

# 2012 AQUATIC PROGRAM BROCHURE



Aquatic Office  
400 Deep Eddy Avenue  
Austin, TX 78703

Phone: 512-974-9332 Fax: 512-974-9344



Hours of Operation: Monday - Friday 8:00am - 5:00pm  
office Email: [aquaticsoffice@austintexas.org](mailto:aquaticsoffice@austintexas.org)  
[www.austintexas.gov/departments/pools-and-swimming](http://www.austintexas.gov/departments/pools-and-swimming)

## 2012 Season General Information

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### Aquatic Staff

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Aquatic Supervisor: Pedro Patlan, Jr.
Phone: (512) 974-9334
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Aquatic Supervisor: Donita Grinde-Houtman
Phone: (512) 974-9343
Email: donita.grinde-houtman@austintexas.gov
Aquatic Maintenance Supervisor: Erica Molacek
Phone: (512) 974-9338
Email: erica.molacek@ci.austin.tx.us
Barton Springs Pool: Nichole Bohner
Phone: (512) 974-9326
Email: nichole.bohner@austintexas.gov
Public Pools: Paul Slutes
Phone: (512) 974-9341
Email: paul.slutes@austintexas.gov

## Swim Lesson Facility Information

Visit us on the web at: [www.austintexas.gov/department/pools-and-swimming](http://www.austintexas.gov/department/pools-and-swimming)

The hearing impaired may call the Parks and Recreation Department at TDD# 407-3250.

<u>Pool</u>	<u>Address</u>	<u>Location</u>	<u>Phone</u>
Balcones Neighborhood	12017 Amherst Dr.	North	821-2053
Canyon Vista Neighborhood	8455 Spicewood Spr. Rd.	North	996-8038
Deep Eddy Municipal	401 Deep Eddy Dr.	Central	472-8546
Dick Nichols Neighborhood	8011 Beckett	South	899-0348
Dittmar Neighborhood	1009 W. Dittmar Rd.	South	693-4698
Dove Springs Neighborhood	5701 Ainez Dr.	East	444-6136
Garrison Municipal	6001 Manchaca Rd.	South	442-4048
Givens Neighborhood	3811 E. 12th. St.	East	928-2657
Mabel Davis Neighborhood	3427 Parker Ln.	East	441-5247
Martin Neighborhood	1626 Nash Hernandez Sr. Rd.	East	469-0948
Metz Neighborhood	2407 Canterbury	East	391-6212
Murchison Neighborhood	3700 North Hills Dr.	North	241-0618
Northwest Municipal	7000 Ardath	North	453-0194
Parque Zaragosa Neighborhood	800 Pedernales St.	East	320-0160
Ramsey Neighborhood	4201 Burnet Rd.	Central	380-9131
Rosewood Neighborhood	1182 Pleasant Valley Dr.	East	473-8469
Walnut Creek Municipal	12138 N. Lamar	North	834-0824
West Enfield Neighborhood	2000 Enfield Rd.	Central	542-9176

## Program Information

**Swim Lesson Program:** Swim lessons for infants through adults are offered at 18 sites throughout the City. Age appropriate class curriculum is designed to cover skills in a logical progression for optimal development. Each stage is challenging, but individualized so students gain confidence in their own abilities. **Classes will be held Monday through Thursday in two week sessions for either 30 or 40 minute blocks.**

**Fee:** \$55.00 (8 Classes per Session)

**Class prerequisites:** The prerequisite for each class level is the successful completion of the preceding class level skills. A child's age is a limiting factor for registration for all classes.

**Instructors:** Most classes will be taught by certified American Red Cross Water Safety Instructors. However, there may be circumstances that will require a certified Swim Instructor Aide.

**During the Class:** Please stay at the pool for the entire swimmer's class in case of an emergency where parental consent for care is required.

**Class Discipline:** We reserve the right to take children out of class when they are verbally or physically abusive to other students, instructor's or if they disrupt the class.

**Class Minimum Requirements:** All classes must meet the minimum number of participants requirement. If your class selection does not meet the minimum participant requirement you will be notified by phone prior to the scheduled start date, at which time you may choose an alternate class. **All classes that do not meet the minimum number of participants will:**

- ◆ Be combined with another level
- ◆ Be cancelled

**Class Waitlist:** One way to deliver quality service is by limiting the class size to provide an optimal student/instructor ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available. Students will be notified by phone if the class is full and has a waiting list.

**Class Status:** To check the status of your class or to see if a class is full you can go to <http://coawebparks.ci.austin.tx.us/registrationmain.sdi>. Please note you cannot register on-line.

**Next Level:** In order to advance to the next level, students must pass all skills listed for the particular level that the student is enrolled in.

**Inclement Weather/Unforeseeable Circumstances Policy:** Classes will not be cancelled due to rainy weather. In the event of thunder, lightning, or other unexpected situations such as mechanical problems, class will be cancelled and safety lessons will be conducted. If class is cancelled for a second day, the instructors will add 5 minutes to the end of the remaining classes to make up missed time. If class is cancelled for a 3rd day a make-up class will be held on Friday. For cancellation information, call the pool where your lessons are being held.

**Entrance Fees:** An entrance fee will be charged to swim/practice before or after lessons at Municipal Pools as well as at Balcones and Dick Nichols during their charging season.

### Lesson Tips

- ◆ Understand that children develop swimming skills at different rates.
- ◆ Bring an extra towel for students enrolled in Starfish 1 & Starfish 2 classes as swim diapers tend to retain a large amount of water.
- ◆ Bring a light snack and drink for your child since they are often hungry and/or thirsty after a lesson.
- ◆ Apply a UVA/UVB sunscreen with a SPF factor of 15 or higher at least 30 minutes prior to entering the pool for your lesson.
- ◆ Arrive at least 5 minutes prior to your scheduled lesson to acquaint yourself and your child with the facility.
- ◆ Be enthusiastic and support your child by praising their efforts in the pool.
- ◆ Provide additional practice time with your child during public swim or at home to increase their comfort level and confidence in the water.
- ◆ We recommend holding off on using goggles with your child until they are comfortable placing their face and head underwater. Goggles can be very beneficial to children who are swimming laps, especially if they experience eye discomfort. Please assist your child in adjusting their goggles before their lessons if you choose to use them.
- ◆ Water shoes do a great job protecting feet during hours of water play and walking on pool decks, but they hinder the development of an effective flutter kick. During lessons we recommend water shoes stay with your child's towel.

**Brochure Changes/Errors Disclaimer:** Due to the large amount of information available in the Aquatic Division Brochure, errors and changes before and after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise.

