



Take Trips by Bike for National Bike Month

For short trips around Austin, bicycling can be faster and more enjoyable than traveling by car. Plus, it's better for our air! May is National Bike Month – a great time to join the thousands of Austinites enjoying clean-air bike travel.

Bicycles are zero-emission vehicles for quick trips or daily commutes. So, challenge yourself: Which regular trips of less than three miles can you take by bike? You might be thinking of trips to school or work, running errands or visiting friends – these are all opportunities to give your vehicle a break and hop on your bike!

For extra fun and motivation, participate in **National Bike to Work Week, May 15-19**. Invite friends or coworkers to join you in the activities on **Bike to Work Day, May 19**.

- Visit Bike Austin's [Bike to Work Day website](#). Get tips and find a refueling station near you with free snacks, coffee and more.
- Download the **Ride Report app** (free on smart phones) to track your trips, rate your rides, and help us improve Austin bikeways.
- Ready, set, go: Pump up your tires, check your brakes, ready your helmet, lights and bike bag – then take a practice spin.
- Plan your route using [Austin's full bicycle map](#) or a [regional bike route map](#) for the most comfortable ride.
- Find a bike buddy at [MyCommuteSolutions.com](#).

Whether you bike to work or school; ride to save money or time; pump those pedals to preserve your health or the environment; or cruise to explore your community – it all adds up to cleaner air!