

# 2016 City of Austin Preventive Drug List for Consumer Driven Health Plans Expanded List



### Alphabetical Listing - Expanded List

Α
Abacavir
Abacavir-Lamivudine-
Zidovudine
Abilify
Acarbose
Accolate
Accuneb
Accupril
Accuretic
Acebutolol
Aceon
Actonel
ACTOplus Met
ACTOplus Met XR
Actos E
Adalat CC
Advair Diskus
Advair HFA
Advicor

**Aggrenox** Albuterol Nebulized Solution Albuterol Oral Tablet

**Aldactone** Alendronate **Altace** Altoprev E Alvesco Amaryl Amiloride

**Aldactazide** 

Afrezza E

Aerospan

Afeditab

Amiloride-Hydrochlorothiazide Aminophylline

**Amlodipine** Amlodipine-Benazepril Amlodipine-Valsartan

Amlodipine-Valsartan-Hydrochlorothiazide E

Amturnide E Anastrozole Anoro Ellipta Antara E **A**pidra **Aptivus** Arcapta Neohaler

Arimidex E Aripiprazole **Arixtra Arnuity Ellipta Aromasin Asmanex HFA Asmanex Twisthaler** Astagraf XL E **Atacand Atacand HCT** Atelvia E Atenolol

Atenolol-Chlorthalidone Atripla Atorvastatin

**Atrovent HFA** Aubagio **Avalide Avandamet** 

**Avandaryl** Avandia Avapro **Avonex** Azasan Azathioprine Azor E

Benazepril Benazepril-

Hydrochlorothiazide

Benicar **Benicar HCT** Betaseron Betaxolol\* Bidil Binosto E Bisoprolol

Bisoprolol-Hydrochlorothiazide

Boniva Breo Ellipta **Brilinta Brovana** Budesonide Bumetanide **Bydureon Byetta Bystolic** 

C

Calan Calan SR

Calcitonin (Salmon) Candesartan Candesartan-

Hydrochlorothiazide

Captopril Captopril-

Hydrochlorothiazide

Cardene SR Cardizem Cardizem CD Cardizem LA Cardura Cardura XL Cartia XT Carvedilol Catapres **Catapres TTS** Cellcept Chlorothiazide

Chlorpromazine Cholestyramine Cholestyramine Light Choline Fenofibrate E Cilostazol

Clonidine Clonidine Patch Clopidogrel Clorpress Clozapine Clozaril

Colestipol **Combivent Respimat** 

Combivir Complera

Colestid

Copaxone Coreg Corea CR E Corgard Corzide Coumadin Covera HS Cozaar Crestor Crixivan Cromolvn Cycloset

Cyclosporine

**Daliresp** 

Didronel

Demadex Diabeta Diabetic Testing - Lancets

Didanosine

Dilacor XR Dilt CD Dilt XR Diltia XT Diltiazem Diltiazem ER Diltzac FR Diovan E Diovan HCT E Dipyridamole

Diuril Doxazosin Duetact Dulera

Duoneb Dutoprol **Dvazide Dynacirc CR** 

**Dvrenium** 

Edarbi **Edarbyclor** Edecrin **Edurant Effient Eliquis** Elixophyllin **Emtriva** Enalapril Enalapril-

Hydrochlorothiazide Enoxaparin

Epaned **Epivir Eplerenone** Eprosartan **Epzicom Ftidronate** Evista E **Evotaz** 

Exemestane Exforge E Exforge HCT E Extavia E

2

Fanapt **Fareston** Farxiga **FazaClo** Felodipine ER Femara E

F

Fenofibrate 43, 50, 67.130, 134, 150, 200 mg Capsule E Fenofibrate 48, 120, 145 mg Tablet E

Fenofibrate 54, 160 mg Tablet

Fenofibric Acid E Fenoglide E Fibricor E **Flovent Diskus** Flovent HFA Fluphenazine

Fluvastatin **Fondaparinux** Foradil Fortamet E Forteo Fortical **Fosamax** 

Fosamax Plus D Fosinopril

Hvdrochlorothiazide Fragmin Furosemide

Gastrocrom

Gemfibrozil

Fosinopril-

**Fuzeon** 

G

Gengraf Geodon E Gilenya Glatopa E Glimepiride Glipizide Glipizide ER Glipizide-Metformin

Glucotrol Glucotrol XL Glucovance Glumetza E

Glucophage

Glucophage XR

Glvburide Glyburide Micronized Glyburide-Metformin

Glynase Glyset Glyxambi E Guanfacine

Haloperidol

Hecoria Heparin Humalog Humalog Mix 50/50 Humalog Mix 75/25 Humulin 50/50 Humulin 70/30

