



SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm

Wednesday 8:00am - 10:00pm

www.austintexas.gov/department/south-austin-senior-activity-center



Austin Parks and Recreation Department - Seniors



JANUARY 2019



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



2019 Registration Begins November 26th!!!

2019 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2019 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Since January 3, 2017 SASAC has used a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2019 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

2019 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 9 pm
Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm
Come dance the night away to a live band! **\$5 per person charge**

January 2 - Nite Shift

January 23 - Nite Shift

January 9 - 3 Chord Rodeo

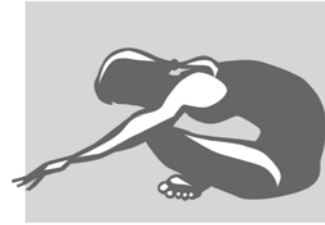
January 30 - Hired Guns

January 16 - Alibis

UPCOMING EVENTS

Facility Closure

SASAC will be closed Tuesday, January 1st in observance of the New Year Holiday. SASAC will also be closed Monday, January 21st in observance of Martin Luther King Day. The facility will reopen the following day at 8:00am.



Tai Chi Open House

Friday, January 4th 10:15a - 11:15a

Here is your chance to try out our spectacular Tai Chi class for FREE!! Join us for this open house before the next session starts.



Meet and Greet Wendy from WellMed.

Tuesday, January 15th 10:30-12

Come enjoy some hot chocolate at the Hot Chocolate Bar serving at 12



Texas Hold'em Tournament

Friday, January 25th 1-4p

It's that time again, lets play some Texas Hold'em Tournament! All levels welcome to play in the Texas Hold'em Tournament.

MARDI GRAS DANCE

Coming Soon

featuring the Nash Hernandez Orchestra

Advisory Board

The SASAC Advisory Board is currently accepting applications to fill seats on the 2019 board. This support group works with center staff to create quality experiences at SASAC. Board members will be asked to attend monthly meetings and volunteer your time at the center for events and programs. Please contact the front desk for more details.

PUBLIC MEETINGS

SASAC ADVISORY BOARD MEETING

Friday, January 11th

SOUTH AUSTIN AARP #2426

Wednesday, January 16th

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, January 17th

Birthday Celebration

Thursday, January 31st
12pm

Join us for cake and ice cream to celebrate all friends' January birthdays!!!

AARP Smart Driver TBA

This class is designed for the mature driver & it **will not dismiss traffic violations.**

** For insurance discount only **
Fee: \$15 for AARP Members
\$20 for non-AARP Members
Sign up in advance at the front desk.

Payment due on the day of class:

CASH OR CHECKS ONLY
payable to AARP

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our winter garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 10a

NO CLASS - Monday, January 21st



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays
11a - 1p
FREE

Progressive Bridge

Monday, Wednesdays & Fridays
1 - 3p
FREE

Advanced Free Play

Monday 11a- 2p & Thursdays 9 - 11:30a

This group focuses on:

- *Competitive Bidding*
- *Chicago Style Scoring*
- *Duplicate Practice*
- *Peer Coaching*

FREE



Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p
Led by Larry Davis,
Contract Instructor
\$5.00

Friday Morning Free Play

Fridays 9 - 11am

Beginner's welcome
FREE

Hand and Foot Canasta

January 10th, 24th & 31st 12-4p

A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p
FREE

FITNESS

BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

*You should consult your physician
or other health care professional
before starting any fitness program
to determine if it is
right for you and your needs.*

Gym Hours

Mondays 8a-9a & 3p-4:45p
Tuesdays 8a-12p & 3:30-6:30p
Wednesday 8a-10:45a, 4-6p
8-9:45p
Thursday 8-9a & 12-4:45p
Friday 8-11:30a & 3-4:45p

YOGA

**Mondays, Wednesdays
and Fridays 9 - 10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

Contact Instructor:

Charlie Pivert

**Fee: \$10 drop-in class
\$25 for 3 classes**

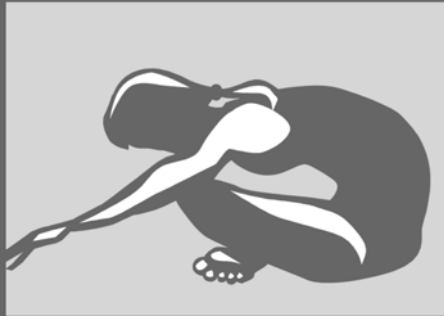
SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a

Thursdays 8:30 - 9:30a

Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).

Instructed by video tape
FREE



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

T'ai Chi has many proven health benefits
for seniors, from increased balance and
bone strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

FREE Trial Class January 4th

Session 1: January 8th – February 15th

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

FITNESS

BEGINNER LINE DANCE

Mondays 1- 2p

Socialize & learn the basic
steps to fun line dances.

