

March

3911 Menchaca Road Austin, Tx 78704 / 512.978.2400

Monday / Thursday / Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm / Wednesday 8:00am - 10:00pm

www.austintexas.gov/department/south-austin-senior-activity-center

Austin Parks and Recreation Department - Seniors



The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.



SASAC LOCATION INFORMATION

South Austin Senior Activity Center 3911 Menchaca Road Austin, Texas 78704

Main Phone Number: (512) 978-2400

http://www.austintexas.gov/department/south-austin-senior-activity-center

2020 REGISTRATION HAS BEGUN

2020 PARD Waivers and South Austin Senior Activity **Center Advisory Board Registration**

ALL participants must have a completed 2020 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center

Stop by the SASAC Reception Desk to complete the form TODAY!!!

2020 Evening Hours
SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 8:45 pm Square-dance the night away to a live caller!

Wednesday Night Dance Club

Country & Western Dancing from 7:30 - 9:45pm Come dance the night away to a live band! \$5 per person charge

<u>Wednesday Night Dance Club Bands</u> - Nite Shift March 11th - 3 Chord Rodeo March 4th - Nite Shift March 25th - Hired Guns March 18th - Alibi's

Mondays & Tuesdays 8:30a - 12:30pm February 3rd—April 14th

Sign up begins at 8a First-come, first-served. Free tax preparation assistance by trained volunteers



UPCOMING EVENTS



Movie Day: "That Thing You Do" Wednesday, April 1st 1p - 3:30p FREE



A local Pennsylvania band scores a one hit wonder in 1964 and rides the star-making machinery as long as they can, with lots of help from its manager.



Edward Jones Financial Education Series

Week 2: Tuesday, March 3rd 1-3:30pm Bonds

Week 3: Tuesday, March 10 1-3:30pm Mutual Funds/Fees Week 4: Tuesday, March 17 1-3:30pm Foundations of Investing Week 5: Tuesday, March 24 1-3:30pm Estate Planning Week 6: Tuesday, March 31 1-3:30pm Managing your Portfolio



Beyond Beads Jewelry

Tuesday, March 24th, March 31st, April 7th 10-11:30 Go beyond beading and make your own jewelry components! Students will explore various jewelry techniques including making a fused glass pendant, wire-wrapping stones, and creating their own clay beads. Pieces will be assembled to create one of a kind works of wearable art!



Golden Rollers Cycling Group @ Dittmar Fridays, Beginning March 6th 8:45a - 10:15a FREE!

Keep your body moving with us as we start up the Golden Rollers Cycling Group again! We use recumbent bikes for ease with a great relaxing workout. Sign-up today!



SASAC Archery

Tuesday, March 10th 1:00p - 2:30p FREE!

Walk "across the way" where we will be having archery setup for all to use! Hit the bullseye and compete against your friends for a prize of "bragging rights."



Spring Egg Hunt

Thursday, March 26th 10:00a - 1:00p FREE!

Join as at Roy G. Guerrero Park for our Spring Egg Hunt! Enjoy games, vendors, great food, and our annual egg hunt with prizes. Sure to be a great time with your friends!



Cornhole Tournament

Tuesday, March 31st 1:00p - 3:00p Practice Cornhole with us on Fridays @ 12:30p starting March 6th to get ready for our tournament! Find a partner and sign-up today!



UKULELE CLASS COMING SOON!!

EVENTS

SASAC ADVISORY BOARD MEETING

Friday, March 13th 12:00p

SOUTH AUSTIN AARP #2426

Wednesday, March 18th 1-4p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, March 19th 9:00-12p

Birthday Celebration

Thursday, March 26th @ 12pm

Join us for cake and ice cream to celebrate all March birthdays!!!

Ballroom Dancing Thursdays 2:00-3:00p

Come learn classic ballroom dancing techniques.

No partner required. FREE



COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our winter garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 10am



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays | I a - I p | FREE

Progressive Bridge

Monday, Wednesdays & Fridays I - 3p **FREE**

Advanced Free Play

Monday 11a-2p & Thursdays 9 - 11:30a This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE





Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p Led by Larry Davis, Contract Instructor \$5.00

Friday Morning Free Play

Fridays 9 - 11am *Basic knowledge of Bridge essential*

FREE

Hand and Foot Canasta

March 12th & 26th 12-4p
A challenging game that's
good for the brain.
Friendly social group
willing to teach
you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p
FREE

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FITNESS

BE SURE TO CHECK OUT OUR TREADMILLS. RECUMBENT BIKES. WEIGHT SYSTEM AND BARS. EXERCISE BALLS, AND **ELLIPTICAL TRAINERS**

IF YOU NEED ASSISTANCE USING THE EOUIPMENT, SASAC STAFF IS AVAILABLE TO ANSWER OUESTIONS.

