

Late Backup

LIBERTY INSTITUTE

STATEMENT OF

ERIN E. LEU
ATTORNEY

BEFORE

AUSTIN CITY COUNCIL

In Support of Repealing Chapter 10-9 of the City Code
and
In Opposition to Enacting Chapter 10-10

PRESENTED

January 26, 2012

Gabriel Project Life Center

The Gabriel Project Life Center ("GPLC") is a Catholic ministry in the Roman Catholic Diocese of Austin and operates under Catholic Charities of Central Texas. The GPLC is a charitable and religious ministry that assists women and families with information and support surrounding pregnancy and parenting. All of the GPLC's services are free of charge.

Last year, GPLC assisted 489 unique clients. Currently, GPLC is serving over 90 unique women a month.

GPLC is always upfront and truthful with its client about the scope of its services and client confidentiality. The following information describes some of GPLC's forms, information, services, and referrals, but is not intended to be exhaustive.

Intake and Release Forms

1. Request for Services

Before receiving services, each client receives and signs the "Request for Services" form. The form specifically states:

Request for Services

Because we care about you, we want to fully inform you about our services. **Gabriel Project Life Center** is a ministry of the Office of Pro-Life Activities of the Diocese of Austin which provides free pregnancy tests, education on abortion and alternatives, and caring help. Tests and education are provided by trained volunteers referred to as pregnancy consultants. Consultants do not have degrees in counseling and are not licensed by the state as professional counselors. The consultation provided is not intended as a substitute for professional counseling. A referral for such services will be given if requested.

The Gabriel Project Life Center is not a medical facility. The result of your self-administered pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you consult a physician to confirm the pregnancy test result whether it be positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral at your request.

As a non-medical facility, the Gabriel Project Life Center offers information about abortion procedures and risks. This center does not offer abortion services or refer for abortion.

All information is kept strictly confidential, except in cases of child abuse (including sexual), attempted suicide, or intent to harm others.

Acknowledgement

I have read the above Request for Services and understand the limitation of services expressly stated. Having been fully informed of the nature of the services offered, I willingly enter into a relationship of accepting help and assistance from the **Gabriel Project Life Center**.

The "Request for Services" form is available in both English and Spanish, and is attached as Exhibit A.

2. Statement of Self-Administered Pregnancy Test

Each client receives and signs the “Statement of Self-Administered Pregnancy Test” before receiving a pregnancy test from the GPLC. The form states:

PLEASE NOTE: The **Gabriel Project Life Center** is not a licensed medical clinic. You will be performing your own pregnancy test using the steps recommended by the manufacturer of the test. A diagnosis of pregnancy cannot be given. Only a licensed physician can make a diagnosis. A referral to a physician to confirm the pregnancy test and make a diagnosis will be given as requested.

The “Statement of Self-Administered Pregnancy Test” is available in both English and Spanish and is attached as Exhibit B.

Literature, Information, and Referrals Provided to Clients

1. Information on Abortion

GPLC provides women with information on abortion and abortion risks from “A Woman’s Right to Know,” a brochure published by the Texas Department of State Health Services.

“A Woman’s Right to Know” brochure is available in English and Spanish and is attached as Exhibit C.

2. Information on Birth Control

GPLC provides information on abstinence and natural family planning. The GPLC will make referrals for clients to attend classes on natural family planning.

3. Gabriel Project Life Center flyer

The GPLC flyer states:

The Gabriel Project Life Center serves women and men who are expecting the birth of a child or who have a child 12 months old or younger.

The following free, confidential services are provided to moms and dads:

- Pregnancy tests
- Mentoring and emotional support
- Material support (baby items, maternity clothes, baby clothes, etc.)
- Education classes on topics related to parenting or your pregnancy
 - Participants earn points for each class attended that may be redeemed for large baby items
- Referrals to other community agencies

The flyer is available in both English and Spanish and is attached as Exhibit D.

4. Sonograms

The GPLC refers clients to the John Paul II Life Center for sonograms to be performed by a medical professional.

5. Class Schedule

The GPLC offers several educational classes to clients.

Some of the classes offered include:

- Infant Nutrition
- Shaken Baby Syndrome
- Age Appropriate Play
- Alcohol and Pregnancy
- Breast Health after Delivery
- Breastfeeding
- In the Womb
- Quality Childcare
- Childproofing your home
- Smart Shopping

The Gabriel Project Life Center also collaborates with outside agencies and certified professionals to provide classes on finance, childbirth, dental hygiene, car safety and nutrition.

GPLC's Class Schedule brochure includes information in both English and Spanish, and is attached as Exhibit E.

6. Other Referrals

GPLC makes referrals for a range of services within Catholic Charities, including Immigration Legal Services, Adoption, or Benefits Enrollment, and to external agencies for child care, education, housing, etc.

7. Phone Inquiries

When an individual calls GPLC inquiring about services the center provides, GPLC representatives disclose that GPLC is not a medical facility.

8. Advertisements

The GPLC's Advertising Policy ensures that all advertisements are truthful and forthcoming. The policy states that when advertising in the yellow pages, the GPLC should be listed in the Abortion Alternatives Section, and should not appear in any other sections. The policy further states that "[a]ds should not imply that abortions or abortion referrals are provided or that medical care, prenatal care or professional counseling services are provided."

The Advertising Policy is attached as Exhibit F.

9. Medical Referrals

The GPLC primarily provides clients with medical referrals to the Vitae Clinic, or other medical facilities as necessary. The two medical centers' cards are attached as Exhibit G.

EXHIBIT A

Request for Services

Because we care about you, we want to fully inform you about our services. **Gabriel Project Life Center** is a ministry of the Office of Pro-Life Activities of the Diocese of Austin which provides free pregnancy tests, education on abortion and alternatives, and caring help. Tests and education are provided by trained volunteers referred to as pregnancy consultants. Consultants do not have degrees in counseling and are not licensed by the state as professional counselors. The consultation provided is not intended as a substitute for professional counseling. A referral for such services will be given if requested.

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All information is kept strictly confidential, except in cases of child abuse (including sexual), attempted suicide, or intent to harm others.

Acknowledgement

I have read the above **Request for Services** and understand the limitation of services expressly stated. Having been fully informed of the nature of the services offered, I willingly enter into a relationship of accepting help and assistance from the **Gabriel Project Life Center**.

Name

Date

*The Gabriel Project will assist
any woman regardless
of her age, race, religion or marital status.*

Notes

EXHIBIT B

1817 East 6th St. · Austin, TX 78702
(512) 236-0144 · Fax (512) 651-6101

Gabriel Project Life Center Statement of Self-Administered Pregnancy Test

PLEASE NOTE: The **Gabriel Project Life Center** is not a licensed medical clinic. You will be performing your own pregnancy test using the steps recommended by the manufacturer of the test. A diagnosis of pregnancy cannot be given. Only a licensed physician can make a diagnosis. A referral to a physician to confirm the pregnancy test and make a diagnosis will be given as requested.

I have read and fully understand the above as stated.

Name: _____ Date: _____

STATEMENT

On _____, 20____, I self-administered a pregnancy test at the **Gabriel Project Life Center**, according to the manufacturer's instructions. In so doing, I received and followed these instructions:

1. An explanation of the testing procedure according to the manufacturer's instructions.
2. A step-by-step clarification of the manufacturer's instructions when needed as I administered the test.

I did not receive assistance in the actual administration of the pregnancy test. Neither did I receive from the **Gabriel Project Life Center** an interpretation of the test results, a diagnosis of pregnancy or a diagnosis of any other medical condition.

According to the manufacturer's instructions, the pregnancy test result appeared to be:
(circle one)

Positive

Negative

Inconclusive

Name: _____ Date: _____

EXHIBIT C

A Woman's Right To Know

INFORMATION MATERIAL

© 2003 Texas Department of Health. All rights reserved.
Photos: Lennart Nilsson / Albert Bonniers Forlag AB.
A Child Is Born, Dell Publishing Company. Used by permission.
Drawings courtesy of TDH Art Department.

Introduction

You are reading this booklet, *A Woman's Right to Know*, because you are thinking about having an abortion.

Texas law says your doctor must talk to you about certain things before you can have an abortion. Texas law requires a doctor to notify a parent of a patient who is less than 18 years of age (a minor) before the minor can have an abortion unless the court grants a waiver. Ask the doctor or clinic for the parental notification booklet, *So You're Pregnant, Now What?*, if you are a minor.

After you get this information, your doctor must wait 24 hours before your abortion can be performed. You and your doctor should talk carefully and privately. Some of the things your doctor must talk about with you include:

- How long you've been pregnant.
- The medical risks of having an abortion.
- The medical risks of continuing your pregnancy.

Another booklet has been prepared for you, called *A Woman's Right to Know Resource Directory*. Your doctor should give you a copy of it. It lists programs and services that can help you through pregnancy, childbirth and the child's dependency. It will give you the names, addresses, and telephone numbers of these programs. The directory also has information about public and private adoption agencies.

Many public and private agencies and community resources (family, friends, faith-based organizations) are available to provide counseling and information. You are strongly urged to seek their assistance to obtain guidance during your pregnancy. In addition, you are encouraged to seek information on abortion services; alternatives to abortion, including adoption; and resources available to postpartum mothers and women who have had an abortion.

This booklet and the directory are both on the Internet 24 hours a day. You can read them from a computer. You can print them out, if you want. Here's the address of the Web site to go to: <http://www.tdh.state.tx.us/wrk>.

This Web site is secure. No one from the Texas Department of Health will collect or record any information about you.

Characteristics of the Unborn Child

Growth and Development

The age of an unborn child is most often defined by gestational age, which is measured from the first day of the last normal menstrual period. Because some women have irregular periods, other ways are also used to help date the pregnancy. One way is to measure the length of the unborn child by ultrasound.

At fertilization (when the male sperm enters the female egg), the unborn child has his or her own unique set of DNA material — or genes — half from the mother and half from the father. The DNA is the blueprint for growth and development of all cells throughout life. DNA determines all of the baby's physical characteristics such as gender; the shape of the nose and ears; and the color of the hair, eyes, and skin.

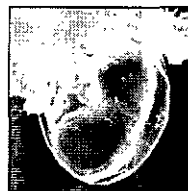
During the first 8 weeks, the unborn child is known as an embryo. After that time the unborn child is known as a fetus. It is during the first ten weeks of pregnancy that the unborn child is most likely to be affected by things like:

- alcohol.
- nicotine in cigarettes or other tobacco products.
- some prescription medicines or over-the-counter drugs.
- illegal drugs (like heroin, cocaine, or marijuana).
- viruses (like German measles).
- x rays, radiation therapy, or accidental exposure to radiation.
- vitamin deficiencies (such as folic acid).

The normal development of the unborn child depends on many factors. This booklet will only describe normal growth and development.

4 Weeks Gestation

- The brain and the spinal cord begin to form.
- The heart begins to form.
- The stomach and intestines are forming.
- Bone tissue is growing.
- The eyes and ears are just beginning to form.
- The weight is less than one ounce.
- The length is less than 1/4 inch.



6 Weeks Gestation

- The lungs are beginning to form.
- Brain activity can be recorded.
- Eyes are present, but no eyelids yet.
- The heart is more developed and is beating.
- Early reflexes develop.
- The hands and feet have fingers and toes, but may still be webbed.
- The length is less than 1/4 inch.



8 Weeks Gestation

- All essential organs have begun to form.
- Elbows and toes are visible.
- The fingers have grown to the first joint.
- Facial features — the eyes, nose, lips, and tongue — continue to develop.
- The outer ears begin to take shape.
- Organs begin to be controlled by the brain.
- The length is about 1/2 to 3/4 inch.



10 Weeks Gestation

- The unborn child is now called a *fetus*, rather than an embryo.
- The head is half the length of the body.
- The arms and legs are long and thin.
- The hands can make a fist with fingers.
- Red blood cells are produced.
- The length is about 1 1/4 to 1 3/4 inches.

12 Weeks Gestation

- The neck is present and the face well formed.
- The eyelids close and will reopen at about 24 weeks.
- Tooth buds appear.
- The arms and legs move.
- All body parts and organs are present.
- The fibers that carry pain to the brain are developed; however, it is unknown if the unborn child is able to experience sensations such as pain.
- Definitive signs of male and female gender are present.
- A heartbeat can be heard with electronic devices.
- The length is about 2 to 3 inches.

14 Weeks Gestation

- The skin is almost transparent.
- The mouth makes sucking motions.
- Amniotic fluid is swallowed.
- Sweat glands develop.
- The liver and pancreas are starting to work.
- The length is about 3 to 4 inches.

16 Weeks Gestation

- Swallowing and chest movements are clearly present.
- Movement may be felt by the mother.
- The head and body become proportional.
- The neck takes shape.
- The weight is about five ounces.
- The length is about 4 to 5 inches.

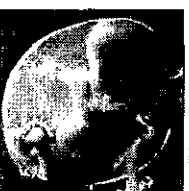


22 Weeks Gestation

- Rapid brain growth continues.
- The eyebrows and eyelashes are well formed.
- The eyes are fully functional and capable of movement.
- The vocal cords are active.
- Reflexes are present.
- There is little chance for survival outside the uterus.
- The weight is about one pound.
- The length is about 7 to 8 inches.

18 Weeks Gestation

- The arms and legs begin to punch and kick.
- The fingernails are well formed.
- The unborn child can suck its thumb.
- Taste buds are present.
- Male or female gender is evident.
- A protective waxy coating is present on the skin.
- The length is about 5 to 6 inches.



24 Weeks Gestation

- Unique footprints and fingerprints are present.
- Outside sounds can be heard.
- Actions such as hiccuping, squinting, smiling, and frowning may be seen through ultrasound.
- The lungs have developed such that some premature babies may survive.
- Surviving premature babies may have severe disabilities and require long-term intensive care.
- The weight is about 1 to 1 1/2 pounds.
- The length is about 8 to 9 inches.

20 Weeks Gestation

- Some experts have concluded that the unborn child is probably able to feel pain.
- The skin becomes less transparent as fat begins to deposit.
- Eyebrows and lashes appear.
- Breathing-like movements become regular and are detected by ultrasound, but the lungs have not developed enough to permit survival if birth occurs.
- The unborn child turns its entire body side to side and front to back.
- The length is about 6 to 7 inches.



26 Weeks Gestation

- The central nervous system is developed enough to control some body functions.
- The eyelids open, close and can perceive light.
- The lungs have further matured and breathing is possible.
- The unborn child exercises muscles by kicking and stretching.
- The weight is about 1 1/2 to 2 pounds.
- The length is about 9 to 10 inches.

