

# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704 512-448-0787 Monday-Friday 8a-5p

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Austin Parks and Recreation Department - Seniors



## FEBRUARY 2016



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

austintexas.gov/department/south-austin-senior-activity-center

Austin Parks and Recreation Department - Seniors

### <u>ANNOUNCE MENTS</u>

### HOLIDAY CLOSURE



Monday, February 15th in observance of Presidents Day

### SPECIAL PROGRAMS AND EVENTS

### 8 BALL BILLARDS TOURNAMENT

#### Thursday, February 4th 9a-4p

Grab your pool sticks and chalk -it's time for another 8 ball pool tournament at SASAC! This tournament is for all skill levels and will be played with APA rules. Prizes will be awarded for top participants.



Cost: \$3 - Sign up at front desk



TICKETS AVAILABLE AT FRONT DESK
\$12 REGISTERED PARTICIPANTS, \$15 FOR THOSE NOT REGISTERED



### **AARP TAX AIDE**

Mondays & Tuesdays
February 2nd — April 18th
8:30a-12p
Sign up at front desk begins at 8a
First come, first served
Cost: Free

### PUBLIC MEETINGS

### TRAVIS COUNTY DEAF ASSOCIATION

Wednesday, February 3rd I-4p

### SASAC ADVISORY BOARD MEETING

Wednesday, February 10th 12-1p

### SOUTH AUSTIN AARP #2426

Wednesday, February 17th 1-4p

#### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, February 18th 10a-lp

#### AARP Smart Driver Thursday, February 25th 12:30-4:30p

This class is designed for the mature driver & it will not dismiss traffic violations.

\* For insurance discount only \*
Fee: \$15 for AARP Members
\$20 for non-AARP Members
Sign up in advance at the front desk.
Payment due on the day of
class:

CHECKS ONLY payable to AARP

### COMMUNITY GARDEN OF EATIN'

Join our group on Mondays, as we start prepping our garden and starting seed tables for spring.

Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 10am



\*See West for water scheduling.

### CARD GAMES

#### Free Play Bridge

Mondays, Wednesdays & Fridays | 11:30a-1p | FREE

#### **Progressive Bridge**

Mondays, Wednesdays & Fridays 1-3p FREE

#### **Advanced Free Play**

Monday 11a-2p & Thursdays 9-11:30a This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

#### **FREE**





#### **Gentle Duplicate Bridge**

Tuesdays 12:30-3:30p Led by Larry Davis, Contract Instructor \$5.00

#### Friday Morning Free Play

Fridays 9-1 I am \*Beginner's welcome\*

**FREE** 

#### **Hand and Foot Canasta**

Thursdays, February 11th & 25th 12-4p

A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.

Contact Cathy: (512) 282-8320 **FREE** 

**Pinochle** 

Tuesdays & Thursdays 8a-2p FREE

FITNESS DANCE

**FREE** 

BE SURE TO CHECK OUT OUR

### TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND **ELLIPTICAL TRAINERS**

IF YOU NEED ASSISTANCE USING THE EQUIPMENT, SASAC STAFF IS AVAILABLE TO ANSWER QUESTIONS.

#### YOGA Mondays, Wednesdays

and Fridays 9-10a

Increase your strength and balance while gaining flexibility. Feel better physically & spiritually.

**Contact Instructor: Charlie Pivert** Fee: \$10 drop-in class \$25 for 3 classes

No class February 15th

#### **SENIORCIZE**

Wednesdays 10:30-11a

Join Kade for a workout geared towards adults 50 and older. Seniorcize is a great way to stay active and get back into shape. Instructor: Kade Green

**FREE** 

#### **SENIOR HEALTH AND FITNESS**

Tuesdays 9-10a Thursdays 8:30-9:30a Total body cardiovascular workout taught in a FUN class format. Four sets of activities (15 minutes each). Instructed by video tape



#### T'AI CHI Tuesdays 10-11a Fridays 10:15-11:15a Tuesdays, Feb 16th - March 22nd Fridays, Feb 19th - March 25th

T'ai Chi has many proven health benefits for seniors, from increased balance and bone strength, to greater strength and flexibility. T'ai Chi is also very safe and practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Non Resident: \$6

#### Resident: \$5

#### **BEGINNER LINE DANCE**

Mondays 1-2p Socialize & learn the basic steps to fun line dances. **Instructor: Joan Cox** (512)288-4135 **FREE** 

No class February 15th

#### **ADVANCED BEGINNER LINE DANCE**

Mondays 2-3:30p

Scoot your boots for a healthy body and mind. Have fun, make friends, and learn a variety of dances.