You should consult your physician or other health care professional before starting any fitness program to determine if it is right for you and your needs.

Gym Hours

Mondays 8a-4:45p Tuesdays 8a-8:45p Wednesday 8a-9:45p Thursday 8-4:45p Friday 8a-4:45p SUBJECT TO CHANGE CLOSED EVERY THIRD THURSDAY

YOGA Mondays, Wednesdays and Fridays 9 - 10a

Increase your strength and balance while gaining flexibility. Feel better physically & spiritually.

Contact Instructor: Charlie Pivert Fee: \$10 drop-in class \$25 for 3 classes

SENIOR HEALTH **AND FITNESS**

Tuesdays 9 - 10a Thursdays 8:30 - 9:30a Total body cardiovascular workout taught in a FUN class format. Four sets of activities (15 minutes each) Instructed by video tape



T'AI CHI Tuesdays 10-11a Fridays 10:15-11:15a

T'ai Chi has many proven health benefits for seniors, from increased balance and bone strength, to greater strength and flexibility. T'ai Chi is also very safe and practiced slowly; it is zero impact. Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30 Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

FITNESS

BEGINNER LINE DANCE

Mondays I-2p Socialize & learn the basic steps to fun line dances. **Instructor: Joan Cox** (512)288-4135 FREE

ADVANCED BEGINNER **LINE DANCE**

Mondays 2 - 3:30p *Thursdays 2:30-3:30p*

Scoot your boots for a healthy body and mind. Have fun, make friends. and learn a variety of dances. **Instructor: Joan Cox** (512)288-4135 FREE

Stretch and Strength

Thursdays 1:15- 2:15 p teaches you how to balance the body's strength and flexibility.

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared towards adults 50 and older. Seniorcize is a great way to stay active and get back into shape. Instructor: Kade Green **FREE**

Austin Rockin' Line Dancers Thursdays 9:30 - I la

Rocking Chairettes is a line dance group that performs at various locations around Austin and has been honored with several awards.

Instructor: Sonja Hemmes (512)531-9122 FREE



ZUMBA GOLD VIDEO FOR BE-GINNERS

Mondays 10:15-11:15a

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! This is a drop in class. FREE

ZUMBA w/ Instructor Fridays 1:30 - 2:30 pm **Instructor: Jacque Cotrell**

Improve your muscle strength, coordination, posture and mobility. Come on out and shake it! You must pre -register **FREE**

Follow us on Facebook at:



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Austin Parks and Recreation Department - Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tax Aide 8:30a-12:30p Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Waterloo Squares 7-8:45p Edward Jones 1-3:30 Waterloo Squares 7-8:45p	Yoga 9-10 Ceramics Circle 9-11 Stories of Your Life 9:45-11:15 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Movie Day 1-3:30 Wednesday Night Dance 7:30-9:45p	5 Pinochle 8-2 Honey Bee 8-2 Everyone Paints 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Ballroom Dance 2-3 Line Dance 2:30-3:30	6 Golden Rollers 8:45a - 10:15a Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Cornhole Practice 12:30p Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
9 Tax Aide 8:30a-12:30p Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	Tax Aide 8:30a-12:30p Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Edward Jones 1-3:30 Waterloo Squares 7-8:45p	11 Yoga 9-10 Ceramics Circle 9-11 Stories of Your Life 9:45-11:15 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 Let Us Sing 12:15-1:30 Progressive Bridge 1-3 Painters 1-3:30 Bingo 1-3 Wednesday Night Dance 7:30-	Pinochle 8-2 Everyone Paints 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Canasta 12-4 Stretch and Strength 1:15-2:15 Ballroom Dance 2-3 Line Dance 2:30-3:30	13 Golden Rollers 8:45a - 10:15a Yoga 9-10 Friday Morning Bridge 9-11 Card Making 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Cornhole Practice 12:30p Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
16 Tax Aide 8:30a-12:30p Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2-3:30	Tax Aide 8:30a-12:30p Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Edward Jones 1-3:30	18 Yoga 9-10 Ceramics Circle 9-11 Technology 9-11 Stories of Your Life 9:45-11:15 Bocce Ball 10:15-11:15 Seniorcize 10:30-11 Free Play Bridge 11-1 AARP 1-4 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7:30-9:45p	Pinochle 8-2 Honey Bee 8-2 Everyone Paints 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 NARFE 9-12 Stretch and Strength 1:15-2:15 Ballroom Dance 2-3 Line Dance 2:30-3:30	20 Golden Rollers 8:45a - 10:15a Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Cornhole Practice 12:30p Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
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March 2020