Instructor: Joan Cox
(512)288-4135

FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

Thursdays 2:30-3:30p

Scout your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

Instructor: Joan Cox
(512)288-4135

FREE

Stretch and Strength

Thursdays 1:15- 2:15 p

Join Patti Gagne as she teaches
you how to balance the body's
strength and flexibility.

Instructor: Patti Gagne
FREE

NO CLASS August 23rd

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

Instructor: Kade Green

FREE

Austin Rockin' Line Dancers Thursdays

9:30 - 11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

Instructor: Sonja Hemmes
(512)531-9122

FREE



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**

ZUMBA w/ Instructor

Fridays 2:30 – 3:30 pm

Instructor: Jacque Cotrell

NO CLASS JAN 4th

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! You must
pre-register **FREE**



Follow us on Facebook at:

**Austin Parks and Recreation
Department - Seniors**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Closed for New Years Day	2 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	3 Pinochle 8-2 Oil Painting 8-4 Honey Bee 8-2 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	4 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:-1 Bingo 1-3 Progressive Bridge 1-3
7 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	8 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	9 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	10 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	11 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
14 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2-3:30	15 Pinochle 8-2 Sr. Health & Fitness 9-10 WellMed 10:30 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	16 Yoga 9-10 Ceramics 9-11 Technology 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 AARP 1-4 Painters 1-3:30 Wednesday Night Dance 7-10p	17 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Honey Bee 8-2 Austin Rockin' Line Dance 9:30-11 NARFE 9-12 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	18 Yoga 9-10 Friday Morning Bridge 9-11 Card Making 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
21 In Observance of Martin Luther King Day	22 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	23 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	24 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	25 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Texas Hold'em 1-4 Zumba 2:30-3:30
28 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	29 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	30 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	31 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 January Birthdays 12pm Canasta 12-4 Austin Rockin' Line Dancers 9:30-11 Stretch and Strength -1:15 - 2:15 Birthday 12-12:30 Line Dance 2:30-3:30	

JANUARY 2019

TRIPS

LOTTERY REGISTRATION DUE: Friday, January 11th
LOTTERY RESULTS AVAILABLE: Monday, January 14th
REGISTRATION FEES DUE: Friday, January 18th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, January 14th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



Health Fair (Austin, Texas)
Thursday, January 17th

Our annual health Fair is back. This year we are headed to Givens Recreation Center.

Departure Time: 9:30a
Returning Time: 1:30p
Fee: Free
Activity Level: Low

Better Balance (Austin, Texas)
Thursdays, January 17th - February 7th

This four week workshop will focus on promoting and maintaining balance, coordination and posture through a series of simple brain and muscle exercises. The goal of ongoing balance training is to teach your brain how to quickly activate the *right* muscles in your body at the *right* time to help keep you *upright*.

Departure Time: 1:45p
Returning Time: 3:30p
Fee: Free
Activity Level: Low



TRIPS

Acoustic Cafe (Austin, Texas)
Saturday, January 19th



Austin Acoustical Café returns to the Lamar Senior Activity Center featuring The Limelimiters.

Departure Time: 5:30p
Returning Time: 10p
Fee: Resident: \$15/ Non-Resident: \$16
Activity Level: Low

K1 Indoor Racing (Austin, Texas)
Tuesday, January 22nd



Join us at K1 Speed Track – America’s premier indoor karting experience for a quality, fun time. They offer world-class indoor go-kart racing to satisfy the adrenaline needs of any diehards or casual motor sport fans alike. We will take a qualifying lap and then a final race with medals for the top 3 alongside a podium finish.

Departure Time: 11a
Returning Time: 3p
Fee: Resident: \$41 / Non-Resident: \$42
Extra Expense: Purchase of Lunch
Activity Level: High—walking at indoor venue, possible stairs and ramps, ability to sit down into and pull out of a go cart

Magic Museum (Austin, Texas)
Tuesday, January 29th



Come one and all to see the mysteries and history of magic at Austin’s Magic Museum.

Departure Time: 10a
Returning Time: 4p
Fee: Resident: \$25 / Non-Resident: \$26
Extra Expense: Purchase of Lunch
Activity Level: Low

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters Thursday, Jan. 3rd & 17th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.
Contact: Charlotte Mackelvery
(512) 652-8587

Knitting & Crocheting Tuesdays 9 - 11a

Bring what you are working on.
Share ideas, skills and learn.
Participants are willing to teach beginners wanting to learn!
NO Class Tuesday, December 25th

Let's Sing-a-Long Wednesday Jan. 9th & 23rd & 30th 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

Card Making Friday, January 18th 8:30a - 10:00a

Creating fun holiday cards and tags

Writing the Stories of Your Life

Next Session: January 9th to February 13th

9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, January 9th, 23rd & 30th **AND** Every Friday

1-3p

25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

NO Class Monday, January 21st

Mahjong

Tuesdays 1:15-3p
Join in on the classic game!

NO Class Tuesday, January 1st

Mexican Train Dominoes

Tuesdays 12:15-3:15p

NO Class Tuesday, January 1st

Ping Pong

Tuesdays 12:30-3p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

NO Class Tuesday, January 1st

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.

