



# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm

Wednesday 8:00am - 10:00pm

[www.austintexas.gov/departments/south-austin-senior-activity-center](http://www.austintexas.gov/departments/south-austin-senior-activity-center)



Austin Parks and Recreation Department - Seniors



# AUGUST



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

## 2019 Registration Begins November 1st!!!

### 2018 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2018 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

## NEW Daily Check-in Procedure

### Starting January 3, 2017 SASAC will use a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2018 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

## 2018 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

### Evening Dance Clubs

#### **Waterloo Squares**

Tuesday Nights - Square Dancing from 7 – 9 pm  
Square-dance the night away to a live caller!

#### **Wednesday Night Dance Club**

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm  
Come dance the night away to a live band! **\$5 per person charge**

**August 1st – Nite Shift**

**August 8th - 3 Chord Rodeo**

**August 15th - Alibis**

**August 22nd - Chip Sneed**

**August 29th - Hired Guns**

## UPCOMING EVENTS

SASAC will close Friday, August 10th at 12:30pm to allow staff to attend mandatory training. All morning classes and Meals on Wheels will be held as scheduled.



### **Pie in the Face**

**Wednesday, August 8th 10-11a**

Come out for a little fun! Games, prizes  
Sponsored by WellMed and Humana



### **Bowling Tournament**

**Thursday, August 23rd 9:30-3p**

Join us on our annual friendly bowling tournament; win prizes and meet new people!



### **Memory Jar**

**Tuesday, August 14th 10-11a**

Important memories that you would like to be treasured by the recipient.



### **Understanding and Responding to Dementia Related Behavior**

**Tuesday, August 28th 10-11a**

Alzheimer's Association learn to better understand and respond to dementia symptoms.

## 2018 School Supply Drive

- SASAC Advisory Board is currently accepting donations of new school supplies for our annual school supply drive. These supplies can include new pens, pencils, colors, markers, folders, spirals, binders, backpacks, etc. We appreciate your help in giving back to our Austin community!

## PUBLIC MEETINGS

### SASAC ADVISORY BOARD MEETING

Wednesday, September 12th

### SOUTH AUSTIN AARP #2426

Wednesday, August 15th

### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, August 16th

#### Birthday Celebration

Thursday, August 30th  
12pm

Join us for cake and ice cream to celebrate all friends' June birthdays!!!

### AARP Smart Driver TBA

This class is designed for the mature driver & it **will not dismiss traffic violations.**

*\* For insurance discount only \**  
**Fee:** \$15 for AARP Members  
\$20 for non-AARP Members  
**Sign up in advance at the front desk.**

**Payment due on the day of class:**

**CASH OR CHECKS ONLY**  
**payable to AARP**

## COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Summer garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

**Every Monday at 9a**



## CARD GAMES

### Free Play Bridge

*Mondays, Wednesdays & Fridays*  
11a - 1p  
**FREE**

### Progressive Bridge

*Monday, Wednesdays & Fridays*  
1 - 3p  
**FREE**

### Advanced Free Play

*Monday 11a- 2p & Thursdays 9 - 11:30a*

*This group focuses on:*

- *Competitive Bidding*
- *Chicago Style Scoring*
- *Duplicate Practice*
- *Peer Coaching*

**FREE**



### Gentle Duplicate Bridge

*Tuesdays 12:30 - 3:30p*  
Led by Larry Davis,  
Contract Instructor  
**\$5.00**

### Friday Morning Free Play

*Fridays 9 - 11am*  
\*Beginner's welcome\*  
**FREE**

### Hand and Foot Canasta

*August 9th, 23rd & 30th 12-4p*  
A challenging game that's good for the brain.  
Friendly social group willing to teach you how to play.  
**FREE**

### Pinochle

*Tuesdays & Thursdays 8a - 2p*  
**FREE**

# FITNESS

## BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE  
EQUIPMENT, SASAC STAFF IS AVAILABLE  
TO ANSWER QUESTIONS.

*You should consult your physician  
or other health care professional  
before starting any fitness program  
to determine if it is  
right for you and your needs.*

### Gym Hours

Mondays 8a-9a & 3p-4:45p  
Tuesdays 8a-12p & 3:30-6:30p  
Wednesday 8a-10:45a, 4-6p  
8-9:45p  
Thursday 8-9a & 12-4:45p  
Friday 8-11:30a & 3-4:45p

### YOGA

**Mondays, Wednesdays  
and Fridays 9 - 10a**

Increase your strength and balance  
while gaining flexibility. Feel better  
physically & spiritually.

