



**Grant
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

AGENDA ITEM NO.: 13
AGENDA DATE: Thu 09/30/2004
PAGE: 1 of 3

SUBJECT: Authorize acceptance of \$1,857,673 from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention Steps to a Healthier U.S. grant program; and amend the Fiscal Year 2004 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 030909-01 to appropriate \$1,857,673 for the purpose of promoting healthy lifestyles that contribute directly to prevention, delay, and mitigation of the consequences of diabetes, asthma, obesity, nutrition, physical activity, and tobacco exposure and that increase physical activity and improve nutrition bringing the total grant amount to \$2,786,509 and to authorize an creation of two additional full-time equivalent positions.

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$1,857,673 is available from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC) Steps to a Healthier U.S. (STEPS) grant program. The grant period is September 22, 2004 through September 21, 2005. No city match is required.

FISCAL NOTE: A fiscal note is attached.

REQUESTING Health and Human
DEPARTMENT: Services

**DIRECTOR'S
AUTHORIZATION:** David Lurie

FOR MORE INFORMATION CONTACT: Dr. Adolfo Valadez, Medical Director, Public Health and Community Services, 972-5408; Patrick Cantrell, Grant Coordinator/Contract Monitor, 972-5131; Linda Terry, Agenda Coordinator, 972-5023

PRIOR COUNCIL ACTION: Amended FY04 Budget accepting Year 1 Grant funds, October 9, 2003; Approved Contracts for Year 1 Activities, December 11, 2003.

BOARD AND COMMISSION ACTION: N/A

PURCHASING: N/A

MBE / WBE: N/A

Background

This 5-year grant was initially awarded on September 22, 2003 by the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC) Steps to a Healthier U.S. (STEPS) grant program. Because of the late notice of grant award, the department was unable to amend its budget to accept the funds until the current fiscal year. The current request for acceptance of award is for the second year funding of the STEPS grant. It includes funding for Targeted Community Health Services and Chronic Disease Injury Prevention (CDIP). It also funds two additional FTE's which are both Public Health Educator I positions. These positions will be assigned to carry out STEPS health promotion, health education, and disease prevention initiatives in the Rosewood-Zaragosa Neighborhood Center and St. John's Neighborhood Center service areas and to support community partner activities.



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AGENDA ITEM NO.: 13
AGENDA DATE: Thu 09/30/2004
PAGE: 2 of 3

The Austin/Travis County Health and Human Services Department (HHSD) functions are primarily coordinating and facilitating role in the Steps to Healthier Austin (SHA) Program. While the Program staff implement some activities directly, the community partners carry out most of the intervention activities. Some examples of the interventions are as follows.

A coalition is improving the systems that coordinate between Children's Hospital, the Austin Independent School District and the COA Community Care Services Department (CCSD) clinics for pediatric asthma patients. The results will be improved patient care and reduction of pediatric Emergency Room visits due to increased compliance with disease management and self-management protocols. These results will create cost savings to Children's Hospital.

One partner is promoting wellness programs to local employers, including access to a website tailored for employee wellness. Community members will be trained to deliver to their peers healthy nutrition and cooking classes.

Increased physical activity is being promoted throughout the intervention area through the Walk Texas! – Austin Chapter project and the community-based Marathon Kids project in elementary schools. A second Diabetes Summit impacting over 100 medical, public health and community members will be conducted. Thirty-five (35) churches will participate in the Diabetes Sundays outreach project to faith-based organizations, where individuals are screened to determine their risks for that disease. Disease management protocols for diabetes are being implemented in a CCSD clinic. A new project will train childcare staff in ways to run healthier facilities and improve physical activity and nutrition behaviors the young children in their care. Increased physical activity programming is being implemented in selected COA Parks and Recreation Department (PARC) Recreation Centers. These and many more interventions will impact the health of the residents of the intervention area to increase their ability to prevent and manage these conditions.

HHSD has partnered with the following entities to initiate STEPS to a Healthier Austin (SHA). Austin Independent School District (AISD), the Texas Department of State Health Services (DSHS), the University of Kansas Center for Research (KUCR), the American Cancer Society, the American Diabetes Association, City of Austin Parks and Recreation Department (PARC), City of Austin Health and Human Services Department (HHSD) Communicable Disease Injury Prevention Unit (CDIP) and the City of Austin Community Care Services Department Primary Care Division and Medical Assistance Program. STEPS works through public-private partnerships at the community level to support community-driven programs that enable persons to adopt healthy lifestyles that contribute directly to prevention, delay, and/or mitigation of the consequences of diabetes, asthma, obesity, nutrition, physical activity, and tobacco exposure. The program is designed to create healthier communities by improving the lives of Americans through innovative, evidence-based, effective community-based health promotion and chronic disease prevention and control programs.

The purpose of the Healthy Communities program is to provide preventive health services for the public in order to optimize their health and well-being.

