




CREATIVE MINDFULNESS CAMPS 2020

JUNE 15 - AUGUST 7



Eight one-week camps with different themes to practice mindfulness and explore creative expressions through movement, sound, play, and crafts of Asia! Ages: 6 - 10.

Camp Hours

Monday-Friday, 7:45 am–6:00 pm

Fees

Resident: \$200/ Non-Resident: \$215

Registration opens Saturday, February 15, 2020 at 10am (Austin Residents) and 1pm (Non-Austin Residents) at austintexas.gov/ParksOnline

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3916 or Relay Texas 7-1-1.

Mindful Movement

JUNE 15 - JUNE 19

Experiment with new ways to move the body.

Time Travelers

JUNE 22 - JUNE 26

Visit the past and future in a time-warp adventure.

Meditative Sound

JUNE 29 - JULY 2

Listen to a variety of sounds with mindfulness.

Animal Kingdom

JULY 6 - JULY 10

Explore the world of the animal kingdom.

Fantasy Fun

JULY 13 - JULY 17

Jump into a world of fantasy with myths, fairy tales, and sci-fi adventures.

Compassionate Planet

JULY 20 - JULY 24

Discover how you can be kind to animals, people, and the earth.

Creative Science

JULY 27 - JULY 31

Enjoy scientific experiments with a creative twist.

Innovative Arts

AUGUST 3 - AUGUST 7

Create art with new approaches and perspectives.



Asian American Resource Center
8401 Cameron Road, Austin, Texas 78754
512-974-1700 | austintexas.gov/aarc