



# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-448-0787 Monday-Friday 8a-5p

[www.austintexas.gov/department/south-austin-senior-activity-center](http://www.austintexas.gov/department/south-austin-senior-activity-center)

 Austin Parks and Recreation Department - Seniors



# MAY 2016



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

[austintexas.gov/department/south-austin-senior-activity-center](http://austintexas.gov/department/south-austin-senior-activity-center)  
**f Austin Parks and Recreation Department - Seniors**

## SPECIAL PROGRAMS AND EVENTS

### Donations Needed to Lifeworks

SASAC Advisory Board will be collecting the following items for Lifeworks beginning **March 1st-June 3rd**

- New or Gently used/Clean Household items - dishware, cookware, small kitchen appliances, high chairs, changing tables, strollers, gently used linens, small rugs, shower curtains, towels.
- Unopened/Hygiene supplies — Toothbrushes, soap, toothpaste, deodorant
- New or Gently used/Clean — boots, jeans, backpacks

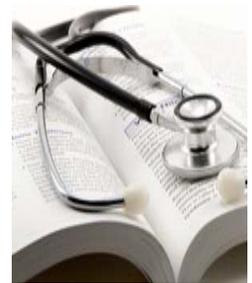
Lifeworks is a nonprofit focused on helping youth and young adults who have endured abuse and neglect through counseling, providing emergency shelter, and education.

## SPECIAL PROGRAMS AND EVENTS

### Medicare 101

Tuesday, May 3rd 9-10

The Medicare 101 is designed as a “brief explanation of Medicare options and benefits”. Please join us May 3rd to receive more information on your Medicare options!



*Sponsored by Humana*



### Doc Talk

Tuesday, May 17th 9-10

Join us as an Austin medical professional shares important information about staying healthy and navigating your medical options.

### May Birthday Party

Thursday, May 26th

Enjoy a slice of cake and ice cream in celebration of SASAC participants who have birthdays in May.

**Cost: Free**



*Sponsored by the Village on the Park at Onion Creek*

### RECYCLING REMINDER

Please remember to recycle the following items in the blue bins:

*Empty* soda cans  
*Empty* plastic water/drink bottles

*Empty* glass containers  
*Empty* coffee cups  
 Newspaper  
 Magazines



## PUBLIC MEETINGS

### TRAVIS COUNTY DEAF ASSOCIATION

No Meeting this Month

### SASAC ADVISORY BOARD MEETING

Wednesday, May 11th 12-1p

### SOUTH AUSTIN AARP #2426

Wednesday, May 18th 1-4p

### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, May 19th 10a-1p

### AARP Smart Driver Thursday, May 12th 12:30-4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

\* For insurance discount only \*

**Fee:** \$15 for AARP Members  
\$20 for non-AARP Members

**Sign up in advance at the front desk.**

**Payment due on the day of class:**

**CHECKS ONLY  
payable to AARP**

## COMMUNITY GARDEN OF EATIN'

Join our group on Mondays, as we start prepping our garden and starting seed tables for spring. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at **9am**



\*See West for water scheduling.

## CARD GAMES

### Free Play Bridge

Mondays, Wednesdays & Fridays  
11:30a-1p  
**FREE**

### Progressive Bridge

Mondays, Wednesdays & Fridays  
1-3p  
**FREE**

### Advanced Free Play

Monday 11a-2p & Thursdays 9-11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

**FREE**



### Gentle Duplicate Bridge

Tuesdays 12:30-3:30p  
Led by Larry Davis,  
Contract Instructor  
**\$5.00**

### Friday Morning Free Play

Fridays 9-11am  
\*Beginner's welcome\*  
**FREE**

### Hand and Foot Canasta

Thursdays,  
May 5th, 12th & 26th  
12-4p

A challenging game that's good for the brain.  
Friendly social group willing to teach you how to play.

Contact Cathy: (512) 282-8320  
**FREE**

### Pinochle

Tuesdays & Thursdays 8a-2p  
**FREE**

## FITNESS

BE SURE TO CHECK OUT  
OUR  
TREADMILLS, RECUMBENT  
BIKES, WEIGHT SYSTEM AND  
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE  
EQUIPMENT, SASAC STAFF IS AVAILABLE  
TO ANSWER QUESTIONS.

### YOGA

**Mondays, Wednesdays  
and Fridays 9-10a**

Increase your strength and balance  
while gaining flexibility. Feel better  
physically & spiritually.

