

# PATH Overview and Update

**Austin City Council**

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David Gomez, PATH Program Manager



# Overview

Integral Care helps people build health and well-being so everyone has the foundation to reach their full potential.

We support adults and children living with **mental illness, substance use disorder** and **intellectual and developmental disabilities** in Travis County.





# Homeless & Housing Services

Our housing services are a pathway to recovery for people experiencing homelessness and living with mental illness, substance use disorder and intellectual and developmental disabilities.



Mental Illness  
Treatment



Substance Use  
Disorder Treatment



Wellness &  
Prevention Services



24/7 Crisis  
Support



Criminal Justice  
Navigation



HIV  
Services

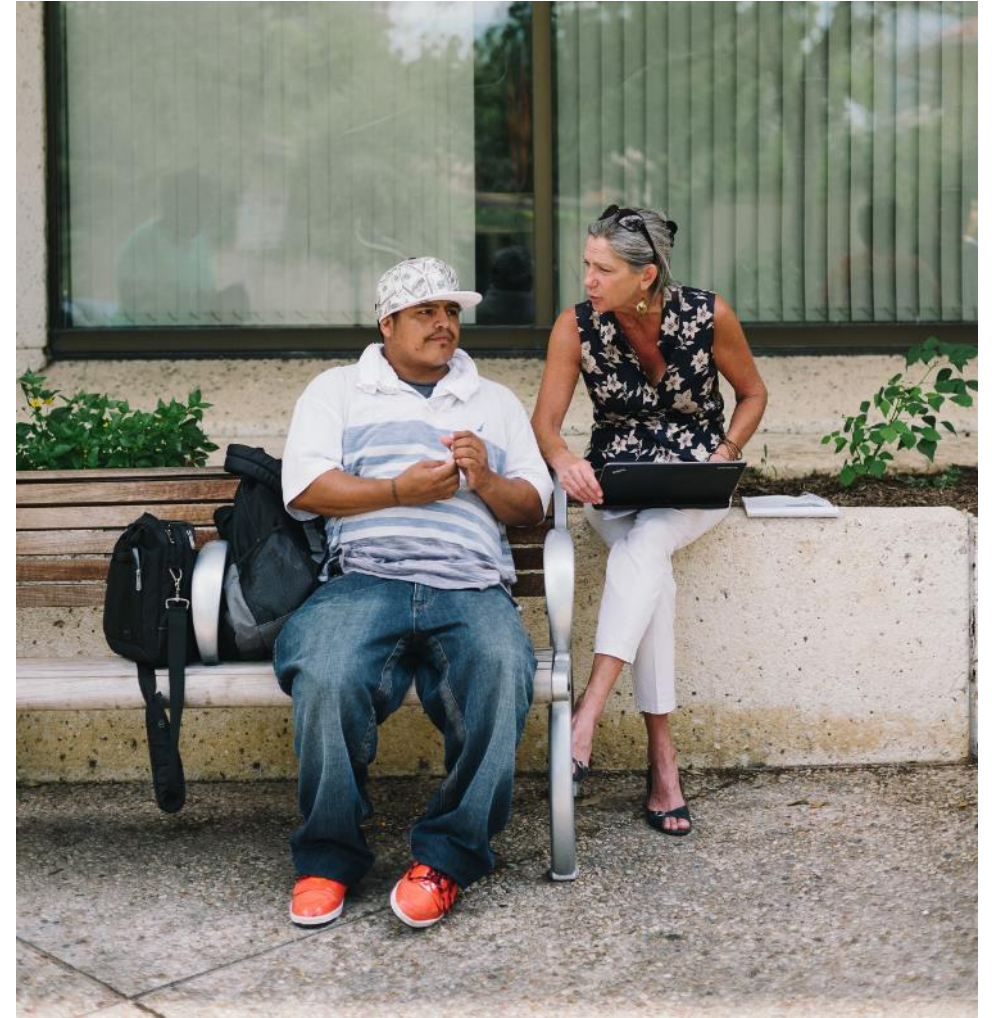


Disability &  
Insurance Benefits

# PATH Overview

## PATH: Program for Assisting for the Transition from Homelessness

- Purpose: Outreach and engagement of adult individuals experiencing homelessness and exhibiting symptoms of mental health issues
- Total Funding: \$754,318
  - State (federal pass through): \$591,997
  - City: \$182,321
- Staff: 13.1 FTE including 8 outreach and engagement specialists and 1 prescriber
- Annual outreach: 1100 individuals
- Annual enrollment in services: 550





# PATH Model

- No wrong door with person-centered approach to services
- Employ Trans theoretical Stages of Change (Motivational Interviewing)
- Develop relationship through consistency, respect and trust
- Identify needs
- Find appropriate resources
- Link to services



# PATH Engagement

- **Outreach**

- Assertive: Anywhere target can be found - public and private property
- Fixed: Set locations such as libraries, businesses, etc.
- Co-located: Shelters, clinics, churches or other programs

- **In-reach**

- Use organization data to identify underserved or hidden individuals

- **Prevention**

- Reduce evictions or intervene during eviction
- Education and engagement upstream
- Life transitions and other transition points



# PATH Collaborations

- **Healthcare**

- CommUnityCare street medicine – create pathway to healthcare
- CommUnityCare CoCare Clinic – connect individuals to clinical care
- Dell Medical School – student field experiences
- Austin State Hospital – initial engagement and diversion at discharge

- **Justice System**

- Travis Co. Constables – training, outreach and prevention
- Austin Police Department

- **Outreach**

- Austin Public Library – training, regular presence
- Watershed Protection – engagement to keep waterways clean and safe
- Parks and Recreation Dept. – training and engagement to keep clean and safe
- Campaigns to end homelessness – integral part of Vets and Youth efforts
- TxDOT – underpass cleanups and Be Safe Be Seen bags



Thank you for your time

Questions or  
Comments?