FREE

TECHNOLOGY CLASS

Wednesday, January 16th

9-11a

(In lobby)

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

NO Class Monday, January 21st

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary.

FREE

Volunteer Instructors:

Maria R. Luna

LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED



Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60 (not registered)** and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal.</p>	<p>1 Closed For Holiday</p>	<p>2 Margarita Chicken Thigh Charro Beans Parslied Carrots Wheat Bread Fresh Banana Cal: 827</p>	<p>3 Cold Meal Sliced Ham and Swiss Cheese Lettuce and Tomato Potato Salad Wheat Bread (2) Marble Pudding Mustard Cal: 702</p>	<p>4 Turkey Rice Casserole Stewed Tomatoes Steamed Cauliflower Whole Wheat Breadstick Fresh Fruit Cal: 620</p>
<p>7 Ron Lantz's Meatloaf with Brown Gravy Macaroni and Cheese Green Beans with Red Peppers Wheat Bread Fresh Fruit Cal: 680</p>	<p>8 Sausage Jambalaya Black-Eyed Peas Okra and Tomatoes Saltine Crackers Fresh Banana Cal: 636</p>	<p>9 10 Grain Pollock Confetti Brown Rice Mixed Vegetables Wheat Bread Butterscotch Swirl Pudding Cal: 698</p>	<p>10 Sloppy Joe Parslied Potatoes Coleslaw Hamburger Bun Hot Apple Raisin Compote Cal: 666</p>	<p>11 Mexican Chicken Chili Sliced Carrots Spinach Cornbread Fresh Fruit Margarine Cal: 668</p>
<p>14 Balsamic Brown Sugar Chicken Brown Rice Florentine Broccoli with Red Peppers Wheat Bread Fresh Fruit Margarine Cal: 625</p>	<p>15 Pizza Casserole Herbed Green Beans Parslied Carrots Whole Wheat Breadstick Fresh Fruit Cal: 646</p>	<p>16 Turkey Taco Pinto Beans Fiesta Vegetables Wheat Tortilla Fruited Cherry Gelatin Taco Sauce Cal: 676</p>	<p>17 Herbed Pork Loin Mashed Sweet Potatoes Cauliflower Wheat Bread Banana Pudding Cal: 755</p>	<p>18 Diced Caesar Chicken Lemon Herb Couscous Greek Vegetables Wheat Pita Pocket Fresh Fruit Cal: 660</p>
<p>21 Closed for Holiday</p>	<p>22 Beef Pepper Casserole Broccoli Stewed Tomatoes Whole Wheat Breadstick Fresh Fruit Cal: 600</p>	<p>23 Dan Prueett's Burger Lettuce and Tomato Baked Beans Hamburger Bun Hot Fruit Compote Mustard and Ketchup Cal: 678</p>	<p>24 Pork Carnitas Spanish Brown Rice Cheesy Spinach Wheat Tortilla Fruited Orange Gelatin Taco Sauce Cal: 612</p>	<p>25 Chicken Picatta Thigh Lima Beans Catalina Vegetables Wheat Bread Fresh Fruit</p>
<p>28 Rosemary Beef Orzo with Asparagus Dilled Carrots Texas Bread Fresh Fruit Cal: 633</p>	<p>29 Turkey and Dumplings Herbed Green Beans Cauliflower Wheat Bread Pineapple Pudding Cal: 604</p>	<p>30 Dan Prueett's Burger Lettuce and Tomato Baked Beans Hamburger Bun Hot Fruit Compote Mustard and Ketchup Cal: 678</p>	<p>31 Pork Carnitas Spanish Brown Rice Cheesy Spinach Wheat Tortilla Fruited Orange Gelatin Taco Sauce Cal: 612</p>	<p> - Vegetarian Entrée  ≥ 1000mg Sodium</p>

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Acting Director
Liana Kallivoka, PhD, P.E, Assistant Director
Anthony Segrua, Assistant Director
Lucas Massie, Acting Assistant Director
Christa McCrathy, Division Manager
David Crabb, Seniors Program Manager

SASAC Advisory Board 2017

Willie Williams, Iresident
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Carolyn Drake
Raisa Edelman
Margaret Hughes
Mergie Mendez



City Manager

Spencer Cronk, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Robert Goode, Assistant City Manager
Sara Hensley, Interim Assistant City Manager
Joe Pantalion, Interim Assistant City Manager
Mark Washington, Acting Assistant City Manager

Parks Board

Jane Rivera, Chair
Richard DePalma, Vice Chair
Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Randy Mann, Board Member
Fred Morgan, Board Member
Mary Katherine Stout, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor
Maria Reyes, Recreation Program Coordinator
Lynnette Lara, Recreation Programs Specialist
West Baxter, MSRLS, Recreation Programs Specialist
Joe Asevedo, Building and Grounds Assistant

MISSION Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.