



Walking and biking to school is a great way for kids to get the physical activity needed for healthy minds. Kids who are more physically active have better academic performance. Studies suggest that exposure to nature and free outdoor play can reduce stress.



ABOUT SAFE ROUTES TO SCHOOL

The Safe Routes to School Program helps children choose human power to get to school. Through crossing guards, education, outreach, and infrastructure projects, we aim to make it safer for elementary and middle school students to walk, bike, and roll.

Learn more:

[AustinTexas.gov/SafeRoutes](https://austintexas.gov/saferoutes)

ABOUT SAFE ROUTES COMMUNITY ENGAGEMENT

The Safe Routes to School Engagement Program works with school communities to get students and families excited about walking and biking to school. Whether you are a parent, teacher, school administrator, or a member of a community group, we can help you plan activities, provide resources, and share digital tools.

CONTACT US

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PARK A BLOCK AND WALK TO SCHOOL



WHAT IS PARK A BLOCK & WALK?

If your student is unable to walk or bike from home to school, parking a short distance from school and walking is a great way to get active. It also helps to reduce traffic congestion and air pollution at school.



TIPS FOR PLANNING A PARK AND WALK



- Find a parking spot a few blocks from the school with a safe walking route. Look for routes with sidewalks or pedestrian paths and safe crossing areas.
- Invite a friend from your child's class to walk together.
- Check the weather and dress accordingly.
- If you park in a neighborhood, please respect residents by not blocking driveways, mailboxes, or fire hydrants.
- Park at least six feet from crosswalks so you don't obstruct visibility.
- Practice your route during school breaks or on a weekend.



LEARN ABOUT YOUR NEIGHBORHOOD

Explore different ways to walk to school with your child to find a safe route. Teach them how to cross streets safely. Make the walk more fun by learning about the trees, flowers, or buildings on your route!

IT'S FUN!

Walking and biking to school is fun! It helps you connect with your community and can inspire creativity. You will see your school and the surrounding neighborhood in a whole new light!