Humulin N **Humulin R** Hydralazine Hydrochlorothiazide Hyzaar

Ibandronate **Imuran** Incruse Ellipta Indapamide Inderal Inderal LA Innopran XL Inspra

Insulin Needles/Syringes

Intelence Invega Invirase Invokamet Invokana **Ipratropium** 

Ipratropium/Albuterol

Irbesartan Irbesartan -

Hydrochlorothiazide

Isentress Isoptin SR Isradipine

Jantoven lanumet Janumet XR Januvia Jardiance Jentadueto

Kaletra Kazano Kombiglyze XR

Labetalol Lamivudine Lamivudine-Zidovudine

Lantus Lasix Latuda Lescol Lescol XL Letrozole

Levalbuterol Nebulized

Solution E Levatol Levemir Lexiva Lipitor E Lipofen E Liptruzet E Lisinopril Lisinopril-

Hydrochlorothiazide

Livalo Lofibra E Lopid Lopressor Lopressor HCT

### **Alphabetical Listing - Expanded List**

Losartan
LosartanHydrochlorothiazide
Lotensin
Lotensin HCT
Lotrel
Lovastatin
Lovaza E
Lovenox
Loxapine
Lufyllin

### M

Matzim LA

Mavik

Maxzide Metaproterenol Metformin Metformin ER (generic Fortamet) E Metformin ER (generic Glucophage XR) Methyclothiazide Methyldopa Methyldopa-Hydrochlorothiazide Metolazone Metoprolol Succinate Metoprolol Tartrate Metoprolol-Hydrochlorothiazide Mevacor Miacalcin Micardis E Micardis HCT E Microzide Midamor **Minipress** Minoxidil Moban Moexipril Moexipril-Hydrochlorothiazide Montelukast

### N

Nadolol-Bendroflumethazide
Nateglinide
Neoral
Nesina
Nevirapine
Nevirapine
Extended-Release
Nexiclon XR E
Niacin

Mycophenolate

Myfortic

Nadolol

Mycophenolic Acid

Niacin
Extended-Release
Niacor
Niaspan
Nicardipine
Nifedipine
Nifedipine ER
Nimodipine
Nisoldipine

Norvasc Norvir Novolin 70/30 Novolin N Novolin R Novolog Novolog Mix 70/30

### 0

olanzapine
Omega-3 Acid Ethyl
Esters
OneTouch Diabetic
Meters
OneTouch Diabetic
Test Strips
Onglyza
Oseni

### Р

Pediatric Flouride Preparations Perforomist Perindopril Perphenazine Persantine Pioglitazone Pioglitazone-Glimepiride Pioglitazone-Metformin Pindolol Plavix E Pletal Pradaxa **PrandiMet** Prandin **Pravachol** Pravastatin Prazosin Precose Prenatal Vitamins Prevalite **Prezcobix** 

Prevalite
Prezcobix
Prezista
Prinivil
Proair HFA
Proair Respiclick E
Procardia
Procardia XL
Prograf
Propranolol
PropranololHydrochlorothiazide
Proventil HFA

Q

Questran Questran Light Quetiapine

**Pulmicort Flexhaler** 

Quinapril Quinapril-

**Pulmicort** 

Hydrochlorothiazide **QVAR** 

R

Raloxifene
Ramipril
Rapamune
Rebif
Repaglinide
Rescriptor
Reserpine
Retrovir
Reyataz
Riomet
Risedronate
Risperidone

S

Sandimmune **Saphris** Savaysa Sectral Selzentry Serevent Diskus Seroquel E Seroquel XR Simcor Simvastatin Singulair E Sirolimus Soltamox E Spiriva HandiHaler **Spiriva Respimat** Spironolactone Spironolactone-. Hydrochlorothiazide

Starlix
Stavudine
Stiolto Respimat E
Stribild
Striverdi Respimat
Sular
Sustiva
Symbicort E
SymlinPen

Tacrolimus
Tamiflu
Tamoxifen
Tanzeum

Tarka
Taztia XT
Tecfidera
Tekamlo E
Tekturna
Tekturna HCT

Telmisartan
Telmisartan-Amlodipine **E**TelmisartanHydrochlorothiazide

Tenex
Tenoretic
Tenormin
Terazosin
Terbutaline

Teveten **Teveten HCT Thalitone** Theo-24 Theochron Theophylline Theophylline/Guaifenesin Thioridazine Thiothixene **Tiazac Ticlopidine** Timolol\* **Tivicay** Tolbutamide **Toprol XL** Torsemide