## Registration Dates

### Stroke Clinic: May 14 - 31

Registration April 2 - May 4  
Late Registration May 7 - May 10

### Spring Session: May 14 - May 24

Registration April 2 - May 4  
Late Registration May 7 - May 10

### Session 1: June 4 - June 14

Registration April 2 - May 25  
Late Registration May 28 - May 31

### Session 2: June 18 - June 28

Registration April 2 - June 8  
Late Registration June 11 - June 14

### Session 3: July 2 - July 12\*

Registration April 2 - June 22  
Late Registration June 25 - June 28

### Session 4: July 16 - July 26

Registration April 2 - July 6  
Late Registration July 9 - July 12

### Session 5: July 30 - August 9

Registration April 2 - July 20  
Late Registration July 23 - July 26

### Session 6: August 13 - August 23

Registration April 2 - August 3  
Late Registration August 6 - August 9

### Session 7: August 27 - September 7\*\*

Registration April 2 - August 17  
Late Registration August 20 - August 23

Sessions meet Monday - Thursday for 2 weeks unless otherwise noted.

\* No Class on Wednesday, July 4 (Independence Day); class meets Friday, July 6.

\*\*No Class on Monday, September 3 (Labor Day); class meets Friday, September 7.

**Registration Information:** The Instructional Swim Program registration process includes both registration and late registration time periods.

- ◆ **Registration Period:** Registration forms may be faxed, mailed or delivered in person to the Aquatic Office. In person registrations will be processed upon arrival, followed by faxed or mailed registrations.
- ◆ **Late Registration Period:** Registration must be walk-in only to ensure space availability and receipt confirmation prior to the first day of class. Registration forms received via fax or mail during the late registration period will not be processed.
- ◆ **Registration Forms:** Incomplete registration forms will not be processed upon receipt and you will be notified by phone to correct any problems. (i.e., no signature at the bottom of the registration form, no payment or incorrect class information). If contact cannot be made, the registration will be shredded in 5 business days.
- ◆ **Confirmation receipts:** Receipts will be e-mailed or mailed to the addresses provided on the registration form. If you do not receive a confirmation receipt within 5 business days, please contact the Aquatic Office.

### Registration Made Easy:

- ◆ **Pick the appropriate age division and skill level.** It is imperative that you register your child for the correct age and skill level, not the class time that is most convenient. Please refer to the course description pages in this brochure as a reference. Classes are offered in a grouping of levels, however you will still need to determine which class level is appropriate for your child. If your child is able to complete all of the skills listed under a particular level within their age group, they would need to be registered for the next class level higher.
- ◆ **Pick a session, pool and time.** Confirm with your family's calendar, as cancellation and transfers can add fees. Registration at least two weeks prior to the session start date is recommended.
- ◆ **Register.** Complete the registration form (one per participant per session) and fax, mail or register in person. Please make checks or money orders payable to the City of Austin or charge by using Mastercard or Visa. Credit card payments may be faxed to (512) 974-9344 or (512) 476-3048. Separate checks are recommended for each participant and session to avoid any delay. All returned checks will be charged a \$25 service fee. Please be aware that registration forms will not be accepted prior to the registration date displayed above and phone registrations are prohibited.

### Class Cancellation, Class Transfer and Refund Policy:

- ◆ **Customer Cancellation:** If you cancel your class PRIOR to the FIRST DAY of your scheduled class you will receive a refund minus a \$10.00 cancellation fee. Please allow 4 to 6 weeks for a check refund. In lieu of a refund a voucher may be requested which is valid for one year for any instructional swim program.
- ◆ **Aquatic Division Cancellation:** Classes with fewer than the minimum enrollment that cannot be combined with another level will be cancelled and full refunds or vouchers will be issued. If your class is cancelled due to lack of registration, you will be notified by phone the week before the start of the session.
- ◆ **Transfers:** If you need to transfer your child out of one class/session into another class/session PRIOR to the FIRST DAY of class you will be charged a \$5.00 transfer fee.
- ◆ **Refunds:** Refunds are permitted in the case of Aquatic Division class cancellations, unforeseeable medical situations or family emergencies only. Refunds will not be issued due to scheduling conflicts or vacations so please be sure to check your schedule before registering for a class. There are no refunds if you withdraw on or after the first day of class.

**Payment Policies: Payment must accompany the registration form.**

**Scholarships:** Scholarships are available for qualified applicants; contact the Aquatic Office at (512) 974-9333 for more information.

**A Participant (youth participants are not required to complete the email and phone numbers within box A)**

Name: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female  
 Mailing Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**B Primary Guardian/Emergency Contact (Authorized to update waiver?  Yes  No )**

Name: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**C Secondary Guardian/Emergency Contact (Authorized to update waiver?  Yes  No )**

Name: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**D Emergency & Non-Custodial Release Contacts Other Than Guardians (Please list contact persons in order of priority)**

Name	Home Phone	Work Phone	Cell Phone	Relationship to Child	Authorized to pick up Child?
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No

**E Medical Care Information and Other Information**

- Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.?  Yes  No  
 If so, please specify: \_\_\_\_\_
- Any known existing illnesses?  Yes  No  
 If so, please specify: \_\_\_\_\_
- Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity: \_\_\_\_\_

**For Youth and Children Participants Only**

Does participant require prescription medication during program hours? **Note:** Program must exceed 1 hour.  Yes  No **If so, please complete a Medication Authorization form.**

**Image Release Waiver**

I, the undersigned, hereby consent to allow the use of photographs and video taken during this program and at our sites for promotional purposes in printed materials and on the City website. Photographs remain the property of the City of Austin Parks and Recreation Department. If I choose not to allow the use of photographs or video for the purpose stated above, I will indicate so with my initials in the space provided: \_\_\_\_\_

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_



**Waiver/Registration Form**  
 Aquatic Division Office  
 400 Deep Eddy Avenue  
 Austin, Texas 78703  
 Phone: (512) 974-9332 Fax: (512) 974-9344

**Waiver Directions:** Please print legibly in ink, or complete electronically  
 Adult Participants should fully complete boxes A, B & E.  
 Guardians of Youth Participants should fully complete boxes A, B, C, D & E.  
 Aquatic Participants should not complete box D.

**Accessibility Accommodation Request**

The City of Austin proudly complies with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3910. Do you require accommodations?  Yes  No (Optional)

**Standards of Care Notification**

Children's programs/activities supervised by the Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow standards of care adopted in City of Austin Ordinance No. 20110324-060. Copies of the ordinance are available and posted at each site.

