

SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704 512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm Tuesday 8:00am - 9:00pm Wednesday 8:00am - 10:00pm

www.austintexas.gov/department/south-austin-senior-activity-center



Austin Parks and Recreation Department - Seniors



October 2018



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



2019 Registration Begins November 1st!!!

2018 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2018 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Since January 3, 2017 SASAC has used a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2018 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

2018 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 9 pm Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm Come dance the night away to a live band! **\$5 per person charge**

October 3 - Nite Shift

October 24 - Jim Rice

October 10 - 3 Chord Rodeo

October 31 - Hired Guns

October 17 - Alibis

UPCOMING EVENTS



Pumpkin Decorating Contest

Wednesday October 10th 10a - 12pm

Decorate a pumpkin for us to put on display. Prizes will be awarded at the Halloween Event on October 31st! Sponsored but United Health Care.



Planning your Future

Thursday October 11th 9:30am - 10:30am

Join us for an educational seminar where we will learn simple steps for planning ahead to provide peace of mind for you and your loved ones.



Aging is Cool w/Damien

Monday October 15th 10am - 11am

Come workout your memory and brain with Damien.



Card Making

Friday October 19th 9a - 10a

Come created some spooktacular Halloween Cards



Halloween Costume Contest

Wednesday October 31st 12pm

Join us for some Halloween Fun! Costume and Pumpkin Decorating Contests with prizes!

Veteran Bios/Photos Needed

As part of our continued efforts to recognize our Veterans we are asking that anyone that has served in any branch of the United States Military provide us with a photo and a bio about your service. Please include branch, rank, years of service, dates of service, tours

completed, honors, and job duties. Please return bios and photos to Lynnette at Lynnette.lara@austintexas.gov

PUBLIC MEETINGS

SASAC ADVISORY BOARD MEETING

Wednesday, October 10th

SOUTH AUSTIN AARP #2426

Wednesday, October 17th

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, October 18th

Birthday Celebration Thursday, October 25th

I2pm
Join us for cake and ice cream to celebrate all friends' September birthdays!!!

AARP Smart Driver

This class is designed for the mature driver & it will not dismiss traffic violations.

* For insurance discount only *
Fee: \$15 for AARP Members
\$20 for non-AARP Members
Sign up in advance at the front
desk.

Payment due on the day of class:

CASH OR CHECKS ONLY payable to AARP

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Fall garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9a



CARD GAMES

Free Play Bridge

Progressive Bridge

Monday, Wednesdays & Fridays I - 3p **FREE**

Advanced Free Play

Monday 11a—2p & Thursdays 9 - 11:30a This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE





Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p Led by Larry Davis, Contract Instructor \$5.00

Friday Morning Free Play

Fridays 9 - 11am *Beginner's welcome*

FREE

Hand and Foot Canasta

October 11th & 25th 12-4p
A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p FREE

FITNESS

FITNESS

BE SURE TO CHECK OUT OUR

TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND FILIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE EOUIPMENT. SASAC STAFF IS AVAILABLE TO ANSWER OUESTIONS.

You should consult your physician or other health care professional before starting any fitness program to determine if it is right for you and your needs.

Gym Hours

Mondays 8a-9a & 3p-4:45p Tuesdays 8a-12p & 3:30-6:30p Wednesday 8a-10:45a, 4-6p 8-9:45p Thursday 8-9a & 12-4:45p Friday 8-11:30a & 3-4:45p

YOGA

Mondays, Wednesdays and Fridays 9 - 10a

Increase your strength and balance while gaining flexibility. Feel better physically & spiritually.

Contact Instructor: Charlie Pivert Fee: \$10 drop-in class \$25 for 3 classes

SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a Thursdays 8:30 - 9:30a Total body cardiovascular workout taught in a FUN class format. Four sets of activities (15 minutes each). Instructed by video tape



T'AI CHI Tuesdays 10-11a Fridays 10:15-11:15a Tuesdays, Sept. 18th - Oct. 23rd Fridays, Sept. 21st - Oct. 26th T'ai Chi has many proven health benefits

for seniors, from increased balance and bone strength, to greater strength and flexibility. T'ai Chi is also very safe and practiced slowly; it is zero impact. Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50 Non-Residents: \$62

Drop in - per class

Resident: \$5 Non Resident: \$6

BEGINNER LINE DANCE

Mondays I- 2p Socialize & learn the basic steps to fun line dances.

Instructor: Joan Cox (512)288-4135 **FREE**

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p *Thursdays 2:30-3:30p*

Scoot your boots for a healthy body and mind. Have fun, make friends. and learn a variety of dances. **Instructor: Joan Cox**

(512)288-4135 FREE

Stretch and Strength

Thursdays 1:15- 2:15 p

Join Patti Gagne as she teaches you how to balance the body's strength and flexibility.

