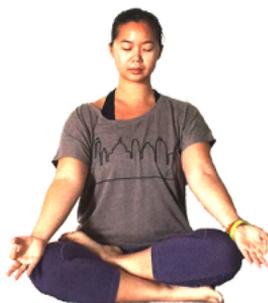


# YOGA

Wednesdays 10 am  
April 6 - May 25, 2016

Dittmar Rec Center  
(Meet under covered patio by the Gym)



All-Levels Class

60 Minutes

Kids are welcome (no cost)

Bring your own yoga mat

**\$12 Drop-In**

*Learn to breathe, be in your own  
body & apply yoga's many  
benefits to everyday life*

**Instructor: Terri K., 200-RYT**  
**findingdrishti.com**

Facebook.com/FindingDrishti

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