



LAMAR SENIOR ACTIVITY CENTER

2874 Shoal Crest Ave Austin, TX 78705

Phone: 512-978-2480

*"Inspiring Active Adults 50+
Since 1978"*

LSAC Program and Activity updates available online:

www.austintexas.gov/seniors



The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) **974-3914** or Relay Texas 7-1-1.

GENERAL INFORMATION

2021 Registration/New Waiver

Due to limited operations we are not accepting any LSACAB registration at this time. If you do not have a current COA-PARD-LSAC waiver on file we will require a new completed and signed form.

If any information such as emergency contact, address, phone number, medications, etc. have changed since March 2020 please stop by the Front Desk to complete a form to update your information in our database.

Temporary

HOURS OF OPERATION

August 1-14, 2021

August 15-31, 2021

Monday-Thursday 9a-3p

Monday-Thursday 9a-4:30p

Friday 9a-2p

Friday 9a-3p



Health Check & Sign-In Required each day and for each class you are signed up to attend.

www.austintexas.gov/seniors

HEALTH



Currently, to enter Lamar Senior Activity Center, you must be pre-registered for a class, complete a Health Check Screening, take your temperature, and sign-in. Please review the Health Check list on page 19 before arriving for your class/activity. The list is also located at the check-in table when you arrive.

GENERAL INFORMATION



LAMAR SENIOR ACTIVITY CENTER Phase 1 Reopening-August 2021

HOW TO REGISTER FOR CLASSES*

You must pre-register for all classes & activities.

The center is only open for classes and activities. New Waivers & Advisory Board renewals are not required at this time unless we do not have info on file for you.

Using the August Activity Calendar you may register for **SPECIFIC AUGUST DATES** for the following:

- ♦ All Exercise Classes
- ♦ Improver Line Dance
- ♦ Open Paint & Craft
- ♦ Table Tennis
- ♦ Fitness Room
- ♦ Computer Lab
- ♦ Movies
- ♦ Informational Talks

Due to limited class enrollment, we ask that you only register for dates you are committed to attending in person.

August Registration Begins:

Wednesday, July 28, 2021 @ 9:30a
(August registration will not be accepted before the above listed day/time)

How to register:

On July 28, 2021 @ 9:30a—Email your requests to
lamarsenioractivitycenter@austintexas.gov

or call 512.978.2480

If no answer, please leave a **detailed** message with your name, phone #, dates of classes you are interested in attending.

You are not enrolled until you receive confirmation from LSAC staff.

You will not be allowed to wait for classes in the facility or drop in for any classes or activities.

You will receive a "Health Check" each time you enter the building.

* All registration is timestamped & enrolled in that order. Classes, times, etc. subject to change.



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LSAC HOLIDAYS



GAMES

Thursday,
August 19
September 2
1:30p
FREE



Since space is limited you may sign up for one of the dates to allow more participants to enjoy the game. We can put your name on waiting list for the other date if you are interested.

Pre-registered participants (up to 10) will receive 3 Bingo cards to play for \$10/\$5 gift card prizes donated by the LSAC Advisory Board.

You may only win twice: 1st-\$10 card; 2nd-\$5 card.

SOCIAL GAMES

The following Games are on hold until further notice due to COA-PARD Covid-19 Safety Guidelines:

Bunco
Chess
Mah Jongg
Mexican Train
Rummikub
Pinochle

Bridge (all programs/clubs)

MEETINGS

Approved groups must follow all Covid-19 Safety Guidelines, set-up, max number, etc.. If you are interested in joining one of the groups or hold a group meeting, please speak with LSAC staff to submit a request for review.

Texas Alliance for Retired Americans (TARA)

August 19
12:30p

Handicraft Group

New members/guests welcome
Wednesdays, 12:30p

BeMused Literari

Tuesdays, 1:30p

**Lamar Senior Activity
Center Advisory Board
Meeting**

September 8, 2021
2p Via Zoom

If you have an agenda item, please submit to Jerilyn Rainosek, LSAC Supervisor, by noon, Friday, September 3 2021

ENRICHMENT

Dreams Don't Have an Expiration Date!

