

Application Form

Profile

Paula _____ Coopwood _____
First Name Middle Initial Last Name

Preferred Name

Email Address

6717 Valburn Drive _____
Home Address Suite or Apt

Austin TX 78731
City State Postal Code

Residency and District Information

Are you a City of Austin Resident? *

Yes

Are you, or your employer, a registered lobbyist with the City or have you, or your employer, been registered as a lobbyist with the City Clerk within the past three years?

No

Mobile: (512) 431-7445 _____ Home: _____
Primary Phone Alternate Phone

Cell Phone

5124317445

Home Phone

Business Phone

Select Your District

District 10

CareNow Urgent Care _____ Nurse Practitioner-Family Practice _____
Employer Job Title

Interests & Experiences

Please tell us about yourself and why you want to serve on a board or commission

Why are you interested in serving on a board or commission?

I was employed at Brackenridge Hospital in the Emergency Room for more than 20 years and Operating Room. My interest has always been in health care for the vulnerable high risk clients. My knowledge and experience in the Emergency Department taking care of patients dealing with sobriety, the struggles they face and the burden on families, healthcare and security would be beneficial in improving and achieving the delivery of the Sobriety Center goals.

[Paula Resume.pdf](#)

Upload a Resume

Resume

See attached resume

Qualifications

Master's Degree in Healthcare - Family Nurse Practitioner. I have worked for more than 20 years at Brackenridge Hospital in the Emergency Dept. and Operating Room with the vulnerable high risk population. Many years involvement with community fundraising- Fiesta, Art City Austin, Travis Count Medical Alliance.

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Ethnicity

Caucasian/Non-Hispanic

Gender

Female

Sexual Orientation

Straight/Heterosexual


Date of Birth

Disability or Impairment Information

Do you have an auditory/hearing disability or impairment?

No

Do you have a visual disability or impairment?

No

Do you have a mobility disability or impairment?

No

Do you have a cognitive disability or impairment?

No

Do you have another disability or impairment you'd like to share?

None

Board Requirements

Which Boards would you like to apply for?

Sobering Center Local Government Corporation: Submitted

Some boards have additional requirements for appointees. Additional requirements will appear below as they apply to each board.

Question applies to Sobering Center Local Government Corporation

Please select the requirements you have met (Sobriety Center Local Government Corporation): *

-
- City Council representative
 - Joint representative from City Council and Travis County Commissioner Court
 - Travis County Commissioner Court representative

Texas Open Records Act

City of Austin Officials are able to choose whether or not their home address, home telephone numbers, emergency contact information, social security number, and information that reveals whether they have family members are available to the public on request. The Texas Public Information Act is a State law that requires the City of Austin to disclose this information to anyone who requests it. The only exceptions are for: 1) commissioned peace officers; and 2) Official who file a written request to withhold this information. Officials who are not peace officers and who do not submit such a written request will have this information made available to anyone who requests it. Do you choose to have your home address, home telephone number, emergency contact information, social security number and information that reveals whether you have family withheld members from the public?

Yes No

PAULA COOPWOOD, MSN, RN, FNP-C

512-431-7445 | [REDACTED]

FAMILY NURSE PRACTITIONER

Emergency/Trauma Care | Urgent Care | Surgery

Trusted and respected Certified Family Nurse Practitioner with strong combination of education and experience, poised to bring talents and passion for patient care to a role as a Family Nurse Practitioner. Highly skilled in all aspects of nursing, emergent care, electronic medical records, urgent care, workman's comp, DOT physicals, pre-op physicals, surgical and patient education. A natural leader, self starter with the ability to assess a situation, act decisively and remain calm under pressure.

EDUCATION & CREDENTIALS

Master of Science in Nursing,
Certified Family Nurse Practitioner, 2013
Texas Tech University Health Science Center, Lubbock, TX

Bachelor of Science in Nursing, 2010
University of Texas at Arlington, Arlington, TX

Texas Nursing License - Board of Nurse Examiners for the State of Texas State - RN, FNP-C
Massachusetts Nursing License - Board of Nurse Examiners in State of Massachusetts - RN - FNP-C

CEN-Certified Emergency Nurse (CEN)
Department of Transportation Certified Provider (DOT)
BLS - Basic Life Support (BLS)

Emergency Nurses Association
Texas Nurse Practitioners

Austin Advanced Nurse Practitioner Alliance

PROFESSIONAL EXPERIENCE

CARENOW URGENT CARE formerly MedSpring Urgent Care, Austin, TX 2/2015 to present
Nurse Practitioner, Urgent Care

- Telehealth Urgent Care
- Full spectrum of urgent care conditions from acute illnesses, traumatic injuries, workman's comp
- Performs surgical procedures, interpreting diagnostic studies including x-rays and EKG's
- Performs physicals, DOT certified to perform physicals
- Solo practice
- ECW and Velocidoc

CAPITAL EMERGENCY ASSOCIATES, Austin, TX 2002 to 2015
Nurse Practitioner, Emergency Department, HCA Hospitals

- Provide primary care to patients of all age groups. Provides healthcare within scope of practice.
- Provides direct healthcare to patients, including performing physical assessment of patients using observation, inspection, auscultation, palpation, and percussion. Orders and/or performs laboratory studies, interprets studies.
- Responsible for suturing lacerations, incising and draining infections, and performing x-rays to determine infections or fractures.
- Secures and evaluates complete medical histories of patients. Refers patients with abnormal findings to appropriate medical specialists for care.

UNIVERSITY MEDICAL CENTER BRACKENRIDGE, Austin, TX 2002 to 2014
Charge/Staff Nurse, Emergency Department, Level I Trauma Center

- Manage 43-bed Level I trauma department, supervising 35 emergency department employees per shift and caring for Level I-V patients.
- Promote and evaluate quality patient care; coordinate multidisciplinary approaches to the nursing process.
- Provide input to budget planning, staffing, scheduling, and patient and staff satisfaction.
- Participate on the Patient Safety, Informatics and Compass Expert committees
- Hands on patient care - Very efficient IV insertion

Early Career Highlights:

AUSTIN SURGICAL CLINIC, GENERAL SURGEON'S OFFICE, Austin, TX
Surgical Office Clinic Nurse
Surgical First Assistant General Surgeons

BRACKENRIDGE HOSPITAL, Operating Room, Austin, TX

Charge Nurse

Surgical Nurse, all specialties-major concentration in Ortho, Plastics and General Surgery

Expert Circulator, all specialties

First Assistant General Surgery, all areas of surgery

COMMUNITY LEADERSHIP

Travis County Medical Alliance, Austin Texas

Past President and Event Chairman

A 450 member organization formed in 1924 to promote unity within the local medical community, and to provide for member growth and support.

- Events included, Any Baby Can, Health Fest, Graduation Project (Alcohol Free Senior Graduation Party), Quality of Life Programs, and the annual Formal Fundraising Gala, Toast to Town-Medical Career Scholarships.