

## A U S T I N C I T Y C O U N C I L

## AGENDA

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Thursday, August 10, 2006

 Back  Print**Health and Human Services  
RECOMMENDATION FOR COUNCIL ACTION****ITEM No. 11**

**Subject:** Authorize the execution of an Interlocal Agreement with MANOR INDEPENDENT SCHOOL DISTRICT, Manor, TX, to establish a district-wide, coordinated school health program focusing on health promotion and disease prevention, in support of the goals of the Steps to a Healthier Austin Program, in an amount not to exceed \$27,000, with two 12-month renewal options in an amount not to exceed \$55,000 per renewal option, for a total agreement amount not to exceed \$137,000.

**Amount and Source of Funding:** Funding in the amount of \$27,000 is included in the Fiscal Year 2005-2006 Approved Operating Budget of the Health and Human Services Special Revenue Fund Steps to a Healthier US grant program. The initial Interlocal agreement period is June 1, 2006 through and including September 21, 2006. The grant period is September 22, 2005 to September 21, 2006. Funding for renewal options is contingent upon available funding in future budgets:

**Fiscal Note:** There is no unanticipated fiscal impact. A fiscal note is not required.

**Additional Backup Material**

(click to open)

**06 STEPS -- Interlocal  
w/Manor\_ISD**

**For More Information:** Adolfo Valadez, M.D., Health Authority, 972-5805; Rick Schwertfeger, HHSD Program Manager, 972-6760; Linda Terry, Agenda Coordinator, 972-5023.

## 06 STEPS – Interlocal w/Manor ISD

### **Background:**

The Interlocal Cooperative Agreement will provide Manor Independent School District (MISD) with funding for a School Health Coordinator. The School Health Coordinator will work to establish a district-wide, coordinated school health program focusing on improving the nutrition and increasing the physical activity of children attending MISD schools in order to reduce the rates of obesity, improving the quality of care to children with diabetes and asthma, and increasing their use of appropriate health care services; increasing the ability of parents, children and families to effectively self-manage chronic diseases; preventing tobacco use and exposure; and promoting the health and wellness among MISD employees.

The agreement is part of a large project of the Austin/Travis County Health and Human Services Department (HHSD) called the Steps to a Healthier Austin Initiative (SHA). SHA is a five-year multi-level intervention project designed to reduce the burden of diabetes, asthma, and obesity through improved nutrition, increased physical activity, and decreased cigarette smoking.

SHA works through public-private partnerships at the community level to support community-driven programs that enable persons to adopt healthy lifestyles. SHA works to promote healthy nutrition, physical activity and tobacco cessation and prevention. The program is designed to create healthier communities by improving the lives of Americans through innovative, evidence-based, effective community-based health promotion and chronic disease prevention and control programs.

Funding for SHA comes through a cooperative agreement from the US Department of Health and Human Services and the Centers for Disease Control and Prevention and is part of the national Steps to a Healthier US Initiative. The federal cooperative agreement stipulates that SHA work with school districts with students in the intervention area. The four districts are Austin ISD, Pflugerville ISD, Manor ISD, and Del Valle ISD.

### **Performance Measures:**

Prevent the spread of communicable disease and reduce the risk of health complications due to disease and unhealthy behaviors.

### **Results:**

MISD will contribute directly to the following overall results of the SHA initiative:

- o Prevent diabetes by 2.5 new cases per 1000 population per year and reduce the overall rate of diabetes that is clinically diagnosed by 25 overall cases per 1000 population per year.
- o Reduce the proportion of adults who are obese to less than 15% in the target area by 2010.
- o Reduce the number of asthma hospitalizations for persons 5-64 years by 8% and for persons aged <5 years by 25% in target area by 2010.

### **Outputs:**

Funds for fiscal year 2005-2006 are estimated to cover 3 months of actual work time for the School Health Coordinator (late June-September 21<sup>st</sup>, 2006). The following output measures correspond with this initial start-up period. (Subsequent outputs will be developed based on the results of the School Health Index.)

- o MISD will hire a staff person to implement the School Health Index during the summer of 2006, to be completed by September 21<sup>st</sup>, 2006.
- o The index will identify the district's strengths and weaknesses in terms of policies and programs for promoting nutrition, physical activity, tobacco control and asthma/diabetes identification and management.
- o This process will involve teachers, parents, students and the community in improving school policies, programs and services.

### **Requested Council Action:**

The Council is requested to authorize the execution of an Interlocal Agreement with Manor Independent School District, Manor, TX, to establish a district-wide, coordinated school health program focusing on health

promotion and disease prevention, in support of the goals of the Steps to a Healthier Austin Program, in an amount not to exceed \$27,000, with two 12-month renewal options in an amount not to exceed \$55,000 per renewal option, for a total agreement amount not to exceed \$137,000.