



Cooking Classes



- ✓ Fun
- ✓ Informative
- ✓ Recipes with your WIC foods
- ✓ Cook with Fruits & Vegetables

Limited Seating
Call now to schedule 512-972-4942

WIC Clinic

Locations that have Cooking Classes:

Far South	4th Tuesday at 4:00pm Spanish
Rosewood	1st Tues at 10:30am –English (start August 2015) and 2 nd Saturday at 8:30am Spanish
South Austin	4th Thursday of the month– 9:045am Bilingual (no class July 2015)
Northwest	4th Tuesday-10:00 am Bilingual
Montopolis	1st Monday-5:30pm Bilingual
Dove Springs	1st Wednesday -10:30 Spanish, 3rd Wednesday 10:30 English
Pflugerville	Start in July 2015 -1 st & 3 rd Tuesdays at 5:30 Bilingual





Clases de Cocina



- ✓ Divertido
- ✓ Informativo
- ✓ Recetas con sus comidas de WIC
- ✓ Cocine con Frutas y Verduras

Cupo limitado llame hoy para programar su cita 512-972-4942.

Clinicas de WIC que ofrecen clases de cocinar:

Far South	4th Martes 4:00pm Espanol
Rosewood	1st Martes 10:30am–Ingles (comienza Agosto 2015) y 2 nd Sabado 8:30am Español
South Austin	4th Jueves del mes– 9:45am Bilingüe (No Habra clases en Julio 2015)
Northwest	4th Martes 10:00am Bilingüe
Montopolis	1st Lunes 5:30pm Bilingüe
Dove Springs	1st Miercoles 10:30 Español y el 3rd Miercoles 10:30am Ingles
Pflugerville	Comienza Julio 2015- 1 st & 3 rd Martes del mes- 5:30pm Bilingüe

