The mission of the Central Texas Food Bank is to nourish hungry people and lead the community in the fight against hunger.
What we’ll cover

- Introductions
- Why should we use edible plants?
- When should we not use edible plants?
- Plant Suggestions and Ideas
- Examples of edible landscapes
- Books, websites, etc.

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Who is Greg?

- Gardener - Central Texas Food Bank
- Lifelong gardener, 5th generation Texan
- ISA Certified Arborist
- MS Geography – Motivations of Community Gardeners in Austin
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- 21 counties
- 46,000 clients / week
  - 66% client households have 1+ working adults
  - 93% are not homeless
- 45 million lbs of food /yr
  - 33% fresh produce
  - 22 million lbs of food rescue!
- $1 = 4 meals / $8 food / 5 lbs food
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The CTFB Garden

- Grow food
- Teach gardening
- 1 acre
- Organic
Why should we use edible plants?

• Beautiful & distinctive
• Inviting
• You can eat them
• Wildlife habitat
Edible plants are pretty

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Edible plants are pretty

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Edible landscapes invite participation

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The other kind of wildlife too

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When to avoid edible plants

• Next to busy roads
• Polluted areas
• Areas where you are going to spray pesticides
Edible Plants – not *always* pretty

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### Greg’s Entirely Subjective List of Plants

<table>
<thead>
<tr>
<th>Agarita</th>
<th>Fig</th>
<th>Pole beans</th>
</tr>
</thead>
<tbody>
<tr>
<td>Artichoke</td>
<td>Garlic</td>
<td>Pomegranate</td>
</tr>
<tr>
<td>Asian persimmon</td>
<td>Grape</td>
<td>Rosemary</td>
</tr>
<tr>
<td>Asparagus</td>
<td>Jujube</td>
<td>Spiderwort</td>
</tr>
<tr>
<td>Barbados cherry</td>
<td>Malabar spinach</td>
<td>Spinach</td>
</tr>
<tr>
<td>Basil</td>
<td>Mexican mint marigold</td>
<td>Swiss Chard</td>
</tr>
<tr>
<td>Blackberry</td>
<td>Mexican plum</td>
<td>Texas persimmon</td>
</tr>
<tr>
<td>Calendula</td>
<td>Mint</td>
<td>Thornless prickly pear</td>
</tr>
<tr>
<td>Chile pequin</td>
<td>Mulberry</td>
<td>Tomato</td>
</tr>
<tr>
<td>Citrus</td>
<td>Oregano</td>
<td>Turks cap</td>
</tr>
<tr>
<td>Collard Greens</td>
<td>Passionflower</td>
<td></td>
</tr>
<tr>
<td>Cucumber</td>
<td>Pecan</td>
<td></td>
</tr>
<tr>
<td>Eggplant</td>
<td>Pineapple guava</td>
<td></td>
</tr>
</tbody>
</table>
Horrible Spiky Things

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Interesting Eggplants

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Grasses and Flowers

MILLET

STRIPED JAPONICA MAIZE

NASTURTIUM

CALENDULA

The mission of the Central Texas Food Bank is to nourish hungry people and lead the community in the fight against hunger.
Colorful Crucifers

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Creeping Cucumbers
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Low Maintenance Edibles

Pineapple Guava

Spiderwort

Juniper

Passion Flower

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Informal Edible Landscapes

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Pruning, Trellising

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Goats are the new chicken

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Books Websites Etc.

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Additional Resources

California Rare Fruit Growers – http://www.crfg.org/
The Natural Gardener – http://www.naturalgardeneraustin.com/
Orchard Equipment and Supply - www.oescoinc.com
Peaceful Valley Farm Supply - http://www.groworganic.com/
Sustainable Food Center - http://sustainablefoodcenter.org/
Texas Organic Farmers and Gardeners Association - http://www.tofga.org/
Texas A&M University Extension - http://agrilifeextension.tamu.edu/
TreeFolks, Inc. – http://www.treefolks.org
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