COVID-19: Risk-Based Guidelines

	Practice Good Hygiene	Maintain Social Distancing	Wear Facial Coverings	Higher Risk Individuals Aged 65+, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity						Recommended
	Stay Home If Sick Avoid Sick People			Avoid Gatherings	Avoid Non- Essential Travel	Avoid Dining/ Shopping	Avoid Gatherings	Avoid Non- Essential Travel	Avoid Dining/ Shopping	Business Capacity
Stage 1	•			Greater than 25		Except with precautions	Gathering size TBD			100%
Stage 2	•	•	•	Greater than 10		Except as essential	Greater than 25			75%
Stage 3	•	•	•	Social and greater than 10	•	Except as essential	Social and greater than 10			50 - 75%
Stage 4	•	•	•	Social and greater than 2	•	Except as essential	Social and Greater than 10	•		25 - 50%
Stage 5	•	•	•	Outside of household	•	Except as essential	Outside of household	•	Except as essential	Contactless options only (i.e. curbside, delivery)

Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.