Toujeo E **Tradjenta Trandate** Trandolapril Trandolapril-Verapamil Triamterene-Hydrochlorothiazide Tribenzor E Tricor E Trifluoperazine Triglide E Trilipix E Triumeq Trizivir **Trulicity** Truvada **Tudorza Pressair** 

### U

Uniretic Univasc

Vascepa

Twynsta E

V

Valsartan-Valsartan-Hydrochlorothiazide

Vaseretic
Vasotec
Ventolin HFA
Verapamil
Verapamil ER
Verelan
Verelan PM
Versacloz E
Victoza
Videx

Videx EC Viracept Viramune Viramune XR E Viread Viteka VoSpire ER

Vytorin

W

Warfarin Welchol

Χ

Xarelto
Xigduo XR E
Xopenex HFA
Xopenex Nebulized
Solution E

Z

Zafirlukast Zaroxolyn Zebeta Zerit Zestoretic Zestril Zetia Ziac Ziagen Zidovudine Ziprasidone Zocor Zontivity Zortress Zyflo Zyflo CR Zyprexa E

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### **Anti-Infectives - Antivirals**

Tamiflu

**Breast Cancer Prevention** 

Anastrozole Arimidex E Aromasin Exemestane **Fareston** Femara E Letrozole

Soltamox E

Tamoxifen

Cardiovascular/Heart Disease -**Blood Clot/Platelet Therapy** 

Aggrenox Arixtra **Brilinta** Cilostazol Clopidogrel Coumadin Dipyridamole Effient Eliquis Enoxaparin Fondaparinux Fragmin Heparin Jantoven Lovenox **Persantine** Plavix E Pletal Pradaxa

Savavsa

Warfarin

Xarelto

Zontivity

**Ticlopidine** 

Cardiovascular/Heart Disease - High Blood Pressure

Accupril **Accuretic** Acebutolol Aceon **Adalat CC** Afeditab **Aldactazide Aldactone** Altace Amiloride

Amiloride-Hydrochlorothiazide

**Amlodipine** 

Amlodipine-Benazepril Amlodipine-Valsartan

Amlodipine-Valsartan-Hydrochlorothiazide E

Amturnide E **Atacand Atacand HCT** Atenolol

Atenolol-Chlorthalidone

**Avalide** Avapro Azor E Benazepril Benazepril-Hydrochlorothiazide

Benicar **Benicar HCT** Betaxolol\* Bidil Bisoprolol

Bisoprolol-Hydrochlorothiazide

Bumetanide Bystolic Calan Calan SR Candesartan

Candesartan-Hydrochlorothiazide

Captopril

Captopril-Hydrochlorothiazide

Cardene SR Cardizem **Cardizem CD** Cardizem LA Cardura Cardura XL Cartia XT Carvedilol Catapres **Catapres TTS** Chlorothiazide Clonidine Clonidine Patch Clorpress Coreg Coreg CR E Corgard Corzide Covera HS Cozaar **Demadex Dilacor XR** 

Dilt CD Dilt XR Diltia XT Diltiazem Diltiazem ER Diltzac ER Diovan E

Diovan HCT E Diuril Doxazosin **Dutoprol Dyazide Dynacirc CR** Dyrenium

Edarbi Edarbyclor **Edecrin** Enalapril

Enalapril-Hydrochlorothiazide

**Epaned** Eplerenone Eprosartan Exforge E Exforge HCT E Felodipine ER Fosinopril

Fosinopril-Hydrochlorothiazide

Furosemide Guanfacine Hydralazine

Hydrochlorothiazide

Hyzaar Indapamide Inderal Inderal LA Innopran XL Inspra

Irbesartan

Irbesartan - Hydrochlorothiazide

Isoptin SR Isradipine Labetalol Lasix Levatol Lisinopril

Lisinopril-Hydrochlorothiazide

Lopressor HCT Losartan Losartan-Hvdrocl

Losartan-Hydrochlorothiazide

Lotensin HCT Lotrel Matzim LA Mavik Maxzide Methyclothiazide Methyldopa

Methyldopa-Hydrochlorothiazide

Metolazone

Metoprolol Succinate Metoprolol Tartrate

Metoprolol-Hydrochlorothiazide

Micardis E
Micardis HCT E
Microzide
Midamor
Minipress
Minoxidil
Moexipril

Moexipril-Hydrochlorothiazide

Nadolol

Nadolol-Bendroflumethazide

Nexiclon XR E
Nicardipine
Nifedipine
Nifedipine ER
Nimodipine
Nisoldipine
Norvasc
Perindopril

