



A Taste of Juneteenth

Tuesday, June 19, 2012

12:30 - 1:30 PM

George Washington Carver

Museum and Cultural Center

1165 Angelina St., Austin, TX 78702

*The Kitchen Diva Dishes Up
A Healthy Dose of Fun & Flavor*



Angela Shelf Medearis, "The Kitchen Diva," will share recipes from her new work, "The Kitchen Diva's Diabetic Cookbook."





Celebrate Juneteenth in a healthy way, as The Kitchen Diva serves tasty tidbits using watermelon (an 'official' food of the Juneteenth holiday!), black-eyed peas, and sweet potatoes. Black-eyed peas and sweet potatoes were the basis for many of the innovations developed by the Museum's namesake, George Washington Carver! Whole Foods Market is a generous supporter of this culinary event.

FACT: 20 million people in the United States suffer diabetes, and it's estimated that an additional 5.5 million have the disease but are undiagnosed.

Space is limited, so, thank you for reserving your seat early to attend this special event. Please call 512.974.4926 to confirm your participation.



GEORGE WASHINGTON
CARVER
MUSEUM & CULTURAL CENTER



The City of Austin is committed to compliance with the Americans with Disabilities Act. If you require special assistance for participation in our programs or for use of our facilities, please call 512.974.4926

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www.carvermuseum.org | 512.974.4926