Inspirational, interactive and
inspiring discussion

Wednesday, August 4, 2021
1p



Vicki Parsons, Director of Ballet Austin's
Butler Center for Dance & Fitness

Life is full of opportunity and there is not an age limit, in fact as we get older, there are even more possibilities to be enriched, inspired, and thrive! Change your attitude, your mind and your life.

Age is only a number and we should not stop our plans or dreams, instead, soar.

Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19 COA-PARD guidelines. See registration guide on page 3

CREATIVE ARTS

Open Paint and Craft

Monday 9:30a-12:30p Wednesday-Friday 9:30a-1p
FREE

Paint or craft with new and old friends!

Bring in your own supplies or choose from paint kits, craft kits, etc. LSAC has available on a first come, first serve basis.

This is a wonderful time to enjoy painting/creating and visiting with artistic friends.

On your pre-registered day you may arrive and leave at your leisure beginning at 9:30a until the posted end time. The art room will be available for up to 5 participants. You must pre-register, no drop-ins.

CREATIVE ARTS

Create Crafty Cards & More



GATEFOLD CARD

Monday

- **August 16**
- **August 23**
- **August 30**

1:30-3:30p

FREE

Paper crafts are easy and fun. Cut, fold, glue, and decorate—that is all you need to create a beautiful handmade card!

Maria Hernandez and Marianne Perez (M & M)
will inspire your crafty side!

**All supplies for the project are provided
by Lamar Senior Activity Center.**

Pre-registration required for each class date.
This is not a series of 3 classes.

ENRICHMENT



Improver Line Dance Class

(Intermediate/advance)

Tuesdays

1-1:45p

FREE

Linda Fugate, Volunteer Leader

Take your Line Dancing to the next level!

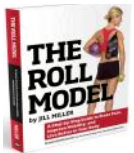
This class offers dance instruction for seniors who have enough experience to dance at the easy intermediate level. Students should be familiar and confident with basic step patterns such as vine, jazz box and K step. Dances taught will prepare students to participate in dance events outside of class.

HEALTH AND WELLNESS

Fitness Room~

9:15-10:15a 10:30-11:30a 11:45a-12:45p 2:15-3:15p(not Fridays)

The fitness room is available to **reserve** by the hour for an individual workout, or with a member of the same household.



ROLL & RELAX

Jennifer Taylor, LSAC Instructor

Learn techniques that help heal and repair your soft tissue (fascia) throughout the body.

Self-myofascial release and rolling targets different pressure points with therapy balls. You will begin to feel better and perform stronger with as little as 10 minutes a day. This class will teach you various techniques that can be practiced from home helping to enhance the body's natural healing capabilities.

Monday

August 9

or

August 16

11:15a

HEALTH AND WELLNESS



9:30a Fridays*

FREE

*This class is modified and the choreography focuses on **balance, range of motion and coordination**. Everyone is encouraged to move at their own pace—**all levels welcome, no judgement...just get moving!***

Jacque Cotrell, Certified Zumba® Gold Instructor & LSACAB Volunteer

You must pre-register due to limited attendance in compliance with Covid-19 COA-PARD guidelines. See registration guide on page 3

STRENGTH & STRETCH

11a FRIDAYS

PARD Instructor, Patti Gagne, BS Health PE & Dance, CIYT - Iyengar Yoga

- ♦ **Balance the body's strength and flexibility while improving coordination and agility in a fun relaxed atmosphere.**
- ♦ **All classes are geared toward active adults 50+ but everyone is welcome.**
- ♦ **All classes are FREE**



Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19 COA-PARD guidelines.

See registration guide on page 3

HEALTH AND WELLNESS

Fusion Fitness~ Monday Wednesday 10a FREE



Instructor:
Jennifer Taylor,
Certified Fitness Instructor

This energizing morning workout (formerly known as Exercise w/Jen) uses bands, weights, and balls to compliment the exercises. You can accommodate your ability and needs and choose to participate using a chair or combo of chair and standing. All levels welcome but space is limited. This class is also available via Zoom-live streaming.

Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19

~You should consult your physician or other health care professional before starting any fitness program to determine what is right for you and your needs.

Find Balance~ Tuesday w/Laura Thursday w/Leti 10a Free

Instructors:
Leti Alvarez, LSAC Program
Specialist-Health & Wellness

Laura Adams,
LSAC Activity Specialist



Laura and Leti lead the class through a variety of chair exercises (standing & sitting) to develop muscle and stamina for better balance and strength. The class is limited to 10 participants but also register to attend class via Zoom-live streaming.

Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19 COA-PARD guidelines. See registration guide on page 3

HEALTH AND WELLNESS

Peaceful Yoga~ Wednesday August 11-September 1 3p FREE



Instructor:
Leti Alvarez, LSAC Program
Specialist-Health & Wellness;
Certified Yoga Instructor

Gentle yoga, with emphasis on breathing and quiet reflection will help calm our nervous systems and tone our muscles. This class will incorporate slow flowing sequences to warm up the body , as well as, standing poses focusing on alignment, strength, balance and flexibility.

Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19 COA-PARD guidelines. See registration guide on page 3

Tai Chi~ Tuesdays 11:30a Fridays 12:30p August 3-September 10 FREE –currently THIS CLASS REQUIRES A 6 WEEK ATTENDANCE COMMITMENT

Instructor: Kade Green

Kade has returned to teach at LSAC and is leading a group of up to 10 participants on the skills and movements for Tai Chi. Tai



Chi has many proven health benefits for seniors from increased balance and bone strength, to greater strength and flexibility. Tai Chi is practiced slowly with zero *impact*.

Once the class sessions have started, no late registration will be accepted without the instructor's approval.

