

GREASE BLOB

FAT

OIL

GREASE

STOP THE BLOB

F.O.G. comes from foods like cooking oil, meat drippings, butter, sauces, gravy, dairy products, and even salad dressing.

-  Scrape food scraps into the trash can
-  Collect cooking oil in a container then toss into the garbage
-  Use paper towels to wipe off grease, then toss into the trash