

quest. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.



SASAC LOCATION INFORMATION

South Austin Senior Activity Center 3911 Menchaca Road Austin, Texas 78704

Main Phone Number: (512) 978-2400

http://www.austintexas.gov/department/south-austin-senior-activity-center

2020 Registration Has Begun!

2020 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2020 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

Advisory Board Elections

The SASAC Advisory Board is currently accepting applications to fill seats on the 2020 board. This support group works with center staff to create quality experiences at SASAC. Board members will be asked to attend monthly meetings and volunteer your time at the center for events and programs. Please contact the front desk for more details. Applications Due Dec. 6th.

2019 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 8:45 pm Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm Come dance the night away to a live band! **\$5 per person charge**

December 4th - Nite Shift December 25th - SASAC Closed December 11th - 3 Chord Rodeo January 1st - SASAC Closed December 18th - Alibi's (Christmas Party)

UPCOMING EVENTS



DEC. 24TH & 25TH JAN. 1st



Movie Day: "National Lampoon's Christmas Vacation"

Wednesday, December 4th 1p - 3:30p FREE

Watch a classic Christmas comedy with us! The Griswold family's plans for a big family Christmas turn into a disaster.



Band of Brothers HBO Mini-series

就能 新龍 Nt. Tuesdays & Thursdays through December 17th

10-11am in the Annex FREE

This miniseries recounts the remarkable achievements of an elite team of U.S. paratroopers during World War II.



Ornament Making

Tuesday Dec. 10th 9-10am

Join Mrs. Lynnette in decorating festive holiday ornaments



Sleep and Memory Health

Thursday Dec. 12th 12-1pm FREE

Join Dr. Katy for a free presentation on the importance of sleep on memory health.



Cookie Decorating

Tuesday Dec. 17th 12-1pm

Bring your holiday ideas and decorate holiday cookies with us as we celebrate the season!



Card Making Class

Friday Dec. 13th 9-10:30am

Present wrapping and tag making session with hot chocolate!



Santa's Workshop/Breakfast with Santa

Thursday Dec. 19th 9:00am - 11:00am

What better way to celebrate than with music, breakfast & crafts in Santa's Workshop! Be sure to stick around for a visit with the big man himself and a Santa photo!



New Year's Eve Rummikub Tournament

Tuesday Dec. 31st 9:00am - 2:00pm

Enter SASAC's New Year's Eve Rummikub Tournament! Test your skills against your friends to see who comes out on top!

EVENTS

SASAC ADVISORY BOARD MEETING

Friday, December 13th at 12:00p

SOUTH AUSTIN AARP #2426

Wednesday, December 18th 1-4p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, December 19th 9:00-12p

Birthday Celebration

Thursday, December 26th 12pm

Join us for cake and ice cream to celebrate all December birthdays!!!

Ballroom Dancing No Classes in December

No Classes in December Classes Resume in January

Come learn classic ballroom dancing techniques in this 4 week program.

No partner required. FREE

Holiday Paper Crafts

Friday, December 6th & 13th 1:00p - 2:30p FREE

Using paper, cloth, and other materials we create greeting cards, garlands, quilt patterns on paper and seasonal decorations.

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our winter garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 10am*



CARD GAMES

Free Play Bridge

Progressive Bridge

Monday, Wednesdays & Fridays I - 3p

FREE

Advanced Free Play

Monday 11a—2p & Thursdays 9 - 11:30a This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE





Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p Led by Larry Davis, Contract Instructor \$5.00

Friday Morning Free Play

Fridays 9 - 11am *Basic knowledge of Bridge essential*

FREE

Hand and Foot Canasta

December 12th & 26th 12-4p
A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p FREE

FITNESS

BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND BARS, EXERCISE BALLS, AND FILIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE EQUIPMENT, SASAC STAFF IS AVAILABLE TO ANSWER OUESTIONS.

You should consult your physician or other health care professional before starting any fitness program to determine if it is right for you and your needs.

