post-test scores show improvement from their pre-test scores). – *ACCESS*
- Maintain a customer satisfaction rate of 90% or better as measured by the ATCMHMR ACCESS Satisfaction Survey -- *ACCESS*



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Requested Council Action:

Approve renewal and amendment of the 2004 Interlocal Cooperation Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health Mental Retardation Center for the period of January 1, 2004 through December 31, 2004 in an amount not to exceed \$ 2,598,200. The City will provide \$1,472, 147 in funding from the Health and Human Services Department and Travis County will provide \$1,126,053 in funding.