Instructor: Patti Gagne

FREE

NO CLASS August 23rd

SENIORCIZE

Wednesdays 10:30 - 11a Join Kade for a workout geared towards adults 50 and older. Seniorcize is a great way to stay active and get back into shape. Instructor: Kade Green FREE

Austin Rockin' Line Dancers Thursdays 9:30 - I la

Rocking Chairettes is a line dance group that performs at various locations around Austin and has been honored with several awards.

Instructor: Sonja Hemmes (512)531-9122 **FREE**



ZUMBA GOLD VIDEO FOR **BEGINNERS**

Mondays 10:15-11:15a

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! This is a drop in class. FREE

ZUMBA w/ Instructor Fridays 2:30 - 3:30 pm **Instructor: Jacque Cotrell**

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! You must pre-register FREE



Follow us on Facebook at:

Austin Parks and Recreation Department - Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Honey Bees 9-2 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
8 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3	9 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30- Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	Yoga 9-10 Card Making 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
15 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	Yoga 9-10 Ceramics 9-11 Technology 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 AARP 1-4 Painters 1-3:30 Wednesday Night Dance 7-10p	Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Honey Bees 9-2 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 NARFE 9:30-12:30 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Card Making 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p Movie 1:30-4:00	Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Canasta 12-4 Austin Rockin' Line Dancers 9:30-11 Stretch and Strength –1:15 - 2:15 Birthday 12-12:30 Line Dance 2:30-3:30	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
29 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	30 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	31 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p		

TRIPS

LOTTERY REGISTRATION DUE: Friday, October 5th LOTTERY RESULTS AVAILABLE: Monday, October 8th REGISTRATION FEES DUE: Friday, October 12th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, October 8th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



Dittmar Halloween Breakfast (Austin, Texaas) Thursday, October 18th

Bringing Seniors Together...is an initiative aimed at partnering with senior programs across the Community RecreationDivision to offer monthly fellowship among seniors. These events will give our seniors a chanceto interact with peers from around the city while enjoying free games, prizes, and food.

Departure Time: 8:30a Returning Time: 11:30a

Fee: Free

Activity Level: Low



First Tee Golfing Class (Austin, Texas)
Tuesdays & Thursdays,
October 9th - November 15th

Want to learn how to play golf? You are in luck, SASAC is providing the opportunity to have a 12 session class with a golf pro at Harvey Pennick Golf Course.

Departure Time: 12:30p Returning Time: 3p

Fee: Free

Activity Level: High



Tour of the State Cemetery (Austin, Texas) Monday, October 15th

The State Cemetery is located on about 22 acres that includes the Texas armed forces memorial flagpole and the Medal of Honor monuments. This is a guided toured that last I hour.

Departure Time: 8a Returning Time: 3p

Fee: Resident: \$3 / Non-Resident: \$4 Extra Expense: Purchase of Lunch

Activity Level: Moderate

TRIPS



World Dinners Club, Dimassi's Mediterranean Buffet (Austin, Texas) Monday, October 22nd

As one of Houston's Mediterranean staples, Dimassi's offers authentic, delicious, and healthy Mediterranean food prepared with the Khader's own special family recipes.

Departure Time: 10:30a Returning Time: 2p

Fee: Resident: \$3 / Non-Resident: \$4 Extra Expense: Purchase of Lunch Buffet

Activity Level: Low



Tour of Collin's Guitars (Austin, Texas) Friday, November 9th

One of the best ways to appreciate just how much time and attention goes into each Collings instrument is to tour the shop, and observe the skilled crew of luthiers hard at work. After all, it's the people behind the instruments that really make the difference between a good instrument and an exceptional one

Departure Time: 3p Returning Time: 8p

Fee: Resident: \$3/ Non-Resident: \$4 Extra Expense: Purchase of Dinner

Activity Level: Moderate

Austin Parks and Recreation Department Refund Policy

Full Refunds:

The PARD activity/program fee will be refunded in full ONLY IF the activity / program is canceled by the Austin Parks and Recreation Department.

Partial Refunds:

Program attendance is the responsibility of the participant. Failure to attend a class due to personal reasons, personal injury/illness, etc. does not entitle a participant to a transfer, makeup or refund. No refunds are issued for registrations without 48 hours advance notice and may require a medical verification

Detailed information on PARD Senior Program cancellations and refunds are defined on each RecTrac receipt.









VISUAL, LITERARY & PERFORMING ARTS



Honey Bee October 4th & 18th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings. Contact: Charlotte Mackelvery (512) 652-8587

Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Let's Sing-a-Long

12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters

Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays I - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle Wednesdays 9-11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

MOVIE DAY

Wednesday, October 24th 1:30 - 4:00pm

Join us for Coco!