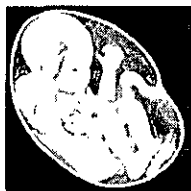
28 Weeks Gestation

- Brain-wave patterns resemble those of a full term baby.
- Another person can hear a heartbeat by listening to the pregnant woman's abdomen.
- There is a good chance of survival if birth occurs at this stage of development.
- The weight is about 2 to 2 1/4 pounds.
- The length is about 10 to 13 inches.



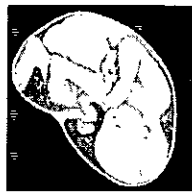
30 Weeks Gestation

- The central nervous system has increased control over body functions.
- Rhythmic breathing movements occur.
- The lungs are not fully mature.
- The bones are fully developed, but still soft and pliable.
- The weight is about 2 1/2 to 3 pounds.
- The length is about 15 to 16 inches.



32 Weeks Gestation

- The lungs are still developing.
- Body temperature is partially under control.
- The skin is thicker, with more color.
- The connections between the nerve cells in the brain have increased.
- There is a good chance of long-term survival and the risk of long-term disability is low.
- The weight is about 3 to 3 1/4 pounds.
- The length is about 16 to 17 inches.

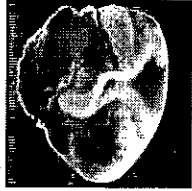


34 Weeks Gestation

- The ears have begun to hold shape.
- The eyes open during alert times and close during sleep.
- There is a very good chance of survival with a low chance for long-term disability.
- The weight is about 4 to 4 1/2 pounds.
- The length is about 17 to 18 inches.

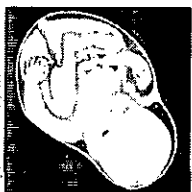
36 Weeks Gestation

- Fine hair begins to disappear.
- Body fat has increased.
- The fingernails reach the end of the fingertips.
- The chance of survival is excellent, but the newborn may require special medical care.
- The weight is about 5 to 6 pounds.
- The length is about 16 to 19 inches.



38 Weeks Gestation

- A newborn is considered full-term at 38 weeks.
- The fingernails extend beyond the fingertips.
- Small breast buds are present on both sexes.
- The unborn child can grasp firmly.
- The unborn child turns toward a light source.
- The average weight is greater than 6 pounds.
- The length is about 19 to 21 inches.



Babies born earlier than 37 weeks of pregnancy are called premature or preterm. Babies born between 37 and 42 weeks of pregnancy are called full term. Babies born close to full term have the best chance to survive and do well. The earlier a baby is born, the more likely he or she is to have serious health problems that may require extended hospital care or long-term care outside the hospital. Advances in medicine and science will, it is hoped, continue to improve the chances of survival for even the smallest babies.

Abortion Procedures and the Risks

Making an Informed Decision

This section will tell you about the different kinds of abortions. It will also tell you about the medical risks for abortion, pregnancy, and childbirth.

Abortion is ending the pregnancy by using medicine or a surgical procedure. In Texas, the legal definition of an abortion is the use of any means to terminate the pregnancy of a female known by the attending physician to be pregnant with the intention that the termination of the pregnancy by those means will with reasonable likelihood result in the death of the fetus. Some women consider an abortion because their pregnancy might threaten the woman's life or her health or her baby may have severe birth defects. Other women choose to end their pregnancy without any known problems with their health or with their unborn child.

Spontaneous abortion (often called *miscarriage*) can occur when problems with a pregnancy cause the woman to lose that pregnancy naturally.

A doctor should evaluate you if you are thinking about having an abortion. Only a doctor can perform an abortion. Discuss your situation with your doctor. Ask about any risks you might face. You can expect the following things to happen:

- If you are a minor, a parent must be notified or you will have to ask a judge to waive that notification.
- You will be asked about your medical history.
- You will get a physical exam.
- Some lab tests will be done.
- You will find out for sure if you're pregnant and how long you've been pregnant. Your doctor will do a pelvic exam and may do an ultrasound.
- You will get counseling.

- You will talk about your feelings about abortion.
- You will find out about the risks of having an abortion.
- You will find out the risks of having a baby.
- Your questions will be discussed and answered.
- You will get some information about abortion. You will have at least a full day to read this information before the appointment for your abortion.
- You will sign a consent form for your abortion.

Remember, it is your right and the doctor's responsibility to inform you fully prior to the procedure. Ask all of your questions and make sure you understand the answers. You have a right to view your medical records, including your ultrasound, at any time.

Abortion Risks

The risks are fewer when an abortion is done in the early weeks of pregnancy. The further along in the pregnancy, the greater the chance of serious complications and the greater the risk of dying from the abortion procedure. For example:

- One death per every 530,000 abortions if you are at eight weeks or less.
- One death per 17,000 abortions for pregnancies at 16-20 weeks.
- One death per 6,000 abortions at 21 weeks and more.

Other factors that affect the possibility of complications include:

- The skill and training of the doctor.
- The kind of anesthesia used.
- Your overall health.
- Abortion procedure used.

Abortion Procedures

Medical (Nonsurgical) Abortion

Medical abortion is a way to end a pregnancy with medicines without a surgical procedure. The protocol approved by the Food and Drug Administration allows this type of abortion up to 49 days after the last menstrual period. Only a physician can perform a medical abortion. A medical abortion can only be used in early pregnancy, usually up to seven weeks, but sometimes up to nine weeks from your last menstrual period. The gestational age must be determined before getting any of these medicines.

Who should not have a medical abortion?

Some women should not be given the medicines used for a medical abortion, such as women who are too far along in their pregnancy or are allergic to certain medications, women with confirmed or suspected ectopic pregnancy, or women with an IUD in place. You should discuss with your doctor whether you have any medical condition that would make a medical abortion unsafe for you.

To have a medical abortion, you must:

- have access to an emergency room.
- have access to a telephone.
- be able to attend all the visits; several visits may be required.
- be able to follow the doctor's instructions and understand what may occur with the procedure.

Mifepristone (RU 486) and methotrexate are two of the medicines used for a medical abortion. Mifepristone is given to a woman by mouth, or vaginally. Methotrexate is usually given by injection, but may also be given by mouth. Methotrexate can cause serious birth defects if your pregnancy doesn't end.

After receiving mifepristone or methotrexate, you may bleed and pass clots, tissue, and the unborn child within hours to days. The bleeding can last up to three weeks or more. Your doctor will tell you when you need to return to be checked. If you are still pregnant at that visit, you will be given a second drug (misoprostol), either by mouth or vaginally. Approximately two weeks later, you will return for an important follow-up visit. Your doctor will determine whether your pregnancy has completely ended. If you are still pregnant, a surgical procedure will be necessary.

Possible side effects and risks

- Cramping of the uterus or pelvic pain.
- Nausea or vomiting.
- Diarrhea.
- Warmth or chills.
- Headache.
- Dizziness.
- Fatigue.
- Inability to get pregnant due to infection or complication of an operation.
- Allergic reaction to the medicines.
- Hemorrhage (heavy bleeding) possibly requiring treatment with an operation, a blood transfusion, or both.

To prepare for the procedure, the doctor will open (dilate) the cervix. Most women experience some pain, so the doctor may give you a painkiller — either locally by shots in the area of the cervix or by a general anesthetic — or a sedative (which will leave you unconscious). The uterus will be scraped and the unborn child and placenta are removed. After 16 weeks, the unborn child and placenta are removed, piece-by-piece, using forceps or other instruments. This procedure will take less than an hour.

Possible side effects and risks

- A hole in the uterus (uterine perforation) or other damage to the uterus.
- Injury to the bowel or bladder.
- A cut or torn cervix (cervical laceration).
- Incomplete removal of the unborn child, placenta, or contents of the uterus requiring an additional operation.
- Infection.
- Complications from anesthesia, such as respiratory problems, nausea and vomiting, headaches, or drug reactions.
- Inability to get pregnant due to infection or complication from an operation.
- A possible hysterectomy as a result of complication or injury during the procedure.
- Hemorrhage (heavy bleeding).
- Emergency treatment for any of the above problems, including the possible need to treat with an operation, medicines, or a blood transfusion.
- Rarely, death.

Abortion by Labor Induction (Medical Induction)

This procedure is generally used after 16 weeks of a pregnancy. The procedure will generally require a hospital stay of one or more days.

Medicines will be used to start labor. These medicines can be put in the vagina, injected in the uterus (womb) or given into the vein (intravenously or by IV). The medicines used cause the uterus to contract and labor to begin. Sometimes more than one medicine will be used. This procedure may take from several hours to several days.

Your doctor may use instruments to scrape the uterus and make sure that the unborn child, placenta, and other contents of the uterus have been completely removed.

- Incomplete removal of the unborn child, placenta, or contents of the uterus, requiring an operation.
- Rarely, death.

Dilatation and Curettage (D&C) with Vacuum Aspiration

This is a surgical procedure generally used in the first 12 weeks of a pregnancy. Unless there are unusual problems, this procedure may be done in a doctor's office or a clinic.

The doctor first opens (dilates) the cervix and then empties the uterus with suction. After suctioning, the doctor may scrape the walls of the uterus to make sure the unborn child, placenta, and contents of the uterus have been completely removed.

Possible side effects and risks

- Cramping of the uterus or pelvic pain.
- A hole in the uterus (uterine perforation) or other damage to the uterus.
- Injury to the bowel or the bladder.
- A cut or torn cervix (cervical laceration).
- Incomplete removal of the unborn child, placenta, or contents of the uterus requiring an additional operation.
- Infection.
- Complications from anesthesia such as respiratory problems, nausea and vomiting, headaches, or drug reactions.
- Inability to get pregnant due to infection or complication from an operation.
- A possible hysterectomy as a result of complication or injury during the procedure.
- Hemorrhage (heavy bleeding).
- Emergency treatment for any of the above problems, including possible need to treat with an operation, medicines, or a blood transfusion.
- Rarely, death.

Dilatation and Evacuation (D&E)

This procedure is generally used after 12 weeks of pregnancy. The procedure will generally be done in a doctor's office or clinic, but may sometimes be done in a hospital. The doctor will often use ultrasound to determine how far along you are in your pregnancy.

Possible side effects and risks

- Nausea or vomiting.
- Diarrhea.
- Fever.
- Infection.
- Complications from anesthesia such as respiratory problems, nausea and vomiting, headaches, or drug reactions.
- Inability to get pregnant due to infection or complication from an operation.
- A possible hysterectomy as a result of complication or injury during the procedure.
- Damage or rupture of the uterus (womb).
- The possibility of a live-born baby.
- Incomplete removal of the unborn child, placenta, or contents of the uterus requiring an operation.
- Hemorrhage (heavy bleeding).
- Water intoxication.
- Emergency treatment for any of the above problems, including the possible need to treat with an operation, medicines, or a blood transfusion.
- Rarely, death.

Who should not have an abortion by medical induction?

Some women should not have a medical induction, such as a woman who has had previous surgery to the uterus or a woman with placenta previa. You should discuss with your doctor if you are one of these women.

Dilatation and Extraction (D&X)

This type of abortion is one of the procedures that can be done after 16 weeks gestation. It may be done in the clinic or in the hospital for more advanced pregnancies.

The doctor will dilate (open) the cervix. The doctor will grasp the unborn child's foot with an instrument and deliver the child except for the head. While the head is kept in the birth canal, scissors are used to make a hole in the back of the head, a tube is inserted, and suction is applied. The contents of the unborn child's skull are suctioned out, the bones of the head collapse, and the child is delivered dead.

*If the unborn child is born alive, the attending physician has the legal obligation to take all reasonable steps necessary to maintain the life and health of the child.

Possible side effects and risks

- A hole in the uterus (uterine perforation) or other damage to the uterus.
- Injury to the bowel or bladder.
- A cut or torn cervix (cervical laceration).
- Incomplete removal of the unborn child, placenta, or contents of the uterus, requiring an additional operation.
- Infection.
- Complications from anesthesia such as respiratory problems, nausea and vomiting, headaches, or drug reactions.
- Inability to get pregnant due to infection or complication from an operation.
- A possible hysterectomy as a result of complication or injury during the procedure.
- Hemorrhage (heavy bleeding).
- Emergency treatment for any of the above problems, including the possible need to treat with an operation, medicines, or a blood transfusion.
- Rarely, death.

NOTE: Former Surgeon General C. Everett Koop and the Physician's Ad Hoc Coalition for Truth stated in 1996 that this type of procedure "... is never medically necessary to protect a mother's health or her future fertility. On the contrary, this procedure can pose a significant threat to both."

After an Abortion

What you may expect

After an abortion, you will need to stay at the doctor's office, clinic, or hospital where the procedure was performed, so you can be checked for problems or complications. How long you will be watched will depend on the type of procedure performed and the anesthesia used during that procedure.

After you have been watched and before you go home, you may be given an antibiotic to prevent infection, and another medication to contract your uterus to reduce bleeding. Your doctor will give you instructions. Your doctor will tell you how long you must wait before having intercourse again and may discuss birth-control methods with you. You may receive a prescription for pain medication. After having an abortion, you should not drive yourself home.

The further along you are in your pregnancy, the greater the chance of serious complications and the greater the risk of dying from the abortion procedure. Some complications associated with an abortion, such as infection or a cut or torn cervix, may make it difficult or impossible to become pregnant in the future or to carry a pregnancy to term.

Some large studies have reported a doubling of the risk of premature birth in later pregnancy if a woman has had two induced abortions. The same studies report an 800 percent increase in the risk of extremely early premature births (less than 28 weeks) for a woman who has experienced four or more induced abortions. Very premature babies, who have the highest risk of death, also have the highest risk for lasting disabilities, such as mental retardation, cerebral palsy, lung and gastrointestinal problems, and vision and hearing loss.

Breast Cancer

Your chances of getting breast cancer are affected by your pregnancy history. If you have carried a pregnancy to term as a young woman, you may be less likely to get breast cancer in the future. However, you do not get the same protective effect if your pregnancy is ended by an abortion. The risk may be higher if your first pregnancy is aborted.

While there are studies that have found an increased risk of developing breast cancer after an induced abortion, some studies have found no overall risk. There is agreement that this issue needs further study. If you have a family history of breast cancer or clinical findings of breast disease, you should seek medical advice from your physician before deciding whether to remain pregnant or have an abortion. It is always important to tell your doctor about your complete pregnancy history.

Pregnancy and Childbirth

Pregnancy and birth is usually a safe, natural process although complications can occur. The most common complications of pregnancy include:

- Ectopic pregnancy.
- High blood pressure.
- Complicated delivery.
- Premature labor.
- Depression.
- Infection.

It is normal for you to have some cramping and a small amount of bleeding after having any type of abortion. Your uterus contracting back to its normal size causes the cramping.

