Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.

**COVID-19: Risk-Based Guidelines**

<table>
<thead>
<tr>
<th>Stage</th>
<th>Practice Good Hygiene</th>
<th>Maintain Social Distancing</th>
<th>Wear Facial Coverings</th>
<th>Higher Risk Individuals</th>
<th>Lower Risk Individuals</th>
<th>Workplaces Open</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>All businesses</td>
</tr>
<tr>
<td>0</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Essential and reopened businesses</td>
</tr>
<tr>
<td>&lt; 5</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>Essential and reopened businesses</td>
</tr>
<tr>
<td>5 - 19</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>Expanded essential businesses</td>
</tr>
<tr>
<td>20 - 70</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>Essential businesses only</td>
</tr>
<tr>
<td>&gt; 70</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>Essential businesses only</td>
</tr>
</tbody>
</table>

- **Higher Risk Individuals**
  - Age over 65, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity

- **Avoid**
  - Gatherings
  - Non-Essential Travel
  - Dining/Shopping

- **Lower Risk Individuals**
  - No substantial underlying health conditions

- **Avoid**
  - Gatherings
  - Non-Essential Travel
  - Dining/Shopping

- **Practice**
  - Good Hygiene
  - Stay Home If Sick
  - Avoid Sick People

- **Social Distancing**
  - Avoid Sick People

- **Facial Coverings**
  - Maintain Social Distancing

**Recommended thresholds**
- 7-day avg hospital admits

**Stage 0**
- All businesses

**Stage 1**
- Essential and reopened businesses

**Stage 2**
- Essential and reopened businesses

**Stage 3**
- Essential and reopened businesses

**Stage 4**
- Expanded essential businesses

**Stage 5**
- Essential businesses only

**AustinTexas.gov/COVID19**

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