Instructor: Joan Cox (512)288-4135 **FREÉ** 

#### **INTERMEDIATE LINE** DANCE

Thursdays 1:30-3p

This is a great way to exercise your body and your brain while having fun! We have all levels of dancers in the class and practice all levels of dance including: beginner, intermediate, and advanced. Give it a try!

**Instructor: Joleen Tucker** FREE

#### **ZUMBA GOLD VIDEO FOR BEGINNERS**

Mondays 10:15-11:15a

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! This is a drop in class. FREE No class February 15th



#### **Austin Rockin' Line Dancers Thursdays** 9:30-11a

Rocking Chairettes is a line dance group that performs at various locations around Austin and has been honored with several awards.

**Instructor: Sonja Hemmes** (512)531-9122 **FREE** 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yoga 9-10 Garden Meeting 10-11 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	Pinochle 8-2 Tax Aide 8:30-12 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3	Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 Deaf Association 1-4 Readin', Ritin' & Rectin' 2-3	4 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Pool Tournament 9-4* Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	5 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
Yoga 9-10 Garden Meeting 10-11 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	9 Pinochle 8-2 Tax Aide 8:30-12 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3	10 Yoga 9-10 Ceramics 9-11 Technology Class 9-10 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' & Rectin' 2-3	Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
Closed for Presidents Day	16 Pinochle 8-2 Tax Aide 8:30-12 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Blood Pressure Screening 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3	17 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3	Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 NARFE 10-1 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
Tax Aide 8:30-12 Yoga 9-10 Garden Meeting 10-11 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	Pinochle 8-2 Tax Aide 8:30-12 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3	Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' & Rectin' 2-3	25 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Birthday Party 12 AARP Smart Driver 12:30-4:30 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	26 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
29 Tax Aide 8:30-12 Yoga 9-10 Garden Meeting 10-11 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30		8	*Requires advance registration*	

### TRIPS

#### LOTTERY REGISTRATION:

Thursday, January 28th at 8:30a thru Thursday, February 4th at 5p

#### **LOTTERY RESULTS AVAILABLE:**

Friday, February 5th at 12p

**REGISTRATION FEES DUE:** Friday, February 12th at 5p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Friday, February 5 at 12p to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

George Washington Carver Museum and Cultural Center (Austin, Texas) Wednesday, February 17th

February is African-American History Month - Let's celebrate by touring the City of Austin's George Washington Carver Museum and Cultural Center (Carver). The Caver is dedicated to the collection. preservation, Research and exhibition of African-American historical and cultural material. Lunch at Hoover's following the tour.

Departure Time: 9:30a **Returning Time: 3p** 

Fee: Free

**Additional Expenses: Purchase of Lunch** 

**Activity Level: Minimal** 

#### Texas Sports Hall of Fame (Waco, Texas) Wednesday, February 24th

Join us as we relive the greatest moments in Texas sports history at he Texas Sports Hall of Fame in Waco, TX. In this museum you will have the chance to learn about 342 Inductees, who have changed the way we see sports now.

Departure Time: 9a **Returning Time: 5p** 

Fee: Residents \$16/ Non-Residents \$18 **Additional Expenses: Purchase of Lunch** 

**Activity Level: Minimal** 



### TRIPS

#### Stubb's Gospel Brunch (Austin, Texas) Sunday, February 28th

An Austin hot spot to see a live gospel showcase. Enjoy their world-renowned buffet, featuring such items like southern-style grits, migas, fried catfish, and BBQ brisket.