Gym Hours

Mondays 8a-4:45p
Tuesdays 8a-8:45p
Wednesday 8a-9:45p
Thursday 8-4:45p
Friday 8a-4:45p
SUBJECT TO CHANGE
CLOSED EVERY THIRD THURSDAY

YOGA Mondays, Wednesdays and Fridays 9 - 10a

Increase your strength and balance while gaining flexibility. Feel better physically & spiritually.

Contact Instructor:
Charlie Pivert
Fee: \$10 drop-in class
\$25 for 3 classes

SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a
Thursdays 8:30 - 9:30a
Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).
Instructed by video tape
FREE



T'AI CHI Tuesdays 10-11a Fridays 10:15-11:15a

T'ai Chi has many proven health benefits for seniors, from increased balance and bone strength, to greater strength and flexibility. T'ai Chi is also very safe and practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

Session 8: November 5th - December 20th *No Classes from Dec. 20th through end of 2019

Fee: 6 Sessions Tuesdays OR Fridays only
Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50 Non-Residents: \$62 **Drop in - per class** Resident: \$5 Non Resident: \$6

BEGINNER LINE DANCE

FITNESS

Mondays I- 2p Socialize & learn the basic steps to fun line dances. Instructor: Joan Cox (512)288-4135 FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p *Thursdays 2:30-3:30p*

Scoot your boots for a healthy body and mind. Have fun, make friends, and learn a variety of dances.

Instructor: Joan Cox
(512)288-4135
FREE

Stretch and Strength

Thursdays 1:15- 2:15 p teaches you how to balance the body's strength and flexibility.

*No Class Thursday, Dec. 26th FREE

SENIORCIZE

Wednesdays 10:30 - 11a
Join Kade for a workout geared towards adults 50 and older.
Seniorcize is a great way to stay active and get back into shape.
Instructor: Kade Green
FREE

Austin Rockin' Line Dancers Thursdays 9:30 - 11a

Rocking Chairettes is a line dance group that performs at various locations around Austin and has been honored with several awards.

Instructor: Sonja Hemmes (512)531-9122 FREE



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! This is a drop in class. **FREE**

ZUMBA w/ Instructor Fridays 1:30 – 2:30 pm Instructor: Jacque Cotrell

Improve your muscle strength, coordination, posture and mobility.
Come on out and shake it! You must pre-register FREE



<u>Austin Parks and Recreation</u> <u>Department - Seniors</u>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Computer Lab 10 - 11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Waterloo Squares 7-8:45p	Yoga 9-10 Ceramics 9-11 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Movie Day 1-3:30 Wednesday Night Dance 7:30-9:45p	Finochle 8-2 Pinochle 8-2 Honey Bee 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	6 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30	D
yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Computer Lab 10 - 11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Waterloo Squares 7-8:45p	Yoga 9-10 Ceramics 9-11 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 Let Us Sing 12:15-1:30 Progressive Bridge 1-3 Painters 1-3:30 Bingo 1-3 Wednesday Night Dance 7:30-9:45p	Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Cardmaking 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30	ecem
16 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2-3:30	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Computer Lab 10 - 11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Waterloo Squares 7-8:45p	Yoga 9-10 Ceramics 9-11 Technology 9-11 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 AARP 1-4 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7:30-9:45p	Pinochle 8-2 Honey Bee 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 NARFE 9-12 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30	ber
Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2-3:30	★CLO FOR HOLII ★		Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Birthday 12-1 Canasta 12-4 Stretch and Strength No Class Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi No Class Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30	201
30 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	31 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi No Class Computer Lab 10 - 11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Waterloo Squares 7-8:45p				9

TRIPS / EVENTS

REGISTRATION DUE: Friday Dec 6th - RESULTS AVAILABLE: Monday Dec 9th REGISTRATION FEES DUE: Friday December 13th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, December 9th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

All City of Austin Parks and Recreation Department trips are offered using the PARD Senior Programs Lottery System. Please speak with a South Austin Senior Activity Senior Staff member if you have questions or need additional information on this process. All trips are subject to change due to weather, unforeseen issues, PARD Director approval, and registration numbers.

