

MACC Staff Report – 12/6/23

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Holistic Wellness Programming



Taller Abierto: Painting/Drawing Workshop (15+): November 2 @ 10-11:30am
(Attendance: 14)

George Morales Dove Springs Recreation Center. Art classes for all levels led by art instructor Miguel Santana. Includes both art history and exploration of different techniques. All materials provided!

Family Yoga: 1st Saturday of each month @ 12pm (Attendance: 8)

George Morales Dove Springs Recreation Center. A space for kids and their adult to practice yoga together.

Yoga for All Levels: Saturday, November 4, 11, 18 @

10:30am (Attendance: 15). George Morales Dove Springs Recreation Center. Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.



Chair Yoga: 3rd Wednesday of each month @ 11am (Attendance: 6)

George Morales Dove Springs Recreation Center. A gentle form of yoga that can be done while seated in a chair.

Drumming Lessons: 2nd Saturday of each month @ 3pm (Attendance: 4)

Windsor Park Library. Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.



Voice/Guitar/Songwriting Lessons - Intermediate (15+):

Mondays @ 4-5pm-4 classes (Attendance: 13). Windsor Park Library

Join award winning song-writer Javier Jara for voice, guitar and songwriting lessons. Skills addressed: left and right hand technique, chords, arpeggios, strumming patterns, vocal technique, and songwriting approaches.



Guitar Lessons (15+): Tuesdays @ Twin Oaks Library-3 classes (Attendance: 16)

• **Beginner: 2-2:30pm (Attendance: 10)**

• **Intermediate: 2:45-3:15pm (Attendance: 6)**

Join accomplished musician Mauricio Callejas for guitar lessons for beginners (finger placement, strumming, sight-reading) and intermediate (chord progressions, ear training, reading sheet music) students.



Healthy Eating (15+): Wednesday, November 8 @ 6-7:30pm (Attendance: 12)
Carver Library - Meeting Room. A healthy diet maintains or improves overall health and provides the body with essential nutrition. Learn about healthy portions, eating the rainbow, and simple ways to eat more healthfully! A quick and healthy recipe will be shared and samples served. Menu: Avocado Chocolate Pudding. Pre-registration required.

Community Conversations on Latine/x/a/o Identity: Thursday, November 9 @ 6-7:30pm (Attendance: 14)
Southeast Library. Join this discussion on identity within the Latino/a, LatinX, Latine, Hispanic, Chicano community! Austin community leaders will share their experiences and you are invited to participate in the roundtable. Supervised children’s activity (ages 5-14) and snacks will be provided. Translation available.

Hike and Garden Day: Sunday, November 19 @ 8:30-11:30am Attendance: 11 (Hike) 12 (Garden Activity)
Sunset Valley Community Garden. Garden Workday was preceded by a beginner-friendly nature hike at 8:30am, for those who want to arrive early. Garden Activity -Garden Rituals and Blessing Bundles: In this healing class we will bring gratitude to our garden as we craft traditional blessing bundles through the wisdom of Salvia (Sage).



Cine de Oro: Tuesday, November 28 @ 9-12pm (Attendance: 41)
Doris Miller Auditorium

It’s back! Attendees are treated to a free screening of a film from the golden age of Mexican cinema. Lunch will be served. This is a collaboration with AARP. November’s film was Marcelino Pan y Vino in Spanish with English subtitles.





Tamalada
Saturday, December 2

Conley Guerrero Recreation Center 1:30-5:00pm

Ring in the holidays this Saturday at our first annual Tamalada! Learn to make champurrado (Mexican Chocolate and Masa drink) led by Jesus Garcia of Herbal Action Project - Children's Herbalism & Community Education, attend a tamale workshop with Mamá Reyna from Veracruz All Natural, and leave with delicious tamales provided by Taqueria Morales! Sessions were held at 2pm and 3:30pm. Afterwards, attendees took home a recipe card so they can host their own Tamalada!