August 1-September 4, 2021-Lamar Senior Activity Center



PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Open Paint/Craft 9:30a-12:30p Fusion Fitness 10a Table Tennis 11:30a-1:30p Movie - "The Highway Men" 11:30a	3 Find Balance w/Laura 10a Tai Chi 11:30a Movie - "The Highway Men" 11:30a Zoom-Drumba 1p (use your own equipment) BeMused Literati Group 1:30p	4 Open Paint/Craft 9:30a-1p Fusion Fitness 10a Table Tennis 11:30a-1:30p Handicraft Group 12:30-3p Motivational Talk "Dream" 1p	5 Open Paint/Craft 9:30a-1p Find Balance w/Leti 10a Table Tennis 11:30a-1:30p Movie- "The Highway Men" 11:30a	6 Zumba Gold 9:30a Open Paint/Craft 9:30a-1p Strength & Stretch 11a Tai Chi 12:30p	7
8	9 Open Paint/Craft 9:30a-12:30p Fusion Fitness 10a Roll & Relax 11:15a Table Tennis 11:30a-1:30p Movie - "Mother's Day" 11:30a	10 Find Balance w/Laura 10a Tai Chi 11:30a Movie- "Mother's Day" 11:30a Improver Line Dance 1p (advanced) Zoom-Drumba 1p (use your own equipment) BeMused Literati Group 1:30p	11 Open Paint/Craft 9:30a-1p Fusion Fitness 10a Table Tennis 11:30a-1:30p Movie- "Mother's Day" 11:30a Handicraft Group 12:30-3p Peaceful Yoga w/Leti 3p	12 Open Paint/Craft 9:30a-1p Find Balance w/Leti 10a Table Tennis 11:30a-1:30p Movie- "Mother's Day" 11:30a Painting w/ Rebecca 1p	13 Zumba Gold 9:30a Open Paint/Craft 9:30a-1p Strength & Stretch 11a Tai Chi 12:30p	14
15	16 Open Paint/Craft 9:30a-12:30p Fusion Fitness 10a Roll & Relax 11:15a Table Tennis 11:30a-1:30p Create Crafty Cards & More 1:30p	17 Find Balance w/Laura 10a Tai Chi 11:30a Movie- "Best of Enemies" 11:30a Improver Line Dance 1p (advanced) BeMused Literati Group 1:30p	18 Open Paint/Craft 9:30a-1p Fusion Fitness 10a Table Tennis 11:30a-1:30p Movie- "Best of Enemies" 11:30a Handicraft Group 12:30-3p Peaceful Yoga w/Leti 3p	19 Open Paint/Craft 9:30a-1p Find Balance w/Leti 10a Movie- "Best of Enemies" 11:30a TARA Club Meeting 12:30p Bingo 1:30p	20 Zumba Gold 9:30a Open Paint/Craft 9:30a-1p Strength & Stretch 11a Tai Chi 12:30p	21
22	23 Open Paint/Craft 9:30a-12:30p Fusion Fitness 10a Table Tennis 11:30a-1:30p Create Crafty Cards & More 1:30p	24 Find Balance w/Laura 10a Tai Chi 11:30a Movie- "Knives Out" 11:30a Improver Line Dance 1p (advanced) BeMused Literati Group 1:30p	25 Open Paint/Craft 9:30a-1p Fusion Fitness 10a Table Tennis 11:30a-1:30p Movie- "Knives Out" 11:30a Handicraft Group 12:30-3p Peaceful Yoga w/Leti 3p	26 Open Paint/Craft 9:30a-1p Find Balance w/Leti 10a Table Tennis 11:30a-1:30p Movie- "Knives Out" 11:30a	27 Zumba Gold 9:30a Open Paint/Craft 9:30a-1p Strength & Stretch 11a Tai Chi 12:30p	28
29	30 Open Paint/Craft 9:30a-12:30p Fusion Fitness 10a Table Tennis 11:30a-1:30p Create Crafty Cards & More 1:30p	31 Find Balance w/Laura 10a Tai Chi 11:30a Movie- "Downton Abbey" 11:30a Improver Line Dance 1p (advanced) BeMused Literati Group 1:30p	1 Open Paint/Craft 9:30a-1p Fusion Fitness 10a Table Tennis 11:30a-1:30p Movie- "Downton Abbey" 11:30a Handicraft Group 12:30-3p Peaceful Yoga w/Leti 3p	2 Open Paint/Craft 9:30a-1p Find Balance w/Leti 10a Table Tennis 11:30a-1:30p Movie- "Downton Abbey" 11:30a Bingo 1:30p	3 Zumba Gold 9:30a Open Paint/Craft 9:30a-1p Strength & Stretch 11a Tai Chi 12:30p	4

Since classes/activities are limited to 10 or less participants, it is very important you only sign up for classes you know you will attend. If you register and then unable to attend, please call or email us to cancel so we can offer your space to a participant on the waitlist to allow more people to join classes/activities. **Be sure to read the "How to Register" for sign-up info and procedures.**

Dates, times and locations of classes, trips, meetings, events, etc., listed in the LSAC program guide and calendar are subject to change; contact program leader/ coordinator or site to confirm.

FUN FOR ALL



Good Fun with Good People!

Looking for a fun, friendly, social game?

LSAC "Open Play" TABLE TENNIS

Novice to Advanced—ALL PLAYERS WELCOME!

FREE

August Schedule:

Monday-Wednesday-Thursday

11:30a-1:30p

Time & date subject to change due to special programs, classes, activities, etc.

Participants agree to follow LSAC Covid-19 Safety Guidelines including but not limited to:

Properly wearing a mask is highly recommended

6' Social Distancing

No Shared equipment

Sanitize ball & paddle after every use

6 player limit

Pre-registration required for each day of play.

