

South Austin Recreation Center

Sports • Special Events • Education • Fitness • Camps • Seniors

RECREATION PROGRAM GUIDE

CityofAustinParks.org



AUSTIN
PARKS & RECREATION

Cultural Places, Natural Spaces



Fall/Winter

2012

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(512)444-6601

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Youth Programs

Youth Program Goals:

The Parks and Recreation Department is committed to offering programs that foster Youth Development in a safe and caring environment. We believe in creating opportunities for youth that expose them to critical thinking, leadership development and help them explore their interests through outdoor enhancements, arts, and active play. Come and experience the spectrum of opportunities with the youth programs.

(512)444-6601

Out of School Time

“Stay for Play”

After School Program

Designed to foster youth development through active play and enrichment activities. The after school program offers a variety of supervised activities including arts and crafts, science projects, nutrition lessons, sports, educational games, field trips and other enrichment activities. Specific time is allotted for homework and snacks. Transportation is provided from the following schools: **Zilker and Galindo elementary.**

Grades: K – 5th

Monday – Friday: 2:45 pm – 6:00 pm

August/ September	\$125
October	\$100
November	\$100
December	\$75
January	\$100
February	\$100
March	\$75

“Stay for Play”

C-Day Program

No school today? Don't sit at home with nothing exciting to do. Join us at South Austin Recreation Center for a fun day filled with learning and exploration. This program is offered on non-city holidays that are teachers' works days. The center will provide an all day camp for participants, ages 5 -12 that will include sports, games, enrichment activities and more. Each child is required to bring a non-refrigerator/ microwaveable lunch and two snacks daily. This is not a drop-in program; there must be a minimum of eight participants registered in order to conduct this program.

Program Hours: 7:30am - 6:00pm

Dates: Friday, December 21st

Fee: \$ 20.00 per day

“Stay for Play”

Winter Break Camp

Grab your mittens and join us this December & January for Winter Break Camp. Plan to have fun no matter what the weather brings. This camp is designed to provide kids, ages 5 - 12, with fun and exploration in a supervised and structured environment. Each child is required to bring a non-refrigerated/microwavable lunch and two snacks daily. This is not a drop-in program; there must be a minimum of eight participants registered in order to conduct this program.

Program Hours: 7:30am - 6:00pm

December 26 - 28, 2012 and

**December 31 - January 4, 2013
(Facility Closed January 1st)**

Fee: \$ 20 per day



Youth Programs

Sports

(512)444-6601

City-wide Co-ed Fall Flag Football League

This co-ed flag football league is structured to be a safe, recreational league aimed at beginner to intermediate players. This is a non-competitive league focused on youth 5 to 12 years old with volunteer coaches. Games are played on Saturdays. T-shirt, league play, and an end of season award are included.

League begins Saturday, October 13

Fee: \$20 per participant

Registration Begins Monday, July 2nd

Fall Cheerleading League

Rah Rah Rah!

We got spirit - how 'bout you? Perform cheers, chants, jumps and much more in this high-energy league that is full of spirit. Students supply their own cheer uniform, tennis shoes and hair needs to be secured out of the face. Youth will practice 2 times per week and perform at weekly games and special events.

Performances begin October 13th.

Fee: \$30

Ages: 5 to 12 years

Registration Begins Monday, July 2nd



City-wide Winter Co-ed Basketball League

This co-ed basketball league is structured to be a safe, recreational league aimed at beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. You can expect to participate in one practice a week and have a game each Saturday. T-shirt, league play, and an end of season award are included.

League play begins Saturday, January 19th.

Fee: \$20 per participant

Registration Begins Monday October 29th

City-wide Spring Co-ed Soccer League

Soccer offers participants the opportunity to develop fundamentals and skills of soccer with emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive league focused on youth 6 to 12 years old with volunteer coaches. Games are played on Saturdays. T-shirt, league play, and an end of season award are included. **League play begins Saturday, April 6th.**

Fee: \$20 per participant

Registration: Monday, January 22nd



Youth Programs

Enrichment

(512)444-6601

Breakdancing

Stomp your feet, clap your hands, spin on the floor and get ready to learn the some moves from former B-Boy city Jesse. Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on pop and hip hop breakdancing. Participants may perform at certain South Austin Recreation Center special events.