GO TO THE EMERGENCY ROOM OR CALL THE CLINIC OR DOCTOR THAT PERFORMED THE ABORTION IF:

- heavy bleeding occurs (2 or more pads/hour);
- pain is severe or not controlled by pain medication;
- you have fever;
- you have difficulty breathing or shortness of breath;
- you have chest pain;
- you are disoriented.

Most women can return to their daily activities within a day or so after a procedure. It is important that you return to your doctor for a checkup two to three weeks after an abortion.

Emotional Side of an Abortion

You should know that women experience different emotions after an abortion. Some women may feel guilty, sad, or empty, while others may feel relief that the procedure is over. Some women have reported serious psychological effects after their abortion, including depression, grief, anxiety, lowered self-esteem, regret, suicidal thoughts and behavior, sexual dysfunction, avoidance of emotional attachment, flashbacks, and substance abuse. These emotions may appear immediately after an abortion, or gradually over a longer period of time. These feelings may recur or be felt stronger at the time of another abortion, or a normal birth, or on the anniversary of the abortion.

Counseling or support before and after your abortion is very important. If family help and support are not available to you, it may be harder for you to deal with the feelings that appear after an abortion. Talking with a professional counselor before having an abortion can help a woman better understand her decision and the feelings she may experience after the procedure. If counseling is not available to the woman, these feelings may be more difficult to handle. Many pregnancy-resource centers offer pre- and post-abortion counseling services; these centers are listed in the resource directory.

Future Childbearing and Infertility

The risks are lower when an abortion is done in the early weeks of pregnancy.

- Diabetes.
- Hemorrhage (heavy bleeding).

One out of 8,475 women dies from pregnancy complications.

Labor is when a pregnant woman's uterus contracts and pushes or delivers the baby from her body. The baby may be delivered through the woman's vagina or by cesarean section. A cesarean section is a surgical procedure.

Vaginal Delivery

Possible side effects and risks

- Injury to the bladder or rectum.
- A hole (fistula) between the bladder and vagina or the rectum and vagina.
- Hemorrhage (heavy bleeding).
- Inability to get pregnant due to infection or complication from an operation.
- Emergency treatment for any of the above problems, including the possible need to treat with an operation, medicines, or blood transfusion.
- Rarely, death.

Cesarean Birth

Possible side effects and risks

- Injury to the bowel or bladder.
- Inability to get pregnant due to infection or complication from an operation.
- Hemorrhage (heavy bleeding).
- Injury to the tube (ureter) between the kidney and bladder.
- A possible hysterectomy as a result of complication or injury during the procedure.
- Complications from anesthesia such as respiratory problems, headaches, or drug reactions.
- Emergency treatment for any of the above problems, including the possible need to treat with an operation, medicines, or a blood transfusion.
- Rarely, death.

Emotional Side of Birth

Birth is a life-changing experience, and each birth brings with it a new and different set of experiences and feelings.

The feelings you experience after birth may be the most intense you have ever encountered: great surges of joy and happiness, feelings of contentment and fulfillment. It is not uncommon for women also to experience fears, worries, or sadness.

Depression after the birth of a baby can occur. Many new mothers experience various degrees of it. While depression can occur within days after delivery, it can also appear gradually, and sometimes it doesn't start until a year after your baby's birth.

In most cases, mothers have mild symptoms that may last only a few days. However, some mothers experience severe symptoms that can include exhaustion, feelings such as worthlessness or hopelessness, and memory loss. In rare circumstances you may have a fear of harming yourself or your baby. Although these symptoms may not last long, if you have any of them, you must call your doctor to get some professional help and support.

You can reduce the risk for problems or complications in any pregnancy. Here's how:

- Get early and regular prenatal care.
- Eat a well balanced diet and get regular exercise.
- Don't smoke, drink alcohol, or take drugs that your doctor hasn't prescribed for you.

If you have questions or concerns, be sure to talk with your doctor or other health-care provider.

Medical and Social Assistance

You must get some information from your doctor or the doctor's assistant before the abortion can be done. Here are the things you must be told:

- You may be able to get medical-assistance benefits to help with prenatal care, childbirth, and neonatal care.
- The man who got you pregnant must help support your child if you decide to stay pregnant and keep the baby. The law says he must help even if he offered to pay for an abortion.

Public and private agencies can help you.

- They can give you information about preventing pregnancies.
- They can give you medical referrals for birth-control methods, including emergency contraception if you were raped or a victim of incest.

You should know that, if you choose to have your baby and find yourself weighed down by the job of being a parent, Texas has the "Baby Moses / Safe Haven" law. The law allows you or the baby's father to leave a baby under 60 days old in a safe place and not return for the baby without fear of being charged with a crime, if the baby is not hurt. Safe places are hospitals, fire stations, emergency clinics or licensed child-placing agencies.

Talk to someone if you feel weighed down about being a parent. There is help available.

Ask your doctor for a copy of the *A Woman's Right to Know* resource directory.

Child-Support Services

Assistance in Obtaining Child Support

The Texas Office of the Attorney General can assist you in getting child support for your baby. The Child Support Office can help locate a non-custodial parent, determine the father of the child (paternity), establish and enforce child-support orders, review and adjust child support payments, and collect child-support payments. If you need services, call 1 (800) 252-8014.

Neither federal nor state data can predict the statistical likelihood of collecting child support. In fact, a significant number of parents provide child support for their children outside the Attorney General's child support program. However, for those parents who do not support their children despite court orders for child support, the Office of the Attorney General provides enforcement services. For these enforcement cases, on average, the program has collected about 62 percent of the amount of current support due each month. Nationwide, child support programs collect about 57 percent of the current support due each month.

EXHIBIT D



The *Gabriel Project Life Center* serves women and men who are expecting the birth of a child or who have a child 12 months old or younger.

The following free, confidential services are provided to moms and dads:

- Pregnancy tests
- Mentoring and emotional support
- Material support (baby items, maternity clothes, baby clothes, etc.)
- Educational classes on topics related to parenting or your pregnancy
 - Participants earn points for each class attended that may be redeemed for large baby items
- Referrals to other community agencies

The *Gabriel Project Life Center* is a ministry of Catholic Charities of Central Texas.



1817 East 6th Street • Austin, TX 78702 • Ph: 512-651-6100 • Fax: 512-651-6101 • www.ccctx.org



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The *Gabriel Project Life Center* is a ministry of Catholic Charities of Central Texas.



1817 East 6th Street • Austin, TX 78702 • Ph: 512-651-6100 • Fax: 512-651-6101 • www.ccctx.org

EXHIBIT E

Important Information about class:

- Call by the beginning of the week (before 4:00 PM) to register for that week's class.
- Please come 15 minutes before class.
- No food or drinks allowed in the classroom.
- Only children under 1 year old will be allowed in the class.
- If your children are loud, behaving badly, or disrespectful, you will politely be asked to leave and retake the class in order to get credit.
- If you are not registered by 4:00 P.M. the evening before the class, you will not be allowed into the class.
- *****If you arrive after the class has started, you will not receive full credit.**

-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-

Información Importante acerca de la clase:

- Llame el primer día de la semana (antes de las 4:00 P.M.) para inscribirse para las clases de esa semana.
- Favor de llegar con 15 minutos de anticipación.
- No se permite comida o bebidas en la clase.
- Solamente niños menores de un año serán permitidos en las clases.
- Si sus hijos se ponen inquietos o empiezan a portarse mal le pediremos cortésmente que se retire de la clase y tome la clase de nuevo.
- Es importante que se inscriba para la clase con anticipación. Si no, no se permitirá estar en la clase.
- *****Si usted llega después de que la clase haya empezado, usted no recibirá todo el crédito.**

-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-

The Gabriel Project Life Center

also offers assistance with mother and baby items, emotional and spiritual support, referrals to other agencies, and FREE pregnancy tests.

Proyecto Gabriel Centro de Vida ofrecemos también ayuda con artículos de madre y bebé, apoyo emocional y espiritual, las recomendaciones a otras agencias y pruebas del embarazo GRATIS.

-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-O-

CLASS DESCRIPTIONS DESCRIPCIONES DE CLASES

Los Primeros Años Cuentan Para Siempre –

Vengan a aprender como tomar ventaja de estos años importantes para lograr que sus hijos desarrollen su potencial máximo.

Childproofing Your Home—Proteja a su bebe de los peligros en el hogar creandole un ambiente seguro.

Creando un Hogar Seguro—Avoid household hazards and create a safe environment for your child.

CLASS DESCRIPTIONS (continued)

DESCRIPCIONES DE CLASES

*Car Seat Safety/Safe Sleep/CPR & First-Aid –

Learn the proper way to install and use a car seat, how to ensure that your baby sleeps safely, and the basics of CPR and first-aid. Space is limited. No class credit is given, and class may not be repeated.

***Car Seat Installation**—For those who attend the safety class, a car seat installation will be scheduled by appointment.

Infant Nutrition – Plan a healthy diet for infants from birth to 1 year of age. We will address breastfeeding benefits, formula feeding tips, when to introduce various solid foods to your infant, how to choose healthy snacks for your baby, and smart grocery shopping for your baby using WIC. Presented by the University of Texas School of Nursing.

Presupuesto y Estableciendo metas –

Esta clase te ayudará a aprender cómo mejorar tu crédito, usarlo de manera conciente, y como evitar que tomen ventaja sobre ti. Debido a la información detallada proporcionado, por favor no traer a sus niños a esta clase para mantener distracciones a un mínimo.

Shaken Baby Syndrome – No one wakes up in the morning thinking they will hurt their baby today, but it takes only a slit second to change your baby's life forever. Come learn how to prevent shaken baby syndrome.

Síndrome del Bebé Sacudido – Sacudir a su bebé aún un poquito podría causar la lesión cerebral que cambiaria su vida para siempre. Venga a aprender técnicas para evitar llegar ese punto.

***Comida Saludable, Familias Saludables** – Escoger y cocinar alimentos saludables. Ahorrar dinero en alimentos. Manejar y almacenar los alimentos para conservarlos sanamente. Caminar para mejorar la salud. ***Solamente registra una vez para las siete clases. Por favor registro solo si puede asistir todas las siete clases. Esta clase es solo para estudiantes nuevos.**

***Managing Debt** – Learn how to get ahead of your debt and find out about your options and rights as a consumer. Due to the detailed material that is presented, no children may be brought into this class to keep distractions to a minimum.

Gabriel Project Life Center Class Schedule (Horario de Clases)



Confidential and caring assistance

January 2012

Classes will be held at:

Gabriel Project Life Center

1817 East 6th Street

Austin, TX 78702

All Gabriel Project Moms and Dads are invited to attend the educational classes offered at the Gabriel Project Life Center. Please call 236-0144 to register for classes.

Todos los papas y mamas están invitados a asistir las clases educativas ofrecidas en el Proyecto Gabriel Centro de Vida. Favor de llamar al 236-0144 para registrarse para las clases.

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED	3	4	5	6	7
8	9 Los primeros años cuentan para siempre 9:30 am – 10:45 am	10 *Car Seat Safety/ Safe Sleep/CPR & First-Aid 9am – 12:15 pm	11 Infant Nutrition 9am – 10:15 am	12	13 *Presupuesto y Estableciendo metas 10 am – 12 pm *Car Seat Installation by Appointment	14
15	16 CLOSED	17 *Managing Debt 10 am – 12 pm	18 Shaken Baby Syndrome 9:30 – 10:45 am	19 *Comida Saludable 10:30 am – 12:00 pm	20	21
22	23 Síndrome del Bebé Sacudido 9:30 am – 10:45 am	24 Childproofing Your Home 9:30 am – 10:45 am	25 Creando un Hogar Seguro 9:30 am – 10:45 am	26 *Comida Saludable 10:30 am – 12:00 pm	27	28
29	30	31				

EXHIBIT F

Gabriel Project Life Center Advertising Policy

Advertising is currently through the following resources:

1. **By word of mouth** – We encourage our Gabriel Project Angels, Parish Pro-Life Coordinators and Committees, and other concerned individuals to inform those in need that free pregnancy tests are available at the Gabriel Project Life Centers.
2. **Through the Yellow Pages** – Advertising space in the Abortion Alternatives Section that has been used for the Pro-Life Help Line will include the line “Free Pregnancy Tests” at the bottom.
3. **Billboards** – Billboard advertising will be used to advertise services to the greater community.
4. **Posters and flyers to Catholic Institutions and Churches and other places.**

Policy: Ads should not say “pregnancy testing” and should not appear in other sections of the yellow pages. Ads should not imply that abortions or abortion referrals are provided or that medical care, prenatal care or professional counseling services are provided.

(revised June 2006)

EXHIBIT G



*Fostering an appreciation
for your natural fertility*

Jeremy A. Kalamarides, D.O.
Obstetrics and Gynecology
Vitae Clinic, Inc.

1600 W. 38th St., Ste 115
Austin, Texas 78731

Office (512) 458-6060
Fax (512) 458-6070



St. David's Medical Center

Women's and Maternity Services

toll-free (877) 878-0958

919 E. 32nd Street • Austin, Texas 78705

Austin Pregnancy Resource Center

The Austin Pregnancy Resource Center (“APRC”) is a charitable and religious ministry that assists women and families with information and support surrounding pregnancy and parenting. All of APRC’s services are free of charge.

Last year, APRC assisted over 1600 clients.

APRC is always upfront and truthful with its client about the scope of its services and client confidentiality. The following information describes some of APRC’s forms, information, services, and referrals, but is not intended to be exhaustive.

Intake and Release Forms

APRC representatives assist the clients with all intake and release forms. The client is given an opportunity to read the form. An APRC representative will then verbally explain the form and ask the client if he or she has any questions before the client is asked to sign the form. All client forms are provided in both English and Spanish.

1. New Client Request for Services Form

Before receiving services, each client receives and signs the “New Client Request for Services” form. The form specifically states:

APRC is staffed by volunteers who have undergone training in crisis counseling. Most volunteers and paid staff do not have degrees in counseling and are not licensed by the state as professional counselors. The peer counseling undertaken at APRC is not intended to be a substitute for professional counseling. A referral for such counseling will be given if requested.

APRC is a non medical facility. The result of your pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you contact a physician to confirm the pregnancy test result whether it is positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral.

APRC does not perform or refer for abortion.

APRC will hold in strict confidence all information provided, except under the following circumstances: a) when there is a reasonable suspicion of child abuse, whether the client is the victim or the abuser; b) when there is a reasonable suspicion of elder or adult abuse; c) when there is a threat of harm to a third party; d) when there is a threat of self inflicted harm; e) when there is a threat against the Center itself; and f) when information is necessary to be shared for proper supervision of the lay counselor.

All clients must acknowledge that they understand the contents of the “New Client Request for Services” form by signing and dating it. Specifically, they acknowledge:

I have read the Request for Services and understand the limitation of services expressly stated. I have been made fully informed of the nature of the services offered. I will enter into a relationship of accepting help and assistance from the Austin Pregnancy Resource Center.

