

Registered Dietitians

Available for City of Austin UnitedHealthcare members

Central Texas Nutrition Consultants

Laura W. Gruber, RD, LD
Michelle Cross, LCSW, RD, LD
Meredith Schneider, RD, LD
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Sculpture Nutrition & Fitness

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Medical Nutrition Therapy

Alexa Sparkman, MA, RD, LD Anne Wilfong, RD

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Seton Medical Nutrition Therapy Services

Kimberly Morris, MS, RD, LD, CDE Julie Paff, RD, LD, CDE Wendy Morgan, RD, LD Kristin Williams, RD, LD, CDE

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