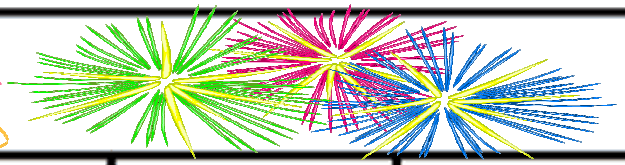
2019 JANUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Senior 55 Plus Fun **Schedule is tentative**		1 closed HAPPY NEW YEAR	2 9:30 Meet & Greet 10:30 Chair exercise	3 9:30 Meet and Greet Be Well Live Well	4	5
6	7 9:30 Meet & greet COOKING IS POSSIBLE	8 9:00 Meet and Greet Coffee With a Cop New year	9 9:30 Meet & Greet 10:30Chair exercise	10 9:00 Meet and Greet Be Well Live Well	11	12
13	14 9:30 Meet & greet Game board Day / Bingo , Loteria	15 9:00 Meet & Greet 9:30 Fit Strong	16 9:30 Meet & Greet 10:30Chair exercise	17 9:30 BST GIVENS Health Expo	18	19
20	21 closed Martin Lurther	22 9:00 Meet & Greet 9:30 Fit Strong	23 9:30 Meet & Greet 10:30Chair exercise	24 9:30 Meet and Greet Be Well Live Well	25	26
27	28 9:30 Meet and Greet 10:00 Outside the Box Lending Library	29 9:00 Meet & Greet 9:30 Fit Strong	30 9:30 Meet & Greet 10:30Chair exercise	31 9:30 Meet and Greet Be Well Live Well		

Dittmar Recreation Center , 1009 W. Dittmar Rd Austin Texas 78745– 512-974-6090

The City of Austin is committed to compliance with the Americans with Disabilities Act. If you require special assistance for participation in our programs, please call 974-3914