**Release of Liability**

Regarding permitted participation in registered class(es) or program(s), I, the undersigned, hereby release the City of Austin ("the City"), its employees and agents from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by gross negligence on the part of the City. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

**Participant's Name:** \_\_\_\_\_

**Site Specific Questions**

Are you or your spouse a City of Austin employee?  Yes  No  
 Would you like to receive updates by email?  Yes  No  
 T-Shirt Size, if applicable:  Youth XS  Youth S  Youth M  Youth L  
 Adult S  Adult M  Adult L  Adult XL  Other: \_\_\_\_\_  
 What school does your child attend? \_\_\_\_\_  
 Are you interested in becoming a volunteer coach?  Yes  No  
 If applicable, Volunteer Coach T-shirt Size: \_\_\_\_\_

**Method of Payment** (payment required at time of registration)

Cash (please bring exact amount)  Check (make payable to City of Austin-PARD)  Credit Card (complete info below)  
 Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 Visa  MasterCard  American Express  Discover  
 Card Holder's Name (as it appears on the card): \_\_\_\_\_ Card Verification Code: \_\_\_\_\_  
 Billing Address (if different from mailing address): \_\_\_\_\_  
 Cardholder Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Youth Program Only Parents may select the auto-payment plan, which authorizes our office to automatically charge your credit card on the program payment due date.  
 Auto-Payment Authorization \_\_\_\_\_ (today's date)  Auto-Payment Cancellation \_\_\_\_\_ (today's date)

Registration Function Class/Camp/Activity Title	Times AM/PM?	Class Dates	Class Fee	Deposit	Office Use Only Amount Paid Today	Cash/Check Number/Credit Card ID & Authorization Receipt Number	Date/Time Staff Initials
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		

**SWIM LESSONS/WATER FITNESS/ADULT SWIM TEAM** (only complete for Aquatic Program Registration)

	Session	Pool	Level	Time	Dates	Fees
First Choice	Session	Pool	Level	Time	Dates	\$
Second Choice	Session	Pool	Level	Time	Dates	\$
Third Choice	Session	Pool	Level	Time	Dates	\$
Fourth Choice	Session	Pool	Level	Time	Dates	\$

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Name	Home Phone	Work Phone	Cell Phone	Relationship to Child	Authorized to pick up Child?
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No

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 If so, please specify: \_\_\_\_\_
- Any known existing illnesses?  Yes  No  
 If so, please specify: \_\_\_\_\_
- Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity: \_\_\_\_\_

**For Youth and Children Participants Only**

Does participant require prescription medication during program hours? **Note:** Program must exceed 1 hour.  Yes  No **If so, please complete a Medication Authorization form.**

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**Signature:** \_\_\_\_\_ **Printed Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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Participant's Name: \_\_\_\_\_

**Site Specific Questions**

Are you or your spouse a City of Austin employee?  Yes  No  
 Would you like to receive updates by email?  Yes  No  
 T-Shirt Size, if applicable:  Youth XS  Youth S  Youth M  Youth L  
 Adult S  Adult M  Adult L  Adult XL  Other: \_\_\_\_\_  
 What school does your child attend? \_\_\_\_\_  
 Are you interested in becoming a volunteer coach?  Yes  No  
 If applicable, Volunteer Coach T-shirt Size: \_\_\_\_\_

**Method of Payment** (payment required at time of registration)

Cash (please bring exact amount)  Check (make payable to City of Austin-PARD)  Credit Card (complete info below)  
 Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 Visa  MasterCard  American Express  Discover  
 Card Holder's Name (as it appears on the card): \_\_\_\_\_ Card Verification Code: \_\_\_\_\_  
 Billing Address (if different from mailing address): \_\_\_\_\_  
 Cardholder Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Youth Program Only Parents may select the auto-payment plan, which authorizes our office to automatically charge your credit card on the program payment due date.  
 Auto-Payment Authorization \_\_\_\_\_ (today's date)  Auto-Payment Cancellation \_\_\_\_\_ (today's date)

Registration Function Class/Camp/Activity Title	Times AM/PM?	Class Dates	Class Fee	Deposit	Office Use Only Amount Paid Today	Cash/Check Number/Credit Card ID & Authorization Receipt Number	Date/Time Staff Initials
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
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	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		
	<input type="checkbox"/> AM <input type="checkbox"/> PM		\$	\$	\$		

**SWIM LESSONS/WATER FITNESS/ADULT SWIM TEAM** (only complete for Aquatic Program Registration)

First Choice	Session	Pool	Level	Time	Dates	Fees
Second Choice	Session	Pool	Level	Time	Dates	Fees
Third Choice	Session	Pool	Level	Time	Dates	Fees
Fourth Choice	Session	Pool	Level	Time	Dates	Fees

REFUND POLICY: Refunds policies are program specific. Please refer to the policy of the program for which you are registering.

## Adult Programs 16 years and older 40 Minute Class (unless otherwise noted)

It's never too late to learn to swim or improve your technique! Adult swimming programs include beginning and intermediate levels.

### Adult Beginner

**Ages 16 and older**

**Class Size: Min. 6, Max. 8**

This class is designed for individuals that do not feel completely comfortable in the water or for anyone that would like to learn the basic swimming strokes.

### Fitness Swimmer

**Ages 16 and older**

**Class Size: Min. 6, Max. 8**

The objective of this class is to improve stroke technique for individuals who are comfortable in the water.

## Alternative Programs

The Aquatic Division is excited to offer you a variety of specialty classes. Please note that these class schedules differ from our traditional Monday - Thursday formats.

### Snorkeling

**Ages 8 and older**

**Class Size: Min. 4, Max. 10**

**Class Schedule: Wednesday & Friday; 10:00am - 10:40am**

Snorkeling classes will meet at Barton Springs Pool for three weeks (six classes total). Students will learn to properly fit and clear a mask, clear a snorkel, safely explore Barton Springs Pool and care for snorkeling equipment. Students must have no fear of the water and be able to swim at least 25 yards. Mask and fins will be provided for use during class.

### Junior Lifeguard

**Ages 11 - 14**

**Class Size: Min. 5, Max. 15 (2 hours)**

**Class Schedule: Monday, Wednesday, Friday; 2:00pm - 4:00pm**

This program is designed to provide participants with a basic introduction to lifeguarding and fitness. Specialized training will include swimming, running and classroom activities which are individualized for participant's fitness levels. Each week will conclude with games based on the materials learned during the course. All classes will meet at Deep Eddy Pool, and will take place at Deep Eddy Pool, Lady Bird Lake Hike and Bike Trail, Barton Springs Pool or the Aquatic Office. Training sessions are progressive and each student is encouraged to attend all sessions for maximum benefit.



## Parent and Child Level 1 - 2 Classes 6 months - 2 years, 11 months 30 Minute Class

The purpose of the Parent and Child Aquatic Program is to teach basic skills that prepare young children to become comfortable in the water so they can be ready to learn how to swim when they are older. The Parent and Child Aquatic program is divided into two levels: Starfish 1 and Starfish 2. This program is not designed to teach children to become accomplished swimmers or even to survive in the water on their own. It will, however, provide you with the necessary knowledge and skills to orient your child to the water and to safely supervise all water activities.