TRIPS / EVENTS

REGISTRATION DUE: Friday Mar. 6th - RESULTS AVAILABLE: Monday Mar. 9th REGISTRATION FEES DUE: Friday March 13th

You may sign up one other person in addition to yourself by calling or stopping by the center. You may contact the center anytime after Monday, March 9th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

TRIP NOTIFICATION: Please pay for trips by payment deadline specified. Failure to do so will result in loss of reservation. If you cancel on a trip without giving 48hrs notice your payment will not be refunded unless with doctor's note, family emergency, etc..



Let's Go Hiking! Austin, Texas Tuesday, March 17th Departure Time: 8:15am Returning Time: 2:00pm

Fee: FREE + lunch **Activity Level: High / Hiking** Strap on your hiking shoes and head out with us as we hike the Onion Creek Greenbelt! Keep your body moving and enjoy the landscape of this great State of Texas. Lunch at Hat Creek Burger Buda.

Spring Egg Hunt Austin, Texas Thursday, March 26th Departure Time: 9:15am Returning Time: 2:00pm

Fee: FREE **Activity Level: Med / Egg Hunt** Join as at Roy G. Guerrero Park for our Spring Egg Hunt! Enjoy games, vendors, great food, and our annual egg hunt with prizes. Sure to be a great time with your friends!

Cine de Oro CHAVEZ

Cine de Oro Austin, Texas Tuesday, March 31st Departure Time: 8:15am Returning Time: 12:30pm Fee: FREE

Activity Level: Low

Head to the MACC with us as we attend the Cine de Oro Film Series and watch the 2014 film "Cesar Chavez." Starring Michael Pena and Rosario Dawson. Free breakfast and lunch is included!

TRIPS

amazon

Amazon Facility Tour

San Marcos, Texas Friday, April 3rd Departure Time: 8:15am Returning Time: 2:00pm Fee: \$5.00 + lunch

Activity Level: Mod / Walking

Head to San Marcos with us and tour the Amazon Fulfillment Facility! Learn the intricates of the warehouse and how our packages make it to our front door. Lunch at The Root Cellar Café.

James Avery

JEWELRY

James Avery Kerrville

Kerrville, Texas Thursday, April 9th Departure Time: 8:15am Returning Time: 2:00pm Fee: \$10.00 + lunch

Activity Level: Mod / Walking

We are visiting the lames Avery Headquarters to learn more about their beginnings and see the very first retail store they established. We will be having lunch at the Café on the Ridge.



Round Rock Express Round Rock, Texas

Monday, April 13th Departure Time: 10:00am Returning Time: 3:00pm

Fee: \$17.00 Activity Level: Low / Walking

Play ball! Buy some peanuts and cracker jacks as we root root for the home team, the Round Rock Express! Join us for a day game at the beautiful Dell Diamond for America's favorite pastime.

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters Thursday, March 5th & 19th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings. Contact: Charlotte Mackelvery (512) 652-8587

Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Let's Sing-a-Long Wednesday, March 11th & 25th 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Everyone Paints Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays I - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle

Wednesdays 9-11a

Bring your ceramic project and ioin other ceramics enthusiasts as you work.

Card Making

Friday March 13th

Writing the Stories of Your Life

Current Session: February 26th— April 1st 9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Bingo Wednesdays, March 11th & 25th & Every Friday 1-3p *25¢ per card - 8 card limit*

Chess Club Mondays and Fridays 10a-12p New players and all levels welcome!

Mahjong Tuesdays 1:15-3p Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong Monday - Friday 8:30 - 4:45p

Bocce Ball Wednesdays 10:15-11:15a

Right outside our west door! Join us in fun and competitive sets with friends.

Billiards Room Monday - Friday 8:00a - 4:45p

Join us in our Billiard Room each morning opening bright and early! 2 newly felted tables with plenty of room and cues for a full day of matches with friends.

Cornhole Fridays 12:30p - 1:30p

Grab a partner and play cornhole with us in the multi-purpose room! Learn the game and hone your skills to prepare for the tournament on March 31st!

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome. FREE

INTRODUCTION TO SPANISH CONVERSATION Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary.