The “New Client Request for Services” form is available in both English and Spanish, and is attached as Exhibit H.

During the meeting with the client, the APRC representative determines if the client consents to further contact from APRC, and the mode of contact (phone, mail, email, and/or in-person) to which they consent. APRC will only contact the client with the client's consent.

2. Return Client Request for Services Form

If a client returns for additional services, the client receives and signs the "Return Client Request for Services" form. This form contains the same disclaimers as the "New Client Request for Services" form. The "Return Client Request for Services Form" is available in both English and Spanish, and is attached as Exhibit I.

3. Commitment of Care Sign

APRC displays a sign entitled "Our Commitment of Care" in its lobby area, waiting room, the room where sonograms are performed, and in the resource room.

The sign states:

1. Clients are served without regard to age, race, income, nationality, religious affiliation, disability or other arbitrary circumstances.
2. Clients are treated with kindness, compassion and in a caring manner.
3. Clients always receive honest and open answers.
4. Client pregnancy tests are distributed and administered in accordance with all applicable laws.
5. Client information is held in strict and absolute confidence. Client information is only disclosed as required by law and when necessary to protect the client or others against imminent harm.
6. Clients always receive accurate information about pregnancy, fetal development, lifestyle issues, and related concerns.
7. We do not offer, recommend or refer for abortions or abortifacients, but are committed to offering accurate information about abortion procedures and risks.
8. All of our advertising and communications are truthful and honest and accurately describe the services we offer.
9. All of our staff and volunteers receive proper training to uphold these standards.

The "Our Commitment of Care" sign is attached as Exhibit J.

4. Sonogram Release Form and Disclaimer

Before a sonogram is performed, the client receives and signs a sonogram release form and disclaimer. As is true with all forms that clients are asked to sign, an APRC representative will explain the contents of the form to the client and ask her if she has any questions.

The form states:

I request an appointment with a client advocate at the Austin Pregnancy Center for the purposes of confirming my pregnancy. I understand that the appointment will be limited to pregnancy confirmation and that I am strongly encouraged to see a physician for prenatal care.

If an ultrasound is recommended, I understand that it is only for the purposes of confirming my pregnancy. I understand that it is not for the purposes of diagnosing or detecting any medical

problem or condition for myself or my baby. I will not hold the Austin Pregnancy Resource Center responsible for diagnosing or failing to diagnose any abnormalities or conditions relating to my pregnancy or my baby and hereby release the Austin Pregnancy Resource Center from any and all liability in this regard.

I understand that no follow-up care will be provided at the Austin Pregnancy Resource Center and, its staff is not responsible for my follow-up prenatal care, nor are they responsible for emergency care that I may need. I have been informed that staff who provide services at the Austin Pregnancy Resource Center do so on a voluntary basis without compensation. I understand that a referral list with the names of local doctors and prenatal health care providers is available for my use. I acknowledge that I have the duty and responsibility to use the referral list or some other source to secure my prenatal care.

I am not presently experiencing any immediate medical problem (e.g., pain, spotting, cramping), and I understand that this exam is not a substitute for immediate medical care. Should any medical problems arise before my scheduled appointment(s) at the Austin Pregnancy Resource Center, I acknowledge that it is my responsibility to seek emergency care.

The sonogram release form and disclaimer is available in both English and Spanish and is attached as Exhibit K.

When discussing the sonogram procedure, APRC representatives strongly stress the need for the woman to receive pre-natal care. Ensuring that pregnant women receive pre-natal care is one of APRC's top priorities.

Literature, Information, and Referrals Provided to Clients

1. Information on Abortion

APRC provides women with information on abortion and abortion risks from "A Woman's Right to Know," a brochure published by the Texas Department of State Health Services.

"A Woman's Right to Know" brochure is available in English and Spanish and is attached as Exhibit C.

2. Information on Birth Control

APRC provides information on abstinence. APRC will refer married couples to physicians for artificial birth control, with the exception of emergency contraception.

3. Client Services Brochure

APRC's brochure on client services states: "We provide accurate and comprehensive information concerning all of your pregnancy needs and options. We want you to make the most informed decision for you and your baby."

The brochure outlines APRC's free, confidential services:

- pregnancy testing
- limited sonogram

- adoption services
- STD testing (by referral only)
- lay counseling
- spiritual counseling
- home visits
- maternity clothes
- baby clothes and other items

The brochure outline APRC's educational classes:

- Childbirth
- Baby/Child CPR
- Parenting (before and after birth)
- Life Skills
- Budgeting
- Healthy Relationships
- Abortion Recovery
- Christianity 101
- No Longer a Victim Class
- Educational Pamphlets and Literature
- Computer Lab
- Confidential, Individualized Support

The brochure outlines the types of referrals APRC will make:

- Prenatal care
- High-risk pregnancy care assistance
- Women's health services
- Uninsured, low income medical care
- Preliminary Medicaid screening
- STD/HIV Testing
- Nutrition Education
- WIC/Food Stamps
- Transportation
- Low cost and emergency housing
- 12-step addiction programs

APRC's Client Services brochure is available in both English and Spanish, and is attached as Exhibit L.

4. Phone Inquiries

When an individual calls APRC inquiring about services the center provides, APRC representatives disclose that APRC is not a medical facility.

5. Client Resource Numbers

The “Client Resource Numbers” handout includes over 80 referrals, including:

- Medical referrals
- STD Testing
- Childbirth/Parenting Resources
- Crisis Numbers
- Housing Resources
- Immigration/Bilingual Assistance
- Grocery Help/Food Pantries
- Financial Aid
- Emergency Shelters
- Child Care
- Job Training, ESL, and Educational Resources
- Sonograms

The “Client Resource Numbers” handout is available in both English and Spanish and is attached as Exhibit M.

6. Advertisements

All of APRC’s advertisements are truthful and honest, consistent with its Commitment of Care (see Paragraph 8 of Exhibit J). APRC’s advertisement in the University of Texas Student Union is attached as Exhibit N and its advertisement in the Campus Special Coupon book is attached as Exhibit O.

7. CHIP/Children’s Medicaid

APRC provides clients with information on how to sign up for CHIP/Children’s Medicaid. The contact information is found in the “Client Resource Numbers” form, attached as Exhibit M.

8. St. David’s Medical Center

APRC provides women with referrals to St. David’s Medical Center for pre-natal care. A copy of the information available to clients is attached as Exhibit P.

9. Medicaid

APRC helps women sign up for Medicaid by referring them to the office at St. David’s Medical facility. The contact information is found in the Client Resource Numbers form, attached as Exhibit M, and in the St. David’s Medical Center forms, attached as Exhibit P.

EXHIBIT H

NEW CLIENT REQUEST FOR SERVICES

AP CLIENT # _____ **VI** CLIENT ADVOCATE _____

NAME _____ DATE: _____

ADDRESS, CITY, ZIP: _____

PHONE: _____ E MAIL ADDRESS: _____

PI GENDER: _____ AGE: _____ BIRTHDATE _____

AP How did you hear about us? :

- | | | | | |
|--------------------------------------|--|---------------------------------------|---|--|
| <input type="checkbox"/> Agency | <input type="checkbox"/> Church | <input type="checkbox"/> Internet | <input type="checkbox"/> 211 | <input type="checkbox"/> Helpline or Hotline |
| <input type="checkbox"/> Billboard | <input type="checkbox"/> Dr/Nurse | <input type="checkbox"/> Newspaper | <input type="checkbox"/> Sidewalk Counselor | |
| <input type="checkbox"/> Brochure | <input type="checkbox"/> Family Member | <input type="checkbox"/> TV ad | <input type="checkbox"/> School | |
| <input type="checkbox"/> Center Sign | <input type="checkbox"/> Friend | <input type="checkbox"/> Yellow Pages | <input type="checkbox"/> UT 'Billboard' | |

APRC= Austin Pregnancy Resource Center

APRC is staffed by volunteers who have undergone training in crisis counseling. Most volunteers and paid staff do not have degrees in counseling and are not licensed by the state as professional counselors. The peer counseling undertaken at **APRC** is not intended to be a substitute for professional counseling. A referral for such counseling will be given if requested.

APRC is a non medical facility. The result of your pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you contact a physician to confirm the pregnancy test result whether it is positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral.

APRC does not perform or refer for abortion.

APRC will hold in strict confidence all information provided, except under the following circumstances:

a) when there is a reasonable suspicion of child abuse, whether the client is the victim or the abuser; b) when there is a reasonable suspicion of elder or adult abuse; c) when there is a threat of harm to a third party; d) when there is a threat of self inflicted harm; e) when there is a threat against the Center itself; and f) when information is necessary to be shared for proper supervision of the lay counselor.

If a disagreement, problem, or claim should arise between you and the Center or its agents, both parties agree to submit it to binding mediation and/or arbitration.

ACKNOWLEDGEMENT

I have read the Request for Services and understand the limitation of services expressly stated. I have been made fully informed of the nature of the services offered. I will enter into a relationship of accepting help and assistance from the Austin Pregnancy Resource Center.

Name: _____ Date: _____

EXHIBIT I

RETURN CLIENT REQUEST FOR SERVICES

NAME _____ CLIENT # _____

CLIENT ADVOCATE _____

ADDRESS CHANGES?: _____

PHONE CHANGES?: _____ E MAIL? _____

Please Indicate desired service:

- | | |
|--|---|
| <input type="checkbox"/> Pregnancy Test | <input type="checkbox"/> Sexual Integrity Program |
| <input type="checkbox"/> Sonogram | <input type="checkbox"/> Sexual Healing Program |
| <input type="checkbox"/> Counseling, referrals and information | <input type="checkbox"/> Referrals |
| <input type="checkbox"/> Material Assistance | <input type="checkbox"/> Adoption |
| <input type="checkbox"/> Pregnancy Loss Stress | |

APRC=South Austin Pregnancy Resource Center

APRC is staffed by volunteers who have undergone training in crisis counseling. Most volunteers and paid staff do not have degrees in counseling and are not licensed by the state as professional counselors. The peer counseling undertaken at APRC is not intended to be a substitute for professional counseling. A referral for such counseling will be given if requested.

APRC is a non medical facility. The result of your pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you contact a physician to confirm the pregnancy test result whether it is positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral.

APRC does not perform or refer for abortion.

APRC will hold in strict confidence all information provided, except under the following circumstances: a) when there is a reasonable suspicion of child abuse, whether the client is the victim or the abuser; b) when there is a reasonable suspicion of elder or adult abuse; c) when there is a threat of harm to a third party; d) when there is a threat of self inflicted harm; e) when there is a threat against the Center itself; and f) when information is necessary to be shared for proper supervision of the lay counselor.

If a disagreement, problem, or claim should arise between you and the Center or its agents, both parties agree to submit it to binding mediation and/or arbitration.

ACKNOWLEDGEMENT

I have read the Request for Services and understand the limitation of services expressly stated. I have been made fully informed of the nature of the services offered. I will enter into a relationship of accepting help and assistance from the Austin Pregnancy Resource Center.

Name: _____ Date: _____

EXHIBIT J

Austin Pregnancy Resource Center
2717 Rio Grande Street
Austin, TX 78705
(512) 476-7774
www.austinprc.org

Our Commitment of Care

1. Clients are served without regard to age, race, income, nationality, religious affiliation, disability or other arbitrary circumstances.
2. Clients are treated with kindness, compassion and in a caring manner.
3. Clients always receive honest and open answers.
4. Client pregnancy tests are distributed and administered in accordance with all applicable laws.
5. Client information is held in strict and absolute confidence. Client information is only disclosed as required by law and when necessary to protect the client or others against imminent harm.
6. Clients receive accurate information about pregnancy, fetal development, lifestyle issues, and related concerns.
7. We do not offer, recommend or refer for abortions or abortifacients, but are committed to offering accurate information about abortion procedures and risks.
8. All of our advertising and communications are truthful and honest and accurately describe the services we offer.
9. All of our staff and volunteers receive proper training to uphold these standards.

EXHIBIT K

MEDICAL SERVICES CONSENT AND RELEASE FORM

I request an appointment with a client advocate at the Austin Pregnancy Center for the purposes of confirming my pregnancy. I understand that the appointment will be limited to pregnancy confirmation and that I am strongly encouraged to see a physician for prenatal care.

If an ultrasound is recommended, I understand that it is only for the purposes of confirming my pregnancy. I understand that it is not for the purposes of diagnosing or detecting any medical problem or condition for myself or my baby. I will not hold the Austin Pregnancy Resource Center responsible for diagnosing or failing to diagnose any abnormalities or conditions relating to my pregnancy or my baby and hereby release the Austin Pregnancy Resource Center from any and all liability in this regard.

I understand that no follow-up care will be provided at the Austin Pregnancy Resource Center and, its staff is not responsible for my follow-up prenatal care, nor are they responsible for emergency care that I may need. I have been informed that staff who provide services at the Austin Pregnancy Resource Center do so on a voluntary basis without compensation. I understand that a referral list with the names of local doctors and prenatal health care providers is available for my use. I acknowledge that I have the duty and responsibility to use the referral list or some other source to secure my prenatal care.

I am not presently experiencing any immediate medical problem (e.g., pain, spotting, cramping), and I understand that this exam is not a substitute for immediate medical care. Should any medical problems arise before my scheduled appointment(s) at the Austin Pregnancy Resource Center, I acknowledge that it is my responsibility to seek emergency care.

I hereby give full consent to these clients services and I waive and release any and all claims whatsoever kind and nature that I, my baby, my legal representatives or heirs and relatives might have or hereafter have against the Austin Pregnancy Resource Center, its physicians, medical personnel, directors, officers, employees, and volunteers.

I expressly agree that this waiver, release and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of this state, and that if any portion thereof is held invalid is agreed that the balance shall, not withstanding, continue in full legal force and effect.

In order to effectively provide for my care, I understand that the volunteer staff and counselors of the Austin Pregnancy Resource Center will have access to my confidential records at Austin Pregnancy Resource Center.

I have read and understand and agree with this statement.

Client Name (print): _____ Signature: _____

Witness: _____ Date: _____

EXHIBIT L

Testimonies

"I can't thank y'all enough for the love and support you have given me, my family and my girlfriend. You have truly been a Godsend."

-19 year old, APRC male client

"I want to thank you for your patience and kindness. Thank you for listening to my situation without judgment and with understanding. Thank you for praying with me. I feel very blessed to have met you, and I continue to pray that everything will be wonderful for this baby!"

