



Intergenerational Programming

June 20, 2023

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Topics

- Possible programming for older adults & related considerations
- Plan for the child care center for children under age 5 & related considerations
- Intergenerational programming & related considerations

Older Adults

POSSIBLE RESOURCES & ACTIVITIES

- Day care
- Service navigation – assistance accessing health care, insurance, basic needs assistance, etc.
- Exercise – outdoor exercise area, walking & biking
- Art, music, gardening
- Cooking, nutrition activities
- Group trips to HEB, field trips to other locations
- Health screenings
- Tele-behavioral health
- Interactions with children under age 5, middle schoolers, and/or college/graduate students

CONSIDERATIONS

- Will the program serve older adults of all abilities? Will the center be equipped to handle older adult care needs that may arise?
 - Adults with memory issues
 - Toileting needs
- ADA compliant for older adults with accessibility for indoor & outdoor areas
- Level of interest in intergenerational interactions
 - Interest in interactions with younger people of different ages
- Regular participants vs. drop-in participants
- Background checks

Child care for children under age 5

PLAN FOR PROGRAM

- Licensed child care program that meets state regulation minimum standards
- High-quality child care program (nationally accredited and Texas Rising Star four-star rated)
- Accepts child care scholarships (i.e. subsidies)
- Indoor and outdoor classroom/play areas
- Indoor & outdoor areas to be fully accessible for children of diverse abilities

CONSIDERATIONS

- Financial viability & sustainability of operating child care program
 - Number of classrooms, number of children
 - Indoor & outdoor square footage needed
 - Ages served, availability of free public Pre-K nearby
 - Focus on low-income, including infants & toddlers, may require ongoing financial support for operations
- Safety
 - Intergenerational activities always supervised by child care staff
 - IRAC open to the public
 - Background checks for older adults & students at program regularly
 - Occasional & drop-in visitors
 - Parent comfort

Intergenerational Programming

Age Groups

- Older adults
- Children under age 5
- Middle schoolers
- UT students

Intergenerational Curriculum & Activities

- Specially designed intergenerational curriculum
- Art, gardening, music, cooking, visit food forest, field trips, reading buddies, pen pals
- Older adults mentor or tutor middle schoolers
- Middle schoolers interview older adults

Various possibilities for intergenerational interactions

- Older adults — Young children
- Older adults — Middle schoolers
- Young children — Middle schoolers
- Young children, middle schoolers, & older adults
- Etc.

Key Consideration – Evaluation of the center & curriculum

- UT graduate students
- Observations, surveys, focus groups
- Consent from adult participants and parents of minor participants

Discussion & questions

- Thoughts
- Reactions
- Ideas
- Questions

Thank you!

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