Fee: Free

Registration: Ongoing

Program Hours:

Monday 5:30-8pm Ages 8-17 years

Tuesdays 5:30-8pm Adults



Youth Job Readiness Training

This program is a joint venture with the City of Austin and Travis County that targets youth ages 14-17 years. The goal of the program is to prepare youth with the skills, abilities and knowledge necessary to make good choices and to be productive in their careers. Each youth must complete 15 hours of Job Readiness training before they can be employed.

Fee: FREE

Registration Begins Monday, December 3rd

Program Hours: 3 Saturdays in February

Trivia Night

Do you like to learn interesting bits of trivia? Are you starting conversations with random bits of information? Come put that information to good use at the SARC monthly trivia night.

Fee: Free

Registration: Begins Wednesday, August 1st and is ongoing

Program Hours: 2nd Thursday of every month 7:00pm - 8:00pm

Meet the Supervisor



My name is Devon Farber and I have worked with the Austin Parks and Recreation Department for 7 years. I worked as a Program Specialist at Alamo and a coordinator at Montopolis Recreation Center before finding my home at South Austin. As a programmer, my passion was to schedule all types of programs for ages 3-99, and I loved it.

In January 2011 I became the Recreation Program Supervisor at South Austin Recreation Center. I was excited to start building the programs back up at the center and to develop relationships with the community. My staff and I program various types of activities for little to no cost for all ages. We hope you will drop by and visit, and see what we have to offer you and your family.

Youth Programs

Enrichment

(512)444-6601

Teen Outdoor Adventure

Some of many benefits of outdoor active play include stress relief, development of leadership skills, creating lifelong memories, an increase in physical strength and appreciate of nature. Activities will vary, but could include hiking, biking, outdoor cooking, fishing, geocaching, disc golf, kayaking and plant and wildlife identification.

Ages: 12-17 years

Fee: Free

Program Hours: Mondays and Wednesdays 5:30-7:30pm

Totally Cool, Totally Art

Totally Cool, Totally Art (TCTA) offers free community-based arts education for teenagers who may not otherwise have such opportunities. TCTA promotes a philosophy centered on the benefits of arts education for teens and is much more than just an arts and crafts program. TCTA has taught media such as blacksmithing, computer animation, filmmaking, printmaking, installation, conceptual art, portraiture and urban painting.

Ages: 12-17 years

Fee: Free

Program Hours: Monday and Wednesdays 6-8pm

VOLUNTEERS

Interested in volunteering at South Austin Recreation Center?

Pick-up a volunteer application at the Front Desk or send an email to devon.farber@austintexas.gov

OV

There are many opportunities to make a



Dance/Gymnastics Combination Classes A class that offers a sampling of elements from ballet, tap, jazz, tumbling, balance beam, creative movement, and rhythmic gymnastics (ball, hoop, and ribbon manipulation).

Ages 3-Pk 5 Thursdays 5:30-6:15 & Saturdays 12:30-1:15

Ages K-up Thursdays 4:45-5:30 & Saturdays 11:45-12:30

Tuition: 45 minute class per week = \$37 per month

Register by phone: 323-6013 or 264-9828 or

Email: Questions@danceassociatesaustin.com



Adult Programs

Adult Program Goals:

The Austin Parks and Recreation Department wants to increase awareness of and promote regular participation in health & physical fitness activities. At the end of the program, participants will be able to demonstrate proper technique in all required elements.

(512)444-6601

Open Play Volleyball

Grab a friend and join us at the South Austin Recreation Center for adult free play volleyball. Enjoy some friendly, slightly competitive volleyball.

Fee: Free

Registration Ongoing

Program Hours: Sundays 1-5pm



Senior Citizen Volleyball

Come and join the fun in this community organized game where everyone has fun. Come as a team or by yourself and have fun fine tuning your volleyball skills.

Fee: Free

Program Hours: Mondays and Wednesdays 1-3pm



Yoga

Looking for a gentle beginning yoga? You have come to the right place! No experience necessary. This class is a great stress relief as well as an introduction to basic beginning yoga.