- 26 year old, APRC female client

The Austin Pregnancy Resource Center was there for me when I felt completely alone. I needed to place my baby in adoptive care, and I didn't know where to turn. They helped me come up with an adoption plan and introduced me to a very good adoption agency. APRC took me to all of my doctor visits during the last two months of my pregnancy and met me at the hospital when my son was born (at 3:00am). They were there for me through the whole process. They showed complete respect for me and my decision and never once judged me. They prayed for me when I needed spiritual healing and guidance and gave me the space I needed to make my own decision. Most of all, they listened to me. I recommend APRC to anyone who is experiencing an unexpected pregnancy.

- 35 year old, APRC female client

"I was introduced to the Austin Pregnancy Resource Center when I was at a definite crossroad in my life. I was faced with a decision of going through with an unplanned pregnancy or making another decision to not accept the blessing I was soon to receive. Because of life's obstacles and hard situations we sometimes take our eyes off of the price. We tend to worry about finances, employment and other burdens. Through divine intervention I walked into APRC and immediately felt peace, love, joy and happiness. They prayed for me and assured me that not only did God love me and my family but they did as well. The APRC organization and staff have been a family of angels for me, my family and our little blessing that may not have been here without APRC showing and allowing us to feel loved and cared for. It makes a difference when you know personally that someone else CARES!"

-30 year old client



A P R C
Austin Pregnancy
RESOURCE CENTER

2717 Rio Grande
Austin, Texas 78705
(28th and Rio Grande)

Hours of Operation:
Monday, Wednesday, Thursday
9am – 6pm

Saturday
10am – 2pm

Call 24/7:
(512) 476-7774
Cell 971-7999
Fax 476-7717

www.austinprrc.org
info@austinprrc.org

Client Services



A P R C
Austin Pregnancy
RESOURCE CENTER

Choices

An unexpected pregnancy can seem scary and feel very stressful. At Austin Pregnancy Resource Center (APRC), we can help you through this trying time. We provide accurate and comprehensive information concerning all of your pregnancy needs and options. We want you to make the most informed decision for you and your baby.

Your decision should be based on correct and complete information. Making snap decisions before knowing all the facts can have devastating and lasting consequences. You should never base important, life-changing decisions entirely on emotions. Our trained client advocates will assist you and talk you through your pregnancy concerns.

Remember, you are the only one who will have to live with your decision for the rest of your life. It's extremely important you have all of your facts together before making any final decisions. You have the right to know everything concerning your options.

Free, Confidential Services

Pregnancy Testing
Limited Sonogram
Adoption Services
STD Testing (by referral only)
Lay Counseling
Spiritual Counseling
Home Visits
Maternity Clothes
Baby Clothes and other items

Educational Classes:

Childbirth
Baby / Child CPR
Parenting (before and after birth)
Life Skills
Budgeting
Healthy Relationships (6 weeks)
Abortion Recovery (10 weeks)
Christianity 101
No Longer a Victim
Educational Pamphlets and Literature
Computer Lab
Confidential, Individualized Support

Referrals

Our life may require certain changes to improve the health of you and your baby⁴ during pregnancy. APRC provides information and referrals to support necessary lifestyle changes.

Prenatal care
High-risk pregnancy care assistance
Women's health services
Uninsured, low income medical care
Preliminary Medicaid screening
STD / HIV testing
Nutrition education
WIC / Food Stamps
Transportation
Low cost and emergency housing
12-step addiction programs

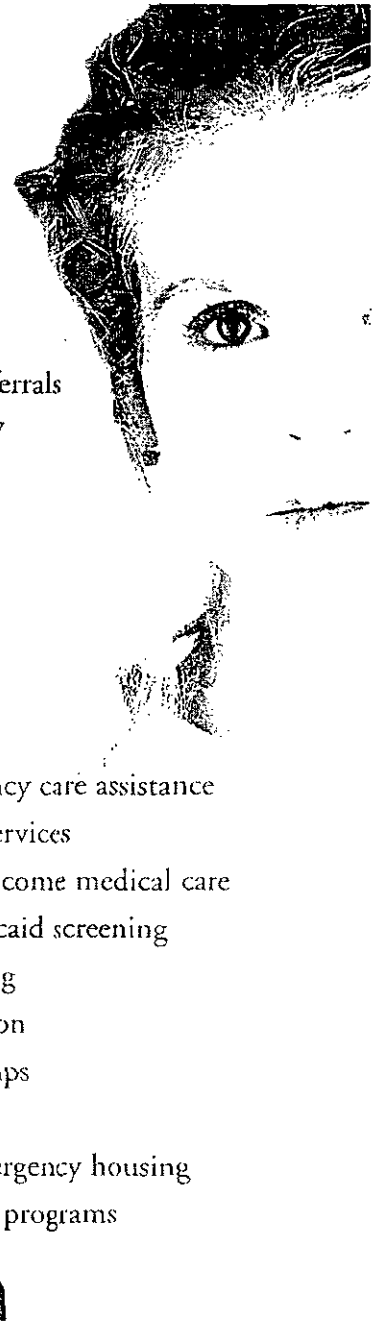
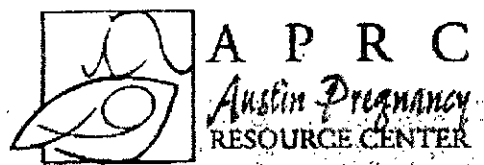


EXHIBIT M



Austin Pregnancy Resource Center
2717 Rio Grande St., Austin, TX
(512) 476-7774

Last Updated March 18, 2010

CLIENT RESOURCE NUMBERS

All numbers are local calls, except where indicated

MEDICAL

St. David's (Medicaid, pre-natal, etc.).....	544-4428
.....	877-878-0958
Texas Dept. of Health (apply for Medicaid or children's Medicaid).....	877-787-8999
Travis Co. Healthcare District (apply for MAP)	978-8130
CommunityCare Central Scheduling (Medicaid pending/early pre-natal).....	978-9015
CHIP Perinatal Health Plan (non-US residents)	877-543-7669
UMC@Brackenridge (26 wks or more pregnant w/no prior med. care).....	324-7000
Seton Community Health Center (non-maternity low income healthcare).....	324-4940
People's Community Clinic.....	478-4939
The Vitae Clinic	458-6060
El Buen Samaritano (low income healthcare)	439-0701
Urgent Care Clinic (non-maternity).....	288-3627
STD testing.....	972-5580
Dental Clinic—Manos De Cristo	477-2319

LIFE-AFFIRMING PHYSICIANS

(Most take Medicaid, but client verify which type before scheduling appointments)

Travis OB/GYN Assoc., 900 E. 30 th	452-1521
Dr. Mikeal Love, Dr. Sorin and Dr. Poland	
Renaissance Womens Group, 12201 Renfert Way.....	425-3835
Dr. Devon Garza	
Dr. Sasi Hemkumar, 4101 James Casey, Ste. 350	416-9800
Dr. Douglas K. McIntyre, 4201 Marathon Blvd.....	454-6765
Dr. Patrick Pevoto, 12201 Renfert Way, #230	973-0262
Georgetown OB/GYN, 603 West University, Ste. 122.....	1-512-863-8600
Dr. John Sherman and Dr. Vincent Sherman	
Dr. Noble Doss, Jr., 4201 Marathon, Ste. 301.....	451-7991
(Is pro-life, but does not take Medicaid)	

CHILDBIRTH/PARENTING

Any Baby Can Child & Family Resource Center (childbirth classes).....	454-3743
Gabrielle Project (childbirth & parenting)	236-0144
St. David's Parent Education (childbirth/infant CPR).....	544-4226
Family Connections (parenting from newborn to teens).....	478-5725
(also, one-on-one parent support, if necessary)	
WIC Lactation Support Hotline (breastfeeding helps).....	800-514-6667
Mom's Place (WIC breastfeeding resource)	719-3010

CRISIS NUMBERS

Safeplace (domestic violence/abuse)	267-7233
Rape Crisis hotline	440-7273
Austin MHMR 24-hour helpline	454-3521

HOUSING

Housing Authority & Section 8 (apply for housing).....	477-1314
Travis County Housing Authority (apply for housing).....	480-8245

IMMIGRATION/BILINGUAL ASSISTANCE

Catholic Charities of Central Texas	651-6100
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GROCERIES/FOOD PANTRY

WIC (apply for).....	800-942-3678
Food Stamps	445-0022
Austin Baptist Chapel (hot lunch daily 11-12:30) 908 E. 1 st	472-2666
Caritas (hot lunch 11-12 Mon.-Sat.) 611 Neches	
Salvation Army (breakfast 7:30, supper 4:30, daily)	476-1111
Baptist Community Center, 2000 E. 2 nd	472-7592
El Buen Samaritano Episcopal Center, 7000 Woodhue	439-0700
Delores Catholic Church	385-4333
Hands of Love Food Pantry (78744 only)	307-8505
South Austin Church of the Nazarene	442-8476
St. Ignatius Church (78704, 78741, 78744, 78745 only)	442-0226
Travis County Health and Human Services	854-9130
Trinity United Methodist food pantry (Thurs. 9:30)	459-5835
University Baptist Church (Thurs. 6-7)	477-9471

FINANCIAL AID

University Church of Christ.....	476-9584
St. Matthews, Rev. Susan Barnes (for special needs).....	345-8314
Greater Mt. Zion Community Assistance (Tue-Thur. 2-4).....	469-9020
University Presbyterian.....	476-5321
Baptist Community Center, Pat Musco.....	478-7243
St. Vincent DePaul.....	477-1509
Westover Hills Church of Christ (by appt. only).....	345-6386
St. Paul Catholic (Mon-Thur 9-2).....	292-8520
Travis Country (1 st available appt; leave request).....	854-9130
West Rural Community Center.....	478-7243
St. Ignatius (Mon-Fri 9:30-11:30).....	442-0226
Friendship Baptist (78758, 78759 only).....	837-3800
Caritas assistance with rent, utilities, food, etc.....	472-4135

EMERGENCY SHELTERS

Caritas of Austin (call for appt., rent/utility help).....	472-4135
Rent only, not mortgage.....	479-4610
Casa Marianella, 821 Gunter (Span. Women over 18).....	385-5571
Life Works, 3816 S. 1 st (10-19 years old).....	735-2400
Salvation Army, 501 E. State St. (24 hr. shelter).....	476-1111
Salvation Army Women's and Children's Shelter.....	933-0600
Safe Place, 1515 Grove Blvd. (victims of abuse over 18).....	267-safe
Starrie House, TX Baptist Runaway Shelter (ages 10-17).....	388-8290
Austin Resource Center for the Homeless, 500 E. 7 th St.....	476-4357
Foundation for the Homeless, 200 8 th St. (day shelter).....	453-6570
Austin Recover, 8402 Cross Park Dr. (drug rehab).....	821-1739
TX Baptist Children's Home, Round Rock.....	255-3682

CHILD CARE

Community Advocates for Teens and Parents.....	451-0253
Ebenezer Child Development Center.....	478-6709
Foundations for Texas Children Preschool (6 wks—5 yrs).....	206-0766
Youth Services of Baptist Community Ctr. (after-school care).....	472-7592
Child, Inc.....	451-7361
Worksource Child Care Solutions.....	597-7191

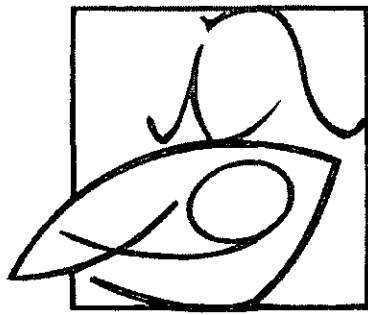
LIFE EQUIPPING PROGRAMS

Christian Women's Job Corps	236-1718
Presbyterian Children's Homes and Services	372-4455
New Beginnings Mentoring Ministry	512-536-0073
Community Voice Mail (free voice mailbox)	440-4064
Prescription copays, bus tickets, ID's	472-1196
ESL Manos de Cristo	477-7454
ESL El Buen Samaritano	439-0700
Gabriel Project	236-0144

FREE SONOGRAMS at student classes

Virginia College	371-3500
Austin Community College	223-4222

EXHIBIT N



Austin Pregnancy RESOURCE CENTER

Serving our community in Love

"Building a Culture of Life -In the City for the City"



FREE Pregnancy Test • FREE Limited Ultrasound
Boutique with Maternity Clothes and Baby Items
Parenting Mentors • Computer Labs
Adoption Referrals • Loving, Individual Support

Positive Solutions

Would you like to donate your time, money, or talents?

Call us today!

512.476.7774

West Campus Location - 2717 Rio Grande • Austin, TX

www.austinprc.org • info@austinprc.org



EXHIBIT O

You have a total of 1 proof to review

Client: Austin Pregnancy
School: University of Texas
Couponbook: Fall 2010
Placement: B&W + green background



Approved? [Select one]

Enter your name:

Before you approve your proof remember to check for...

- Correct spelling
- Correct phone number
- Correct coupon details

EXHIBIT P



maternity services

St. David's Medical Center
Stephanie (9-3)

Women's and Maternity Services

toll-free (877) 878-0958

919 E. 32nd Street • Austin, Texas 78705

St. David's MEDICAL CENTER

St. David's Medical Center

Physician Referral and Medicaid Process Instructions

1) Call Stephnie Patterson at St. David's Medical Center.

(877) 878-0958

Stephnie will assist with any clinical questions, Pre-registration, and Physician Referrals. These physicians will agree to see St. David's patients within 3 weeks, and they will not require payment for the initial appointment as long as the patient is pending Medicaid.

2) Call Resource Corporation of America (RCA)

(512) 544-4428

RCA will assist you with the Medicaid screening and application process. Please refer to the RCA flyer, included in this packet as well, for application requirements.

Women's Services at St. David's Medical Center

HAVING A BABY IS A FAMILY AFFAIR.

WELCOME TO ST. DAVID'S MEDICAL CENTER

St. David's Medical Center is dedicated to the needs of women and newborn babies. St. David's Medical Center's Women's Health is recognized in the community for its innovative programs for women and their families including high risk Obstetrical services and our Level III Neonatal Intensive Care Unit. Our focus is quality maternity care that provides special attention for your birth experience. We are passionate about providing you with cutting edge care that includes technical excellence when needed. St. David's Medical Center has been designated as a Texas Breastfeeding Friendly Hospital. The environment is highly reflective of family-centered care philosophy. This philosophy promotes the beginning of the Parent-Infant attachment process, and strives to provide support to family members as they experience the transitions inherent during this time.

Each family and each patient is different. We encourage you and your family to express your own needs and preferences as you welcome your new baby. St. David's Medical Center's personalized services allow both individuality and togetherness to achieve a fulfilling birth experience.

Congratulations and welcome!

CLASSES FOR YOU AND YOUR FAMILY

INSTRUCTORS St. David's Medical Center's childbirth education instructors are nationally certified by Lamaze International or ICEA.

TO REGISTER For registration information on the classes, please call St. David's Medical Center's Parent Education Department at 512-544-4226 or send an e-mail to: stephnie.patterson@stdavds.com.

