



# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-448-0787 Monday-Friday 8a-5p

[www.austintexas.gov/department/south-austin-senior-activity-center](http://www.austintexas.gov/department/south-austin-senior-activity-center)



Austin Parks and Recreation Department - Seniors



## SEPTEMBER 2015



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

[austintexas.gov/departments/south-austin-senior-activity-center](http://austintexas.gov/departments/south-austin-senior-activity-center)

 **Austin Parks and Recreation Department - Seniors**

## ANNOUNCEMENTS

### SEPTEMBER CLOSURE DATE

Monday, September 7th in observance  
of Labor Day



## SPECIAL PROGRAMS AND EVENTS



### DOC TALK WITH DR. KOHLI

Wednesday, September 23rd 9-10a

Come listen to Dr. Kohli speak on heart failure.

**Cost: Free** Sign up at front Desk  
Space is limited - Prizes

### AUGUST BIRTHDAY PARTY

Thursday, September 24th 12p

Enjoy a slice of cake and ice cream in celebration  
of SASAC participants who have birthdays in September.

**Cost: Free**



*Sponsored by the Village on the Park at Onion Creek*

### 5K WALKING CLUB

Only piece of equipment you need is a comfortable pair of shoes.

Get healthier. Get moving!

**Stay tuned for details.**



## PUBLIC MEETINGS

### TRAVIS COUNTY DEAF ASSOCIATION

Wednesday, September 2nd 1-4p

### SASAC ADVISORY BOARD MEETING

Wednesday, September 9th 12-1p

### SOUTH AUSTIN AARP #2426

Wednesday, September 16th 1-4p

### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, September 17th 10a-1p

### AARP Smart Driver Thursday, September 24th 12:30-4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

*\* For insurance discount only \**

**Fee:** \$15 for AARP Members

\$20 for non-AARP Members

**Sign up in advance at the front desk.**

**Payment due on the day of class:**

**CHECKS ONLY**  
**payable to AARP**

## COMMUNITY GARDEN OF EATIN'

It's Summer time and our garden's harvest is growing vibrantly. Come join our group on Mondays!

Whether you have a green thumb to lend, or want to develop one, stop by our community garden at SASAC.

**Every Monday at 9am**

See West in the front office for water scheduling.



### Master Gardener Speaker on Container Gardening

Bio: Kirk Walden-Over the past 16 years he assembled a small library of Texas plants, enrolled in landscaping and horticulture classes and personally planted over 2,500 ornamentals, perennials and annuals with varying degrees of success.

**Monday, September 21st at 10a**

**Sign up at Front Desk**

## CARD GAMES

### **Free Play Bridge**

*Mondays, Wednesdays &  
Fridays*

*11:30a-1p*

**FREE**

### **Progressive Bridge**

*Mondays, Wednesdays &  
Fridays*

*1-3p*

**FREE**

### **Advanced Free Play**

*Monday 11a-2p &*

*Thursdays 9-11:30a*

*This group focuses on:*

- *Competitive Bidding*
- *Chicago Style Scoring*
- *Duplicate Practice*
- *Peer Coaching*

**FREE**



### **Gentle Duplicate Bridge**

*Tuesdays 12:30-3:30p*

Led by Larry Davis, Contact In-  
structor

**\$5.00**

### **Friday Morning Free Play**

*Fridays 9-11am*

*\*Beginner's welcome\**

**FREE**

### **Hand and Foot Canasta**

*Thursdays,*

*September 10th & 24th*

*12-4p*

A challenging game that's  
good for the brain.

Friendly social group  
willing to teach

you how to play.

Contact Cathy: (512) 282-8320

**FREE**

### **Pinochle**

*Tuesdays & Thursdays 8a-2p*

**FREE**

# FITNESS

**BE SURE TO CHECK OUT  
OUR  
TREADMILLS, RECUMBENT  
BIKES, WEIGHT SYSTEM AND  
ELLIPTICAL TRAINERS**

IF YOU NEED ASSISTANCE USING THE  
EQUIPMENT, SASAC STAFF IS AVAILABLE  
TO ANSWER QUESTIONS.

## YOGA

**Mondays, Wednesdays  
and Fridays 9-10a**

Increase your strength and balance  
while gaining flexibility. Feel better  
physically & spiritually.

**Contact Instructor:**

**Charlie Pivert**

**Fee: \$10 drop-in class  
\$25 for 3 classes**

## SENIORCIZE

**Wednesdays 10:30-11a**

Join Kade for a workout geared  
towards adults 50 and older.

Seniorcize is a great way to stay  
active and get back into shape.

