



The Emma S. Barrientos  
Mexican American Cultural Center

600 River Street, Austin, TX 78701  
p. (512) 974-3785 f. (512) 974-3777

## 2013 Adult Programming

### **Make-&-Take Painting Class\***

**Saturday, 1-4pm**

**1-day workshop / \$40**

Learn step-by-step acrylic painting techniques from a renowned artist and take your artwork home that same day! With 27 years of experience, local painter & instructor Fidencio Duran will guide students through their choice of a complete 3-hour class which will focus on still life or landscape themes. Each 9"x12" painting is perfected in just one class and supplies are included. Build a new skill and create your own masterpiece or give the gift of painting to a loved one!

Select from the following workshop dates:

- Still Life Painting: Saturday, January 26th
- Landscape Painting: Saturday, March 23rd
- Still Life Painting: Saturday, May 18th

### **Repujado / Metal Embossing\***

**Saturday, 1-4pm**

**2-day Workshops / \$40**

Join instructor Patricia Pablano Truitt as she leads students through a 2-day workshop on the art of Repujado. Repujado, also known as "embossing" metal, is the art of working in metallic foil to give volume and relief to a decorative design engraved. Participants will learn various techniques of metal embossing on a 10" x 9" base. All materials provided. Space is limited.

Select from the following workshop dates:

- Repujado: Saturday, February 16th and 23rd
- Repujado: Saturday, April 20th and 27th

*\*No prior experience needed. Beginners welcomed. Minimum of 5 students enrolled to make class. Registration closes two business days prior to class start date.*



The City of Austin is proud to comply with the Americans with Disabilities Act.  
If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3772.



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### **Salsa Dance for Beginners- A One Day Workshop** **Saturdays / 2 - 4 pm / Cost: FREE**

Interested in learning salsa dance moves? Join instructor Raul Ramirez in a FREE 2-hour salsa workshop designed for the absolute beginner. The class will introduce you to fundamentals of leading and following steps to salsa music. ¡Azúcar!

Register for any of the following dates:

January 5th, January 19th, February 2nd, February 16th, March 9th, March 23rd

No partner necessary. Limited space, & pre-registration required. Registration closes two business days prior to class date.

### **Zumba Toning\*** **Tuesdays (begins January 8th)** **6 - 7 pm / Drop-in \$6**

Zumba® Toning takes the original Zumba dance-fitness class to the next level, utilizing an innovative muscle training protocol and the addition of light weight toning sticks or dumbbells. You'll learn how to use the weighted, maraca-like Zumba Toning Sticks to enhance rhythm, build strength and tone all the target zones.

### **Zumba!\*** **Thursdays (begins January 10th)** **6 - 7 pm / Drop-in: \$6**

Zumba is an International Latin-inspired, easy-to follow dance fitness class for people of all shapes, sizes and ages. No prior dance experience necessary. Come enjoy an exhilarating, calorie burning fitness hour with instructor Barbara Martin!

### **Yoga in Spanish\*** **Wednesdays / January 9th - March 27th** **6 - 7:15 pm / Cost: FREE**

¡Yoga en Español! Enjoy a soft and revitalizing Yoga class. Strengthen your physical, mental and emotional bodies achieving great health. Join instructor Marcela Garza during this FREE yoga program and fill yourself with peace and relaxation along your day. Limited mats and towels provided.

\* Skill level for all fitness classes is beginner to intermediate.



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