Performance Measures
Related Departmental Goals



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RECOMMENDATION FOR COUNCIL ACTION

AGENDA ITEM NO.: 13
AGENDA DATE: Thu 09/30/2004
PAGE: 3 of 3

Prevent the spread of communicable disease and reduce the risk of health complications due to disease and unhealthy behaviors.

Results

- Prevent diabetes by 2.5 new cases per 1000 population per year and reduce the overall rate of diabetes that is clinically diagnosed by 25 overall cases/per 1000 population per year.
- Reduce the proportion of adults who are obese <15 percent in target area by 2010.
- Reduce the number of asthma hospitalizations for persons 5-64 years by 8% and for persons aged <5 years by 25% in target area by 2010.
- Prevent diabetes by 2.5 new cases per 1000 population per year and reduce the overall rate of diabetes that is clinically diagnosed by 25 overall cases/per 1000 population per year in target by 2010.

Outputs

<u>Goal</u>	<u>Current Goal</u>	<u>Estimated Increase</u>	<u>New Goal</u>
Percent of clients provided preventative health services (such as screenings and health education) that report improvement in their health conditions.	50%	5%	55%
Percent change in the number of community changes	15%	5%	20%
Number of Health Promotions and Education Encounters	16,150	5,000	21,150

Requested Council Action

Council is requested to authorize acceptance of \$1,857,673 from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC) STEPS to a Healthier U.S. (STEPS) grant program; and amend the Fiscal Year 2004 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 030909-01 to appropriate \$1,857,673 to reduce the burden of diabetes, asthma, and obesity, to decrease tobacco use, and to increase physical activity and improve nutrition and authorize an additional two (2.0) full-time equivalent (FTE) grant positions, bringing the total grant amount to \$2,786,509

OPERATING BUDGET Fiscal Note

DATE OF COUNCIL CONSIDERATION:
WHERE ON AGENDA:
DEPARTMENT:

9/30/2004
Ordinance
Health and Human Services

Approve an ordinance authorizing acceptance of \$1,857,673 from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC) STEPS to a Healthier U.S. (STEPS) grant program; and amend the Fiscal Year 2004 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 030909-01 to appropriate \$1,857,673 to reduce the burden of diabetes, asthma, and obesity, to decrease tobacco use, and to increase physical activity and improve nutrition and authorize an additional two (2.0) full-time equivalent (FTE) grant positions, bringing the total grant amount to \$2,786,509.

FINANCIAL INFORMATION:

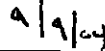
	<u>Approved Budget 2003-2004</u>	<u>Impact of this Action</u>	<u>Amended Budget 2003-2004</u>
Special Revenue Fund			
STEPS to a Healthier U.S. (STEPS)			
Supplemental Grant Fund	\$928,836	\$1,857,673	\$2,786,509
09/22/2004 - 09/21/2005			
TOTAL	<u><u>\$928,836</u></u>	<u><u>\$1,857,673</u></u>	<u><u>\$2,786,509</u></u>
FTEs	6.00	2.00	8.00

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$1,857,673 is available from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC) STEPS to a Healthier U.S. (STEPS) grant program. The grant period is September 22, 2004 through September 21, 2005. No city match is required.

Budget Office: _____



Date: _____



ORDINANCE NO.

AN ORDINANCE AUTHORIZING THE ACCEPTANCE OF GRANT FUNDS AND AMENDING THE FISCAL YEAR 2003-2004 HEALTH AND HUMAN SERVICES OPERATING BUDGET OF ORDINANCE NO. 030909-01 TO APPROPRIATE GRANT FUNDS AND CREATE FULL-TIME EQUIVALENT POSITIONS; AND DECLARING AN EMERGENCY.

BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF AUSTIN:

PART 1. The Council authorizes the acceptance of \$1,857,673 in grant funds from the United States Department of Health and Human Services Centers for Disease Control and Prevention Steps to a Healthier U.S. grant program.

PART 2. The Council amends the Fiscal Year 2003-2004 Health and Human Services Operating Budget Special Revenue Fund of Ordinance No. 030909-01 to appropriate \$1,857,673 for the purpose of promoting healthy lifestyles that contribute directly to the prevention, delay, and mitigation of the consequences of diabetes, asthma, obesity, nutrition, physical activity, and tobacco exposure and that increase physical activity and improve nutrition bringing the total grant amount to \$2,786,509 and to authorize the creation of two additional full-time equivalent positions.

PART 3. The Council finds that the need to amend the budget constitutes an emergency, a grave public necessity, and an unusual and unforeseen condition that could not, by reasonable diligence, have been included in the original budget for the current fiscal year. Because of this emergency, this ordinance takes effect immediately on its passage for the immediate preservation of the public peace, health, and safety.

PASSED AND APPROVED

www

_____, 2004

Will Wynn
Mayor

APPROVED: _____

David Allan Smith
City Attorney

ATTEST: _____

Shirley A. Brown
City Clerk