

Senior Lunch Social December Menu



SENIOR LUNCH SOCIAL HEALTH & WELLNESS RECREATIONAL ACTIVITIES INTERGENERATIONAL GARDEN

Time: 12:00-1:00pm on Tuesdays, Wednesdays, Thursdays. Any extra meals are given to our waiting list patrons, so please arrive by 12:15pm.

Eligibility: Free meal for age 60 and over, City of Austin residents. A \$5 fee for lunch applies for those not eligible.

Reserve your meal: Call or e-mail us at (512) 974-1700 or rani.arni@austintexas.gov **5 days in advance.** *Vegetarian meals available by request on Tuesdays and Thursdays. Wednesdays are vegetarian meals only. We are limited to 40 seats for lunch.

First time participants: Please bring identification (e.g. ID, driver's license, passport, etc.). There will be a registration form you will need to fill out on your first visit.

Transportation: Limited transportation available for seniors eligible and registered for Senior Lunch Social. Please call 512-974-1700 for more information.

<p>Tuesday, December 2 Chicken Garlic Sauce, Anise Edamame, Steamed Rice, Strawberry Jello w/ Fruit <i>Veg Entrée: Tofu Garlic Sauce</i></p>	<p>Wednesday, December 3 Vegetarian Indian Food</p>	<p>Thursday, December 4 General Tso's Chicken, Steamed Broccoli, Steamed Rice, Fresh Fruit <i>Veg entrée: General Tso's Tofu</i></p>
<p>Tuesday, December 9 Twice Cooked Pork, Green Beans, Steamed Rice, Grapes <i>Veg entrée: Twice Cooked Tofu</i></p>	<p>Wednesday, December 10 Vegetarian Indian Food</p>	<p>Thursday, December 11 Curry Beef, Cabbage Stir-fry, Steamed Rice, Grapes <i>Veg Entrée: Curry Tofu</i></p>
<p>Tuesday, December 16 Chicken Vegetable, Mushroom in Basil Sauce, Steamed Rice, Orange <i>Veg entrée: Vegetable delight</i></p>	<p>Wednesday, December 17 Vegetarian Indian Food</p>	<p>Thursday, December 18 Chicken Rice Noodle, Napa Tomato Stir-fry, Steamed Zucchini, Orange <i>Veg Option: Indian Food</i></p>
<p>Tuesday, December 23 No Lunch Social/ 沒有午飯/ 점심제공 없음 없다/ không có bữa ăn trưa</p>	<p>Wednesday, December 24 Closed for Holiday/ 假期休市 휴일 닫음 / đóng cửa cho ngày lễ</p>	<p>Thursday, December 25 Closed for Holiday/ 假期休市 휴일 닫음 / đóng cửa cho ngày lễ</p>
<p>Tuesday, December 30 No Lunch Social/ 沒有午飯/ 점심제공 없음 없다/ không có bữa ăn trưa</p>	<p>Wednesday, December 31 No Lunch Social/ 沒有午飯/ 점심제 공 없음 없다/ không có bữa ăn trưa</p>	<p>Thursday, January 1 Closed for Holiday/ 假期休市 휴일 닫음 / đóng cửa cho ngày lễ</p>

The City of Austin is proud to comply with the American Disabilities Act. If you require special assistance for participation in our programs or use of our facilities please call 512.974.1700.



Schedule of Activities—December 2014

Recreational & Intergenerational Community Education

Ongoing: 9:30AM-2PM Tea & Recreation Social—Join us for some tea & coffee or come play games such as table tennis, Go (weiqi), chess, checkers, mahjong, mancala, Go. Stop!, hanafuda, Sudoku, caroom, brain games, computer basics and help, karaoke, etc. FREE.

Every Tuesday, Wednesday, Thursday

10am-12pm Computer help / 電腦幫助 / 컴퓨터 도우미 giúp máy tính

Tuesday, December 2	Wednesday, December 3	Thursday, December 4
<ul style="list-style-type: none"> 9:30am-12pm ACA Assistance (Obamacare 幫助) 10:30-11:30am Computer Classes w/ Unni (Computer Lab) 	<ul style="list-style-type: none"> 11:30am AFSSA Happy Family Starts from Healthy Communication Workshop 	<ul style="list-style-type: none"> 10:30am-12pm Tai Chi 11am-1pm AFSSA Referral Services câu hỏi, sự giúp đỡ, và lời khuyên
Tuesday, December 9	Wednesday, December 10	Thursday, December 11
<ul style="list-style-type: none"> 10:30-11:30am Computer Classes w/ Unni (Computer Lab) 	<ul style="list-style-type: none"> 11am-1pm AFSSA Referral Services /정보 및 추천 서비스 11am St. Andrews Magical Soup Bowl (Ballroom) 	<ul style="list-style-type: none"> 11:30 am-1pm AFSSA Referral Services/câu hỏi, sự giúp đỡ, và lời khuyên
Tuesday, December 16	Wednesday, December 17	Thursday, December 18
<ul style="list-style-type: none"> 10:30-11:30am Computer Classes w/ Unni (Computer Lab) 9:30-11:30am Free Health Screenings (Classroom 2) 	<ul style="list-style-type: none"> Open computer lab and activities 	<ul style="list-style-type: none"> 10:30am-12pm Tai Chi 10am-2pm Senior Holiday Party! (Ballroom)
Tuesday, December 23	Wednesday, December 24	Thursday, December 25
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Tuesday, December 30	Wednesday, December 31	Thursday, January 1
No Lunch Social/ 沒有午飯/ 점심제공 없음 없다/ không có bữa ăn trưa	No Lunch Social/ 沒有午飯/ 점심제공 없음 없다/ không có bữa ăn trưa	Closed for Holiday/ 假期休市 휴일 닫음 / đóng cửa cho ngày lễ

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