Nutcracker Ballet Austin The Long Center (Austin, Tx) Friday, December 20th

From its vibrant sets and costumes to the impressive cast of more than 200 dancers, this colorful winter classic brings families and friends together every year to enjoy the world's best-known ballet.

Departure Time: 11:00am Returning Time: 4:30pm Fee: \$50.00

Activity Level: Low



Citywide Vintage Sale Palmer Events Center (Austin, Tx) Saturday, January 4th

Homegrown and family-owned in Austin for over 40 years, the City-Wide Vintage Sale is the iconic vintage shopping experience. Lunch at Matt's El Rancho

Departure Time: 9:30am Returning Time: 1:00pm Fee: \$10.00 / Non Res. \$11.00

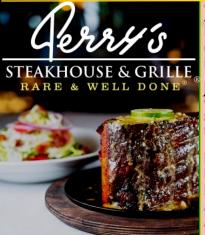
+ cost of food

Activity Level: Moderate Walking



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TRIPS



The Grub Club Perry's Steakhouse Downtown (Austin, TX) Friday, January 10th

Join us for Perry's iconic Pork Chop Friday with whipped potatoes and homemade applesauce! Perry's menu will be posted at the front desk for other options.

Departure Time: 10:30am Returning Time: 1:00pm Fee: \$3.00 / Non Res. \$4.00 Average Order is \$16.00 Activity Level: Low



Enjoy some great music with Tim Grimm and others at the Acoustical Café at Lamar Senior Activity Center!

Departure Time: 6:00pm Returning Time: 10:00pm

Fee: \$17.00

Activity Level: Low

Texas Stars Hockey H-E-B Center @ Cedar Park (Cedar Park, Tx) Wednesday, January 15th

Join us as we support and watch the Texas Stars Hockey Team of the American Hockey League take on the Toronto Marlies. This should be a great night of excitement and fun!

Departure Time: 4:30pm
Returning Time: 11:00pm
Fee: \$20.00 / Non Res. \$21.00
Activity Level: Moderate Walking

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AMERICAN HOCKEY LEAGUE

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters Thursday, December 5th & 19th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Charlotte Mackelvery (512) 652-8587

Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Let's Sing-a-Long Wednesday, December 11th 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Everyone Paints

Thursdays 8a - 4p
me in and share your creativi

Come in and share your creativity with other painters!

Wednesdays I - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle

Wednesdays 9-11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

Ornament Making Tuesday December 10th 9:00a - 10:00am

Writing the Stories of Your Life

Next Session: January 8th—February 12th 9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, December 11th & Every Friday 1-3p

25¢ per card - 8 card limit

Chess Club Mondays and Fridays 10a-12p

New players and all levels welcome!

Mahjong Tuesdays 1:15-3p Join in on the classic game!

wisen Train Deminess

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong Monday - Friday 8:30 - 4:45p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Bocce Ball Wednesdays 10:15-11:15a

Right outside our west door! Join us in fun and competitive sets with friends.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

...AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome. FREE

INTRODUCTION TO SPANISH CONVERSATION Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary.

FREE

TECHNOLOGY CLASS

Wednesday, December 18th 9-11a (In lobby)

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect. Please bring your equipment with you for us to assist you. **FREE**

Ongoing Library Computer Lab

Tuesday, 10:00am - 11:00am FREE December 24th - No Class December 31st

December 3rd December 10th December 17th Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a

FIRST COME-FIRST SERVE

basis beginning at 9:30a each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests
OVER 60 (not
registered) and guest
UNDER 60, the cost of
the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