**Contact Instructor:**

**Charlie Pivert**

**Fee: \$10 drop-in class  
\$25 for 3 classes**

### SENIORCIZE

**Wednesdays 10:30-11a**

Join Kade for a workout geared  
towards adults 50 and older.

Seniorcize is a great way to stay  
active and get back into shape.

**Instructor: Kade Green**

**FREE**

### SENIOR HEALTH AND FITNESS

**Tuesdays 9-10a**

**Thursdays 8:30-9:30a**

Total body cardiovascular workout  
taught in a FUN class format.

Four sets of activities  
(15 minutes each).

**Instructed by video tape**

**FREE**



### T'AI CHI

**Tuesdays 10-11a**

**Fridays 10:15-11:15a**

**Tuesdays, May 10th - June 21st**

**Fridays, May 13th - June 24th**

T'ai Chi has many proven health benefits for  
seniors, from increased balance and bone  
strength, to greater strength and  
flexibility. T'ai Chi is also very safe and  
practiced slowly; it is zero impact.

**Instructor: Kade Green, Sifu**

**Fee: 6 Sessions Tuesdays OR Fridays only**

Residents: \$30

Non-Residents: \$36

**12 Sessions Tuesdays AND Fridays**

Residents: \$50

Non-Residents: \$62

**Drop in - per class**

Resident: \$5

Non Resident: \$6

## DANCE

### BEGINNER LINE DANCE

**Mondays 1-2p**

Socialize & learn the basic  
steps to fun line dances.

**Instructor: Joan Cox**

**(512)288-4135**

**FREE**

**No class February 15th**

### ADVANCED BEGINNER LINE DANCE

**Mondays 2-3:30p**

Scout your boots for a healthy body  
and mind. Have fun, make friends,  
and learn a variety of dances.

**Instructor: Joan Cox**

**(512)288-4135**

**FREE**

### INTERMEDIATE LINE DANCE

**Thursdays 1:30-3p**

This is a great way to exercise your  
body and your brain while having fun!

We have all levels of dancers in the  
class and practice all levels of dance  
including: beginner, intermediate, and  
advanced. Give it a try!

**Instructor: Joleen Tucker**

**FREE**

### ZUMBA GOLD VIDEO FOR BEGINNERS

**Mondays 10:15-11:15a**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**



### Austin Rockin' Line Dancers Thursdays

**9:30-11a**

Rocking Chairettes is a line dance  
group that performs at various  
locations around Austin and has  
been honored with several awards.

**Instructor: Sonja Hemmes**

**(512)531-9122**

**FREE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30</p>	<p>3 Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>4 Yoga 9-10 Ceramics 9-11 *Seniorcize 10:30-11 Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' &amp; Rectin' 2-3</p>	<p>5 Pinochle 8-2 Oil Painting 8-4 Sr. Health &amp; Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3</p>	<p>6 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3</p>
<p>9 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30</p>	<p>10 Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>11 Yoga 9-10 Ceramics 9-11 *Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' &amp; Rectin' 2-3</p>	<p>12 Pinochle 8-2 Oil Painting 8-4 Sr. Health &amp; Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 <b>AARP Smart Driver 12:30-4:30</b> Int Line Dancing 1:30-3</p>	<p>13 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3</p>
<p>16 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30</p>	<p>17 Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> <b>Blood Pressure Screening 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>18 Yoga 9-10 Ceramics 9-11 <b>Technology Class 9-11</b> <b>*Writing the Stories of Life 9:45-11:15*</b> Seniorcize 10:30-11 Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 <b>AARP 1-4</b></p>	<p>19 Pinochle 8-2 Oil Painting 8-4 Sr. Health &amp; Fitness 8:30-9:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 <b>NARFE 10-1</b> Int Line Dancing 1:30-3</p>	<p>20 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3</p>
<p>23 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30</p>	<p>24 Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>25 Yoga 9-10 Ceramics 9-11 <b>*Writing the Stories of Life 9:45-11:15*</b> Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' &amp; Rectin' 2-3</p>	<p>26 Pinochle 8-2 Oil Painting 8-4 Sr. Health &amp; Fitness 8:30-9:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3</p>	<p>27 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3</p>
<p>30 <b>Memorial Day</b></p>	<p>31 Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>			<p><b>*Requires advance registration*</b></p>

