

Thursday, January 14, 2010

Health and Human Services RECOMMENDATION FOR COUNCIL ACTION Item No. 18

Subject: Approve an ordinance accepting \$99,447 in grant funds from the TEXAS DEPARTMENT OF STATE HEALTH SERVICES, DIVISION FOR FAMILY AND COMMUNITY HEALTH SERVICES, TEXAS HEALTHY ADOLESCENT INITIATIVE, and amending the Fiscal Year 2009-2010 Health and Human Services Department Operating Budget Special Revenue Fund of Ordinance No. 20090914-002 to appropriate \$99,447 for a comprehensive program promoting adolescent health, and to add one and one-quarter full-time equivalent positions.

Amount and Source of Funding: Funding is available from the Texas Department of State Health Services, Texas Healthy Adolescent Initiative. The grant period is January 1, 2010 through August 31, 2010. No City match is required.

Fiscal Note: A fiscal note is attached.

For More Information: Philip Huang M.D., Medical Director, 972-5408; Vanessa Metzger, Program Manager, 972-5465; Linda Terry, Agenda Coordinator, 972-5023.

The Health and Human Services Department (HHSD) Family Health and Injury Prevention Program has been awarded funding from Texas Department of State Health Services (DSHS) to conduct a local needs assessment with the goal of establishing target areas and service development, assembling a Local Community Leadership Group (LCLG), and developing a strategic plan for Austin/Travis County to address adolescent health through a comprehensive youth development approach. The mission of the project is to improve the overall health and well-being of Austin/Travis County adolescents, 10-18 years of age, and to provide them with a strong foundation for adult life.

Following the needs assessment, pending funding availability, HHSD, with the Ready-By-21 Coalition, will implement services identified in the strategic plan following the principles of youth development to build upon the strengths of young people within the community. DSHS will provide guidance and requirements for service components and strategies that must be included, but implementation and structure will be tailored to the needs of Austin/Travis County.

Specifically, the plan will involve families, strengthen academic skills and opportunities for the youth and family members, strengthen school-to-work programs, mentoring programs, and service learning/community involvement, offer referrals to preventive health services, health and mental health care referrals, or access to care, and include activities that enhance self esteem. We will also work to identify community partners for sustainable funding while developing program services for implementation in subsequent years.

Funding will support 1.25 full-time equivalent (FTE) positions. The 1.0 FTE will be a Program Coordinator who will develop and lead the LCLG, work with facilitators to conduct strategic planning and needs assessment, and complete all programmatic deliverables. The .25 FTE increase will allow an existing Administrative Senior position (currently filled at .75 FTE) to become a full-time position. In the event that funding for the additional positions is eliminated, the positions will be eliminated.

In addition, HHSD will subcontract with a strategic planning facilitator to lead the LCLG through the strategic planning process, as well as with a focus group facilitator to plan, develop, execute, and report eight community focus groups with youth, parents, and community members. Both subcontracts, under \$10,000 each, will undergo the necessary City of Austin bidding and approval processes.

DSHS will offer funding in a five-year cycle using Title V Maternal and Child Health funding. No city match is required for the first year; however, in Years 2-5 applications will require a percentage match. General fund social service contracts that provide services to youth have been identified as sources for matching funds in subsequent years.

Performance

HHSD Related Departmental Goal: Promote and foster increased self-sufficiency, healthy behaviors and lifestyle among targeted populations.

Outcomes/Outputs

Number of members in the Local Community Leadership Group - 15

Number of meetings in the strategic planning process - 10