CHILDBIRTH PREPARATION CLASSES This series offers a thorough explanation of pregnancy, labor, and childbirth, including:

- Instruction in relaxation and breathing techniques
- Suggestions for proper body mechanics

- Explanation of the labor and childbirth process
- Information on obstetrical procedures, medications, and hospital policies
- Preparation of the father or support person to provide physical and emotional support to the mother
- A tour of St. David's Women's Services

Tours of St. David's Medical Center Women's Services are offered on a regular basis to introduce expectant parents to our accommodations and programs. Please call Parent Education for reservations.



Women's Services at St. David's Medical Center

ACCOMMODATIONS FOR YOU AND YOUR FAMILY

LABOR & DELIVERY Our Labor & Delivery unit provides expert care from the lowest risk moms to highest risk obstetrical patients. Our Medical team and experienced RN staff are committed to making your childbirth experience pleasant and meaningful according to your wishes. If you have an emergency, our team is ready and able to respond at a moment's notice with three operating rooms located in Labor and Delivery. Our rooms are spacious, well appointed LDRs. These rooms are used for labor, childbirth and the brief recovery period immediately following birth. Family members and significant others may be present with physician approval.

FATHER OR SUPPORT PERSON We encourage father or support person participation to help mothers during labor and childbirth.

FATHER OR SUPPORT PERSON IN CESAREAN BIRTH Fathers or support persons may be present, with physician approval, for cesarean births.

JOINT RECOVERY A new mother may have her infant join her during the recovery period, for one to two hours after she has given birth. We encourage mothers to spend as much time as possible with their babies.

POSTPARTUM / ANTEPARTUM / GYNECOLOGY All of our rooms are private, so you and your family can spend as much time as possible alone with your baby. A built-in sleep

area is available for the father or support person. A highly skilled, all-RN team will keep you safe and comfortable.

WOMEN'S HEALTH SUITES Three postpartum suites are available at an additional charge for celebrating your baby's birth in style:

Two Mini-suites: Larger than the standard post partum room. This room has a couch that transforms into about a twin sized sleeping area for the support person, two TVs, an empty refrigerator, coffee maker, microwave and parking validation for a week.

Luxury Suite: Spacious accommodations. This room has a curtain to separate the patient side from the family room, a TV for the patient side and a TV for the family room, a small dinning table, a couch that pulls out to a full sized bed, a refrigerator stocked with juices and sodas, coffee maker, microwave and parking validation for up to a week. The balcony and window overlook the park.

ROOMING-IN We encourage you to room-in with your baby so that you will begin to feel more comfortable with his or her care before you go home. You and your partner or support person are responsible for the baby while rooming in. Nursery staff are always available to help.

SIBLING VISITS St. David's Medical Center offers siblings the opportunity to visit their mother and new brother or sister in the mother's post partum room.



Women's Services at St. David's Medical Center

BREASTFEEDING AND BABY CARE These two classes are offered at no charge to couples enrolled in the Childbirth Preparation Classes. Separate registration is offered for couples who only wish to attend these two courses. These classes are held every month.

CESAREAN BIRTH This class is designed for couples who anticipate a cesarean birth. Individual classes may be arranged.

ADVANCED COPING SKILLS This 2.5 hour workshop is designed for those who want to enhance their knowledge of natural coping skills for labor. This hands-on course is taught by a certified doula and childbirth educator. It focuses specifically on using breathing and relaxation effectively, creating a peaceful environment for birth, training your support person in massage and accupressure techniques, and finding positions to enhance labor and offer comfort. This workshop is for first time parents who have already attended a childbirth education course, as well as those who have given birth and want to enhance their coping skills.

SIBLING EDUCATION This class is designed for brothers and sisters ages three to ten years. It introduces them to newborn characteristics and the changes to expect when the new baby arrives.

INFANT/CHILD CPR This one-session class offers valuable information and techniques for expectant parents or parents of children up to age eight, who wish to learn how to provide CPR and choking assistance to their newborn or small child. This session consists of lecture and practice on mannequins. Class participants do not receive certification. Infant / child CPR classes are limited to six students per class.

LACTATION PROGRAM St. David's Medical Center has been designated as a Texas Breastfeeding Friendly Hospital. Our Lactation Program's all RN staff consists of Certified Lactation Consultants and trained Breastfeeding Educators. St. David's Medical Center's Lactation Program is here to assist and support our breastfeeding mothers and newborns. Lactation is available for inpatients during the day, 7 days a week. You may reach our warm line by calling 512.544.4104.

MOTHER & CHILD CONNECTION BOUTIQUE Our hospital boutique offers convenient shopping for the new mother. Breast Pumps, nursing bras, breastfeeding pillows and other breastfeeding accessories are available at the boutique. The boutique is open Monday through Friday from 11:30 a.m. to 3:30 p.m. and Saturday from 11:30 a.m. to 2:30 p.m. For more information, please call 512-544-4104.



Women's Services at St. David's Medical Center

NEWBORN NURSERY We strongly encourage you to room-in with your baby so you can become as comfortable as possible caring for him or her before you go home. We also understand there are times after your delivery when this is not feasible. At St. David's Medical Center, we provide a full service Newborn Nursery with a team of experienced RNs. *These experts will care for your baby in your room, while keeping you fully involved.*

NEONATAL INTENSIVE CARE UNIT (NICU) While our wish is for everyone to have a healthy baby, occasionally babies need special care. Our Level III NICU has been deemed a Center of Excellence by Vermont Oxford Network based on our exceptional neonatal outcomes. Our NICU provides technologically advanced, state of the art equipment and procedures for babies who are premature or have special needs. With 65 beds, St. David's Medical Center's Level III NICU is the largest in Central Texas. Our dedicated Neonatologists and experienced RNs are here 24/7 to manage your newborn's medical and surgical emergencies. Prior to your infant's discharge, we encourage you to spend a night with your baby in a specialized, private sleep room. This will allow you to become more familiar with his or her care and special needs.

Helpful phone extensions (from inside the hospital, you may dial only the last five digits)

Newborn Nursery 544-4258
NICU 544-4283
Parent Education 544-4226

INFANT SECURITY

The safety and security of your baby is of utmost importance to the staff at St. David's Medical Center. We take pride in the measures we provide to keep your baby safe and secure. The third floor is equipped with an electronic infant security system. *This allows us to monitor your infant's location at all times.* Parents are a very important part of infant security. Please note these additional important security measures:

- Never leave your baby unattended, even if you are taking a shower.
- Always make sure your baby's identification band is checked and matches yours.
- Do NOT remove your bands until your baby is discharged.
- Never give your baby to anyone who does not have a red band at the bottom of his or her picture identification badge.

BIRTH CERTIFICATE

COMPLIMENTARY FOOTPRINTS You will receive a complimentary set of your baby's footprints from the Nursery. *Footprints will be placed in your baby book upon request.*

COMPLIMENTARY BIRTH CERTIFICATE The Nursery provides a complimentary birth certificate, which you may be able to use as a temporary proof of birth; however, it is not an official record.



Women's Services at St. David's Medical Center

LEGAL BIRTH CERTIFICATE The legal birth certificate is created by the hospital and may be purchased from the Austin/Travis County Health Department approx. two weeks following the birth of your child. The Nursery will provide you a worksheet for information required to create your child's legal birth certificate - which does require your child's full legal name. The hospital Birth Certificate Coordinator will contact you the day following your child's birth to obtain this worksheet. If you and the child's biological father will not be legally married on the day of your child's birth, please contact the Birth Certificate office as soon as possible for information on how to identify your child's father on his/her legal birth certificate: (512) 544-8264.

GENERAL INFORMATION

VISITORS St. David's Medical Center's visitation hours end at 8:30pm. If it is necessary to visit after this time, all visitors must check in at the information desk located at the main entrance to the hospital. Visitors must provide a picture ID, from which a visitor badge will be printed. Visitors that are already in the hospital must obtain a visitor badge in order to remain in the hospital after visitation hours.

We welcome visitors at any time, but please limit the number and length of stay. In order to assure the safe functioning of the unit and the confidentiality of all patients, we request visitors remain in the patient's room or in the L&D waiting room.

Children under 12 are not permitted in the Labor & Delivery section. They may visit mothers in their postpartum rooms. For the welfare of all new babies on the unit, we request that sick friends and family do not visit.

Most rooms include a sleep chair or built-in sleep bench. If your room is not equipped with a sleeping chair or bench, a cot may be provided upon request.

PARKING Visitor parking is available in the Central and East Garages. The parking garage rates are:

- First hour - \$1.00, each additional hour - \$1.00
- Maximum per day (no in & out) - \$4.00
- In & out pass (per day) - \$5.00
- Per week - \$15.00
- Per month - \$32.00
- Free for seniors over age 55

*A lost ticket pays the maximum amount. Patients being discharged from the hospital will receive a courtesy parking validation at the end of the hospital stay.

Phone: 544-4324 (8:00a.m. - 5:00p.m.), 544-4325 (after hours)



Women's Services at St. David's Medical Center

VALET For your convenience, valet parking is available 6:00 a.m. - 6:00 p.m., Monday - Friday. The valet is located at the main entrance to the main hospital. For only \$4.00, our professional valet service will park your car. This fee also pays for your first day of parking. After the first day, standard parking fees apply.

CAFETERIA The main cafeteria is located in the basement, at the east end of the hospital.

- Hours: Breakfast: 6:30 a.m. - 9:30 a.m.
Lunch/Dinner: 11:00 a.m. - 7:30 p.m.
- Vending machines are located across from the cafeteria in the basement.
- Coffee, water, and ice chips are available in L&D and 3 East.
- In order to keep the area nice for all of our patients, NO eating or drinking is permitted in the hallways.

GIFT SHOP Located on the first floor, near the North Lobby, the Gift Shop features a wide selection of gifts and snack items.

- Hours: Monday - Friday: 8:30 a.m. - 8:30 p.m.
Saturday: 8:30 a.m. - 4:30 p.m.
Sunday: 1:00 p.m. - 4:30 p.m.
- Phone: 544-4294

TELEPHONES You may use the phone in your room for both local and long distance calling.

For local calls, dial "9", then the number. For long distance calls you must use a calling card or your cell phone. Pay phones are available on the first floor of the hospital.

To reach a patient from outside the hospital, please call the main number: (512) 476-7111, and ask for the patient by name.

If you have any questions or if there is anything we can do to make your stay more comfortable, or the birth experience more enjoyable, please let us know.



South Austin Pregnancy Resource Center

The South Austin Pregnancy Resource Center (“SAPRC”) is a charitable and religious ministry that assists women and families with information and support surrounding pregnancy and parenting. All of SAPRCs services are free of charge.

Last year, SAPRC assisted over 1500 clients. Currently, SAPRC is serving over 200 women a month.

SAPRC is always upfront and truthful with its client about the scope of its services and client confidentiality. The following information describes some of SAPRC’s forms, information, services, and referrals, but is not intended to be exhaustive.

Intake and Release Forms

SAPRC representatives assist the clients with all intake and release forms. The client is given an opportunity to read the form. A SAPRC representative will then verbally explain the form and ask the client if he or she has any questions before the client is asked to sign the form. All client forms are provided in both English and Spanish.

1. New Client Request for Services Form

Before receiving services, each client receives and signs the “New Client Request for Services” form. The form specifically states:

SAPRC is staffed by volunteers who have undergone training in crisis counseling. Most volunteers and paid staff do not have degrees in counseling and are not licensed by the state as professional counselors. The peer counseling undertaken at APRC is not intended to be a substitute for professional counseling. A referral for such counseling will be given if requested.

SAPRC is a non medical facility. The result of your pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you contact a physician to confirm the pregnancy test result whether it is positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral.

SAPRC does not perform or refer for abortion.

SAPRC will hold in strict confidence all information provided, except under the following circumstances: a) when there is a reasonable suspicion of child abuse, whether the client is the victim or the abuser; b) when there is a reasonable suspicion of elder or adult abuse; c) when there is a threat of harm to a third party; d) when there is a threat of self inflicted harm; e) when there is a threat against the Center itself; and f) when information is necessary to be shared for proper supervision of the lay counselor.

All clients must acknowledge that they understand the contents of the “New Client Request for Services” form by signing and dating it. Specifically, they acknowledge:

I have read the Request for Services and understand the limitation of services expressly stated. I have been made fully informed of the nature of the services offered. I will enter into a relationship of accepting help and assistance from the Austin Pregnancy Resource Center.

On the "New Client Request for Services" form, the clients have the option of giving SAPRC permission to contact them. The clients can specify the mode of contact (phone, mail, email, and/or in-person) to which they consent. The form also states that all contact will be "discreet and confidential."

The "New Client Request for Services" form is available in both English and Spanish, and is attached as Exhibit Q.

2. Client Consent, Release and Indemnity of Agreement for Ultrasound and Related Services

Before a sonogram is performed, the client receives and signs the "Client Consent, Release and Indemnity of Agreement for Ultrasound and Related Services" form. As is true with all forms that clients are asked to sign, a SAPRC representative will explain the contents of the form to the client and ask her if she has any questions.

The form states:

I, by my signature below, hereby request an appointment with a client advocate at the South Austin Pregnancy Center (SAPRC) for the limited purpose of confirming pregnancy. I understand the appointment will be limited to pregnancy confirmation and that a referral will be made to a medical provider for any required or appropriate follow-up medical care.

I understand an ultrasound at SAPRC is **NOT FOR THE PURPOSES OF DIAGNOSING OR DETECTING ANY MEDICAL PROBLEM OR CONDITION** for/in myself or my baby.

I understand no follow-up care will be provided at SAPRC and that its staff is not responsible for my follow-up prenatal care, nor is SAPRC responsible for emergency care that I or my baby may need. I also understand the SAPRC personnel involved in providing the ultrasound are not, or may not be, physicians, nurses or trained medical personnel. I have been informed the staff who provide services at SAPRC do so on a volunteer basis without financial compensation. I understand a referral list with the names of local physicians and prenatal healthcare providers is available and has been offered to me for my use. I acknowledge I have the duty and responsibility to use the referral list or some other source to secure my prenatal care from a qualified and licensed medical professional.

I am not presently experiencing any known immediate medical problem (e.g., pain, spotting and/or cramping) potentially associated with my suspected or known pregnancy. I have no reason to suspect I am not in good health.

I understand this examination is not a substitute for immediate or ongoing medical observation and treatment. Should any medical problem arise before my scheduled appointment(s) at SAPRC, I acknowledge it is my responsibility to seek appropriate medical attention, including emergency care, as necessary.

The "Client Consent, Release and Indemnity of Agreement for Ultrasound and Related Services" form is available in both English and Spanish and is attached as Exhibit R.