Departure Time: 9:45a Returning Time: Ip

Fee: Residents \$28 / Non-Residents \$29 - Meal included

**Activity Level: Minimal** 

#### **Dripping Springs Distillery (Dripping Springs, Texas)** Saturday, March 5th

SASAC is touring the Dripping Springs Distillery, which was awarded "Best in Class" at the International Wine and Spirits Competition. Afterwards, we'll head to the Salt Lick BBQ for lunch.

Departure Time: 11:15a **Returning Time: 3:30p** 

Fee: Resident \$14 / Non-Resident \$15 **Additional Expenses: Purchase of Lunch** 

**Activity Level: Minimal** 

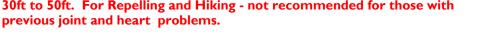
#### Camping at Colorado Bend Park (Lampasas, Texas) Thursday, March 31st - Friday, April 1th

Join SASAC and the Camacho Activity Center staff for our first campout at the beautiful Colorado Bend State Park. You will have the option to camp in a cabin or outside in a tent. While camping there are options to hike, repel of cliffs, or enjoy nature at the site.

**Departure Time: 8a** –Thursday, March 31st **Returning Time: 4p –** Friday, April 1st Fee: Resident \$35 / Non-Resident \$37 Additional Expenses: 6 Meals and Snacks

Activity Level: High—Trail hikes - Must be able to walk over 5 miles on unleveled terrain. Repelling- Must be able to participate on heights ranging 30ft to 50ft. For Repelling and Hiking - not recommended for those with







### VISUAL, LITERARY & PERFORMING ARTS



## Honey Bee Quilters Thursdays, February 4th & 18th 9a-2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene
(512) 282-5507

### Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

#### Let's Sing-a-Long Wednesdays February 10th & 24th 12:15-1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

### Oil Painters Thursdays 8a-4p

Come in and share your creativity with other painters!

### Wednesdays I-3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### Ceramics Circle Wednesdays 9-11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

#### Writing the Stories of Your Life

Next Session: Wednesdays, February 24th – March 30th 9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

 $\underline{\textbf{Contact instructor in advance for information \& availability.}}$ 

Fee: \$45 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

### RECREATION AND GAMES

Bingo Wednesdays, February 10th & 24th 1-3p AND Fridays 1-3p \*25¢ per card - 8 card limit\*

**Chess Club** 

Mondays and Fridays 10a-12p New players and all levels welcome!

**Mahjong** 

Tuesdays and Fridays 12:30-3p Join in on the classic game!

**Mexican Train Dominoes** 

Tuesdays 12:15-3:15p

**Ping Pong** 

Tuesdays 12:30-3p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

#### **Recreation Room**

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

### AND MORE

#### **BIBLE STUDY**

Mondays I-3p

Join us for reflection and study with Rev. David Dukes. All are welcome. FREE

#### **TECHNOLOGY CLASS**

Wednesday, February 10th 9-11a

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE** 

# INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases.

Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

**FREE** 

Volunteer Instructors: Jose and Bertha Cruz

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

## CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are

distributed on a
FIRST COME-FIRST SERVE
basis beginning at
9:30a each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests
OVER 60 (not
registered) and guest
UNDER 60, the cost of
the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