**Infant Level - Starfish 1**  
(All class days require parent or guardian participation)  
Ages: 6 - 18 months  
Class Size: Min. 6, Max. 8

The Goals of Starfish 1 are to provide experiences and activities for parents and children to:

- ◆ Learn how to enter and exit the water safely
- ◆ Feel comfortable in the water
- ◆ Explore buoyancy in a front and back position
- ◆ Change body position in the water
- ◆ Water Safety topics



**Infant Level - Starfish 2**  
(All class days require parent or guardian participation)  
Ages: 18 months - 2 yrs. 11 months  
Class Size: Min. 6, Max. 8

The Goals of Starfish 2 are to build upon the skills learned in Starfish 1 and to provide experiences and activities for parents and children to:

- ◆ Learn how to enter and exit the water safely
- ◆ Feel comfortable in the water
- ◆ Submerge in a rhythmic pattern
- ◆ Change body position in the water
- ◆ Explore buoyancy in a front and back position
- ◆ Perform a combined stroke on front and back

## Preschool Level 1 - 3 Classes 3 -5 yrs, 11 months 30 Minute Class

The primary objective of the Preschool Aquatic program is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children.



**Preschool Level 1 - Turtle**  
Ages 3 - 5  
Class Size: Min. 4, Max. 5

The objective of this class is to help students feel comfortable in the water and to enjoy the water safely. Students will learn elementary aquatic skills which students will build on as they progress through the levels. Students will focus on the following skills:

- ◆ Enter/Exit the pool safely
- ◆ Front Glide with assistance
- ◆ Travel 5 yards
- ◆ Blow bubbles for 3 seconds
- ◆ Back Float with assistance
- ◆ Water Safety topics



**Preschool Level 2 - Angelfish**  
Ages 3 - 5  
Class Size: Min. 4, Max. 5

The objective of this class is to give students success with fundamental skills. Students learn to float with support and to recover to a vertical position as well as exploring simultaneous and alternating arm and leg actions on the front and back. Skills work includes:

- ◆ Front Glide for 2 body lengths
- ◆ Back Float for 5 seconds
- ◆ Water Safety topics
- ◆ Back Glide for 2 body lengths
- ◆ Combined arm & leg actions on front & back for 3 body lengths



**Preschool Level 3 - Frog**  
Ages 3 - 5  
Class Size: Min. 4, Max. 5 (30 min)

The objective of this class is to build on the skills learned in previous levels by providing additional guided practice. Students will be performing skills independently while learning to coordinate the front & back crawl as well as being introduced to treading water.

- ◆ Bobbing 5 times independently
- ◆ Treading water independently for 15 seconds
- ◆ Front & Back Floating for 5 seconds
- ◆ Changing direction of travel while swimming on front & back
- ◆ Combined arm and leg actions on front & back for 5 body lengths
- ◆ Water Safety topics

## Learn to Swim Level 1 - 6 Classes

### 6 years - 12 years

### 40 Minute Class

The Learn to Swim program is designed to teach aquatic and personal water safety skills in a logical progression within six levels. Students will begin by learning basic skills and as they progress through the levels, they will refine the different strokes and build endurance. Safety education is a vital element incorporated into each lesson to promote safe behaviors in, on and around different types of aquatic environments.



**Level 1 - Guppy**  
**Ages 6 - 12**  
**Class Size: Min. 5, Max. 6**

**Introduction to Water Skills:** The objective of this class is to help students feel comfortable in the water and to enjoy the water safely. Students will learn elementary aquatic skills which students will build on as they progress through the levels.

- ◆ Enter/Exit the pool safely
- ◆ Blow bubbles for 3 seconds
- ◆ Front Glide with assistance
- ◆ Back Float with assistance
- ◆ Travel 5 yards
- ◆ Water Safety topics



**Level 2 - Goldfish**  
**Ages 6 - 12**  
**Class Size: Min. 5, Max. 6**

**Fundamental Aquatic Skills:** This course marks the beginning of true locomotion skills which are performed independently. Students learn self help practices and basic rescue skills.

- ◆ Front & Back Float for 5 seconds
- ◆ Combined arm and leg actions on front & back independently for 5 body lengths
- ◆ Front & Back Glide for 3 body lengths
- ◆ Bob 5 times
- ◆ Water Safety topics



**Level 3 - Penguin**  
**Ages 6 - 12**  
**Class Size: Min. 6, Max. 8**

**Stroke Development:** The objective of this class is to build on the skills learned in previous levels by providing additional guided practice. Students learn to coordinate the front crawl and back crawl. Students are also introduced to elements of the elementary backstroke and the fundamentals of treading water. Additional safety skills are introduced.

- ◆ Front Crawl for 15 yards
- ◆ Survival & Back Float for 30 seconds
- ◆ Elementary Backstroke for 15 yards
- ◆ Water Safety topics
- ◆ Tread water for 30 seconds



**Level 4 - Seahorse**  
**Ages 6 - 12**  
**Class Size: Min. 6, Max. 8**

**Stroke Improvement:** The objective of this class is to build on the skills learned in previous levels by developing confidence in the strokes learned thus far and to improve other aquatic skills. Students improve their skills and increase their endurance by swimming strokes such as front crawl and back crawl for greater distances. Students continue to build on elementary backstroke and are introduced to butterfly, breaststroke and elements of the sidestroke.

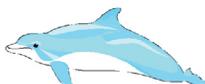
- ◆ Front Crawl & Elementary Backstroke for 25 yards
- ◆ Back Crawl, Breaststroke, Butterfly & Sidestroke for 15 yards
- ◆ Tread water for 2 minutes
- ◆ Open turns



**Level 5 - Seal**  
**Ages 6 - 12**  
**Class Size: Min. 6, Max. 8**

**Stroke Refinement:** The objective of this class is to coordinate and refine strokes learned in previous levels. Students will increase distance and be introduced to flip turns on the front and back.

- ◆ Front Crawl & Elementary Backstroke for 50 yards
- ◆ Back Crawl, Breaststroke, Butterfly & Sidestroke for 25 yards
- ◆ Surface Dives
- ◆ Tread water for 5 minutes
- ◆ Flip turns



**Level 6 - Dolphin**  
**Ages 6 - 12**  
**Class Size: Min. 6, Max. 8 (40 min)**

**Swimming and skill proficiency:** The objective of this class is to refine strokes so students swim them with more ease, efficiency, power and smoothness over greater distances. This class will have an emphasis on personal water safety and fitness components.

- ◆ Front Crawl & Elementary Backstroke for 100 yards
- ◆ Back Crawl, Breaststroke, Butterfly & Sidestroke for 50 yards
- ◆ 500 yard continuous swim
- ◆ Surface Dives
- ◆ Using a Pace Clock
- ◆ Tread water kicking only
- ◆ Training Techniques
- ◆ Setting up an exercise program

## Stroke Clinic May 14 - May 31

Fees: **\$55.00**

The stroke clinic program is designed as a pre-season opportunity to focus on proper stroke technique, turns and increase endurance for children 5 to 17 years of age.