MOVIES

"The Highwaymen"

Monday-August 2 Tuesday-August 3

Thursday-August 5

11:30a-1:45p

R 2019 Crime/Drama

2h 12m

Former Texas Rangers Frank Hamer and Maney Gault join forces to try and capture notorious outlaws Bonnie Parker and Clyde Barrow. This crime drama is based on real events. Starring Kevin Costner, Woody Harrelson, Kathy Bates



"Mother's Day"

Monday-August 9

Tuesday-August 10

Wednesday-August-11

Thursday-August 12

11:30a-1:45p

PG 2016 Romance/Comedy

1h 58m

Sandy is a stressed-out, single mom who learns that her ex-husband is marrying a younger woman. Her friend Jesse is a fitness freak who doesn't tell her parents that she has a family. Bradley is a widower who's trying to raise two daughters on his own, while Miranda is too busy with her career to worry about having children. When their respective problems start coming to a head, the Mother's Day holiday takes on a special meaning. Starring Jennifer Aniston, Kate Hudson, Julia Roberts, Jason Sudeikis

MOVIES continued

"Best of Enemies"

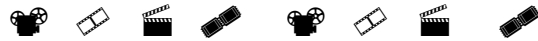
Tuesday-August 17 Wednesday-August-18
Thursday-August 19

11:30a-1:45p

PG-13 2019 Drama/History

2h 13m

The true story of the unlikely relationship between Ann Atwater, an outspoken civil rights activist, and C.P. Ellis, a local Ku Klux Klan leader. During the racially charged summer of 1971, Atwater and Ellis come together to co-chair a community summit on the desegregation of schools in Durham, N.C. The ensuing debate and battle soon lead to surprising revelations that change both of their lives forever. Starring With Taraji P. Henson, Sam Rockwell, Babou Ceesay, Anne Heche.



"Knives Out"

Tuesday-August 24 Wednesday-August-25
Thursday-August 26

11:30a-1:45p

PG-13 2019 Mystery/Comedy

2h 10m

The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there's one thing that renowned Detective Benoit Blanc knows for sure -- everyone in the wildly dysfunctional Thrombey family is a suspect. Now, Blanc must sift through a web of lies to uncover the truth. Starring Daniel Craig, Chris Evans, Ana de Armas, Jamie Lee Curtis.

MOVIES continued

"Downton Abbey" (the movie)

Tuesday-August 31 Wednesday-September 1
Thursday-September 2

11:30a-1:45p

PG 2019 Drama/Romance

2h 3m

The beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the king and queen of England soon unleashes scandal, romance and intrigue -- leaving the future of Downton hanging in the balance. Starring Maggie Smith, Hugh Bonneville, Elizabeth McGovern, Michelle Dockery, Jim Carter

SPECIAL EVENT

*Austin Parks and Recreation Department in collaboration
with The Live Music Capital Foundation presents*



Watch for the return of the
Austin Acoustical Café at Lamar Senior Activity Center.

More information to come!

Check the website for event updates:
austinacousticalcafe.org

COMPUTER LAB



If you want to check or send email, surf the net, shop online or just play a game, the Lamar Senior Activity Center Computer Lab is available to a maximum of four participants per one hour reservations.

Available Time Slots:

Monday– Friday

9:30-10:30a

11a-12p

12:30-1:30p

2-3p (not Friday)

Limited printing available.

The room and computers are sanitized between reservations.

Pre-registration required for all classes, events, activities, etc. due to limited attendance in compliance with Covid-19 COA-PARD guidelines.

See registration guide on page 3

FOR YOUR HEALTH AND SAFETY

HEALTH SCREENING

Lamar Senior Activity Center

Each time you enter the facility, you must confirm all the health requirements below are true:

Temperature does not exceed 100 degrees Fahrenheit. (your temperature will be taken but not recorded).

Visitor has not been diagnosed with Covid-19 in the last 10 days or is waiting on results of a test.

Visitor has not been in close contact (same household) with someone who has symptoms

or

is waiting on results of covid-19 test

or

has received a laboratory confirmed case of covid-19 in the last 14 days.

Confirm none of the following symptoms are present: Fever or Chills, Cough, Shortness of Breath or Difficulty Breathing, Fatigue, Muscle or Body Aches, Headache, New Loss of Taste or Smell, Sore Throat, Congestion or Runny Nose, Nausea or vomiting, Diarrhea.