Fee: First class is free

Program Hours: Saturday 9-10:15am



Kickball

Fun was the name of the game that we played in our youth. Today with 60-hour-plus work weeks recess now consists of gulping down coffee and dreaming of returning to the playground. We invite you to get back in the game.

Co-Ed -Monday, Tuesday and Friday

Get your team ready and play in this fun but competitive league.

Fee: \$200 per team

Registration Begins Monday, July 2

League play begins August 6th

Contact Mamta: 512-589-4910 or mvyamm@gmail.com

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Special Events

(512)444-6601



Tuesday October 30 5:30pm – 8:00pm

Spooky Halloween Trail

Bring the family out for a night of spooky fun. We will offer carnival type games in the gym as well as a haunted trail in the club room for those who dare to be brave!



Wednesday November 15 5:30-8:00pm

Thanksgiving Talent Showcase

Join the South Austin community to meet your neighbors, have some hot cider and pie and sit back and enjoy the many talents of the youth and teens of the South Austin Recreation Center



Saturday December 15 10 am-12 pm

Family Gingerbread House Workshop

Bring you family to the center and enjoy making your very own gingerbread house as a family. Holiday music and light refreshments will be served.

Upcoming Spring Events and Programs



Saturday March 23 10 am-12pm

Eggxtreme Family Easter Event

Bring the whole family out to decorate eggs, take pictures with the Easter Bunny and play carnival games. Hunts starts at 10:15am SHARP!



Tball/Coach Pitch Registration begins January 22, 2013

Tball offers participants the opportunity to develop fundamentals and skills with emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive league focused on youth 3 to 8 years old with volunteer coaches. Games are played on Saturdays. T-shirt, league play, and an end of season award are included. **League play begins Saturday, April 6th.**

South Austin Recreation Center Staff

Devon Farber	Program Supervisor
Shawna Gaytan	Program Specialist
Sean Hill	Program Specialist
Connie Medina	Building and Grounds

General Information

All classes must have a minimum number of participants in order to be conducted. The Parks and Recreation Department reserves the right to cancel, combine, change time, change dates, or make any revisions which may be necessary. You will be notified by telephone of your registration status if the class has been cancelled or revised. One way to deliver quality service is by limiting the class size to provide a good participant/teacher ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available.

Refund / Transfer Policy

(unless otherwise indicated)

A full refund will be issued for all programs, if cancelled by South Austin Recreation Center, or due to a personal injury or illness (medical verification will be requested). In the event that you need to withdraw from a class, the pro-rated activity fee, minus a \$10.00 processing fee, will be refunded. If the receipt amount is less than \$ 10.00, no refund will be issued. You may receive a credit to your account for programs occurring within 90 days of withdrawal. Once a refund has been requested, it will take four to six weeks for processing, and a City of Austin check will be mailed to your address. Program attendance is the responsibility of the participants. Credit is not given for classes missed during a session. **PLEASE NOTE:** If your initial payment was by check, a front and back copy of that canceled check or bank statement must be presented before a refund can be processed.

Lost and Found

The City of Austin/South Austin Recreation Center is not responsible or liable for the loss, theft or damage of any personal belongings. Items found at the center will be placed in our lost and found area for up to one week.

South Austin Recreation Center

**1100 Cumberland Road
Austin, Texas 78704**



Registration Procedures

Walk-in registrations are accepted on a first come, first served basis. Full payment is required for official registration (unless otherwise indicated). The front desk accepts registration Monday through Thursday, from 1:00 p.m. - 9:00 p.m., Friday from 1:00 p.m. - 5:50 p.m. and Saturday from 1:00pm-5:00pm.

Registration Fees

All class fees are due at registration time. Fees may be paid with cash, money orders, credit cards or checks. A valid driver's license is required when paying by check or credit card. Please make checks payable to the **City of Austin**. Currently, we accept:



A Participant (youth participants are not required to complete the email and phone numbers within box A)

Name: _____
 Birth Date: _____ Age: _____ Gender: M F
 Mailing Address: _____ Zip: _____
 Email: _____
 Home Phone: _____ Cell Phone: _____ Work Phone: _____

Waiver/Registration Form
 South Austin Recreation Center
 1100 Cumberland Rd.
 Austin, Texas 78704
 Phone: 512-444-6601 Fax: 512-326-2073



Waiver Directions:

Please complete waiver with an ink pen.
 Adult Participants should fully complete boxes A, B & E.
 Guardians of Youth Participants should fully complete boxes A, B, C, D & E.
 Aquatic Participants should not complete box D.