Perindopril Pindolol Prazosin **Prinivil** 

Procardia XL Propranolol

Propranolol-Hydrochlorothiazide

Quinapril

Quinapril-Hydrochlorothiazide

Ramipril Reserpine **Sectral** 

Spironolactone

Spironolactone-Hydrochlorothiazide

Sular Tarka Taztia XT Tekamlo E
Tekturna
Tekturna HCT
Telmisartan

Telmisartan-Amlodipine **E** 

Telmisartan-Hydrochlorothiazide

Tenex
Tenoretic
Tenormin
Terazosin
Teveten
Teveten HCT
Thalitone
Tiazac
Timolol\*
Toprol XL
Torsemide

**Trandate** Trandolapril

Trandolapril-Verapamil

Triamterene-Hydrochlorothiazide

Tribenzor E
Twynsta E
Uniretic
Univasc
Valsartan

Valsartan-Hydrochlorothiazide

Valsartan-Hyd Valturna E Vaseretic Vasotec Verapamil Verapamil ER Verelan Verelan PM

Zaroxolyn Zebeta Zestoretic Zestril Ziac

Cardiovascular/Heart Disease - High Cholesterol

Advicor
Altoprev E
Antara E
Atorvastatin
Cholestyramine
Cholestyramine Light
Choline Fenofibrate E

Colestid Colestipol Crestor

Fenofibrate 43, 50 , 67,130, 134, 150, 200 mg Capsule **E** 

Fenofibrate 48, 120, 145 mg Tablet E

Fenofibrate 54, 160 mg Tablet

Fenofibric Acid E
Fenoglide E

Fibricor E
Fluvastatin
Gemfibrozil
Lescol
Lescol XL
Lipitor E
Lipofen E
Liptruzet E
Livalo
Lofibra E
Lopid

Lovastatin

Lovaza E Mevacor

Niacin Extended-Release

Niacor

Niaspan

Omega-3 Acid Ethyl Esters

Pravachol
Pravastatin
Prevalite
Ouestran

Questran Light

Simcor Simvastatin Tricor E Triglide E Trilipix E Vascepa Vytorin Welchol Zetia Zocor

### **Central Nervous System - Mental Health**

Abilify
Aripiprazole
Chlorpromazine
Clozapine
Clozaril
Fanapt
FazaClo

Fluphenazine
Geodon E
Haloperidol
Invega
Latuda
Loxapine

Moban
Olanzapine
Perphenazine
Quetiapine
Risperdal E

Risperidone
Saphris
Seroquel E
Seroquel XR

Thioridazine
Thiothixene
Trifluoperazine
Versacloz E
Ziprasidone

Zyprexa E

### **Central Nervous System - Multiple Sclerosis**

Aubagio
Avonex
Betaseron
Copaxone
Extavia E
Gilenya
Glatopa E
Rebif
Tecfidera

### **Diabetes - Diabetic Supplies**

Diabetic Testing - Lancets
Insulin Needles/Syringes
OneTouch Diabetic Meters
OneTouch Diabetic Test Strips

Diabetes - Insulin

Afrezza E Apidra Humalog

Humalog Mix 50/50
Humalog Mix 75/25
Humulin 50/50
Humulin 70/30
Humulin N
Humulin R
Lantus
Levemir

Novolin 70/30 Novolin N Novolin R Novolog

Novolog Mix 70/30

Toujeo E

### **Diabetes - Non-Insulin**

Acarbose
ACTOplus Met
ACTOplus Met XR
Actos E

**Amaryl Avandamet** Avandarvi Avandia **Bydureon Bvetta** Cycloset Diabeta Duetact Farxiga Fortamet E Glimepiride Glipizide Glipizide ER Glipizide-Metformin Glucophage

Glucophage XR Glucotrol Glucotrol XL Glucovance Glumetza E Glyburide

Glynase

Glyburide Micronized Glyburide-Metformin

Glyset
Glyxambi E
Invokamet
Invokana
Janumet
Janumet XR
Januwia
Jardiance
Jentadueto
Kazano
Kombiglyze XR

Metformin

Metformin ER (generic Fortamet) **E** Metformin ER (generic Glucophage XR)

