



Lifeguard Certification Schedule

2018-2019 Season



austintexas.gov/department/pools-and-swimming

Please note that the first day of every class will meet at the designated swimming pool. Students will be required to pass the prerequisite skills tests (listed below) upon arriving for the first day of class. Students are also required to attend all listed class dates for successful course completion. Students must print out and bring the Lifeguard manual to class.

There is a \$5.00 transfer fee and \$10.00 cancellation fee for all classes. If you have any additional questions regarding the lifeguard training course, please contact the Aquatic Office at 512-974-9330.

Course Prerequisites require the successful completion of the following skills before being allowed to participate in this training:

- ◆ Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
- ◆ Starting in the water, swim 20 yards using front crawl or breaststroke, perform a surface dive of 7 – 10 feet, retrieve a 10- pound object, return to the surface, swim 20 yards on your back to return the starting point with the object and exit the water without using a ladder or steps, within 1 minute and 40 seconds.
- ◆ Tread water for two minutes using only your legs. Candidates should place their hands under the armpits.

Course	Dates	Time	Pool	Fee
F11	May 3-5 & May 10-12	Fri. 6pm-10pm, Sat-Sun 8am-6pm	Martin	\$40.00
F12	May 3-5 & May 10-12	Fri. 6pm-10pm, Sat-Sun 8am-6pm	Garrison	\$40.00
F13	May 17-19 & May 24-26	Fri. 6pm-10pm, Sat-Sun 8am-6pm	Martin	\$40.00
F14	May 17-19 & May 24-26	Fri. 6pm-10pm, Sat-Sun 8am-6pm	Garrison	\$40.00
F15	May 27-31	Mon.- Fri. 8am-6pm	Martin	\$40.00
F16	May 27-31	Mon.- Fri. 8am-6pm	Garrison	\$40.00
F17	Jun. 3-7	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F18	Jun. 3-7	Mon.- Fri. 8am-6pm	Garrison	\$40.00
F19	Jun. 10-14	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F20	Jun. 17-21	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F21	Jun. 24-28	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F22	July 15-19	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F23	Aug. 5-9	Mon.- Fri. 8am-6pm	Walnut Creek	\$40.00
F24	Sep. 6-8 & Sep. 13-15	Fri. 6pm-10pm, Sat-Sun 8am-6pm	Stacy	\$40.00



Persons with Disabilities: The City of Austin is proud to comply with the Americans with Disability Act. If you require assistance for participation in our programs or use of our facilities, please call

512-974-9330.