**Instructor: Kade Green**

**FREE**

## SENIOR HEALTH AND FITNESS

**Tuesdays 9-10a**

**Thursdays 8:30-9:30a**

Total body cardiovascular workout  
taught in a FUN class format.

Four sets of activities  
(15 minutes each).

**Instructed by video tape**

**FREE**



## T'AI CHI

**Tuesdays 10-11a**

**Fridays 10:15-11:15a**

**Tuesdays, Sept 22nd-Oct 27th**

**Fridays, Sept 25th-Oct 30th**

T'ai Chi has many proven health benefits for  
seniors, from increased balance and bone  
strength, to greater strength and  
flexibility. T'ai Chi is also very safe and  
practiced slowly; it is zero impact.

**Instructor: Kade Green, Sifu**

**Fee: 6 Sessions Tuesdays OR Fridays only**

Residents: \$30

Non-Residents: \$36

**12 Sessions Tuesdays AND Fridays**

Residents: \$50

Non-Residents: \$62

**Drop in - per class**

Resident: \$5

Non Resident: \$6

# DANCE

## BEGINNER LINE DANCE

**Mondays 1-2p**

Socialize & learn the basic steps to fun line dances.

**Instructor: Joan Cox**  
**(512)288-4135**

**FREE**

## ADVANCED BEGINNER LINE DANCE

**Mondays 2-3:30p**

Scoot your boots for a healthy body and mind. Have fun, make friends, and learn a variety of dances.

**Instructor: Joan Cox**  
**(512)288-4135**

**FREE**

## INTERMEDIATE LINE DANCE

**Thursdays 1:30-3p**

This is a great way to exercise your body and your brain while having fun!

We have all levels of dancers in the class and practice all levels of dance including: beginner, intermediate, and advanced. Give it a try!

**Instructor: Joleen Tucker**  
**FREE**

## ZUMBA GOLD VIDEO FOR BEGINNERS

**Mondays 10:15-11:15a**

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! This is a drop in class. **FREE**



## Austin Rockin' Line Dancers

**Thursdays**

**9:30-11a**

Rocking Chairettes is a line dance group that performs at various locations around Austin and has been honored with several awards.

**Instructor: Sonja Hemmes**  
**(512)531-9122**

**FREE**

MONDAY	TUESDAY	WEDNESDAY
	<b>1</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Diabetes Management 9:30-11*</b> <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	<b>2</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 <b>Deaf Association 1-4</b> Painters 1-3:30
<b>7</b>  <b>Closed Labor Day</b>	<b>8</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11* <b>*Diabetes Management 9:30-11*</b> <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	<b>9</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30
<b>14</b> Yoga 9-10 <b>Garden Meeting 9-10</b> Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	<b>15</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> <b>Blood Pressure Screening 10-11</b> Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	<b>16</b> Yoga 9-10 Ceramics 9-11 <b>Technology Class 9-11</b> Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 <b>AARP 1-4</b>
<b>21</b> Yoga 9-10 <b>Garden Meeting 9-10</b> <b>*Master Gardener Speaker 10-11*</b> Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	<b>22</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	<b>23</b> Yoga 9-10 Doc Talk 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30
<b>28</b> Yoga 9-10 <b>Garden Meeting 9-10</b> Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	<b>29</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	<b>30</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30

DAY	THURSDAY	FRIDAY
30-1 .3 4	<b>3</b> Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancer 9:30-11 Int Line Dancing 1:30-3	<b>4</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
30-1 .3	<b>10</b> Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	<b>11</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Chess Play 10-12 Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
-11 30-1 .3	<b>17</b> Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	<b>18</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
30-1 .3	<b>24</b> Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 <b>Birthday Party 12</b> <b>*AARP Smart Driver 12:30-4:30*</b> Int Line Dancing 1:30-3	<b>25</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
30-1 .3	<b>*Requires advance registration*</b>	

# SEPTEMBER 2015

# TRIPS

## **LOTTERY REGISTRATION:**

Thursday, August 27th at 8:30a thru Thursday, September 3rd at 5p

## **LOTTERY RESULTS AVAILABLE:**

Friday, September 4th at 12p

## **REGISTRATION FEES DUE:** Friday, September 11th by 2p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Friday, September 4th at 12p to find out if you were selected for a trip. Staff will call you **ONLY** if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

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### **Senior Center Month: Celebrate Life (Austin, Texas) Friday, September 11th**

Join the Parks and Recreation Department to celebrate Senior Programs at Fiesta Gardens. Participate in active fun programs, events, and presentations. Giveaways and refreshments will be served.

**Departure Time: 9:30a**

**Returning Time: 2:30p**

**Fee: Free**

**Trip Limit: 18**

**Activity Level: Minimal**

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### **Austin's Park n' Pizza (Pflugerville, Texas) Thursday, September 17th**

Join us for a round of mini golf and lunch.