Writing the Stories of Your Life

Next Session: September 5th-October 10th 9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, October 10th,24th& 31st AND Fridays

1-3p

25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p New players and all levels welcome!

Mahjong

Tuesdays 1:15-3p Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Tuesdays 12:30-3p

Ping PongIf you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome. **FREE**

TECHNOLOGY CLASS

Wednesday, October 17th 9-IIa (In lobby)

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here

to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/ pencil, and a

Spanish dictionary (optional).

FREE

Volunteer Instructors: Maria R. Luna

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those is greatly 60 appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a

FIRST COME-FIRST SERVE

basis beginning at 9:30a each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests OVER 60 (not registered) and guest UNDER 60, the cost of the meal is \$5.39.

Due to the unavailability of certain items. substitutions are occasionally made.

WEDNECDAY

MONDAY	IUF2DAY	MEDNE2DAX	THUKSDAY	FKIDAY
Apricot Pork Patty Green Peas Squash Medley Wheat Bread Fresh Fruit	Beef Pepper Casserole Broccoli Stewed Tomatoes Whole Wheat Breadstick Fresh Fruit	3 Lemongrass Chicken Thigh Whipped Potatoes with Skins Medley Cabbage Wheat Bread Tutti Fruitti Pudding	Roast Beef with Brown Gravy Brown Rice Mixed Vegetables Wheat Bread Fruited Strawberry Gelatin	Cheese Omelet Grits Hot Spiced Apples Biscuit Fresh Fruit Picante Sauce
8 Meals on Wheels is closed for Holiday	Turkey and Dumplings Herbed Green Beans Cauliflower Wheat Bread Pineapple Pudding	Dan Pruett's Burger Lettuce and Tomato Baked Beans Hamburger Bun Hot Fruit Compote Mustard and Ketchup	Pork Carnitas Spanish Brown Rice Cheesy Spinach Wheat Tortilla Fruited Orange Gelatin Taco Sauce	12 Beef Spaghetti Casserole Broccoli Diced Beets Whole Wheat Breadstick Fresh Fruit
Ginger Pork Patty Edamame Japanese Vegetables Texas Bread Fresh Fruit	Beef Stroganoff Squash Medley Collard Greens Wheat Bread Cranapplesauce	Pork Roast with Brown Gravy Confetti Brown Rice Garden Vegetables Wheat Bread Caramel Vanilla Pudding	Egg Salad Lettuce and Tomato Three Bean Salad Wheat Bread (2) Fresh Banana	19 Beef Pepper Steak with Gravy Whipped Potatoes with Skins Sliced Carrots Dinner Roll Fresh Fruit
Bruschetta Chicken Meat- balls Herbed Green Peas Italian Vegetables Whole Wheat Breadstick Fresh Fruit	23 Ham and White Beans Brown Rice Green Beans with Onions Wheat Bread Fresh Fruit Margarine	Beef Taco Corn O'Brien Glazed Carrots Wheat Tortilla Fruited Cherry Gelatin Taco Sauce	25 Honey Baked Chicken Mashed Spiced Yams Broccoli Wheat Bread Chocolate Pudding	Beef Meatball Soup Mixed Beans Diced Beets Saltine Crackers Fresh Fruit
29 Beef Burgundy Dirty Brown Rice Spring Vegetables Dinner Roll Fresh Fruit	Turkey Fusilli Broccoli Country Tomatoes Wheat Bread Cinnamon Swirl Pudding	Judith's Smoked Sausage Whipped Potatoes with Skins California Vegetables Texas Bread	*Due to unavailability of certain items, appropriate substitutions may need to be made.	1:

Fresh Fruit

**Milk is served every

EDIDAV

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Acting Director Liana Kallivoka, PhD, P.E, Assistant Director Anthony Segrua, Assistant Director Lucas Massie, Acting Assistant Director Christa McCrathy Division Manager David Crabb, Seniors Program Manager

SASAC Advisory Board 2017

Shirley Masterson, President
Willie Williams, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Carolyn Drake
Raisa Edelman
Margaret Hughes
Margie Mendez

City Manager

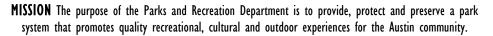
Spencer Cronk, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Robert Goode, Assistant City Manager
Sara Hensley, Interim Assistant City Manager
Joe Pantalion, Interim Assistant City Manager
Mark Washington, Acting Assistant City Manager

Parks Board

Jane Rivera, Chair
Richard DePalma, Vice Chair
Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Randy Mann, Board Member
Fred Morgan, Board Member
Mary Katherine Stout, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor Maria Reyes, Recreation Program Coordinator Lynnette Lara, Recreation Programs Specialist West Baxter, MSRLS, Recreation Programs Specialist Joe Asevedo, Building and Grounds Assistant



REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will
 offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financially viability providing an overall financially sound recreation program to the Austin community.