Holistic Wellness Programming: Upcoming

Yoga for All Levels: Saturdays @ 10:30am

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

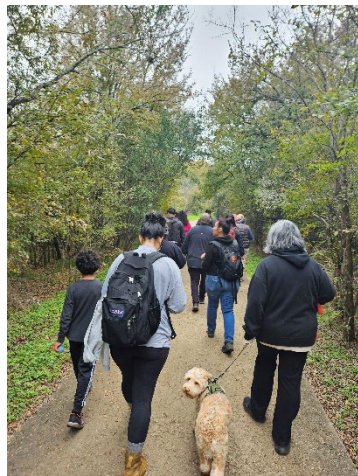
Family Yoga: 1st Saturday of each month @ 12pm

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Taller Abierto: Painting/Drawing Workshop (15+): December 7th @ 10-11:30am
George Morales Dove Springs Recreation Center

Art classes for all levels led by art instructor Miguel Santana. Includes both art history and exploration of different techniques. All materials provided!



Nature Hike: Sunday, December 10 @ 9am
Sunset Valley Community Garden

A beginner friendly hike led by Latino Outdoors. Please dress comfortably and appropriately for the weather and bring a water bottle. Pre-registration required by Thursday, December 7.

Drumming Lessons: 2nd Saturday of each month @ 3pm
Windsor Park Library & 2nd Sunday of each month @ 1pm
George Morales Dove Springs Recreation Center

Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.

Cooking Demo: Carb Conscious (15+):
Wednesday, December 13 @ 6-7:30pm

Austin Central Library - Demo Area/Kitchen

Learn how to make a delicious and nutritious meal with clever and creative substitutions to reduce the carbohydrate load, using products found at your local grocery store. Tastings are included!

Youth and Family Education



MACC Education has continued to partner with Communities in Schools to provide after school cultural arts education for elementary students that live at Bouldin Oaks Apartments, Santa Rita Courts, Booker T. Washington Terrace, and Meadowbrook Apartments. Students have been learning about topics and art forms such as the U.S./Mexico borderlands, Capoeira, Mayan horoscopes, Mexican clay-making traditions, and Bachata.



MACC EDU provided four Sugar Skull Workshops at Turner-Roberts Recreation Center for a total of 72 elementary age students. Workshops involved exploring the significance of Día de Muertos and sugar skulls, decorating them, and for older groups, learning how to make them from scratch.

For the
MACC's

monthly collaboration with Austin Libraries, Sabado's en Familia, the Education team provided a story time reading "Pepe and the Parade" to accompany an activity making papel picado. They had many families participate, with 131 people attending in total. On December 2 they did another Sabados en Familia, with the book Atzis Flowers. They made pointsettia paper flowers.



Caminos Teen Leadership Program



The Caminos teens went to Bob Bullock Museum November 18th to learn about Tejano History and how Texas became an independent state from Mexico. The youth also learned about Spaniard colonization and their indigenous roots.

The Caminantes also did an outstanding job at our Dia de los Muertos event. They prepped decorations for the event and helped in various areas including the green room, check in table, educational activity tent, face painting and tearing down after the event along with clean up. This was a great even for them to have hands-on work training.



Caminos continues to meet at Austin Central Library on Saturdays. Follow @ATXCAMINOS on Instagram and check out their [blog!](#)

Academia Cuauhtli Bilingual Education Program



Academia Cuauhtli successfully wrapped up its migration unit with a field trip to National Bison Day with the Texas Tribal Buffalo Project. During this excursion, students had the unique opportunity to meet buffalo for the first time and delve into their indigenous history to Texas.

Cuauhtli visited the Blanton Museum on December 2nd, where students had the opportunity to anchor their learnings through art that illustrates their connection to nature, migration, and identity.



They would also like to extend a warm invitation for you to join them on **December 9th from 9:00 AM to 12:00 PM at Sanchez Elementary** for their final class and winter celebration. As they bring the fall semester to a close, they plan to indulge in food and refreshments, providing a festive atmosphere for all attendees.

Outreach and Marketing



The Mexic-Arte Museum celebrated Day of the Dead with their annual Viva La Vida festival on October 28th. MACC outreach did Sugar Skull mask making all day from 12-6 at the event and promoted the MACC's event on November 4th.