**Contact Instructor:**

**Charlie Pivert**

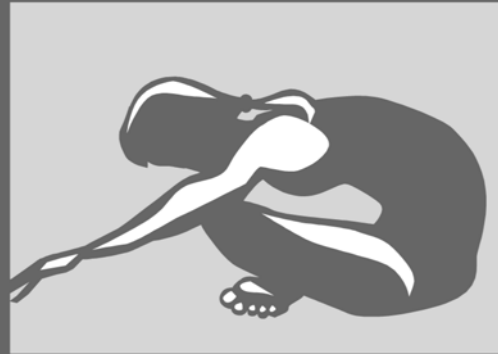
**Fee: \$10 drop-in class  
\$25 for 3 classes**

## SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a  
Thursdays 8:30 - 9:30a

Total body cardiovascular workout  
taught in a FUN class format.  
Four sets of activities  
(15 minutes each).

Instructed by video tape  
**FREE**



### T'AI CHI

Tuesdays 10-11a  
Fridays 10:15-11:15a

Tuesdays, Aug 7th- Sept 11th  
Fridays, Aug 10th - Sept 14th

T'ai Chi has many proven health benefits  
for seniors, from increased balance and  
bone strength, to greater strength and  
flexibility. T'ai Chi is also very safe and  
practiced slowly; it is zero impact.

**Instructor: Kade Green, Sifu**

**Fee: 6 Sessions Tuesdays OR Fridays only**

Residents: \$30

Non-Residents: \$36

**12 Sessions Tuesdays AND Fridays**

Residents: \$50

Non-Residents: \$62

**Drop in - per class**

Resident: \$5

Non Resident: \$6

# FITNESS

## BEGINNER LINE DANCE

Mondays 1- 2p

Socialize & learn the basic  
steps to fun line dances.

**Instructor: Joan Cox**  
(512)288-4135

**FREE**

## ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

\*Thursdays 2:30-3:30p\*

Scout your boots for a healthy body  
and mind. Have fun, make friends,  
and learn a variety of dances.

**Instructor: Joan Cox**  
(512)288-4135

**FREE**

## Stretch and Strength

Thursdays 1:15- 2:15 p

Join Patti Gagne as she teaches  
you how to balance the body's  
strength and flexibility.

**Instructor: Patti Gagne**  
**FREE**

**NO CLASS August 23rd**

## SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared  
towards adults 50 and older.

Seniorcize is a great way to stay  
active and get back into shape.

**Instructor: Kade Green**

**FREE**

## Austin Rockin' Line Dancers Thursdays

9:30 - 11a

Rocking Chairettes is a line dance  
group that performs at various  
locations around Austin and has  
been honored with several awards.

**Instructor: Sonja Hemmes**  
(512)531-9122

**FREE**



## ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**

**ZUMBA w/ Instructor**

**Fridays 2:30 - 3:30 pm**

**Instructor: Jacque Cotrell**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! You must  
pre-register **FREE**



**Follow us on Facebook at:**

**Austin Parks and Recreation  
Department - Seniors**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	2 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Honey Bees 9-2 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	3 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
6 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	7 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	8 Yoga 9-10 Ceramics 9-11 <b>Pie in the Face 10-11</b> Seniorcize 10:30-11 Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30	9 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	10 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11-12:30  <b>Facility closes at 12:30p</b>
13 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11-1 Progressive Bridge 1-3 Bible Study 1-3	14 Pinochle 8-2 Sr. Health & Fitness 9-10 <b>Memory Jar 10-11</b> Knitting & Crocheting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	15 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 <b>Technology 8:30-10:30</b> Progressive Bridge 1-3 <b>AARP 1-4</b> Painters 1-3:30 Wednesday Night Dance 7-10p	16 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Honey Bees 9-2 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 <b>NARFE 9:30-12:30</b> Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	17 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
20 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	21 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	22 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 <b>Movie Day 1:30 - 4pm</b> Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	23 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Canasta 12-4 Austin Rockin' Line Dancers 9:30-11 Stretch and Strength –NO Class Line Dance 2:30-3:30	24 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
27 Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3	28 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 <b>Understanding Dementia 10-11</b> <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	29 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	30 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 <b>Birthday Party 12:00p</b> Canasta 12-4 Austin Rockin' Line Dancers 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	31 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30

# AUGUST 2018

# TRIPS

**LOTTERY REGISTRATION DUE: Friday, August 3rd**  
**LOTTERY RESULTS AVAILABLE: Monday, August 6th**  
**REGISTRATION FEES DUE: Friday, August 10th**

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, August 6th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



**Conley-Guerrero End of Summer Bingo (Austin, Texas)**  
**Tuesday, August 14th**

Bingo, Bingo, Bingo! Let's finish the summer out with a grand game of bingo and dinner at Conley-Guerrero Senior Activity Center.