Nateglinide Nesina Onglyza Oseni Pioglitazone

Pioglitazone-Glimepiride

Pioglitazone-Metformin

PrandiMet Prandin

Precose

Repaglinide

Riomet

Starlix

**SymlinPen** 

Tanzeum

**Trulicity** 

Tolbutamide

**Tradjenta** 

Victoza

Xiaduo XR E

Abacavir

Abacavir-Lamivudine-Zidovudine

**Aptivus** 

**Atripla** 

Combivir

Complera

Crixivan

Didanosine

**Edurant** 

**Emtriva** 

**Epivir** 

Epzicom

Evotaz

**Fuzeon** 

Intelence

Invirase

**Isentress** 

Kaletra Lamivudine

Lamivudine-Zidovudine

Lexiva

Nevirapine

Nevirapine Extended-Release

Norvir

**Prezcobix** 

Prezista

Rescriptor

Retrovir

Reyataz

Selzentry

Stavudine

Stribild

Sustiva **Tivicay** 

Triumeq

Trizivir

Truvada

Videx

Videx EC

Viracept

**Viramune** 

Viramune XR E

Viread

Viteka

Zerit Ziagen

Zidovudine

### **Immunosuppressant - Organ Rejection**

Astagraf XL E

Azasan

Azathioprine

Cellcept

Cyclosporine

Gengraf

Hecoria

**Imuran** 

Mycophenolate

Mycophenolic Acid

Myfortic

Neoral

**Prograf** 

Rapamune

Sandimmune

Sirolimus Tacrolimus

**Zortress** 

### Musculoskeletal - Osteoporosis

Actonel

Alendronate

Atelvia E

Binosto E

**Boniva** 

Calcitonin (salmon)

Didronel

Etidronate Evista E

**Forteo** 

**Fortical** 

**Fosamax** 

Fosamax Plus D

Ihandronate Miacalcin

Raloxifene

Risedronate

### Respiratory - Asthma/COPD

Accolate

Accuneb

**Advair Diskus** Advair HFA

Aerospan

Albuterol Nebulized Solution

Albuterol Oral Tablet

Alvesco

Aminophylline

**Anoro Ellipta** 

Arcapta Neohaler

**Arnuity Ellipta Asmanex HFA** 

**Asmanex Twisthaler** 

**Atrovent HFA** 

Breo Ellipta

**Brovana** 

Budesonide

**Combivent Respimat** 

Cromolyn

Daliresp

**Dulera** 

Duoneb

Elixophyllin **Flovent Diskus** 

Flovent HFA

Foradil Gastrocrom Incruse Ellipta Ipratropium

Ipratropium/Albuterol

Levalbuterol Nebulized Solution E

**Lufyllin** Metaproterenol

Montelukast Perforomist

**Proair HFA** 

Proair Respiclick E

Proventil HFA Pulmicort

Pulmicort Flexhaler

QVAR

**Serevent Diskus** 

Singulair E

Spiriva HandiHaler

Spiriva Respimat

Stiolto Respimat E

Striverdi Respimat

Symbicort E

Terbutaline **Theo-24** 

Theochron

Theophylline

Theophylline/Guaifenesin

Tudorza Pressair

**Ventolin HFA** 

VoSpire ER

**Xopenex HFA** 

**Xopenex Nebulized Solution E** 

Zafirlukast

Zyflo

Zyflo CR

### **Vitamins**

Pediatric Flouride Preparations (for example: Florvite, Poly-Vi-Flor,

Tri-Vi-Flor) - Brand Name and Generic Products

Prenatal Vitamins (for example: Citranatal Assure, Prenate DHA,

Stuartnatal) - Brand Name and Generic Products

If you have pharmacy benefit coverage with UnitedHealthcare, you may learn more about your benefit by visiting **myuhc.com**® or by calling the toll-free member phone number on the back of your ID card. If you are not currently enrolled with UnitedHealthcare for pharmacy benefit coverage, you may access **myuhc.com** for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

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Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern.

**E** May be excluded from coverage.

\*Coverage is provided for oral formulations.

Bold type = Brand name drug [Plain type = Generic drug]

Clinical programs such as Notification/Prior Authorization, Step Therapy and Supply Limits may apply to listed medications based off your benefit plan.

This list is intended as a reference and may not be all-inclusive. Brand or generic availability may not be current due to changes in the market. The list will be updated annually.

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City of Austin Preventive Drug List for Consumer Driven Health Plans - Expanded List 1/16





# Addendum

# **2016 Preventive Care Medications**

100% Plan Paid





# Traditional Prescription Drug List (PDL)<sup>1,2,3</sup> \$0 Cost-share Medications & Products

### U.S. Preventive Services Task Force A & B Recommendation Medications and Supplements

These medications and supplements will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- Age and/or condition appropriate
- Filled at a network pharmacy

Most medications are available over-the-counter (OTC) except for prescription fluoride.