# MAY 2016

## TRIPS

### LOTTERY REGISTRATION:

Monday, April 25 at 8:30a thru at Friday, May 6th at 5p

### LOTTERY RESULTS AVAILABLE:

Monday, May 9th at 12p

### REGISTRATION FEES DUE: Friday, April 14th at 5p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, April 9th at 12p to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

### Lamar Senior Activity Center Art Show & Sale (Austin, Texas)

Friday, May 6th (Non-Lottery Trip)

Sign up by Thurs.5/5 - Noon

The Lamar Senior Activity Center (LSAC) Art Show highlights the talents of recognized local professional artists and creative, reflective works of beginner art students. Passion and inspiration define these talented, dynamic Adults 50 years+, who are active participants of LSAC. Please join us in celebrating the unique, creative perspective of these gifted Austin artists.

Departure Time: 9:30a

Returning Time: 2p

Fee: Free

Additional Expenses: Purchase of Lunch and Artwork

Activity Level: Low

### World Dinning Club: Bombay Bistro (Austin, Texas)

Thursday, May 19th

Join us on our first World Dinning Club trip as we experience eating new foods. This trip we are eating Indian food at Bombay Bistro ranked one of Austin's top buffet restaurants 2014.



Departure Time: 10:45a

Returning Time: 1p

Fee: \$2 Residents / \$3 Non-Residents

Additional Expenses: Purchase of Lunch

Activity Level: Low

## TRIPS

### Round Rock Baseball Game (Round Rock, Texas)

Monday, May 23rd

Join us for America's favorite past time, baseball! Check out the Texas Ranger's farm team in action at Dell Diamond.



Departure Time: 6p

Returning Time: 11p

Fee: \$22 Residents / \$23 Non-Residents

Additional Expenses: Purchase of Lunch

Activity Level: Moderate

### Hiking Palmetto State Park (Gonzales, Texas)

Wednesday, June 1st

Grab your hiking shoes! We're headed to Palmetto State Park, named for the tropical dwarf palmetto plants found there.



Departure Time: 8:30a

Returning Time: 3p

Fee: \$14 Residents / \$15 Non-Residents

Additional Expenses: Purchase of Lunch

Activity Level: High - Participants must be able to walk or wheel one mile without assistance, monitor hydration and nutrition, and dress accordingly for hot and cold temperatures.

## VISUAL, LITERARY & PERFORMING ARTS



### Let's Sing-a-Long Wednesdays May 11th & 25th 12:15-1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

### Oil Painters Thursdays 8a-4p

Come in and share your creativity with other painters!

### Wednesday Painters Wednesdays 1-3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### Ceramics Circle Wednesdays 9-11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

### Honey Bee Quilters Thursday, May 19th 9a-2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene  
(512) 282-5507

### Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

### Writing the Stories of Your Life

Next Session: Wednesdays, April 13th-May 18th  
9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

**Contact instructor in advance for information & availability.**

**Fee: \$45 (6 sessions)**

**Contract Instructor: Rosalind Bond (512) 441-3014**

## RECREATION AND GAMES

### Bingo

Wednesdays, May 4th, 11th & 18th **AND** Fridays 1-3p  
\*25¢ per card - 8 card limit\*

### Chess Club

**Mondays and Fridays 10a-12p**  
New players and all levels welcome!

### Mahjong

**Tuesdays and Fridays 12:30-3p**  
Join in on the classic game!

### Mexican Train Dominoes

**Tuesdays 12:15-3:15p**

### Ping Pong

**Tuesdays 12:30-3p**

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

### Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

## AND MORE

### BIBLE STUDY

**Mondays 1-3p**

Join us for reflection and study with Rev. David Dukes. All are welcome.

**FREE**

### TECHNOLOGY CLASS

**Wednesday, May 18th  
9-11a**

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE**

### INTRODUCTION TO SPANISH CONVERSATION

**Mondays 9-10:30a**

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases.

Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

**FREE**

**Volunteer Instructors:  
Domingo Herrera**

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

# LUNCH MENU

## CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a

## FIRST COME-FIRST SERVE

basis beginning at 9:30a each morning.