**Departure Time: 2:30p**  
**Returning Time: 6:30p**  
**Fee: Resident: \$4 / Non-Resident: \$5**  
**Includes Dinner - \$1 per Card**  
**Activity Level: Low**

**Bowling Tournament (Austin, Texas)**  
**Thursday, August 23rd**

Join us on our annual friendly bowling tournament; win prizes and meet new people!

**Departure Time: 9:30a**  
**Returning Time: 3p**  
**Fee: Resident: \$13 / Non-Resident: \$14**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: High**



# TRIPS

**Movie Giant @ The Paramount Theatre (Austin, Texas)**  
**Friday, August 31st**



Ready for a Movie at the Paramount?! We are going see one of the biggest classic movies of all time; **Giant**.

**Departure Time: 5p**  
**Returning Time: 10:30p**  
**Fee: Resident: \$12 / Non-Resident: \$13**  
**Additional Expenses: Purchase of Dinner**  
**Activity Level: Low**

**Snorkeling with the Park Rangers (Austin, Texas)**  
**Thursday, September 6th**



Have you always wanted to learn how to snorkel and explore Barton Springs pool. Join us on this adventure!

**Departure Time: 8:30a**  
**Returning Time: 12p**  
**Fee: Resident: Free**  
**Activity Level: High—Must be able to swim in water temperature that is 67 degrees**

SASAC is excited to announce that we can now accept credit card payments and Apple Pay.

You can also make payments or view our program selection by going to [www.austintexas.gov/parks](http://www.austintexas.gov/parks) and selecting "Online Registration". Please see staff for additional information.



## VISUAL, LITERARY & PERFORMING ARTS



### **Honey Bee**

**August 2nd & 16th  
9a - 2p**

The Honey Bees invite anyone interested in quilting to join their monthly meetings.  
Contact: Charlotte Mackelvery  
(512) 652-8587

### **Knitting & Crocheting**

**Tuesdays 9 - 11a**

Bring what you are working on.  
Share ideas, skills and learn.  
Participants are willing to teach beginners wanting to learn!

### **Writing the Stories of Your Life**

**Next Session: TBA**

**9:45-11:15a**

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

**Contact instructor in advance for information & availability.**

**Fee: \$48 (6 sessions)**

**Contract Instructor: Rosalind Bond (512) 441-3014**

### **Let's Sing-a-Long**

**August 22nd & 29th**

**12:15 - 1:30p**

Bring your instrument and your singing voice. Celebrate the gift of song!

### **Oil Painters**

**Thursdays 8a - 4p**

Come in and share your creativity with other painters!

### **Wednesday Painters**

**Wednesdays 1 - 3:30p**

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### **Ceramics Circle**

**Wednesdays 9 - 11a**

Bring your ceramic project and join other ceramics enthusiasts as you work.

### **MOVIE DAY**

**Wednesday, August 22nd**

**1:30 - 4:00pm**

Join us for Mama Mia!

## RECREATION AND GAMES

**Bingo** Wednesdays, August 22nd & 29th **AND** Fridays  
(NO BINGO FRIDAY, AUGUST 10th)

**1-3p**

**\*25¢ per card - 8 card limit\***

### **Chess Club**

**Mondays and Fridays 10a-12p**  
New players and all levels welcome!

### **Mahjong**

**Tuesdays 1:15-3p**  
Join in on the classic game!

### **Mexican Train Dominoes**

**Tuesdays 12:15-3:15p**

### **Ping Pong**

**Tuesdays 12:30-3p**

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

### **Recreation Room**

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member

## AND MORE

### **BIBLE STUDY**

**Mondays 1-3p**

Join us for reflection and study with Rev. David Dukes. All are welcome.

**FREE**

### **TECHNOLOGY CLASS**

**Wednesday, August 15th**

**9-11a**

**(In lobby)**

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE**

### **INTRODUCTION TO SPANISH CONVERSATION**

**Mondays 9-10:30a**

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

**FREE**

**Volunteer Instructors:**

**Maria R. Luna**

# LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

## CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

*Tickets distributed equal the number of meals ordered for that day.*

Lunch is served daily **11:30a-12p** with milk and water.