отс	Medication/Supplement	Population	Reason	
	Aspirin – 81 mg	Women who are at risk for preeclampsia during pregnancy	Prevent preeclampsia during pregnancy	
	Aspirin - 81, 162 & 325 mg	Men age 45-79 Women age 55-79	Prevent cardiovascular disease	
	Folic acid 400 & 800 mcg	Women who are or may become pregnant	Prevent birth defects	
	Iron liquid supplement	Children age 0-1 year	Prevent anemia due to iron deficiency	
	Vitamin D - 400 & 1,000 units	Age 65 and over	Fall risk prevention	
Rx	Medication/Supplement	Population	Reason	
	Fluoride tablets, solution (not toothpaste, rinses)	Children age 0-6 years	Prevent dental cavities if water source is deficient in fluoride	

### Over-the-Counter Birth Control (contraceptives) for Women

These forms of birth control (contraceptives) are available over-the-counter (OTC) and will be covered at \$0 cost-share when:

- Prescribed by a health care professional
- Filled at a network pharmacy

Contraceptive films	
Contraceptive foams	
Contraceptive gels	
Contraceptive sponges	
Emergency birth control (contraceptives) (generic for Plan B, generic for Plan B One-Step)	
Female condoms	

Male forms of birth control (contraception) are not currently considered Preventive Care Medications under the Affordable Care Act.



### **Prescription Hormonal Birth Control (contraceptives)**

### **Brand Hormonal Birth Control (contraceptives)**

- Natazia
- O NuvaRing

### **Generic Hormonal Birth Control (contraceptives)**

- Altavera, Chateal, Kurvelo, Levonorgestrel/Ethinyl Estradiol, Levora-28, Marlissa, Portia (generic Nordette)
- Alyacen 1/35, Cyclafem 1/35, Dasetta 1/35, Necon 1/35, Nortrel 1/35, Pirmella (generic Ortho-Novum 1/35)
- Alyacen 7/7/7, Cyclafem 7/7/7, Dasetta 7/7/7, Necon 7/7/7, Nortrel 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)
- Amethia, Ashlyna, Camrese, Daysee (generic Seasonique)
- Amethia Lo, Camrese Lo, Levonorgestrel/Ethinyl Estradiol 0.1 mg/20 mcg/10 mcg (generic LoSeasonique)
- Amethyst, Levonorgestrel/Ethinyl Estradiol 0.09 mg/20 mcg (generic Lybrel)
- Apri, Emoquette, Enskyce, Desogestrel/Ethinyl Estradiol, Reclipsen, Solia (generic Desogen, Ortho-Cept)
- Aranelle, Leena (generic Tri-Norinyl)
- Aubra, Aviane, Delyla, Falmina, Lessina, Levonorgestrel/Ethinyl Estradiol 0.1 mg/20 mcg, Lutera, Orsythia, Sronyx (generic Alesse)
- Azurette, Desogestrel/Ethinyl Estradiol, Kariva, Pimtrea, Viorele (generic Mircette)
- Balziva, Briellyn, Gildagia, Philith, Vyfemla, Zenchent (generic Ovcon-35)
- Camila, Deblitane, Errin, Heather, Jencycla, Jolivette, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyroc, Sharobel (generic Micronor, Nor-Q-D)
- Caziant, Velivet, Cesia (generic Cyclessa)
- Cryselle, Elinest, Low-Ogestrel, Norgestrel/Ethinyl Estradiol 0.3 mg/30 mcg, Ogestrel (generic Lo/Ovral, Ovral)
- Drospirenone/Ethinyl Estradiol 3 mg/30 mcg, Ocella, Syeda, Zarah (generic Yasmin)
- Enpresse, Levonest, Myzilra, Trivora-28 (generic Triphasil)
- Estarylla, MonoNessa, Mono-Linyah, Norgestimate/Ethinyl Estradiol, Previfem, Sprintec (generic Ortho-Cyclen)
- Gianvi, Loryna, Nikki, Vestura (generic Yaz)
- Gildess FE, Junel FE, Larin FE, Microgestin FE, Tarina FE (generic Loestrin FE)
- Gildess, Junel, Larin, Microgestin (generic Loestrin)
- Introvale, Jolessa, Levonorgestrel/Ethinyl Estradiol 0.15 mg/30 mcg, Quasense (generic Seasonale)
- Kelnor 1/35, Zovia 1/35E (generic Demulen 1/35)
- LoMedia 24 FE, Gildess 24 FE, Larin 24 FE (generic Loestrin 24 FE)
- Medroxyprogesterone Acetate (generic Depo-Provera)
- Necon 1/50 (generic Norinyl 1/50)
- Necon 0.5/35, Nortrel 0.5/35, Wera 0.5/35 (generic Brevicon, Modicon)
- Necon 10/11 (generic Ortho-Novum 10/11)
- Norgestimate/Ethinyl Estradiol, Tri-Estarylla, Tri-Linyah, Trinessa, Tri-Previfem, Tri-Sprintec (generic Ortho Tri-Cyclen)
- Wymzya FE, Zenchent FE (generic Femcon FE)
- Tilia FE, Tri-Legest FE (generic Estrostep FE)
- Xulane (generic Ortho Evra)
- Zovia 1/50E (generic Demulen 1/50)