### 10 and under age group Monday & Wednesday

Pool	Time
Balcones	5:45pm - 6:25pm
Balcones	6:45pm - 7:25pm
Dick Nichols	5:45pm - 6:25pm
Dick Nichols	6:45pm - 7:25pm

### 11 to 17 age group Tuesday & Thursday

Pool	Time
Balcones	5:45pm - 6:25pm
Balcones	6:45pm - 7:25pm
Dick Nichols	5:45pm - 6:25pm
Dick Nichols	6:45pm - 7:25pm

Prerequisites:

- ◆ Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- ◆ Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick & body position.

## Recreational Swim Team Program June 4 - July 7

Fees: **\$70.00 (\$65.00 swim team + \$5.00 TAAF fee)**  
**\$10.00 for team T-shirt (optional)**

The recreational Swim Team Program is organized to develop the potential and serve the recreational needs of boys and girls who are interested in learning about competitive swimming. In addition to emphasizing good sportsmanship, team spirit and lifelong fitness, the program aims to build swimmers' self-esteem through the enhancement of physical competence and mental fitness. **Swimmers who have participated in a year-round organized program (example USA) are NOT eligible to participate in this program due to the affiliation with the Texas Amateur Athletic Foundation (TAAF).**

Prerequisites:

- ◆ Must be 5 to 17 years old.
- ◆ Swim 25 yards continuous freestyle (front crawl), exhibiting proficient breathing patterns.
- ◆ Swim 25 yards continuous backstroke (back crawl) or 25 yards continuous breaststroke, exhibiting proficient kick & body position.

### Locations and Practice Schedules

Swim Team Name	Location	Phone	Practice Times
Balcones Barracudas	12017 Amherst Dr.	821-2053	8:00am - 10:00am
Brentwood Bluefish	6710 Arroyo Secca St.	453-1725	10:00am - 12:00pm
Canyon Vista Crocodiles	8455 Spicewood Spgs Rd.	996-8038	8:00am - 10:00am
Dick Nichols Devil Rays Black	8011 Beckett	899-0348	7:30am - 10:00am
Dick Nichols Devil Rays Red	8011 Beckett	899-0348	10:00am - 12:30pm
Dittmar Dolphins	1009 W. Dittmar	693-4698	8:00am - 10:00am
Dove Springs Ducks	5701 Ainez Dr.	444-6136	7:00pm - 8:00pm
Givens Marlins	3811 E. 12th Street	928-2657	6:00pm - 7:00pm
Kennemer Killer Whales	1032 Payton Gin Rd.	821-2454	12:00pm - 1:00pm
Murchison Man-O-Wars	3700 North Hills Dr.	241-0618	8:00am - 10:00am
Patterson Piranha's	1400 Wilshire Blvd.	542-9685	7:00pm - 9:00pm
Ramsey Redfish	4201 Burnet Rd.	380-9131	10:00am - 12:00pm
Reed Rays	2600 Pecos St.	542-9782	10:00am - 12:00pm
Rosewood Hurricanes	1182 Pleasant Valley	473-8469	1:00pm - 2:00pm
Stacy Sharks	700 E. Live Oak	445-0304	8:00am - 10:00am
West Enfield Water Moccasins	2000 Enfield Rd.	542-9176	8:00am - 10:00am

Important Dates:

- ◆ TAAF Regional Swim Meet: July 7.
- ◆ State Games of Texas: July 26 - July 29.

*Previous years Swim Team shirts are on sale for \$3.00 a shirt.*

**Spring Session: May 14 - May 24**

**Preschool Level 1**

<b>Pool</b>	<b>Time</b>
Balcones	5:30pm - 6:00pm
Balcones	6:10pm - 6:40pm
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Northwest	5:30pm - 6:00pm
Northwest	6:10pm - 6:40pm

**Preschool Levels 2 - 3**

<b>Pool</b>	<b>Time</b>
Balcones	5:30pm - 6:00pm
Balcones	6:10pm - 6:40pm
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Northwest	5:30pm - 6:00pm
Northwest	6:10pm - 6:40pm

**Learn to Swim Levels 1 - 2**

<b>Pool</b>	<b>Time</b>
Balcones	6:50pm - 7:30pm
Dick Nichols	6:50pm - 7:30pm
Northwest	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<b>Pool</b>	<b>Time</b>
Dick Nichols	6:50pm - 7:30pm
Northwest	6:50pm - 7:30pm



**Statesman Swim Safe for Austin Kids** is a non-profit program addressing the critical need for accessible swimming instruction. The Swim Safe Program is provided by the City of Austin Parks and Recreation Department and the Austin American-Statesman designed to build a safer community by teaching its youngest citizens the lifesaving skill of swimming. Enrollment is limited and primarily open to east Austin children (kindergarten - 3rd grade) with limited resources. Please contact one of the Recreation Centers listed below to determine if you meet eligibility requirements, scheduled class dates/times and to register.

<b>Recreation Center</b>	<b>Lesson Location</b>	<b>Phone #</b>
Alamo	Dottie Jordan Pool	474-2806
Dottie Jordan	Dottie Jordan Pool	926-3491
Dove Springs	Dove Springs Pool	444-6136
Givens	Givens Pool	928-1982
Metz	Metz Pool	391-6212
Montopolis	Montopolis Pool	385-5931
Rosewood	Rosewood Pool	472-6838
Turner Roberts	Dottie Jordan Pool	926-6013

If you are interested in donating to the Statesman Swim Safe for Austin Kids program, please call 512/416-5700, category 7946 for a donation form to be faxed to you.

**Lap Swimming Etiquette**

- ◆ Please wait for the swimmer(s) in the lane to arrive at the wall and ask if they mind you joining them. Please bear in mind that some swimmers may not be able to share a lane due to medical conditions.
- ◆ If 2 swimmers are in a single lane, they may choose to split the lane or circle swim.
- ◆ If 3 or more swimmers are in a single lane, circle swim is recommended.
- ◆ If you need to overtake a slower swimmer in front of you, please tap their foot so that they will stop at the wall or move to the far right of the lane for you to pass.
- ◆ If you stop at the end of the lane during a rest interval or at the conclusion of your workout while sharing a lane, please remember to move over to the side of the lane to avoid injuries from the remaining swimmer(s) continuing to workout in that lane.
- ◆ Enjoy your swim!