# LUNCH

# **MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cajun Meatloaf Oven Roasted Sweet Potatoes Spring Vegetables Dinner Roll Fresh Fruit	2 Turkey Rice Casserole Broccoli Stewed Tomatoes Wheat Bread Chocolate Pudding	3 Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Apple Crisp Mustard & Catsup	4 Lemon Caper Chicken Brown Rice Florentine Mixed Vegetables Wheat Bread Fresh Fruit	5 Apple Glazed Turkey Ham Black-Eyed Peas Medley Cabbage Cornbread Tropical Punch
8 Soy Ginger Chicken Chuckwagon Corn Broccoli & Cauliflower Texas Bread Tropical Fruit	9 Turkey Couscous Casserole Rosemary Carrots Collard Greens Wheat Bread Diced Pears	10 Breaded Fish Tomato Spoon Relish Lentils Dinner Roll Hot Sliced Peaches Tartar Sauce	11 Oven Fried Chicken Whipped Potatoes Stewed Tomatoes Wheat Bread Vanilla Pudding	12 Chilaquiles Casserole Spanish Brown Rice Fiesta Vegetables Mexican Cornbread Cranberry Juice
Closed For Holiday	16 Diced Chicken Mole Lettuce & Tomato Pinto Beans Wheat Tortilla Hot Pineapple Tidbits	17 Beef Chili with Beans Herbed Green Beans Diced Beets Saltine Crackers Strawberry Swirl Pudding	18 Smoked Turkey Sausage Lima Beans Mixed Greens Cornbread Fresh Fruit	19 Charlene's Tuna Salad Pasta Salad Tomato Spoon Relish Wheat Bread (2) Apple Juice
22 Dijon Herb Chicken Mashed Sweet Potatoes Herbed Green Beans Dinner Roll Fresh Fruit	23 Beef Stew Diced Beets Cabbage Saltine Crackers Marble Pudding	24 Turkey & Swiss Cheese Lettuce & Tomato Three Bean Salad Wheat Bread Fresh Fruit	25 Taco Meat Lettuce & Tomato Black Beans and Corn Wheat Tortilla Peach Crisp	26 Broccoli & Cheese Bake Herbed Green Peas Squash Medley Dinner Roll Grape Juice
29 Carne Asada Beef Brown Rice Mixed Vegetables Wheat Bread Fresh Fruit	26 Herbed Pork Loin Polenta Catalina Vegetables Wheat Bread Butterscotch Pudding	27 Sausage and Red Beans Okra and Tomatoes Turnip Greens Cornbread Fresh Banana	28 Beef Burgundy Whole Grain Rotini Pasta Broccoli with Lemon Zest Wheat Bread Fruited Orange Gelatin	29 Diced BBQ Chicken Cheesy Parslied Potatoes Capri Vegetables Hamburger Bun Fresh Fruit

#### Austin City Council Mayor and City Council

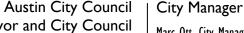
Steve Adler, Mayor Kathie Tovo, Mayor Pro Tem, District 9 Ora Houston, District I Delia Garza, District 2 Sabino "Pio" Renteria, District 3 Gregorio "Greg" Casar, District 4 Ann Kitchen, District 5 Don Zimmerman, District 6 Leslie Pool, District 7 Ellen Troxclair, District 8 Sheri Gallo, District 10

#### Austin Parks and Recreation

Sara L. Hensley, CPRP, Director Kimberly A. McNeeley, CPRP, Assistant Director Marty Stump, Assistant Director Cora D. Wright, Assistant Director Lucas Massie, Division Manager Tiffany M. Cabin, Seniors Program Manager

#### SASAC Advisory Board 2015

Kitti Greenough, President Elaine Benton, Secretary Iola Canady Joan Cox Carolyn Drake Raisa Edelman Margaret Hughes Shirley Masterson Margie Mendez Willie Williams



Marc Ott, City Manager Ray Baray, Chief of Staff Rey Arellano, Assistant City Manager Sue Edwards, Assistant City Manager Robert Goode, Assistant City Manager Bert Lumbreras, Assistant City Manager Mark Washington, Acting Assistant City Manager

#### Parks Board

Jane Rivera, Chair Richard DePalma, Vice Chair Alison Alter, Board Member Michael Casias, Board Member Rick Cofer, Board Member Tom Donovan, Board Member Alesha Larkins, Board Member Francoise Luca, Board Member Alex Schmitz, Board Member Mark Vane, Board Member Pat Wimberly, Board Member

#### SASAC Staff

Angela Niemiec, CPRP/CTRS, Programs Supervisor Lynnette Lara, Programs Specialist West Baxter, MSRLS, Programs Specialist Kaitie Hilburn, Administrative Associate Datron Plummer, Building & Grounds Assistant



MISSION The purpose of the Parks and Recreation Department is to provide, protect and preserve a park

#### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financially viability providing an overall financially sound recreation program to the Austin community.