**For ineligible guests OVER 60 (not registered) and guest UNDER 60, the cost of the meal is \$5.39.**

**Due to the unavailability of certain items, substitutions are occasionally made.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.		1 Mexican Chicken Chili Green Peas Sliced Carrots Dinner Roll Applesauce	2 Glazed Ham Lima Beans Collard Greens Cornbread Fresh Fruit Margarine	3 Swiss Steak Cheesy Rosemary Potatoes Stewed Tomatoes Wheat Bread Fresh Fruit
6 Beef Spaghetti Casserole Herbed Green Beans Broccoli Whole Wheat Breadstick Fresh Fruit	7 Turkey Taco Pinto Beans Parslied Carrots Wheat Tortilla Lemon Pudding Taco Sauce	8 Turkey Pastrami and Swiss Cheese Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fig Bar	9 Country Fried Steak with Gravy Whipped Potatoes with Skins Capri Vegetables Wheat Bread Fresh Banana	10 Mu Shu Pork Herbed Jasmine Rice Japanese Vegetables Wheat Bread Fresh Fruit
13 Salisbury Beef with Gravy Roasted Sweet Potatoes Broccoli Wheat Bread Fresh Fruit	14 Judith's Smoked Sausage Chuckwagon Corn Cucumber Salad Hot Dog Bun Hot Spiced Pineapple Tidbits	15 Breaded Fish Macaroni and Cheese Spinach Wheat Bread Marble Pudding	16 Chilaquiles Casserole Spanish Brown Rice Mixed Vegetables Wheat Bread Fresh Fruit	17 Beef Shawarma Lentil Vegetable Pilaf Glazed Beets Wheat Pita Pocket Fresh Fruit
20 Turkey Brown Rice Casserole Herbed Green Beans Ginger Carrots Wheat Bread Fresh Fruit	21 Lemongrass Chicken Fried Brown Rice Catalina Vegetables Wheat Bread Fresh Banana	22 Roast Beef with Gravy Mashed Sweet Potatoes Cauliflower Wheat Bread Fruited Cherry Gelatin	23 Pork Carnitas Charro Beans Squash Medley Wheat Tortilla Butterscotch Swirl Pudding	24 Three Cheese Ziti Bake Scalloped Tomatoes Broccoli Whole Wheat Breadstick Fresh Fruit
27 Beef Burgundy Brown Rice Lemon Brussels Sprouts Wheat Bread Fresh Fruit	28 Pesto Chicken Meatballs Lemon Herb Whole Grain Pasta Italian Vegetables Whole Wheat Breadstick Chocolate Pudding	29 Charlene's Tuna Macaroni Salad Garbanzo Bean Salad Cold Pickled Beets Saltine Crackers Fresh Banana	30 Buffalo Chicken Pasta Herbed Green Beans Squash Medley Wheat Bread Fruited Lemon Gelatin	31 <i>Labor Day</i> Hamburger Patty Lettuce and Tomato Tater Gems Hamburger Bun Apple Crisp



## Austin City Council Mayor and City Council

Steve Adler, Mayor  
Kathie Tovo, Mayor Pro Tem, District 9  
Ora Houston, District 1  
Delia Garza, District 2  
Sabino "Pio" Renteria, District 3  
Gregorio "Greg" Casar, District 4  
Ann Kitchen, District 5  
Don Zimmerman, District 6  
Leslie Pool, District 7  
Ellen Troxclair, District 8  
Sheri Gallo, District 10

## Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Acting Director  
Liana Kallivoka, PhD, P.E, Assistant Director  
John Nixon, Acting Assistant Director  
Ricardo Soliz, Acting Assistant Director  
Lucas Massie, Division Manager  
David Crabb, Seniors Program Manager

## SASAC Advisory Board 2017

Shirley Masterson, President  
Willie Williams, Vice President  
Joan Cox, Secretary  
Kitti Greenough, Treasurer  
Elaine Benton  
Carolyn Drake  
Raisa Edelman  
Margaret Hughes  
Margie Mendez



## City Manager

Spencer Cronk, City Manager  
Ray Baray, Chief of Staff  
Rey Arellano, Assistant City Manager  
Robert Goode, Assistant City Manager  
Sara Hensley, Interim Assistant City Manager  
Joe Pantalion, Interim Assistant City Manager  
Mark Washington, Acting Assistant City Manager

## Parks Board

Jane Rivera, Chair  
Richard DePalma, Vice Chair  
Michael Casias, Board Member  
Rick Cofer, Board Member  
Tom Donovan, Board Member  
Romteen Farasat, Board Member  
Dawn Lewis, Board Member  
Francoise Luca, Board Member  
Randy Mann, Board Member  
Fred Morgan, Board Member  
Mary Katherine Stout, Board Member

## SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor  
Maria Reyes, Recreation Program Coordinator  
Lynnette Lara, Recreation Programs Specialist  
West Baxter, MSRLS, Recreation Programs Specialist  
Joe Asevedo, Building and Grounds Assistant

**MISSION** The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.