**SPRING & SWIM SAFE**

**Session 1: June 4 - June 14**

**Parent & Child Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Dick Nichols	9:00am - 9:30am
Dick Nichols	6:10pm - 6:40pm
West Enfield	10:00am - 10:30am
West Enfield	6:10pm - 6:40pm

**Preschool Level 1**

<i>Pool</i>	<i>Time</i>
Balcones	10:00am - 10:30am
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	5:30pm - 6:10pm
Dick Nichols	6:10pm - 6:40pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Balcones	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Learn to Swim Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Balcones	10:40am - 11:20am
Balcones	6:40pm - 7:20pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	11:10am - 11:50am
Dick Nichols	6:50pm - 7:30pm
Garrison	10:40am - 11:20am
Garrison	6:40pm - 7:20pm
Mabel Davis	6:40pm - 7:20pm
Northwest	10:40am - 11:20am
Northwest	6:40pm - 7:20pm
Ramsey	6:10pm - 6:50pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	10:40am - 11:20am
Walnut Creek	6:40pm - 7:20pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	11:30am - 12:10pm
Balcones	7:30pm - 8:10pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	11:10am - 11:50am
Dick Nichols	6:50pm - 7:30pm
Dick Nichols	7:40pm - 8:20pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	6:10pm - 6:50pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm
Walnut Creek	7:30pm - 8:10pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 5 - 6**

<i>Pool</i>	<i>Time</i>
Dick Nichols	11:10am - 11:50am
Dick Nichols	7:40pm - 8:20pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm

**JR. Lifeguard (June 11 - 15)**

<i>Pool</i>	<i>Time</i>
Deep Eddy (M/W/F)	2:00pm - 4:00pm

**Snorkeling (June 6 - 22)**

<i>Pool</i>	<i>Time</i>
Barton Springs (W/F)	10:00am - 10:40am

**Adult Beginner**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:00pm - 7:40pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Fitness Swimmer**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:50pm - 8:30pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm



**COACHED SWIM**

Designed for fitness swimmers, competitive swimmers and tri-athletes. Have fun getting fit, sharpening swimming skills and if you would like, preparing for competition.

Team Texas Masters head coaches: Olympic Triple Gold Medalist, Sandy Neilson-Bell, and former UT Swim Coach & US Masters Coach of the Year, Dr. Keith Bell, have partnered with the City of Austin Aquatic Division to provide swim training for adults of all levels.

Session times and dates vary by pool. Look for programming at pools throughout the city including: Balcones ♦ Brentwood ♦ Deep Eddy ♦ Dittmar ♦ Garrison ♦ Mabel Davis ♦ Martin ♦ Murchison ♦ Northwest ♦ Patterson ♦ Ramsey ♦ Reed ♦ Rosewood ♦ Shipe

Some swimming skills are required and some equipment is needed. Training fees are \$110 per month. A one-time insurance & administrative fee of \$40 is due on the first day. This fee includes 2012 ASA registration. See www.AmericanSwimming Association.com for "Calendar of Events" for which you are eligible with this registration.

**Session 2: June 18 - June 28**

**Parent & Child Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Dick Nichols	9:00am - 9:30am
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:00am - 10:30am
Dittmar	6:10pm - 6:40pm
Parque Zaragosa	5:00pm - 5:30pm
West Enfield	10:00am - 10:30am
West Enfield	6:10pm - 6:40pm

**Preschool Level 1**

<i>Pool</i>	<i>Time</i>
Balcones	10:00am - 10:30am
Balcones	6:00pm - 6:30pm
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:40am - 11:10am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Metz	5:30pm - 6:00pm
Murchison	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Parque Zaragosa	5:40pm - 6:10pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:40am - 11:10am
Dittmar	5:30pm - 6:00pm
Dittmar	6:10pm - 6:40pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Metz	5:30pm - 6:00pm
Murchison	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Learn to Swim Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Balcones	10:40am - 11:20am
Balcones	6:40pm - 7:20pm
Canyon Vista	6:40pm - 7:20pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	6:50pm - 7:30pm
Dittmar	11:20am - 12:00pm
Dittmar	6:50pm - 7:30pm
Dove Springs	6:10pm - 6:40pm
Garrison	10:40am - 11:20am
Garrison	6:40pm - 7:20pm
Mabel Davis	6:40pm - 7:20pm
Metz	6:10pm - 6:50pm
Murchison	6:10pm - 6:50pm
Northwest	10:40am - 11:10am
Northwest	6:40pm - 7:20pm
Parque Zaragosa	6:20pm - 7:00pm
Ramsey	6:10pm - 6:50pm
Walnut Creek	10:40am - 11:20am
Walnut Creek	6:40pm - 7:20pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	11:30am - 12:10pm
Balcones	7:30pm - 8:10pm
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	11:10am - 11:50am
Dick Nichols	6:50pm - 7:30pm
Dick Nichols	7:40pm - 8:20pm
Dittmar	11:20am - 12:00pm
Dittmar	6:50pm - 7:30pm
Dove Springs	6:10pm - 6:40pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Metz	6:10pm - 6:50pm
Murchison	7:00pm - 7:40pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 5 - 6**

<i>Pool</i>	<i>Time</i>
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	11:10am - 11:50am
Dick Nichols	7:40pm - 8:20pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Murchison	7:00pm - 7:40pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm

**JR. Lifeguard (June 25 - 29)**

<i>Pool</i>	<i>Time</i>
Deep Eddy (M/W/F)	2:00pm - 4:00pm

**Adult Beginner**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:00pm - 7:40pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Fitness Swimmer**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:50pm - 8:30pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Are you interested in becoming more involved with the Aquatic Division?**

The Aquatic Advisory Board is looking for a few new members. Contact the current president, Pam O'Connor, at 512-926-0498 or email at [pmo@grandecom.net](mailto:pmo@grandecom.net) for information on how to get involved.

**Session 3: July 2 - July 12 (No class on July 4th, classes meet July 6th)**

**Parent & Child Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Dick Nichols	9:00am - 9:30am
Dick Nichols	6:10pm - 6:40pm
West Enfield	10:00am - 10:30am
West Enfield	6:10pm - 6:40pm

**Preschool Level 1**

<i>Pool</i>	<i>Time</i>
Balcones	6:00pm - 6:30pm
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:00am - 10:30am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Givens	5:30pm - 6:00pm
Mabel Davis	6:00pm - 6:30pm
Martin	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Rosewood	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Balcones	10:00am - 10:30am
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Dittmar	10:00am - 10:30am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Martin	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Learn to Swim Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Balcones	10:40am - 11:20am
Balcones	6:40pm - 7:20pm
Canyon Vista	6:40pm - 7:20pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	6:50pm - 7:30am
Dittmar	10:40am - 11:20am
Dittmar	6:10pm - 6:40pm
Dove Springs	6:10pm - 6:50pm
Garrison	10:40am - 11:20am
Garrison	6:40pm - 7:20pm
Givens	6:10pm - 6:50pm
Mabel Davis	6:40pm - 7:20pm
Martin	6:10pm - 6:50pm
Northwest	10:40am - 11:20am
Northwest	6:40pm - 7:20pm
Ramsey	6:10pm - 6:50pm
Rosewood	6:10pm - 6:50pm
Walnut Creek	10:40am - 11:20am
Walnut Creek	6:40pm - 7:20pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	11:30am - 12:10pm
Balcones	7:30pm - 8:10pm
Canyon Vista	7:30pm - 8:10pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	11:30am - 12:10pm
Balcones	7:30pm - 8:10pm
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	11:10am - 11:50am
Dick Nichols	6:50pm - 7:30pm
Dick Nichols	7:40pm - 8:20pm
Dittmar	11:30am - 12:10pm
Dittmar	7:00pm - 7:40pm
Dove Springs	6:10pm - 6:50pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Givens	7:00pm - 7:40pm
Mabel Davis	7:30pm - 8:10pm
Martin	6:10pm - 6:50pm
Northwest	11:30am - 12:10pm
Northwest	6:40pm - 7:20pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Rosewood	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 5 - 6**

