

# WATER SAFETY INSTRUCTOR CLASS SCHEDULES

The purpose of the American Red Cross Water Safety Instructor class is to train instructor candidates to teach the courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

Students are required to perform the course prerequisite skills tests (listed below) upon arriving to the first day of class. Students must also be able to attend all dates listed per course to fulfill the completion requirements.

## Course prerequisites include:

- ◆ Be at least 16 years of age on or before the final scheduled class session
- ◆ Successfully demonstrate the following skills (as defined by the stroke performance chart for level 4):
  - ◆ Swim 25 yards of the following strokes:
    - Front Crawl (Freestyle)
    - Back Crawl (Backstroke)
    - Breaststroke
    - Elementary Backstroke
    - Sidestroke
  - ◆ Swim 15 yards Butterfly.
  - ◆ Maintain a position on your back (floating or sculling) for 1 minutes in deep water
  - ◆ Tread water for 1 minute

## Course Schedule:

Course Code	Dates	Days Class Meets	Times	Location	Fee
WSI 2	Dec. 2nd, 9th, 11th, 13th & 16th	Sunday, Tuesday & Thursday	See Registrar*	Bartholomew Pool	\$45.00
WSI 3	March 10th, 17th, 19th, 21st & 23rd	Sunday, Tuesday & Thursday	See Registrar*	Bartholomew Pool	\$45.00
WSI 4	April 7th, 14th, 16th, 18th & 23rd	Sunday, Tuesday, Thursday	See Registrar*	Bartholomew Pool	\$45.00
WSI 5	May 12th, 19th, 21st, 23rd & 26th	Sunday, Tuesday & Thursday	See Registrar*	Bartholomew Pool	\$45.00
WSI 6	June 2nd, 9th, 11th, 13th & 16th	Sunday, Tuesday & Thursday	See Registrar*	Northwest Pool	\$45.00
WSI 7	August 4th, 11th, 13th, 15th & 18th	Sunday, Tuesday & Thursday	See Registrar*	Northwest Pool	\$45.00

## Registration:

- ◆ Registrations are accepted at the Aquatic Office, Monday—Friday from 8:00am—5:00pm (excluding holidays)
- ◆ Due to limited slots, registrations are reserved for students working for the City of Austin Parks and Recreation Department, Aquatic Division
- ◆ A \$5.00 transfer fee or a \$10.00 cancellation fee are applicable for any registration changes