**Departure Time: 10a**

**Returning Time: 3p**

**Fee: Resident: \$17/ Non-Resident: \$18 –Includes Pizza Buffet**

**Additional Expenses: Additional Attractions**

**Trip Limit: 18**

**Activity Level: Moderate**

# TRIPS

## **Outdoor Recreation Festival (Austin, Texas) Saturday, October 3rd**

Come one, come all! Celebrate fun in the sun at the second annual Outdoor Recreation Festival; snacks, fun recreational activities, and water sports at this event.

**Departure Time: 9:30a**  
**Returning Time: 2p**  
**Fee: Free**  
**Additional Expenses: Purchase of Lunch**  
**Trip Limit: 18**  
**Activity Level: Moderate**

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## **Senior and Law Enforcement Together (Salt) Fair (Austin, Texas) Thursday, October 15th**

Come celebrate safety with the Austin Police Department at the Senior and Law Enforcement Together (SALT) Fair. Learn how to protect yourself from scams and fraud. Snacks provided & giveaways

**Departure Time: 8:30a**  
**Returning Time: 2p**  
**Fee: Free**  
**Trip Limit: 18**  
**Activity Level: Minimal**

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## **Alamo Drafthouse Movie (Austin, Texas) Wednesday, October 28th**

Come join SASAC and the Assistant League for a movie and lunch!

**Departure Time: TBA**  
**Returning Time: TBA**  
**Fee: \$5**  
**Trip Limit: 18**  
**Activity Level: Minimal**

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## VISUAL, LITERARY & PERFORMING ARTS



### **Let's Sing-a-Long**

**Wednesdays**

**September 9th & 23rd**

**12:15-1:30p**

Bring your instrument and your singing voice. Celebrate the gift of song!

### **Oil Painters**

**Thursdays 8a-4p**

Come in and share your creativity with other painters!

### **Readin', Ritin' & Recitin'**

**Wednesdays**

**September 9th & 23rd**

Come join in the fun, whether you write or just want to listen.

### **Wednesday Painters**

**Wednesdays 1-3:30p**

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### **Ceramics Circle**

**Wednesdays 9-11a**

Bring your ceramic project and join other ceramics enthusiasts as you work.

### **Honey Bee Quilters**

**Thursdays, September 3rd & 17th**  
**9a-2p**

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene  
(512) 282-5507

### **Knitting & Crocheting**

**Tuesdays 9-11a**

Bring what you are working on.

Share ideas, skills and learn.

Participants are willing to teach beginners wanting to learn!

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### **Writing the Stories of Your Life**

**Wednesdays, September 9th - October 14th 9:45-11:15a**

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

**Contact instructor in advance**  
**for information & availability.**

**Fee: \$45 (6 sessions)**

**Contract Instructor: Rosalind Bond (512) 441-3014**

## RECREATION AND GAMES

### Bingo

Wednesdays, September 9th, 23rd & 30th 1-3p  
**AND** Friday, Sept. 25th 1-3p  
\*25¢ per card - 8 card limit\*  
*Sponsored by the Wellmed*

### Chess Club

**Mondays and Fridays 10a-12p**  
New players and all levels welcome!

### Mahjong

**Tuesdays and Fridays 12:30-3p**  
Join in on the classic game!

### Mexican Train Dominoes

**Tuesdays 12:15-3:15p**

### Ping Pong

**Tuesdays 12:30-3p**

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

### Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

## AND MORE

### BIBLE STUDY

**Mondays 1-3p**

Join us for reflection and study with Rev. David Dukes. All are welcome. **FREE**

### TECHNOLOGY CLASS

**Wednesday, September 16th  
9-11a**

Having trouble operating your computer, tablet, or smart phone?

Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE**

### INTRODUCTION TO SPANISH CONVERSATION

**Mondays 9-10:30a**

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases.

Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

**FREE**

**Volunteer Instructors:  
Jose and Bertha Cruz**

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

### CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

*Tickets distributed equal the number of meals ordered for that day.*

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

# LUNCH

MONDAY	TUESDAY
	<b>1</b> John Yocum's Lemon Pepper Fish Parslied Red Potatoes Brussels Sprouts Wheat Bread Fresh Fruit
<b>7</b> Closed Labor Day	<b>8</b> Beef Pepper Steak Brown Gravy Polenta Herbed Green Beans Wheat Bread Fresh Fruit
<b>14</b> Swiss Steak Whipped Potatoes w/ Skins Broccoli Wheat Bread Fresh Fruit	<b>15</b> Breaded Fish Lentils Spring Vegetables Wheat Bread Fresh Fruit Tartar Sauce
<b>21</b> Lemon Pepper Chicken Mashed Sweet Potatoes Spinach Dinner Roll Fresh Fruit Margarine	<b>22</b> Beef Ziti Herbed Green Beans Diced Beets Wheat Bread Banana Pudding
<b>28</b> Ron Lantz's Meatloaf Brown Gravy Whipped Potatoes w/ Skins Collard Greens Wheat Bread Fresh Fruit	<b>29</b> Ranchero Chicken Black Beans and Corn Stewed Tomatoes Wheat Bread Fresh Fruit

# MENU

WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Turkey Pastrami Swiss Cheese Lettuce and Tomato Green Pea Salad Wheat Bread Fruited Orange Gelatin	<b>3</b> Sloppy Joe Confetti Coleslaw Baked Beans Hamburger Bun Hot Fruit Compote	<b>4</b> Tim Andrew's BBQ Pork Rib Tossed Salad Ranch Beans Wheat Roll Apple Crisp Lite Salad Dressing
<b>9</b> Bean and Cheese Burrito Green Chile Sauce Spanish Brown Rice Sliced Carrots Strawberry Swirl Pudding	<b>10</b> BBQ Chicken Breast Coleslaw Ranch Beans Dinner Roll Hot Sliced Peaches	<b>11</b> Smoked Turkey Sausage Potato Wedges Country Tomatoes Hot Dog Bun Fresh Fruit
<b>16</b> Chicken Salad Pasta Salad Tomato Spoon Relish Saltine Crackers Fruited Lime Gelatin	<b>17</b> Apple Grazed Turkey Ham Black Eyed Peas Mixed Greens Cornbread Marble Pudding Margarine	<b>18</b> Chilaquiles Casserole Brown Rice Green Beans w/ Onions Wheat Bread Fresh Fruit
<b>23</b> Pork Carnitas Pinto Beans Fiesta Vegetables Wheat Tortilla Fresh Banana	<b>24</b> Soy Ginger Chicken Fried Brown Rice Kyoto Edamame Vegetables Wheat Bread Fruited Cherry Gelatin	<b>25</b> Sliced Turkey Breast Swiss Cheese Lettuce and Tomato Kidney Bean Salad Wheat Bread (2) Fresh Fruit Mustard
<b>30</b> Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Cranberry Apples Mustard and Catsup		Due to unavailability of certain items, appropriate substitutions may need to be made.  **Milk is served every meal

## Austin City Council

### Mayor and City Council

Steve Adler, Mayor  
Kathie Tovo, Mayor Pro Tem, District 9  
Ora Houston, District 1  
Delia Garza, District 2  
Sabino "Pio" Renteria, District 3  
Gregorio "Greg" Casar, District 4  
Ann Kitchen, District 5  
Don Zimmerman, District 6  
Leslie Pool, District 7  
Ellen Troxclair, District 8  
Sheri Gallo, District 10

### Austin Parks and Recreation

Sara L. Hensley, CPRP, Director  
Kimberly A. McNeeley, CPRP, Assistant Director  
Marty Stump, Assistant Director  
Cora D. Wright, Assistant Director  
Cheryl Bolin, Division Manager  
Tiffany M. Cabin, Seniors Program Manager

### SASAC Advisory Board 2015

Kitti Greenough, President  
Leigh Emrich, Vice President  
Janice Ootsey, Treasurer  
Elaine Benton, Secretary  
Iola Canady  
Carolyn Drake  
Raisa Edelman  
Margie Mendez



## City Manager

Marc Ott, City Manager  
Ray Baray, Chief of Staff  
Rey Arellano, Assistant City Manager  
Sue Edwards, Assistant City Manager  
Robert Goode, Assistant City Manager  
Bert Lumbreras, Assistant City Manager  
Mark Washington, Acting Assistant City Manager

### Parks Board

Jane Rivera, Chair  
Richard DePalma, Vice Chair  
Alison Alter, Board Member  
Michael Casias, Board Member  
Rick Cofer, Board Member  
Tom Donovan, Board Member  
Alesha Larkins, Board Member  
Francoise Luca, Board Member  
Alex Schmitz, Board Member  
Mark Vane, Board Member  
Pat Wimberly, Board Member

### SASAC Staff

Angela Niemiec, CPRP/CTRS, Programs Supervisor  
Lynnette Lara, Programs Specialist  
West Baxter, MSRLS, Programs Specialist  
Kaitie Hilburn, Administrative Associate  
Datron Plummer, Building & Grounds Assistant

**MISSION** The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and

Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.