Before, during, and after the sonogram, SAPRC representatives strongly stress the need for the woman to receive pre-natal care. Ensuring that pregnant women receive pre-natal care is one of SAPRC's top priorities.

Literature, Information, and Referrals Provided to Clients

1. Information on Abortion

SAPRC provides women with information on abortion and abortion risks from “A Woman’s Right to Know,” a brochure published by the Texas Department of State Health Services.

“A Woman’s Right to Know” brochure is available in English and Spanish and is attached as Exhibit C.

2. Information on Birth Control

SAPRC provides information on abstinence. SAPRC will refer married couples to physicians for artificial birth control, with the exception of emergency contraception.

3. Client Services Brochure

SAPRC’s brochure on client services states: “We provide accurate and comprehensive information concerning all of your pregnancy needs and options. We want you to make the most informed decision for you and your baby.”

The brochure outlines SAPRC’s free, confidential services:

- pregnancy testing
- limited sonogram
- lay counseling
- spiritual counseling
- maternity clothes
- baby clothes/formula/diapers
- emotional/spiritual support

The brochure outline SAPRC’s educational classes:

- Childbirth
- Parenting (before and after birth)
- Christianity 101
- Budgeting
- Abortion Recovery
- Educational Pamphlets and Literature

The brochure outlines the types of referrals SAPRC will make:

- Prenatal care
- Assistance with Applying for Medicaid
- STD Testing
- Food Stamps
- Professional Counseling
- Services

- Job Training
- Adoption Services

SAPRC's Client Services brochure is available in both English and Spanish, and is attached as Exhibit S.

4. Classes

SAPRC offers a number of classes and resources at the Center, including:

- Childbirth classes
- Childbirth coach/doula information
- Playtime for children
- Bible Studies
- Parenting Classes
- Budgeting Classes
- Post-Abortion Bible Studies

A handout with information on some of SAPRC's classes is attached as Exhibit T.

5. Phone Inquiries

When an individual calls SAPRC inquiring about services the center provides, SAPRC representatives disclose that SAPRC is not a medical facility.

6. The 211 Texas Community Resource Database

The "211 Texas Community Resource Database" handout includes over 100 referrals, including:

- Medical referrals
- Shelter/Housing Resources
- Financial Aid
- Grocery Resources/Food Pantries
- Job Training, ESL, and Educational Resources
- Counseling Resources
- Child care
- Maternity Homes
- Sonograms
- STD Testing/HIV Prevention
- Dental Clinics
- Rape/Violence Hotlines

The "211 Texas Community Resource Database" is available in both English and Spanish and is attached as Exhibit U.

7. CHIP/Children's Medicaid

SAPRC provides clients with information on CHIP/Children's Medicaid. A copy of the brochure available to clients is attached as Exhibit V.

8. St. David's Medical Center

SAPRC provides women with referrals to St. David's Medical Center for pre-natal care. A copy of the brochure available to clients is attached as Exhibit W.

9. Medicaid

SAPRC helps women sign up for Medicaid. Contact information is provided on the "211 Texas Community Resource Database," attached as Exhibit U.

EXHIBIT Q

NEW CLIENT REQUEST FOR SERVICES

NAME _____ DATE: _____

ADDRESS, CITY, ZIP: _____

AGE: _____ DATE OF BIRTH: _____ PHONE: _____

How did you hear about us? (Circle ones that apply) Internet Friend/Relative Helpline

SAPRC Sign Sidewalk Counselor Medicaid Other Agency Other _____

What was the first day of your last period? _____ Due date: _____

SAPRC=South Austin Pregnancy Resource Center

SAPRC is staffed by volunteers who have undergone training in crisis counseling. Most volunteers and paid staff do not have degrees in counseling and are not licensed by the state as professional counselors. The peer counseling undertaken at **SAPRC** is not intended to be a substitute for professional counseling. A referral for such counseling will be given if requested.

SAPRC is a non medical facility. The result of your pregnancy test is not a diagnosis. Only a licensed physician can provide a diagnosis. It is recommended that you contact a physician to confirm the pregnancy test result whether it is positive, negative, or inconclusive. If you do not have a physician, we will provide you with a referral.

SAPRC does not perform or refer for abortion.

SAPRC will hold in strict confidence all information provided, except under the following circumstances: a) when there is a reasonable suspicion of child abuse, whether the client is the victim or the abuser; b) when there is a reasonable suspicion of elder or adult abuse; c) when there is a threat of harm to a third party; d) when there is a threat of self inflicted harm; e) when there is a threat against the Center itself; and f) when information is necessary to be shared for proper supervision of the lay counselor.

If a disagreement, problem, or claim should arise between you and the Center or its agents, both parties agree to submit it to binding mediation and/or arbitration.

ACKNOWLEDGEMENT

I have read the Request for Services and understand the limitation of services expressly stated. I have been made fully informed of the nature of the services offered. I will enter into a relationship of accepting help and assistance from the South Austin Pregnancy Resource Center.

Name: _____ Date: _____

If you are willing to allow us to establish further contact with you to be of any assistance, or to let you know about classes or appointments, please check the appropriate boxes for YES and sign below. Any contact made will be discreet and confidential, not revealing who we are.

YES!! CONTACT ME BY: Phone ☐ Mail ☐ Visit ☐

Email ☐ at _____

EXHIBIT R

**CLIENT CONSENT, RELEASE AND INDEMNITY AGREEMENT FOR
ULTRASOUND AND RELATED SERVICES**

I, by my signature below, hereby request an appointment with a client advocate at the South Austin Pregnancy Center (SAPRC) for the limited purpose of confirming pregnancy. I understand the appointment will be limited to pregnancy confirmation and that a referral will be made to a medical provider for any required or appropriate follow-up medical care.

I understand an ultrasound at SAPRC is **NOT FOR THE PURPOSES OF DIAGNOSING OR DETECTING ANY MEDICAL PROBLEM OR CONDITION** for/in myself or my baby.

I understand no follow-up care will be provided at SAPRC and that its staff is not responsible for my follow-up prenatal care, nor is SAPRC responsible for emergency care that I or my baby may need. I also understand the SAPRC personnel involved in providing the ultrasound are not, or may not be, physicians, nurses or trained medical personnel. I have been informed the staff who provide services at SAPRC do so on a volunteer basis without financial compensation. I understand a referral list with the names of local physicians and prenatal healthcare providers is available and has been offered to me for my use. I acknowledge I have the duty and responsibility to use the referral list or some other source to secure my prenatal care from a qualified and licensed medical professional.

I am not presently experiencing any known immediate medical problem (e.g., pain, spotting and/or cramping) potentially associated with my suspected or known pregnancy. I have no reason to suspect I am not in good health.

I understand this examination is not a substitute for immediate or ongoing medical observation and treatment. Should any medical problem arise before my scheduled appointment(s) at SAPRC, I acknowledge it is my responsibility to seek appropriate medical attention, including emergency care, as necessary.

I hereby voluntarily provide full and complete consent for the performance of an ultrasound, and further **WAIVE, RELEASE and DISCHARGE** any and all claims and causes of action of whatsoever kind or nature, known or unknown, existing or that may exist in the future, that I, my baby, my legal representatives and/or heirs and/or relatives have or might have against SAPRC, its medical director, personnel, volunteers, directors, officers, employees and representatives ("Released Parties"). **I FURTHER AGREE AND HEREBY DO FULLY INDEMNIFY THE RELEASED PARTIES WITH RESPECT TO ANY CLAIM AND/OR CAUSE OF ACTION FOR OR RELATED TO ANY DAMAGES, ALLEGED OR OTHERWISE, ASSOCIATED WITH THE PERFORMANCE OF AN ULTRASOUND AND/OR ANY RELATED SERVICES OR ALLEGED FAILURE TO PROVIDE SERVICES. I UNDERSTAND THIS INDEMNITY PROVISION IS INTENDED TO BE INTERPRETED AS**

**BROADLY AS POSSIBLE AND EXPRESSLY APPLIES TO THE ALLEGED
SOLE OR CONCURRENT NEGLIGENCE OF THE RELEASED PARTIES.**

I further expressly agree that this consent and release is intended to be as broad and inclusive as permitted by law, and that if any portion hereof is held or determined to be invalid, the remaining portions of this Consent and Release shall retain their validity and be fully enforceable.

In order to effectively provide for my care, I understand that the volunteer staff and counselors of SAPRC will have access to my confidential records at SAPRC. I hereby consent to providing such access.

This Consent and Release is entered into in Travis County, Texas and, where state law controls, shall be governed by the laws of the State of Texas.

I have read, understand and agree with the content of this Consent and Release.

Client Signature

Client Printed Name

Date

EXHIBIT S

Client Services

We Are Here to Help

Please stop by and visit us at:

4611 Manchaca Road
Austin, TX

or check us out on the web at:

www.SAPRC.org

South Austin
Pregnancy Resource Center

Now Open on Saturdays

For New Clients Only.

9am – 12pm

**No Boutique Services on
Saturday**

Hours of Operation

Monday – Thursday

10am - 4pm

Call 24/7

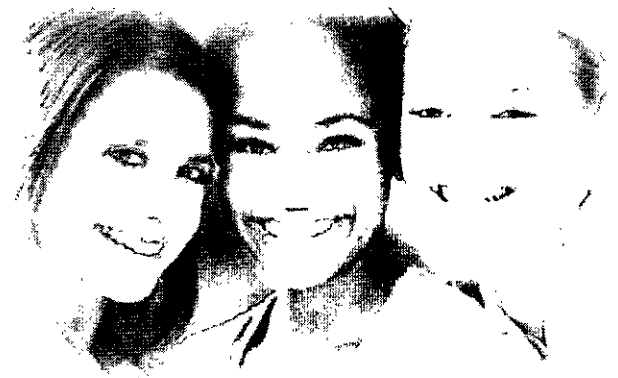
(p) 512.447.7800

(f) 512.447.7803

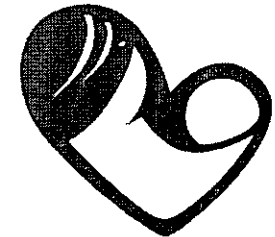
www.saprc.org | info@saprc.org



South Austin
Pregnancy Resource Center



South Austin
Pregnancy Resource Center



Choices

An unexpected pregnancy can seem scary and feel very stressful. At South Austin Pregnancy Resource Center (SAPRC), we can help you through this trying time. We provide accurate and comprehensive information concerning all of your pregnancy needs and options. We want you to make the most informed decision for you and your baby.

Your decision should be based on correct and complete information. Making snap decisions before knowing all the facts can have devastating and lasting consequences. You should never base important, life-changing decisions entirely on emotions. Our trained client advocates will assist you and talk you through your pregnancy concerns.

Remember, you will have to live with your decision for the rest of your life. It's extremely important you have all of your facts together before making any final decisions. You have the right to know everything concerning your options.



Free, Confidential Services:

Pregnancy Testing

Limited Sonogram

Lay Counseling

Spiritual Counseling

Maternity Clothes

Baby Clothes, Formula, Diapers

Emotional/Spiritual Support

Educational Classes:

Childbirth

Parenting (before and after birth)

Christianity 101

Budgeting

Abortion Recovery

Educational Pamphlets and Literature

Referrals

Your life may require certain changes to improve the health of you and your baby during pregnancy. SAPRC provides information and referrals to support necessary lifestyle changes.

Prenatal care

Assistance with Applying for Medicaid

STD Testing

Food Stamps

Professional Counseling Services

Job Training

Adoption Services



South Austin
Pregnancy Resource Center



EXHIBIT T

7 FREE Resources

Info you can really use!

FREE Childbirth Classes

- What can I expect? What do I do? Learn about childbirth here!

Offered once a month!

FREE Childbirth Coach/Doula

- Interested in having someone caring and Experienced helping you through labor?
- Find out more about our doula, and see if a doula is right for you

Playtime...for Parents!

- Why is playing so important for growing kids?
- How can I help grow my child's brain through just having fun?
- For parents with toddlers and preschool aged Children

Offered once a month!

Knowing God Personally

- Learn how to use the Bible to help you through tough times
- Learn about this "Jesus" guy, and why He is so awesome
- Find out more about God's purpose for YOU!

**Available in English and Spanish*

The Real Deal: Tips on Parenting

- Learn real-life tips from an experienced mom
- Whether you have a newborn or teenager, learn effective ways to parent your child
- Dads can come, too!

**Available in English and Spanish
(también disponible en español)*

Money and Me

- Learn how to make a budget for your family
- Learn how to make your dollars stretch
- Get free tax advice from a trusted accountant

Finding Peace after an Abortion...

- Bible Study for those struggling with past abortions
- Includes abortion recovery Bible study: "Forgiven and Set Free"
- Learn how to be set free from the shame and guilt

** Available in fall and spring semesters.*



To sign up or for more information:

4611 Manchaca Road
Austin, Texas 78745
512-447-7800

Open Monday, Wednesday, 10:00 am – 3:00 pm; & Thursday 10:00 am – 5:00 pm

On CapMetro Bus Route #3, Stop 4229 (Manchaca/Forest Hill)

All mentoring opportunities are available upon request, unless otherwise noted. Let us know what you are interested in and we will sign you up immediately!