### **Prescription Emergency Birth Control (contraceptives)**

### **Brand Emergency Birth Control (contraceptives)**

ella

Plan B One-Step

### **Generic Emergency Birth Control (contraceptives)**

Levonorestrel 0.75 mg, Next Choice (generic Plan B)

EContra EZ, Fallback Solo, Levonorgestrel 1.5 mg, My Way, Next Choice One Dose, Opcicon One-Step (generic Plan B One-Step)

### **KEY**

- Birth Control Pill (oral contraceptive)
- Birth Control Ring (contraceptive vaginal ring)
- Birth Control Shot (injectable contraceptive)
- Birth Control Patch (contraceptive transdermal patch)

### Prescription Cervical Caps and Diaphragms for Birth Control (contraceptives)

Brand Cervical Caps	
Femcap	
Prentif	
Brand Diaphragms	
Koro-Flex	
Koromex	
Omniflex	
Ortho Coil	
Ortho-Diaphragm	
Ortho Flex	
Wide-Seal	

### **Tobacco Cessation Medications**

If you need help to quit smoking or using tobacco products, these preventive medications will be available at \$0 cost-share starting on your health plan's next renewal date on or after January 1, 2015. To qualify, you need to:

- ▶ Be age 18 or older.
- Ask your doctor to obtain Notification/Prior Authorization. Your doctor will need to let us know you are also getting counseling to help you stop using tobacco products.
- ▶ Get a prescription for these products from your doctor, even if the products are sold over-the-counter (OTC).
- Fill the prescription at a network pharmacy.

Up to two 90-day treatment courses are covered at no cost each year. Prior Authorization is required for each 90-day drug supply.

Over-the-counter	Nicotine Replacement Gum		
Medications Requires Prior Authorization	Nicotine Replacement Lozenge		
	Nicotine Replacement Patch		
<b>Prescriptions</b> Requires Prior Authorization	<ul> <li>Nicotrol Inhaler</li> <li>Nicotrol Nasal Spray</li> <li>Chantix Tablet</li> </ul> These three prescription medications are covered with Prior Authorization after members have tried: <ul> <li>1) One over-the-counter nicotine product and</li> <li>2) Bupropion sustained-release (generic Zyban) separately</li> </ul>		

### **Breast Cancer Preventive Medications**

For members who are at increased risk for breast cancer but have not had breast cancer, these preventive medications are available at \$0 cost-share. To qualify, a member must:

- ▶ Be age 35 or older
- At increased risk for the first occurrence of breast cancer after risk assessment and counseling
- ▶ Obtain Prior Authorization

Most plans cover these medications at normal cost-share for the treatment of breast cancer, to prevent breast cancer recurrence and for other indications. They are available at \$0 cost-share to prevent the first occurrence of breast cancer if a Prior Authorization is obtained. If a member qualifies, they can receive these drugs at \$0 cost-share for up to five years, minus any time they have been taking them for prevention.

raloxifene			
tamoxifen			

### **Health Care Reform**

# **Pharmacy Benefit Preventive Care Medications Coverage**

## Frequently Asked Questions

Under the health reform law, health plans must cover U.S. Preventive Services Task Force A & B Recommendation medications and FDA-approved prescription and Over-The-Counter (OTC) contraceptives for women at 100 percent without charging a co-payment, co-insurance or deductible when:

- Prescribed by a health care professional
- ▶ Age and/or condition appropriate
- Filled at a network pharmacy

To comply with this new law which continues to be clarified further by the U.S. Dept. of Labor, Health & Human Services and the Treasury, UnitedHealthcare offers this list of no-cost Preventive Care Medications.

### When are Preventive Care Medications available?

This list of Preventive Care Medications is available to you for \$0 cost-share at network pharmacies now except for:

▶ Tobacco cessation medications which will become available on your plan's next renewal date on or after January 1, 2015.<sup>4</sup>

Please note, in order to obtain coverage for Preventive Care Medications, even if they are available over the counter, you must have a prescription from a health care professional and the product(s) must be age- and condition-appropriate.

# Which Preventive Care Medications are available at no cost?

A list of Preventive Care Medications can be found on pages 1-3 of this document so you can discuss them with your doctor. You can also sign in to **myuhc.com** or call the number on your health plan ID card to confirm the most current list of Preventive Care Medications for your plan.