TECHNOLOGY CLASS

Wednesday, March 18th 9-IIa (In lobby)

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect. Please bring your equipment with you for us to assist you. **FREE**

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Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a

FIRST COME-FIRST SERVE

basis beginning at 9:30a each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests
OVER 60 (not
registered) and guest
UNDER 60, the cost of
the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ron Lantz's Meatloaf with Brown Gravy Whipped Potatoes with Skins Mixed Vegetables Dinner Roll Fresh Fruit Cal: 671	BBQ Chicken Ranch Roasted Potatoes Garden Vegetables Wheat Bread Rocky Road Pudding Cal: 793	Turkey Pasta Bolognese French Green Beans Spring Vegetables Whole Wheat Breadstick Fresh Banana Margarine Cal: 611	Herbed Pork Loin Mashed Sweet Potatoes Broccoli Dinner Roll Fruited Strawberry Gelatin Cal: 700	Breaded Fish Whole Kernel Corn Summer Vegetables Hamburger Bun Fresh Fruit Cal: 670
Turkey Cannelloni Casserole Cheesy Cauliflower Orange Beets Wheat Bread Fresh Fruit Cal: 626	Peking Pork Brown Rice Ginger Carrots Wheat Bread Applesauce Cal: 646	11 Chicken Enchilada Bake Green Beans with Red Peppers Broccoli Texas Bread Lemon Pudding Cal: 752	Cajun Meatloaf Parslied Potatoes Okra and Tomatoes Wheat Bread Fresh Banana Cal: 611	Egg Salad ^V Pasta Salad Vegetable Barley Salad Saltine Crackers Fresh Fruit Cal: 687
Beef with Peppered Gravy Whipped Potatoes with Skins Herbed Green Beans Wheat Bread Fresh Fruit Cal: 608	Turkey Brunswick Stew Chuckwagon Corn Medley Cabbage Dinner Roll Lime Swirl Pudding Cal: 664	Turkey Rotini Casserole Broccoli Country Tomatoes Wheat Bread Fresh Banana Cal: 700	Pork Carnitas Pinto Beans Spinach Wheat Tortilla Fruited Lime Gelatin Cal: 630	NO MEALS ON WHEELS
Coconut Chicken Fried Brown Rice Spring Vegetables Wheat Bread Fresh Fruit Margarine Cal: 613	John Yocum's Lemon Pepper Fish Chuckwagon Corn Lemon Zest Broccoli Texas Bread Fresh Fruit Cal: 675	Chicken Etouffee Black-Eyed Peas Medley Cabbage Cornbread Chocolate Pudding Margarine Cal: 817	26 Roast Beef with Gravy Mashed Sweet Potatoes Green Beans Wheat Bread Fruited Cherry Gelatin Cal: 700	27 Italian Shells and Cheese √ Parslied Carrots Squash Medley Whole Wheat Breadstick Fresh Fruit Cal: 646
30 Ron Lantz's Meatloaf with Brown Gravy Whipped Potatoes with Skins Mixed Vegetables Dinner Roll Fresh Fruit Cal: 671	31 Buffalo Chicken Pasta Lentil Vegetable Pilaf Brussels Sprouts Wheat Bread Fresh Fruit Cal: 755		*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.	
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Austin City Council Mayor and City Council

Steve Adler, Mayor
Delia Gara, Mayor Pro Tem, District 2
Natasha Harper-Madison, District 1
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Jimmy Flannigan, District 6
Leslie Pool, District 7
Paige Ellis, District 8
Kathie Tovo, District 9
Alison Alter, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Director Liana Kallivoka, PhD, P.E, Assistant Director Lucas Massie, Acting Assistant Director Suzanne Piper, Chief Administrative Officer Anthony Segura, Assistant Director David Crabb, Program Manager

SASAC Advisory Board 2020

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Raisa Edelman, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
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Carolyn Drake
Ken Cohen
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Chris Ng
Jackie Gaylord
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Elaine Hart, Deputy City Manager
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Gina Fiandaca, Assistant City Manager
Rodney Gonzales, Assistant City Manager
Christopher J. Shorter, Assistant City Manager

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Francoise Luca, Board Member
Kate Mason-Murphy, Board Member
Fred Morgan, Board Member
Nina Rinaldi, Board Member
Laura Cottam Sajbel, Board Member
Kinberly Taylor, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor Maria Reyes, Recreation Program Coordinator Lynnette Lara, Recreation Programs Specialist Justin I. Perez, Recreation Programs Specialist Joe Asevedo, Building and Grounds Assistant Daniel Mendoza. Administrative Associate



MISSION Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin
 City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will
 offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financially viability providing an overall financially sound recreation program to the Austin community.