<i>Pool</i>	<i>Time</i>
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	11:10am - 11:50am
Dick Nichols	7:40pm - 8:20pm
Dittmar	11:30am - 12:10pm
Dittmar	7:00pm - 7:40pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm

**JR. Lifeguard (July 9 - 13)**

<i>Pool</i>	<i>Time</i>
Deep Eddy (M/W/F)	2:00pm - 4:00pm

**Snorkeling (July 11 - 26)**

<i>Pool</i>	<i>Time</i>
Barton Springs (W/F)	10:00 - 10:40am

**Adult Beginner**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:00pm - 7:40pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Fitness Swimmer**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:50pm - 8:30pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**SESSION 3**



Session 4: July 16 - July 26

**Parent & Child Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Dick Nichols	9:00am - 9:30am
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:00am - 10:30am
Dittmar	6:10pm - 6:40pm
Parque Zaragosa	5:00pm - 5:30pm
West Enfield	10:00am - 10:30am
West Enfield	6:10pm - 6:40pm

**Preschool Level 1**

<i>Pool</i>	<i>Time</i>
Balcones	6:00pm - 6:30pm
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:40am - 11:10am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Metz	5:30pm - 6:00pm
Murchison	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Parque Zaragosa	5:40pm - 6:10pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Balcones	10:00am - 10:30am
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	9:00am - 9:30am
Dick Nichols	9:40am - 10:10am
Dick Nichols	5:30pm - 6:00pm
Dick Nichols	6:10pm - 6:40pm
Dittmar	10:40am - 11:10am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Metz	5:30pm - 6:00pm
Murchison	5:30pm - 6:00pm
Northwest	10:00am - 10:30am
Northwest	6:00pm - 6:30pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Learn to Swim Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Balcones	10:40am - 11:20am
Balcones	6:40pm - 7:20pm
Canyon Vista	6:40pm - 7:20pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	6:50pm - 7:30pm
Dittmar	11:20am - 12:00pm
Dove Springs	6:10pm - 6:50pm
Garrison	10:40am - 11:20am
Garrison	6:40pm - 7:20pm
Mabel Davis	6:40pm - 7:20pm
Metz	6:10pm - 6:50pm
Murchison	6:10pm - 6:50pm
Northwest	10:40am - 11:20am
Northwest	6:40pm - 7:20pm
Parque Zaragosa	6:20pm - 7:00pm
Ramsey	6:10pm - 6:50pm
Walnut Creek	10:40am - 11:20am
Walnut Creek	6:40pm - 7:20pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	11:30am - 12:10pm
Balcones	7:30pm - 8:10pm
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	10:20am - 11:00am
Dick Nichols	11:10am - 11:50am
Dick Nichols	6:50pm - 7:30pm
Dick Nichols	7:40pm - 8:20pm
Garrison	10:40am - 11:20am
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Dittmar	11:20am - 12:00pm
Dittmar	6:50pm - 7:30pm
Dove Springs	6:10pm - 6:50pm
Mabel Davis	7:30pm - 8:10pm
Metz	6:10pm - 6:50pm
Murchison	7:00pm - 7:40pm
Northwest	11:30am - 12:10pm
Northwest	6:40pm - 7:20pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 5 - 6**

<i>Pool</i>	<i>Time</i>
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	11:10am - 11:50am
Dick Nichols	7:40pm - 8:20pm
Dittmar	6:50pm - 7:30pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Murchison	7:00pm - 7:40pm
Northwest	11:30am - 12:10pm
Northwest	7:30pm - 8:10pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm

**JR. Lifeguard (July 25 - 27)**

<i>Pool</i>	<i>Time</i>
Deep Eddy (M/W/F)	2:00pm - 4:00pm

**Adult Beginner**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:00pm - 7:40pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Fitness Swimmer**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:50pm - 8:30pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm



Session 5: July 30 - August 9

**Parent & Child Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Dick Nichols	10:00am - 10:30am
Dick Nichols	5:30pm - 6:00pm
West Enfield	10:00am - 10:30am
West Enfield	6:10pm - 6:40pm

**Preschool Level 1**

<i>Pool</i>	<i>Time</i>
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	10:00am - 10:30am
Dick Nichols	5:30pm - 6:00pm
Dittmar	10:00am - 10:30am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Givens	5:30pm - 6:00pm
Mabel Davis	6:00pm - 6:30pm
Martin	5:30pm - 6:00pm
Northwest	5:30pm - 6:00pm
Ramsey	5:30pm - 6:00pm
Rosewood	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Preschool Levels 2 - 3**

<i>Pool</i>	<i>Time</i>
Balcones	5:30pm - 6:00pm
Canyon Vista	6:00pm - 6:30pm
Dick Nichols	10:00am - 10:30am
Dick Nichols	5:30pm - 6:00pm
Dittmar	10:00am - 10:30am
Dittmar	5:30pm - 6:00pm
Dove Springs	5:30pm - 6:00pm
Garrison	10:00am - 10:30am
Garrison	6:00pm - 6:30pm
Mabel Davis	6:00pm - 6:30pm
Martin	5:30pm - 6:00pm
Northwest	5:30pm - 6:00pm
Ramsey	5:30pm - 6:00pm
Walnut Creek	10:00am - 10:30am
Walnut Creek	6:00pm - 6:30pm
West Enfield	10:40am - 11:10am
West Enfield	5:30pm - 6:00pm

**Learn to Swim Levels 1 - 2**

<i>Pool</i>	<i>Time</i>
Canyon Vista	6:40pm - 7:20pm
Dick Nichols	10:40am - 11:20am
Dick Nichols	6:10pm - 6:50pm
Dittmar	10:40am - 11:20am
Dittmar	6:10pm - 6:50pm
Dove Springs	6:10pm - 6:50pm
Garrison	10:40am - 11:20am
Garrison	6:40pm - 7:20pm
Givens	6:10pm - 6:50pm
Mabel Davis	6:40pm - 7:20pm
Martin	6:10pm - 6:50pm
Northwest	6:10pm - 6:50pm
Ramsey	6:10pm - 6:50pm
Rosewood	6:10pm - 6:50pm
Walnut Creek	10:40am - 11:20am
Walnut Creek	6:40pm - 7:20pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 3 - 4**