B 1st Guardian /Emergency Contact [Authorized to update waiver? {Yes ___} No ___] J

Name: _____
 Mailing Address: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____
 Work Phone: _____ Email: _____

C 2nd Guardian/Emergency Contact [Authorized to update waiver? {Yes ___} {No ___}]

Name: _____
 Mailing Address: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____
 Work Phone: _____ Email: _____

D Emergency & Non-Custodial Release Contacts Other Than Guardians (Please list contact persons in order of priority)

Name:	Home Phone:	Work Phone:	Cell Phone:	Relationship to Child:	Authorized to Pick Up Child?	Please Initial:
					{Yes ___} {No ___}	
					{Yes ___} {No ___}	
					{Yes ___} {No ___}	
					{Yes ___} {No ___}	

E Medical Care Information

- Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.? {Yes ___} {No ___} Please Specify: _____
- Any known existing illnesses? {Yes ___} {No ___} Please Specify: _____
- Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity. _____

For Youth and Children Only

Does Participant require prescription medication during program hours? Program must exceed 1 hour. {Yes ___} {No ___} **If yes, please complete a Medication Authorization form.**

Image Release Waiver

I hereby consent to allow usage of photographs and video taken during this program and at our sites for publicity purposes in printed materials, and on our website. Photographs remain the property of the City of Austin Parks and Recreation Department. If you do not want to allow photos or videos, then please initial. {opt out? _____}

Accessibility Accommodation Request

The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call 512.974.3910. Do you require accommodations? Yes ___ No ___ (Optional)

Standards of Care Notification

Children's programs/activities supervised by Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow standards of care adopted in the City of Austin Ordinance No. 20110324-060. A copy is available and posted at each site.

Release of Liability

In consideration of participant being allowed to participate in the registered class(es) or program(s), the undersigned hereby releases the City, its employees and agents, from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by the City's gross negligence. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

Signature: _____

Please Print Name: _____

Date: _____

Austin Parks and Recreation Department Mission Statement

The purpose of the Austin Parks and Recreation Department is to provide, protect, and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin Community.

Persons with Disabilities

The City of Austin is committed to complying with the Americans with Disability Act. Individuals with disabilities are encouraged to participate in the South Austin Recreation Center programs. You may request special accommodations to facilitate participation and inclusion in these programs. Reasonable modifications and equal access will be provided up request. Call (512)444-6601 .

City of Austin Ordinance

20070201-062

Standards of Care for Children's Programs Children's programs/activities supervised by the Parks and Recreation Department and requiring enrollment/ registration in order to participate are not licensed by the state, but follow local standards of care as adopted. A copy of the ordinance is available and posted at each site.

Photo Policy

The Parks and Recreation Department regularly takes photos of participants in our classes, special events and other activities. The photos are for department use and may be used in presentations, brochures, flyers, public service announcements and other media uses. If you do not wish to have your picture taken please tell the photographer.



Mayor and City Council Members

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Mayor Lee Leffingwell
Mayor Pro Tem Sheryl Cole
Council Member Chris Riley
Council Member Mike Martinez
Council Member Kathie Tovo
Council Member Laura Morrison
Council Member Bill Spelman



City Managers Office

Marc Ott, City Manager
Michael McDonald, Deputy City Manager
Robert Goode, Assistant City Manager
Sue Edwards, Assistant City Manager
Bert Lumbreras, Assistant City Manager
Anthony Snipes, Acting Assistant City Manager
Ray Baray, Acting Chief of Staff

Parks and Recreation Department

Sara L. Hensley, CPRP, Director
Kimberly McNeeley, Assistant Director
Cora D. Wright, Assistant Director
Patrick Corona, CPRP, Acting Assistant Director

Parks and Recreation Board Members

Jane Rivera, Chair
Jeff Francell, Vice Chair
William Abell, Board Member
Linda H. Guerrero, Board Member
Carol Lee, Board Member
Lynn Osgood, Board Member
Jerry Perales, Board Member