EXHIBIT U

South Austin Pregnancy Resource Center
4611 Manchaca, Austin, TX
512 447-7800

211 Texas Community Resource Database
CLIENT RESOURCE NUMBERS

All numbers are local calls, except where indicated

MEDICAL

Dr. Sarita Maradani, MD: Superior and traditional Medicaid -4101 James Casey St.; Suite D250	443-6100
Vitae Clinic, 1600 W. 38th St., Ste 115 -Dr. Jeremy Kalamarides, D.O.	458-6060
Travis OB/GYN Association, 900 E 30 th -Dr. Mikeal Love, and Dr. Poland: Medicaid, TMHP, and Superior only -Dr. Sorin: Medicaid, TMHP, Superior and Amerigroup	476-9699
Renaissance Women's Group, 12201 Renfert Way -Dr Devon Garza: Medicaid Superior only	425-3835
Medicaid for all stages, including GYN appointments	
Dr. John Sherman, Dr. Vincent Sherman— Georgetown, TX	1-512-863-8600
Seton Topfer Community Health Center, 8913 Collinfield Dr, 78758	324-6850
Seton South Family Practice: Medicaid, 3706 S. 1 st , 78704	324-4940
South Austin Health Center: 2529 S. 1 st St., 78704	978-9500
University Medical Center Brackenridge Hospital, 601 E. 15 th , 78701	324-7000
Blackstock Family Health: Medicaid, 1313 Red River Ste. 100, 78701	324-8600
Travis County Health and Human Services, 1200-B Montopolis Dr.	978-9800
Children's Medicaid	1-800-543-7669
Medicaid Office of Eligibility or Medicaid Hotline -South Office 724 Eberhart Ln (78745) M-F 8-5	1-800-252-8263/1-800-925-9126 445-0022
Chip Perinatal (unborn children not eligible for Medicaid)	1-877-543-7669
South Austin Hospital, Ben White Blvd.	447-2211
Seton Southwest Hospital, 7900 FM 1826	324-9000
St. David's Maternity Services Hotline Seton Kozmetsky Health Center, 3706 S. 1 st St.	1-877-878-0958 324-4940
People's Community Clinic: pre-natal program, 2909 N. 35 -CAN BE SEEN BEFORE MEDICAID CARD ARRIVES	478-4939
Vitae Clinic, 1600 W. 38th St. Ste 115, 89831	458-6060
El Buen Samaritano, 7000 Woodhue Drive - Will see for medical ONLY if they have NO insurance	439-0700

SHELTERS/HOUSING RESOURCES:

Posada Esperanza: for Spanish, immigrant women/families	385-5571
St. Louis House: single women with children	302-0027
Texas Baptist Children's Home, Round Rock	255-3682
VinCare Services	302-0027
Salvation Army Family	476-1111
Austin Shelter for Women & Children	933-0600
Foundation for the Homeless: transitional housing, families with children	453-6570
Life Works.....	735-2400
--Emergency Shelter: youth 12-17, walk in, case management resources	
--Transitional Living Services: youth, services provided for 18 months	
--Supportive Housing: for adults, case management resources	
-- Mom's and Babies Program: ages 18-21	
Austin Resource Center for the Homeless (ARCH), 500 E 7th St.	305-4100
Foundation Communities: affordable housing, individuals/families college funding, financial training	447-2026
<i>Domestic Violence/Sexual Assault Emergency Shelters:</i>	
Safe Place: emergency shelter, women 18+ for lives at risk due to domestic violence <u>only</u>	267-7233
STARRY: Emergency shelter for children in danger, ages 0-17	388-8290
Bastrop County Family Crisis Center	1-888-311-7755
Williamson County Crisis Center, Round Rock, TX	255-1212

FINANCIAL AIDE

University Church of Christ/Christian Service Center - <u>by appt. only</u> 9:15-12:00 Mon.-Thur.	476-9584
St. Matthews: Rev. Susan Barnes, for special needs	345-8314
Greater Mt. Zion Community Assistance: Tue-Thurs 2-4	469-9020
University Presbyterian	476-5321
Baptist Community Center, Pat Musco	478-7243
Westover Hills Church of Christ: by appt only	345-6386
St. Paul Catholic: M-Thurs 9-2	292-8520
Travis County: 1 st available appt...leave request	854-9130
Friendship Baptist: 78758 & 78759 only	837-3800
Caritas: assistance with rent, utilities, food, etc	472-4135
New Beginnings: Financial Aide for school, for women only	536-0073
Salvation Army	476-1111

GROCERIES/FOOD PANTRY

Salvation Army: Breakfast 8:30, supper 4:30, daily	476-1111
Baptist Community Center, 2000 E. 2 nd	472-7592
El Buen Samaritano, 7000 Woodhue	439-0700/1
Delores Catholic Church	385-4333
South Austin Church of the Nazarene, Manchaca	442-8476
St Ignatius Church: 78704, 78741, 78744, & 78745 only	442-0226

Groceries/Good Pantry Continued

Travis County Health and Human Services	854-9130
Food Stamps	929-7330
WIC: 405 W. Stassney Ln.	972-5485
Trinity United Methodist food pantry - Thurs 9:30	459-5835
St. Louise House	454-6445
Manos de Cristo: M-F, opens at 8am	477-7454

LIFE EQUIPPING PROGRAMS

Christian Women's Job Corps: 905 A Bedford, East Austin	964-1898/236-1718
New Start Program: middle/high schoolers, NE Austin	371-9393
Presbyterian Children's Homes and Services	372-4455
Community Voice Mail: free voice mailbox	440-4064
Trinity Center: prescription co pays, bus tickets, etc.	617-0945
Manos de Cristo: ESL classes	477-7454
El Buen Samaritano: ESL classes	439-0700
Gabriel Project Life Center, 1817 E 6 th St.	236-0144
LifeWorks: teens/young adults, 3700 S. 1 st St.	735-2419
Job Ready Training	300-2245
WIA Workforce Solutions Job Training: Youth 14-21, ask for Leah	748-5574
-South (2 nd Thursdays), North (3 rd Thursdays), East (4 th Thursdays)	
SW School-Nuvani; Beauty School - Scholarships available to HS graduates	782-4939

COUNSELING RESOURCES

Christian Family Counseling: sliding scale, not state certified	218-1272
Samaritan Center: sliding scale and insurance	451-7337
Seton East Community Health Center: sliding scale	324-4930
Ebenezer Baptist Church	478-1875

CHILD CARE

Ebenezer Child Development Center	478-6709
Foundations for Texas Children: preschool 6wks - 5 yrs	206-0766
Mission Baptist Community Center: after-school care	472-7592
Child, Inc.	451-7361

MATERNITY homes

Marywood: lifeline program only	472-9251
Annunciation Maternity Home, Georgetown	864-7755
Breath of Life Maternity Ministries	219-8322
Methodist Mission Home: based in San Antonio	800-842-5433

FREE SONOGRAMS at student classes:

Virginia College by appointment only (2 mos - 8 mos pregnant)	371-3500
Located @ Hwy 290 & Cameron Rd.	
ACC - East View Campus - 3401 Webberville Rd.	223-5945

OTHER

Texas Teratogen Info Service:	1- 800-733-4727
-Free info about any negative exposures during pregnancy	
Austin/Travis County Community Health Center:	978-8130
-To begin the process of getting a Map Card	
CHIP Children's Health Insurance	1-800-647-6558
Free STD testing	972-5430
HIV Prevention	972-5580
Manos De Cristo: Dental Clinic, Mon.-Thurs. 7:00-5:00; Fri. 7-2:00	477-2319
Rape/Violence Crisis Hot Line	267-7233
Austin MHMR 24 hour helpline: psychiatric needs	472-4357
Clothes Closet at New Hope Wesleyan, 6020 S. First St. (Tues.-Fri. 9:00-5:00)	441-4130
Operation School Bell, appointment to be made by school counselor only (clothing & back pack)	453-2638
Family Connections: Free breastfeeding classes	478-5725
Mom's Place: by appointment only ; free breastfeeding classes to WIC clients	719-3010
Catholic Charities: Help with Immigration Status	1-866-203-8083
El Buen Samaritano: Help with food, medical clinic, computer, GED and ESL classes Mon.-Fri. 9:00-12:00; 1:00-5:00	439-0700
Manos de Cristo: Clothes on Tues, Wed, & Thurs. Call for hours.	477-7454
DNA Testing	
Attorney General (will open a paternity case)	
Genetica (\$350 - 400)	1-800-433-6848
Any Lab Test Now - S. IH 35 (\$199.00)	280-7700

EXHIBIT V

Free health care for your baby before and after birth.

1-877-KIDS-NOW



Get a good start

Your unborn baby could get CHIP perinatal benefits even if you do not qualify for Medicaid for Pregnant Women. These benefits are free and available for the unborn children of moms who meet certain income requirements.



Here are some CHIP perinatal benefits:

- Up to 20 prenatal visits
- Prescriptions and prenatal vitamins
- Covers the cost of giving birth
- Two checkups for mom after the baby is born
- CHIP health care benefits for your baby after leaving the hospital, including
 - Regular checkups for the baby
 - Immunizations for the baby
 - Prescriptions for the baby
 - And more

No waiting for benefits and 12 months of coverage

CHIP perinatal benefits for your unborn baby start the first day of the month that your application is approved.

After you give birth and your baby leaves the hospital, your child will get CHIP health care benefits at no cost. For how long? That depends on how many months of CHIP perinatal benefits are used before the baby is born. Your baby gets benefits before and after birth for a total of 12 months of coverage.

The chart below shows how the 12 months can be divided depending on how far along you are in your pregnancy when your application is approved.

How many months pregnant are you?	Months of care after birth	
1	3	
2	4	
3	5	
4	6	
5	7	
6	8	
7	9	
8	10	
9	11	

You can apply to renew your baby's CHIP benefits when the 12 months of CHIP perinatal coverage ends.

Choose your own doctor

With CHIP perinatal you get to choose a health plan, and then you choose a health care provider from the health plan's list of doctors, clinics, and nurses. If you already have a doctor or clinic, you may be able to keep them if they are on your health plan's list.



Apply today

- Call toll-free 1-877-543-7669 for an application. Ask about people in your area that can help you fill it out.
- Visit www.CHIPmedicaid.org to download an application.
- Or, pick up an application. Call 2-1-1 to find a Texas Health and Human Services Commission benefits office near you.

We will let you know if you are able to get CHIP perinatal benefits. In most cases, you should hear from us within 3 weeks from the time you give us your application. You can call us toll-free at 1-877-543-7669 (1-877-KIDS-NOW) to check on the status of your application.

Already getting these benefits?

If so, your health plan will send you a card that shows you have CHIP perinatal coverage. **Take this card with you when you visit your doctor and when you go to the hospital.**

When your baby arrives

- Call toll-free at 1-877-543-7669 (1-877-KIDS-NOW) to let us know your baby was born.
- After your baby is born you will need to select a doctor, clinic or nurse for **your baby**. Call your health plan if you need help.

Renew your child's health care coverage

Before your baby's CHIP coverage ends, we will send you a packet with instructions on how to renew your baby's CHIP benefits. Many families pay nothing, but depending on your income, you may need to pay a one-time fee of no more than \$50 to get one year of CHIP benefits for your child.

 **CHIP|Children's Medicaid**
We've got your kids covered.

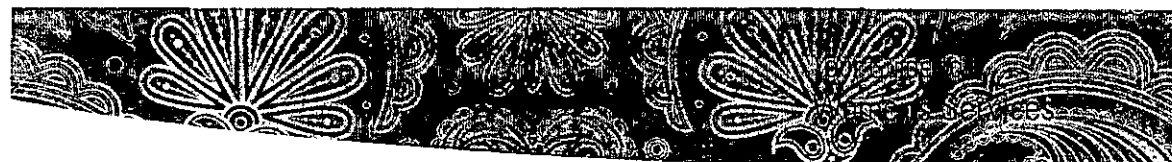
Visit www.CHIPmedicaid.org
Or call 1-877-KIDS-NOW, Mon-Fri, 8 a.m.-8 p.m.
(Central Time) except federal holidays.

The TTY number for people with hearing and speech impairments is 1-800-735-2988 (Relay Texas).



05/10

EXHIBIT W

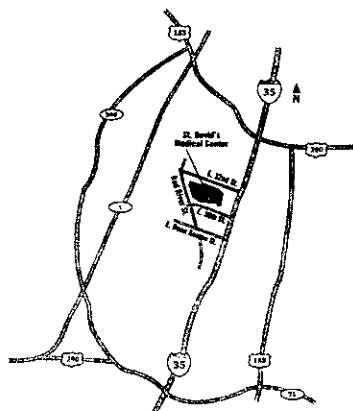


Women's Health Services at St. David's Medical Center

Women's Health Services at St. David's Medical Center has an 80-year legacy of providing exceptional care and innovative programs for women and their babies. Our entire third floor is devoted entirely to women.

Highlights of Our Newly Remodeled Third Floor:

- All RN nursing staff
- 22 Labor & Delivery Rooms (LDRs), including three surgical suites
- 63 comfortable private Post Partum rooms
- Three VIP suites
- Lactation support seven days a week for inpatients (phone support after patients go home)
- 65-bed Level III Neonatal Intensive Care Unit (NICU), providing neonatal and maternal flight transport throughout Central Texas
- Mother & Child Connection Boutique
- Full-service Newborn Nursery with nurses specialized in infant care
- Rooming-in and Nursery care available, as desired



St. David's | MEDICAL CENTER

919 E 32nd Street • Austin, Texas 78705
(512) 544-7111





*"The care and level of service
we received was incredible."*

... former patient

What Sets Us Apart:

- Top 5% in patient satisfaction nationally
- Thompson Reuters Top 100 Hospitals™ two years in a row
- Level III NICU. Only facility in Central Texas in which both mother and baby can be cared for in the same facility if the infant requires neonatal surgery

Women's Health Services at St. David's Medical Center

Our services include:

Labor and Delivery

- Expert care for every mom, both high risk and low risk patients
- Spacious and well appointed LDRs
- Family centered care
- All RN staff committed to following your wishes for your birthing experience
- Your midwife and doula are invited to participate in your experience

Renovated Post Partum/Antepartum/Gynecology

- All rooms are private and recently updated, including three luxury suites (additional cost)
- Exceptional RN care that provides service across the continuum of life

Newborn Nursery

- 24-hour, full-service Newborn Nursery with an all RN staff available to assist you in the care of your baby
- As part of the Baby Friendly initiative, we encourage you to room-in with your baby 23 out of 24 hours

Neonatal Intensive Care Unit (NICU) Level III (the highest level of NICU care available)

- 65-bed unit (largest NICU in Central Texas)
- 24/7 Neonatologist coverage
- Specialized private parent sleep rooms
- Personalized Baby Matters Tour for parents expecting to utilize NICU services (tours provided before delivery)
- Named a Center of Excellence by Vermont Oxford for Exceptional Neonatal Outcomes

Transport Team

- Highly skilled Perinatal Transport Team travels throughout a 100-mile radius
- Provides expert nursing care to patients while they are transported to our facility from outlying hospitals
- STAR Flight provides air transport for our team

Lactation Program

- St. David's Medical Center is a designated Texas Breastfeeding Friendly Hospital
- All RN staff consists of Certified Lactation Consultants and Breastfeeding educators
- Every breastfeeding mother is seen by Lactation Consultant
- Outpatient consultations are offered by appointment

For more information or to schedule call (512) 544-4104.

Parent Education

- A variety of classes are offered
- Classes are taught by expert Childbirth Educators
- Classes offered:

- Reality Childbirth Class
- Breastfeeding Basics
- Baby Care Boot Camp
- Advanced Coping Skills for Labor and Birth
- Prepared C-Section Class
- Infant / Child CPR
- Sibling Class
- Maternity Tours

For more information or to register call (512) 544-4226.

Mother & Child Connection Boutique

Convenient shopping on the Maternity Floor for:

- Nursing bras
- Breast pumps
- Breast pump accessories
- Breastfeeding pillows

The Breast Center at St. David's Medical Center

- State-of-the-art digital mammography
- Bone density screenings
- Mammo Mixers monthly
- Lymphedema program
- Body fat analysis
- Walk-ins are welcome

For more information or to schedule an appointment call (512) 544-3803.