<i>Pool</i>	<i>Time</i>
Balcones	6:10pm - 6:50pm
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	10:40am - 11:20am
Dick Nichols	11:30am - 12:10pm
Dick Nichols	6:10pm - 6:50pm
Dittmar	11:30am - 12:10pm
Dittmar	7:00pm - 7:40pm
Dove Springs	6:10pm - 6:50pm
Garrison	10:40am - 11:20am
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Givens	7:00pm - 7:40pm
Mabel Davis	7:30pm - 8:10pm
Martin	6:10pm - 6:50pm
Northwest	7:00pm - 7:40pm
Ramsey	7:00pm - 7:40pm
Rosewood	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm
West Enfield	11:20am - 12:00pm
West Enfield	6:50pm - 7:30pm

**Learn to Swim Levels 5 - 6**

<i>Pool</i>	<i>Time</i>
Canyon Vista	7:30pm - 8:10pm
Dick Nichols	11:30am - 12:10pm
Dick Nichols	6:10pm - 6:50pm
Dittmar	11:30am - 12:10pm
Dittmar	7:00pm - 7:40pm
Garrison	11:30am - 12:10pm
Garrison	7:30pm - 8:10pm
Mabel Davis	7:30pm - 8:10pm
Northwest	7:00pm - 7:40pm
Ramsey	7:00pm - 7:40pm
Walnut Creek	11:30am - 12:10pm
Walnut Creek	7:30pm - 8:10pm

**JR. Lifeguard (Aug 6 - 10)**

<i>Pool</i>	<i>Time</i>
Deep Eddy (M/W/F)	2:00pm - 4:00pm

**Snorkeling (Aug 1 - 17)**

<i>Pool</i>	<i>Time</i>
Barton Springs (W/F)	10:00 - 10:40am

**Adult Beginner**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:00pm - 7:40pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

**Fitness Swimmer**

<i>Pool</i>	<i>Time</i>
Deep Eddy	7:50pm - 8:30pm
Garrison	8:20pm - 9:00pm
Mabel Davis	8:20pm - 9:00pm
Northwest	8:20pm - 9:00pm
Walnut Creek	8:20pm - 9:00pm

SESSION 5





The Aquatic Division hires approximately 700 seasonal employees. To view a list of available positions, qualifications, payrates and submit an application, visit [www.lifeguardaustin.com](http://www.lifeguardaustin.com). Please note that applicants must be 15 years of age or older. Training classes are only available for applicants planning to work for the Aquatic Division.

### Lifeguard Class Information

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites include:

- ◆ Must be at least 15 years old on or before the final scheduled session of the course
- ◆ Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Must perform the swim using the front crawl, breaststroke or a combination of both
- ◆ Tread water for 2 minutes using only the legs
- ◆ Complete a timed event within 1 minute, 40 seconds
  - 1) Starting in the water, swim 20 yards without goggles
  - 2) Surface dive to a depth of 7 10 10 feet to retrieve a 10 pound object
  - 3) Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface to allow for breathing
  - 4) Exit the water without using a ladder or steps



Course schedules are available at [www.lifeguardaustin.com](http://www.lifeguardaustin.com)

### WSI Class Information

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach water safety, including the Basic Water Rescue and Personal Water Safety courses, two levels of Parent and Child Aquatics, three levels of Preschool Aquatics and six levels of Learn-to-Swim.

Prerequisites include:

- ◆ Must be at least 16 years of age on or before the final scheduled session of the instructor course
- ◆ Swim 25 yards each of the front crawl, back crawl, breaststroke, elementary backstroke and sidestroke
- ◆ Swim 15 yards butterfly
- ◆ Maintain position on back for 1 minute in deep water (floating or sculling)
- ◆ Tread water for 1 minute

Course schedules are available at [www.austintexas.gov/department/pools-and-swimming](http://www.austintexas.gov/department/pools-and-swimming)



# NOTES

# NOTES



The Aquatic Division operates 50 public pool facilities, which include 6 municipal pools, 28 neighborhood pools, 3 wading pools, 11 splash pads, 1 rental facility and Barton Springs Pool. Additionally, a wide variety of swimming lessons and aquatic programs are available for students 6 months to adult.

### **Parks and Recreation Department Mission Statement**

The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

**Persons with Disabilities** - The City of Austin is proud to comply with the Americans with Disability Act. If you require assistance for participation in our programs or use of our facilities, please call (512)974-9331.

#### **Mayor and City Council Members**

- Mayor Lee Leffingwell
- Mayor Pro Tem Sheryl Cole
- Council Member Chris Riley
- Council Member Mike Martinez
- Council Member Kathie Tovo
- Council Member Laura Morrison
- Council Member Bill Spelman

#### **Parks and Recreation Board Members**

- Jane Rivera, Chair
- Jeff Francell, Vice Chair
- William Abell, Board Member
- Linda H. Guerrero, Board Member
- Carol Lee, Board Member
- Lynn Osgood, Board Member
- Jerry Perales, Board Member

#### **City Managers Office**

- Marc Ott, City Manager
- H.G. (Bert) Lumbreras, Assistant City Manager
- Rudy Garza, Assistant City Manager
- Robert Goode, Assistant City Manager
- Sue Edwards, Assistant City Manager
- Michael McDonald, Assistant City Manager
- Anthony Snipes, Chief of Staff

#### **Parks and Recreation Department**

- Sara L. Hensley, CPRP, Director
- Kimberly McNeeley, Assistant Director
- David Juarez, P.E. Acting Assistant Director
- Cora D. Wright, Assistant Director



## Movie Nights at Deep Eddy Pool

Come join us at Deep Eddy Pool with your floats and favorite beach towel to enjoy a truly unique movie experience with movies beginning at dusk! For additional information please call 472-8546.  
See you at the pool!

June 2	Ghostbusters	PG
June 9	Willy Wonka & The Chocolate Factory	G
June 16	Goonies	TV-14
June 23	Captain America	PG-13
June 30	Harry Potter and the Deathly Hallows: Part 1	PG-13
July 7	The Adventures of Tintin	PG
July 14	Puss in Boots	PG
July 21	Kung Fu Panda	PG
July 28	Harry Potter and the Deathly Hallows: Part 2	PG-13

### Admission Fees:

Covers both the movie and cost of entry

Infant	Under 12 months	Free
Child	1 to 11 years	\$1.00
Junior	12 to 17 years	\$2.00
Adult	18 to 61 years	\$3.00
Senior	62 years +	\$1.00