LUNCH MONDAY TUESDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coconut Chicken Fried Brown Rice Spring Vegetables Wheat Bread Fresh Fruit Margarine Cal: 613	John Yocum's Lemon Pepper Fish Chuckwagon Corn Lemon Zest Broccoli Texas Bread Fresh Fruit Cal: 675	4 Chicken Etouffee Black-Eyed Peas Medley Cabbage Cornbread Chocolate Pudding Margarine Cal: 817	19	6 Italian Shells and Cheese Parslied Carrots Squash Medley Whole Wheat Breadstick Fresh Fruit Cal: 646
9 Ron Lantz's Meatloaf with Brown Gravy Whipped Potatoes with Skins Mixed Vegetables Dinner Roll Fresh Fruit Cal: 671	10 Buffalo Chicken Pasta Lentil Vegetable Pilaf Brussels Sprouts Wheat Bread Fresh Fruit Cal: 755	11 Dan Pruett's Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Cinnamon Applesauce Mustard and Ketchup Cal: 635	Turkey Taco Spanish Brown Rice Mexican Corn Wheat Tortilla Banana Pudding Taco Sauce Cal: 750	13 Beef Stroganoff Honey Herbed Carrots Diced Beets Whole Wheat Breadstick Fresh Fruit Cal: 617
16 Creamy Garlic Chicken Lemon Herb Couscous Peas and Carrots Wheat Pita Pocket Fresh Fruit Cal: 600	17 Vegetable Beef Soup Cheesy Polenta Herbed Green Beans Saltine Crackers Strawberry Swirl Pudding Cal: 704	18 Five Spice Chicken Herbed Basmati Rice Chinese Cabbage Wheat Bread Fresh Fruit Cal: 701	19 Turkey Brown Rice Casserole Parslied Carrots Broccoli Wheat Bread Fresh Fruit Cal: 604	20 Christmas Roast Beef with Gravy Cheesy Parslied Potatoes Green Beans Almandine Dinner Roll Mud Pie Pudding Cal: 745
23 Beef with Country Gravy Whipped Potatoes with Skins Capri Vegetables Wheat Bread Fresh Fruit Cal: 641	24 SASAC Closed for the Holidays	25 SASAC Closed for the Holidays	26 No Meals On Wheals	27 No Meals On Wheals
30 Suellen's Baked Chicken with Gravy Macaroni and Cheese Brussels Sprouts Wheat Bread Fresh Fruit Cal: 613	31 New Year's Eve Ham with Raisin Sauce Black-Eyed Peas Cabbage Dinner Roll Oatmeal Cream Cookie Margarine Cal: 606		*Due to unavailability of certain items, appropri- ate substitutions may need to be made. **Milk is served every meal.	V - Vegetarian Entrée ≥ 1000mg Sodium

Austin City Council Mayor and City Council Steve Adler, Mayor

Steve Adler, Mayor
Delia Gara, Mayor Pro Tem, District 2
Natasha Harper-Madison, District I
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Jimmy Flannigan, District 6
Leslie Pool, District 7
Paige Ellis, District 8
Kathie Tovo, District 9
Alison Alter, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Director Liana Kallivoka, PhD, P.E, Assistant Director Lucas Massie, Acting Assistant Director Suzanne Piper, Chief Administrative Officer Anthony Segura, Assistant Director

SASAC Advisory Board 2019

Willie Williams, President
Raisa Edelman, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Carolyn Drake
Margaret Hughes
Margie Mendez
Chris Ng

City Manager

Spencer Cronk, City Manager Elaine Hart, Deputy City Manager Rey Arellano, Assistant City Manager Gina Fiandaca, Assistant City Manager Rodney Gonzales, Assistant City Manager Christopher J. Shorter, Assistant City Manager

Parks Board

Dawn Lewis, Chair
Romteen Farasat, Vice Chair
Anna Di Carlo, Board Member
Richard DePalma, Board Member
Tom Donovan, Board Member
Francoise Luca, Board Member
Kate Mason-Murphy, Board Member
Fred Morgan, Board Member
Nina Rinaldi, Board Member
Laura Cottam Sajbel, Board Member
Kinberly Taylor, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor Maria Reyes, Recreation Program Coordinator Lynnette Lara, Recreation Programs Specialist Justin I. Perez, Recreation Programs Specialist Joe Asevedo, Building and Grounds Assistant Daniel Mendoza. Administrative Associate



MISSION Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will
 offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financially viability providing an overall financially sound recreation program to the Austin community.