WHAT TO EXPECT

What to Expect When Returning to LAMAR SENIOR ACTIVITY CENTER

- ♦ Limited activities and participants began on June 21, 2021.
- ♦ Pre-registration will be required for any class/activity offered at this time. No Drop-Ins will be allowed. You may preregister for a class/activity by calling 512-978-2480. If no answer, leave your name, phone number and the class you wish to attend.
- ♦ Everyone must check-in and out at the center's main entrance. You will participate in a "Health Screening" which will include health status questions and temperature check. Anyone not able to pass the health questions, refusing to participate in the screening or have a temperature of 100 degrees or more, will not be allowed in the center. Your cooperation is vital to the success of our reopening.
- ♦ **Masks are not mandatory but strongly recommended.**
- ♦ We suggest that you bring your own supplies, equipment, water bottle, etc. for the class/activity you attend. Some equipment will be available, but you must sanitize it before and after the class/activity.

WHAT TO EXPECT

What to Expect When Returning to LAMAR SENIOR ACTIVITY CENTER

- ♦ You will not need to complete a new registration/waiver form at this time. If you have changes to the information on your current waiver, please let staff know and they will provide you with a form to complete.
- ♦ We promote and adhere to social distancing of 6 feet.
- ♦ Tables and chairs, exercise pods, etc. will be arranged to promote social distancing. Please do not move or rearrange them.
- ♦ Please wash and sanitize your hands often. Hand sanitizer is available throughout the building.
- ♦ We are implementing extra cleaning and sanitizing protocols throughout the facility and before and after classes.
- ♦ All events and Center hours are subject to change. We will make every effort to provide this information as it occurs.
- ♦ If you are not feeling well, please stay home.

We miss you; and with everyone following the guidelines and policies, together, we can make this a safe opening!

AUSTIN PARKS & RECREATION DEPARTMENT COVID-19 PROGRAM AND FACILITY GUIDELINES

The Austin Parks and Recreation Department (PARD) has modified its program offerings to provide the safest possible environment for participants, staff, and the community. Using recommendations and best practices sourced from the Centers for Disease Control (CDC), Austin Public Health (APH), and State guidelines for reopening, the following guidelines have been created for all PARD facilities and programs, including contract instructor and volunteer led programs.

Please note, guidelines are subject to change at any time based on local health conditions and guidance as provided by local health authorities.

Any changes to PARD guidelines will be communicated appropriately. Furthermore, program schedules, hours of operation, facility capacity limits, and facility availability may be **changed or cancelled** at any time based on the business need of the City of Austin/PARD or public health safety concerns.

RISK FOR EXPOSURE

While PARD will take necessary precautions and follow approved guidelines in accordance with the CDC and State/Local health authorities, this cannot fully eliminate the inherent risks of exposure to COVID-19 that are associated with being around other individuals who are outside one's household. The virus that causes COVID-19 can infect people of all ages. While the risk of serious illness or loss of life is greatest in those 65 years of age or older with pre-existing health conditions, persons in every age group can become infected with COVID-19 and some may become seriously ill or even die. By participating in PARD programs, or programs and activities happening within/on PARD property, you understand this risk and agree to follow all safety and wellness guidelines as outlined by the Department.

GENERAL GUIDELINES

- If you are symptomatic, don't feel well, have been around someone who tested positive for COVID-19 in the last 14 days, please stay home.
- Upon entry to a PARD facility or a program, temperature will be taken using a non-contact temporal thermometer. Should one's temperature exceed 100 degrees Fahrenheit, entry will be denied.
- Additionally, anyone entering PARD facility must answer general COVID-19 Health Questions each day to satisfy admission into a program or facility. If the answer to any of these questions is "yes", entry will be denied.

AUSTIN PARKS & RECREATION DEPARTMENT COVID-19 PROGRAM AND FACILITY GUIDELINES

- For outdoor programs, in particular those led by contract instructors, daily health screenings of participants must be implemented which should include temperature checks and daily health screening questions.
- Good hygiene should be followed at all times, including frequent hand washing and the use of PPE
- All staff, contract instructors, volunteers and participants are strongly encouraged to wear a face mask while participating in programs and activities inside PARD facilities and on parkland
- All staff, contract instructors, volunteers and participants are strongly encouraged maintain 6 ft. of physical distancing whenever possible. There may be instances when distancing may not be realistically maintained, in such cases masks are highly recommended.