On November 8th, the MACC participated in a Coco Movie Screening at the Long Center. Over 2,000 AISD elementary students attended a screening of Coco with a live orchestra, courtesy of the Long Center. The MACC's outreach team provided teacher activity packets before the screening, and on the day of they built a community altar and did facepainting. We will do outreach at **Ballet Folklórico of Austin's holiday events: at the Long Center this Sunday December 10th and at their annual Posada December 16th.**

Day of the Dead Events



Alma y Corazon Ceremony

Thursday, November 2

5:30-8:00pm Oakwood Cemetery

This free event took place on Dia de Muertos as a collaboration with Oakwood Cemetery on the actual holiday. It was a focus celebration that started with a talk on the history of Day of the Dead cultural traditions by Mariana Nuño Ruiz McEnroe, author of *Dining with the Dead*. Guitar music accompanied the ceremony by local musicians Javier Jara and Jorge Tamayo. They also unveiled an art piece by artist Alonso Estrada, made specifically for this site in loving memory of those who have passed in Austin.



Guests enjoyed complimentary hot chocolate and tamales. There was a special heartfelt procession to Oakwood Annex to the Section C of the cemetery where folks shared stories of their family members. All guests were invited to pay respect to the individuals buried in Oakwood Cemetery. We honored Austin families including the Herrera, Carmona, Limon, Moreno, and Villasana families. Over 100 people attended and the event with attracted local news, and articles were featured in the [Austin American Statesman](#) and La Prensa. Thank you to the families who participated and to Jennifer Chenoweth from the Oakwood Ceremony for co-collaborating on the event.





Day of the Dead Festival & Mexamerican Comic Con

Saturday, November 4th, 1:00-9:00pm

Oswaldo AB Cantu Pan American Park

- Extended hours from 1:00pm-9:00pm combined both the Day of the Dead Festival and MexAmeriCon.
 - Mexamericon presented a showcase of Mexican American and Latinx artists who work through the medium of comic books, graphic novels, zines and pop art. Their Artist Alley under the big outdoor tent offered loteria (bingo), an artisan market, and autograph signings.
 - Over 80 small, Latinx-owned businesses were given a place to promote their craft
 - Additionally, 15 non-profits provided voter registration, giveaways, outreach and resources
 - Large-scale interactive sculptures by Las Piñatas ATX
 - Free sugar skull decorating and face painting by the MACC Education department
 - Collective outdoor ofrenda (altar) grew over the evening as a gathering of memories from guests honoring their loved ones
 - Big thanks to Master of Ceremonies Marion Sanchez and the musical performances which included: Miguel St. Michael from Son de Rey, Mariachi metal group Tequila Rock Revolution, Tejano Music Awards Best New Female Artist Monica Saldivar, and Austin's Latin-Psych Fusion band Los Alcos.
- Thanks to the Pan Am Rec Center staff for hosting this event with the MACC!***

Collaborative Events- Upcoming



Posada Navideña de Ballet Folklórico de Austin.

Location: Plaza 5 de Mayo, 2616 Highway 21 W, Dale, TX 78616.

Saturday December 16, 5:30 - 10:30 p.m.

Free evento, free on-site parking. They will have piñatas, dulces, bebidas y comida navideña. The MACC wil provide hands-on art activities.



Arts in Public Places (AIPP) Open Call

Open to Texas- Based Artists- Apply before December 19,2023

[Link to Apply](#)

Call Summary: Texas-based artists and artist-led teams are invited to submit qualifications to be considered for design, fabrication, and installation to create one or more site specific artwork projects to be located at the ESB-MACC, located downtown Austin, 600 River St, Austin, TX 78701.

Budget: \$190,000 | Deadline: 12/19/2023

Budget Description

The total artwork project budget is \$190,000 inclusive of artists' design fees, engineering, permitting, machining and fabrication, transportation, installation, travel, shipping expenses, insurance, and other artwork project-related costs.

Project Description

Interested artists submitting qualifications should approach the opportunity with an open mind and should not attempt to propose new conceptual designs at this phase. Site-specific parameters will be shared at a later phase with artists and artist-led teams who are shortlisted and invited to interview.

Artwork Location Description

Now entering the second phase of development, improvements include expansion and renovation of the facility to meet the growing needs of the community. Miró Rivera Architects + Tatiana Bilbao ESTUDIO Joint Venture are overseeing implementation. The completion of this phase will support programs that foster meaningful understanding and appreciation of Mexican American, Native American, Chicano, and other Latin American cultures. Visit <https://www.austintexas.gov/MaccPhase2> to discover more information about the project.

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