*Tickets distributed equal the number of meals ordered for that day.*

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tim Ansew's BBQ Pork Rib Patty Ranch Beans Mixed Vegetables Wheat Bread Fresh Fruit	3 Taco Meat Lettuce and Tomato Black Beans Wheat Tortilla Hot Fruit Compote Taco Sauce	4 Cheese Tortellini w/ Marinara Herbed Green Beans Brussels Sprouts Whole Wheat Breadstick Strawberry Swirl Pudding Margarine	5 Greek Chicken Lima Beans Greek Caponata Wheat Pita Pocket Fruited Lime Gelatin	6 Baked Chicken w/ Gravy Macaroni and Cheese Squash/Zucchini/ Tomatoes Wheat Roll Nutty Buddy Bar Margarine
9 Honey Baked Chicken Brown Rice Creamed Spinach Wheat Bread Fresh Orange	10 Turkey Spaghetti Broccoli Rosemary Carrots Dinner Roll Fresh Fruit	11 Beef Pepper Steak w/ Brown Gravy Polenta Green Beans Amandine Wheat Bread Marble Pudding	12 Charlene's Tuna Salad Kidney Bean Salad Tomato Spoon Relish Saltine Crackers Fruited Orange Gelatin	13 Pork Roast w/ Brown Gravy Whipped Potatoes w/ Skins California Vegetables Dinner Roll Fresh Fruit
16 Ron Lantz's Meatloaf w/ Brown Gravy Corn O'Brien Squash/Zucchini/ Tomatoes Dinner Roll Fresh Fruit	17 Sweet and Sour Diced Chicken Jasmine Rice Broccoli/Carrots/Onions Wheat Bread Fresh Fruit	18 Sausage Jambalaya Roasted Sweet Potatoes Medley Cabbage Saltine Crackers Lemon Pudding	19 Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Hot Spiced Apples Mustard and Catsup	20 Glazed Ham Lima Beans Okra and Tomatoes Cornbread Fresh Fruit Margarine
23 French Onion and Mushroom Chicken Lentil Vegetable Pilaf Diced Beets Wheat Bread Fresh Fruit	24 Beef Zeti Broccoli Sliced Carrots Whole Wheat Breadstick Vanilla Pudding	25 Turkey and Swiss Cheese Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fresh Fruit Mustard	26 Beef Enchilada Pie Confetti Brown Rice Fiesta Vegetables Mexican Cornbread Fruited Lime Gelatin Margarine	27 Suellen's Baked Chicken w/ Gravy Whipped Potatoes w/ Skins Spinach Wheat Bread Fresh Fruit
30 <b>Memorial Day</b>	31 Spinach Chicken Meatballs Lemon Herb Pasta Italian Green Beans Texas Bread Fresh Fruits			

## Austin City Council Mayor and City Council

Steve Adler, Mayor  
Kathie Tovo, Mayor Pro Tem, District 9  
Ora Houston, District 1  
Delia Garza, District 2  
Sabino "Pio" Renteria, District 3  
Gregorio "Greg" Casar, District 4  
Ann Kitchen, District 5  
Don Zimmerman, District 6  
Leslie Pool, District 7  
Ellen Troxclair, District 8  
Sheri Gallo, District 10

## Austin Parks and Recreation

Sara L. Hensley, CPRP, Director  
Kimberly A. McNeeley, CPRP, Assistant Director  
Marty Stump, Assistant Director  
Cora D. Wright, Assistant Director  
Lucas Massie, Division Manager  
Tiffany M. Cabin, Seniors Program Manager

## SASAC Advisory Board 2016

Shirley Masterson, President  
Willie Williams, Vice President  
Joan Cox, Secretary  
Kitti Greenough, Treasurer  
Elaine Benton  
Iola Canady  
Carolyn Drake  
Raisa Edelman  
Margaret Hughes  
Margie Mendez



## City Manager

Marc Ott, City Manager  
Ray Baray, Chief of Staff  
Rey Arellano, Assistant City Manager  
Sue Edwards, Assistant City Manager  
Robert Goode, Assistant City Manager  
Bert Lumbreras, Assistant City Manager  
Mark Washington, Acting Assistant City Manager

## Parks Board

Jane Rivera, Chair  
Richard DePalma, Vice Chair  
Alison Alter, Board Member  
Michael Casias, Board Member  
Rick Cofer, Board Member  
Tom Donovan, Board Member  
Alesha Larkins, Board Member  
Francoise Luca, Board Member  
Alex Schmitz, Board Member  
Mark Vane, Board Member  
Pat Wimberly, Board Member

## SASAC Staff

Lynnette Lara, Recreation Programs Specialist  
West Baxter, MSRLS, Recreation Programs Specialist  
Kaitie Hilburn, Administrative Associate  
Datron Plummer, Building & Grounds Assistant

**MISSION** The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.