Any equipment or supplies used in the administration of programs and activities, whether provided by parks staff, contract instructors, or brought from home, should be sanitized before and after each use. ○ PARD staff will perform additional cleaning and disinfecting of equipment and high-touch areas within the facility.

- For indoor programs, room and group sizes are limited to no more than 10 participants at a time.
- For outdoor programs, group sizes are recommended to be limited to no more than 25 individuals at a time.
- Any individual accessing PARD facilities, parkland, or PARD-sponsored programs should adhere to all posted guidelines, rules and signage as specified at that location

IF POSITIVE CASE IS CONFIRMED WITHIN A PROGRAM OR FACILITY

If a COVID-19 exposure or risk occurs in any of our programs, health authorities will be notified and PARD will follow their directives which may include cancelation of programs and closing the facility immediately for deep cleaning, quarantine of staff and participants in their own homes and other steps as required. Upon becoming aware that a participant, staff or volunteer in a program tests positive for COVID-19, such cases must be reported to APH. To do so, call the APH nurse line at 512-972-5560. Additionally, all participants and any individuals who may have had close contact with a positive case in your program must be notified in writing within 48 hours. Confidentiality of all participants must be maintained at all times, and under no circumstances should the name or information pertaining to an individual be shared or released.

Austin City Council

Steve Adler, Mayor

Natasha Harper-Madison, Mayor Pro Tem District 1

Vanessa Fuentes, District 2

Sabino "Pio" Renteria, District 3

Gregorio "Greg" Casar, District 4

Ann Kitchen, District 5

Mackenzie Kelly, District 6

Leslie Pool, District 7

Paige Ellis, District 8

Kathie Tovo, District 9

Alison Alter, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Director

Liana Kallivoka, PhD, P.E, Assistant Director

Lucas Massie, Assistant Director

Suzanne Piper, Chief Administrative Officer

Anthony Segura, Assistant Director

Suzanne Piper, Chief Administrative Officer

David Crabb, CPRP, Division Manager

Kelly Maltsberger, CPRP, Program Manager

LSAC Staff

Jerilyn Rainosek, Programs Supervisor

Vacant, Program Specialist

Leticia Alvarez, Program Specialist

Vacant, Administrative Associate

Vacant, Administrative Assistant

Andy Maldonado, Building & Grounds Assistant

Laura Adams, Instructor-Activity Specialist

Jennifer Taylor, Instructor

Office of City Manager

Spencer Cronk, City Manager

Ann Morgan, Interim Deputy City Manager

Rey Arellano, Assistant City Manager

Gina Fiandaca, Assistant City Manager

Rodney Gonzales, Assistant City Manager

Stephanie Hayden-Howard, Assistant City Manager

Shannon Jones, Interim Assistant City Manager

Ed Van Eenoo, Chief Financial Officer

Parks Board

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Richard DePalma, Vice Chair

Romteen Farasat, Board Member

Nina Rinaldi, Board Member

Anna Di Carlo, Board Member

Kate Mason-Murphy, Board Member

Nancy Barnard, Board Member

Sarah B. Faust, Board Member

Laura Cottam Sajbel, Board Member

Kimberly Taylor, Board Member

District 6 is vacant

LSAC Advisory Board

Paula Brown, President

Yvette Scott, Vice President

Argie Horn, Secretary

Dayton Grumbles, Treasurer

Joanne Cepero, Tel Dalton, Madeline Ducate,

Phil Horn, Charles "Chuck" Mandelbaum,

Ken Moore, Bill Myers, Sydney Popinsky

Austin Parks and Recreation Department Vision:

The Parks and Recreation Department will be an innovative leader in parks and recreation experiences.

Mission:

Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places.