# Are all birth control products available at no cost to me?

No, only the products on the list applicable to your plan will be no cost under the pharmacy benefit.<sup>5</sup> Due to new health reform guidelines issued on May 11, 2015, one new method of birth control (contraception) became available at no cost to you on July 1, 2015. The new method of birth control is NuvaRing, a vaginal ring.

The health reform law allows plans to use reasonable medical management to decide which birth control products are provided at no cost-share.

If you choose a no-cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered birth control product that is not on the list, a co-pay or co-insurance may be required. And this cost will apply to your deductible if you have one.

# What if my doctor says I need birth control that is not on this Preventive Care Medication List?

Our Preventive Care Medications list covers all methods of FDA-approved birth control available through your **pharmacy benefit**. However, your doctor may decide you need birth control (contraception) that is not on this list for medical reasons. If so, you can request the type you need by calling the number on your health plan ID card, and asking how to obtain coverage. Medical reasons may include side effects, whether the birth control is permanent or can be reversed, and whether you can use the product as required.

Your **medical benefit** will also cover other forms of birth control such as IUDs, implants and surgical sterilization (having your tubes tied).

# How can I get preventive medications to help me stop using tobacco for no cost?

If you are age 18 or older and want to quit using tobacco products, talk to your doctor about medications that can help. If your doctor decides this therapy is right for you, they may prescribe an Over-the-Counter or prescription medication.

Your doctor can submit a Prior Authorization request to get these approved for you at \$0 cost-share if you are also **getting counseling** to help you stop using tobacco products. Your doctor can provide this counseling or help you to find a provider.

### **Frequently Asked Questions continued**

# If I'm at risk for breast cancer, how can I get preventive medications for no cost?

If you are a member age 35 or older, talk to your doctor about your risk of getting breast cancer if you have not had it.

If your doctor decides these drugs are appropriate for you, your doctor may offer to prescribe risk-reducing medications, such as raloxifene or tamoxifen.

You doctor can submit a Prior Authorization request to get these approved for you at \$0 cost-share if you meet coverage criteria.<sup>6</sup>

# How can I get aspirin to prevent preeclampsia during pregnancy for no cost?

Low-dose or baby aspirin (81 mg) is available at no cost to pregnant women at risk for preeclampsia. If you are pregnant and at risk for preeclampsia, ask your doctor about whether low-dose aspirin can help. If so, your doctor can give you a prescription for low-dose aspirin to be filled at a retail network pharmacy at no cost to you.

### Will this drug list change?

Drug lists can and do change, so it's always good to check. You can learn the cost of all products and view no-cost options by:

- Signing in to myuhc.com, and going to Pharmacy Information
- ▶ Calling the number on your health plan ID card

# What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered products not on your plan's no-cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.

# Are the no-cost Preventive Care Medications available at both retail and mail pharmacies?

Preventive Care Medications are available at both network retail pharmacies and the mail order pharmacy for plans with a mail order benefit.

# What if the health care reform law requirements for Preventive Care Medication coverage change?

If the law requiring plans to provide Preventive Care Medications at no cost changes, information on how your costs may be impacted will be available to you by:

- Signing in to myuhc.com, and going to Pharmacy Information
- ▶ Calling the number on your health plan ID card

# What if my plan has a religious exemption for covering contraceptives?

Some plans may not have coverage for contraceptives if your employer qualifies for a religious exemption. However, you will still have coverage without cost-share of the U.S. Preventive Services Task Force A & B Recommendation medications listed on the Preventive Care Medications list, such as aspirin and vitamin D, tobacco cessation and breast cancer preventive medications.





<sup>&</sup>lt;sup>1.</sup> Please note this list is subject to change.

<sup>&</sup>lt;sup>2</sup> Always refer to your benefit plan materials to determine your coverage for medications and cost-share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

 $<sup>^{3}</sup>$  All branded medications are trademarks or registered trademarks of their respective owners.

<sup>&</sup>lt;sup>4</sup> The cost for U.S. Preventive Services Task Force A & B Recommendation medications and OTC contraceptives on this list could be reimbursed back to Feb. 20, 2013 when the U.S. Dept. of Labor FAQ guidance was issued. However, they became available at network retail pharmacies at \$0 cost-share on November 1, 2013.

<sup>&</sup>lt;sup>5</sup> When informed by a member's health care provider, UnitedHealthcare will accommodate a coverage exception request for any member when one of the zero cost contraceptives listed on the Preventive Care Medications list may be medically inappropriate as determined by the health care provider for that member and UnitedHealthcare will waive the otherwise applicable cost-sharing for a contraceptive not represented on the Preventive Care Medications list.

<sup>&</sup>lt;sup>6</sup> If your pharmacy benefit plan is grandfathered under the ACA, these drugs may be covered at the normal cost-share.